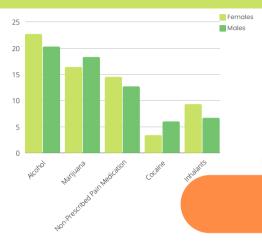
2019 Tennessee Youth Risk Behavior Survey YRBS Quick Facts

Alcohol and other drug use



TN

34.9% Ever Used Marijuana 17.5%

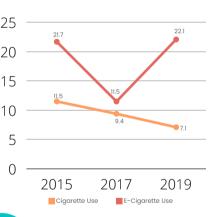
30 days

According to survey responses, more females (22.7%) than males (20.3%) drink alcohol, and slightly more males (18.3%) than females (16.4%) use marijuana.

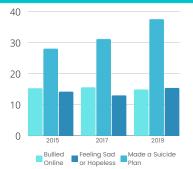
Tobacco use

After a two year reported decline from 2015 to 2017, e-cigarette use has risen steadily with an increase of 92% from 2017-2019.





Injury and violence

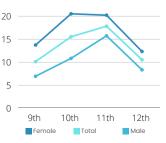


← Bullying and Suicide

In 2019, there was a decrease in students who were bullied online. 20 However, there was in increase in students feeling sad and hopeless and ¹⁵ those who made a suicide plan.

<u>Dating Violence</u> →

In 2019, there was an increase (13.8%) from 2017 (10.8%) in students who reported experiencing physical dating violence one or more times during 12 months. Experienced Dating Violence in 2019

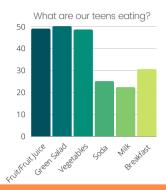


Weight management and dietary behaviors



TN

Nutrition is key to students thriving both in and out of the classroom. It is important to educate our students to make healthy food choices.



Physical activity

<u>Screen Tim</u>e Participation in Sports and P.E. More students reported playing video 60 games for 3+ hours a day (44.5%) than 50.2 492 48.1 any other form of screen time. Watching 41.3 41.8 tv was reported significantly lower at 40 38.2 (23.5%). 26.2 Watched TV 3+ Hrs 25.3 20.2 20 Video Games 3+ Hrs 0 Physical Activity 1+ Hrs 2015 2017 2019 Attended PE 5 Played on at least Attended PE one day per week days per week 0 10 20 30 40 50 Other Students who saw a dentist in 3.7 in 20 Students get 8 or more hours of sleep on a school night the past 12 months 70.6%