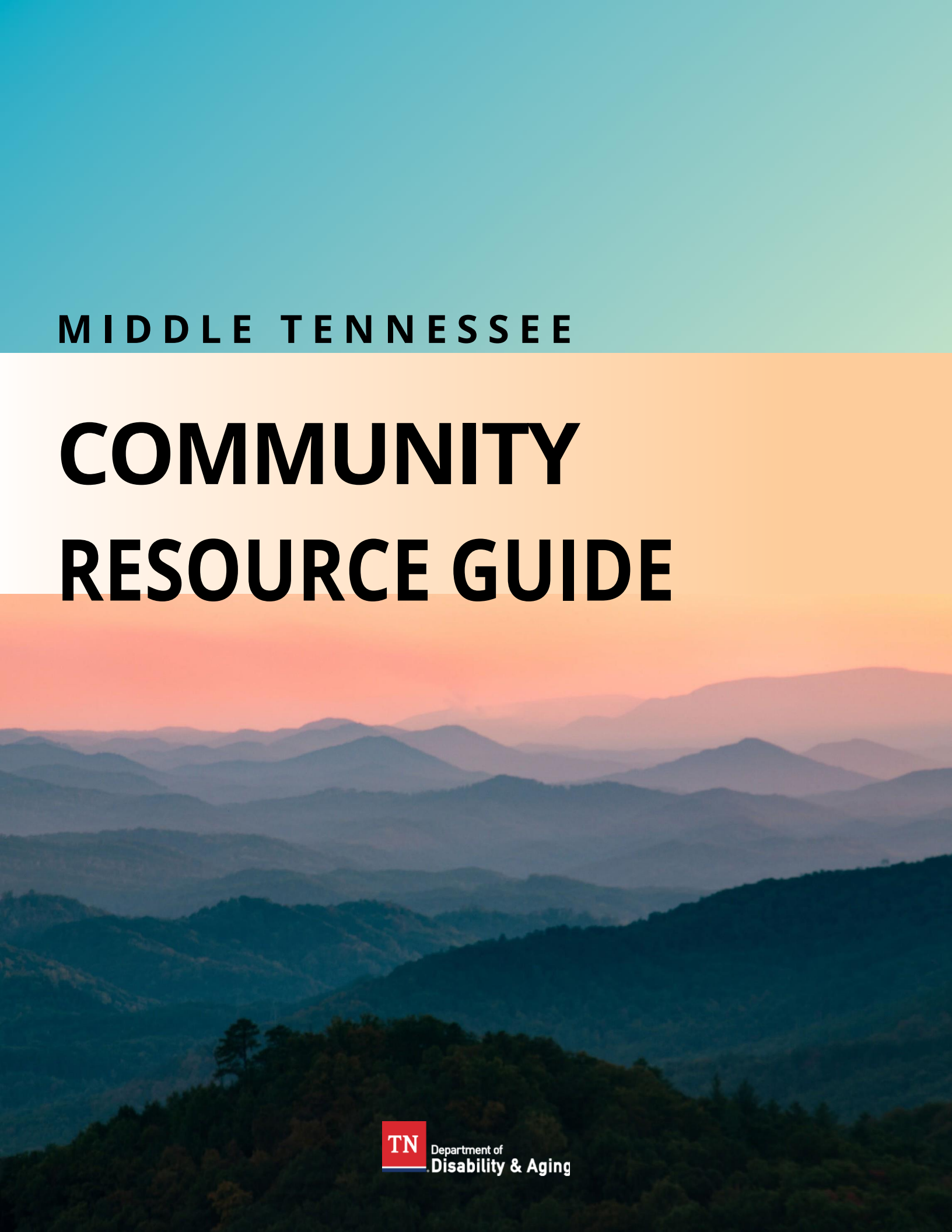
MIDDLE TENNESSEE

COMMUNITY RESOURCE GUIDE



TN Department of Disability & Aging

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Section 1: Overview

Introduction

The Middle Tennessee Community Resource Guide was developed by Middle Tennessee Stakeholders and the Middle Tennessee Regional Office's Council on Quality and Leadership (CQL) Factor 4 Committee. CQL works to improve the quality of life for people with intellectual, developmental, and psychiatric disabilities.

Our goal is to support community-based service providers who work with people with intellectual and developmental disabilities (IDD). This guide provides resources for people with IDD to be active in their communities and to find activities of their choice to participate in. In addition to providing community resources in all 40 counties, this guide will provide: meaningful ways for people to get back involved in their communities; address the barriers that people are facing when trying to connect to their communities; sources and avenues to access and locate available community resources; and creative ideas to become connected to their communities.

The purpose of this resource guide is to assist people in returning to their community post covid, with affordable and free resources. It includes a list of free or inexpensive resources, as well as recommendations for community involvement. This guide is a quick, handy resource to help providers find and access community-based activities in their areas and the counties surrounding them. This guide does not include every activity that may be available. It is to be used only as a resource.

The counties are listed alphabetically and may include websites that provide additional information such as schedules, prices of admission, etc. The next few sections include the providers who participated in stakeholder meetings and provided suggestions to questions that could help with getting people supported involved in their communities that are meaningful to them. It is the hope of the committee and stakeholders that the Middle Tennessee Community Resource Guide will be beneficial and accessible to individuals served, their caregivers/ natural supports, and the provider community.

Recognition of Stakeholders that Participated

The Arc of Davidson County
Building Greater Communities
Progressive Directions
Sevita Health
MTRO Self-Determination Case Management
DDA Regional Office
DDA Central Office
Compass Coordination
Pacesetters
Buffalo River Services
New Horizons
Journeys in Community Living

The below questions were reviewed with the stakeholders listed above. We have included the question as well as the stakeholders' responses.

Moving past COVID, how can we get people involved in their community in a meaningful way?

- Getting a list or information about community events
- Volunteer opportunities for people supported
- Helping people get back to work
- People First- discussing -In community meetings with getting people involved and helping set up local chapters to meet up and starting focus groups (in combination or separate from DDA), Pre-Halloween Bash happening in Chattanooga. Facebook, calling people, emails, and talking with Advocates. (Had Freedom Fest- in the summer here in middle at Montgomery Bell State Park)
- Connecting online and building friendships that way (people supported used that) Adding this to their ISP to find new ways to connect to their community.
- Help people supported to follow event pages on social media -such as pumpkin patches, events in their
- community or surrounding areas.
- Email may not be a good idea, because some people don't have access, or they don't check it. Make that more individualized based on the person.
- MTEMC if they receive it, contains information for most areas of Tennessee with activities and events.
- Newsletters to go out to people supported
- Able Voices in Franklin, or some online classes
- Social Media connections
- Dream with Me- online music class that includes comedy, meeting new people and music. Zoom- Amazon
- Debbie Throckmorgan
- Michael's and Joann store has some online/in-store classes for craft and hobbies
- State parks have different programs for people to connect
- Lowes and Home Depot have classes they offer
- Franklin, TN has Backlight Stage and does productions and camps during the summer.
- Churches offer groups and Bible studies
- Fifty Forward for senior citizens
- Silver Sneaker programs at local gyms.
- Group Effort in Smyrna has classes for skills
- Libraries in the areas
- College/Universities offer some activities- finding students to volunteer with people supported
- LINC program to link high school and college students going in the Education/DSP field. May consider having them come to introduce their program. (Idea to partner people supported to see if they can volunteer as advocates)
- Ask DSP, people supported, families what things they are doing or hearing about in their area to share with
- others.
- 25https://borderlessartstn.org

What are the top 3 barriers that you face as an agency in getting people involved and connected to their community?

- Staffing – good people that can support people to get out and do things
- Shortage
- Lack of natural supports other than family and staff
- People may need two staff to get into the community and there may only be one staff that day

What sources or avenues are you utilizing to access and locate available community resources?

- Internet
- Word of mouth
- Facebook/Instagram/social media
- Families and other resources in the community
- Using resources in the person's community
- Audio tours
- Community, Counties, and churches
- Virtual tours zoo, places to visit
- Library – Virtual events, read along
- Local news for the community
- Clubs/organizations in the community staying connected
- Local social organizations
- People First chapters
- Community Centers have the calendars of events
- Health Department events for the community
- "Charity Tracker" email for the community
- State government/parks/playgrounds/state parks
- Podcast/Radio stations
- Sporting events
- Senior Centers calendars
- Schools, Community Colleges, and Universities
- 4H clubs
- UT extension classes
- Garden Clubs/Cooking classes/ Art/coloring clubs
- Book clubs and other groups found from visiting the library or other places
- People we support teaching class/ We can encourage others to lead groups/ Encourage others to participate in activities at a level they are comfortable with.

What creative ideas have you tried or are you willing to try to promote community integration for the people you support?

- Creating agency sponsored events, such as bingo; plans to start art and cooking classes
- Utilizing People First's organization
- Encouraging people to volunteer and providing information as to needs for volunteering (state parks, events)
- Agencies are creating incentive charts to promote activities for people; also calendars for monthly events
- There are online classes for people in the self-determination waiver; case managers are working to extend
- this service throughout DDA
- Community resources (community centers)
- Abigail's Plan Ball Field (offers sports and engages community-Lawrenceburg, Miracle League in
- Murfreesboro
- Wayne county Civitan for men and women; Waynesboro Rotary club
- Civitan International (complete list will be provided)
- Common Ground Café employs IDD for job trainings in culinary-Clarksville

Section 2: Online Resources

Online resources and platforms that cater to individuals with intellectual and developmental disabilities and provide opportunities for community engagement, interaction and learning:

Social and Community Platforms

The Mighty– An online community where people with disabilities share their stories and connect with others.
Special Olympics Social Media Groups – Official Facebook and Instagram pages offering community interaction and updates.

My Disability Matters Club– A social network for people with disabilities and their supporters.
Reddit's r/Disability – A subreddit where people with disabilities, including ID/DD, can engage in discussions and share experiences.

Facebook Groups for ID/DD – Groups like "Autism and Aspergers Syndrome Support" and "Down Syndrome Support Group" provide online communities.

Autism Spectrum Disorder Facebook Pages – Community pages and groups focused on individuals with autism.

Easterseals Disability Community – An online platform offering resources and forums for individuals with disabilities.

TASH Connections – A network and forum for individuals with disabilities and advocates.

Disability Scoop – A news website covering issues related to disabilities, offering comment sections for community interaction.

The Arc Blog – A resource from The Arc providing articles and community discussions.

Neuroclastic – An online publication by and for autistic people, fostering community engagement.

Self-Advocates Becoming Empowered (SABE) – A platform where self-advocates share stories and engage with the community.

Autism Speaks Blog – Provides a community space for sharing stories and engaging with others.

We Are Teachers – Special Education Group – A Facebook group where educators and individuals with disabilities can interact.

National Down Syndrome Society (NDSS) Facebook Community – A place for community interaction and support.
Online Learning and Skill Development

Coursera – Offers accessible online courses, including those designed for individuals with disabilities.

Khan Academy – Free educational videos covering a wide range of subjects, suitable for individuals with ID/DD.

Special Ed Classroom Facebook Group – A community focused on sharing resources and ideas for special education.

AbleNet University – Webinars and resources for individuals with disabilities and their caregivers.

Pacer Center Webinars – Offers online learning opportunities and community discussions for individuals with disabilities.

Lifelong Learning with LOMAH – A blog and podcast offering resources for continuous learning for individuals with disabilities.

Autism Now – The National Autism Resource and Information Center offers webinars and online resources.

Assistive Technology Blog – Provides insights into tech tools and resources for individuals with disabilities.

LD Online – An interactive guide offering resources and forums for people with learning disabilities.

Inclusion BC's Blog – Offers articles and community discussions focused on inclusion for individuals with disabilities.

AbleThrive – Shares stories and resources from individuals with disabilities worldwide.

Disability Horizons – A magazine and community for people with disabilities.

Disability Rights Education & Defense Fund (DREDF) Blog – Offers advocacy resources and community engagement opportunities.

Autism Society of America Webinars – Offers interactive learning sessions and discussions.

Self-Advocacy Resource and Technical Assistance Center (SARTAC) Blog – Focused on empowerment and self-advocacy for people with disabilities.

Entertainment and Leisure

YouTube Channels for ID/DD – Channels like "Special Books by Special Kids" offer engaging content and community interaction.

Adaptive Gaming Facebook Groups – Communities where gamers with disabilities can connect and share experiences.

Netflix Party – An online tool allowing individuals to watch movies together and chat in real-time.

TikTok for ID/DD – Content creators with disabilities engage with a large audience, sharing stories and fun videos.

Virtual Events by Disability Organizations – Many organizations offer online events, such as movie nights or social gatherings.

Minecraft Online Communities – Accessible servers for people with disabilities to play and socialize.

Virtual Reality (VR) Spaces for Socialization – Platforms like VRChat offer immersive social experiences for people with

disabilities.

Zoom Social Hours – Hosted by various disability advocacy groups, providing a platform for virtual socialization.

Discord Servers for Disabilities – Dedicated servers offer a space for individuals with disabilities to chat and game together.

Audiobook Clubs – Online book clubs focused on audiobooks can provide a community for individuals with disabilities.

Advocacy and Support Networks

Autistic Self Advocacy Network (ASAN) Forums – A place for autistic individuals to discuss and advocate.

Disabled Parenting Project – An online community for disabled parents to share experiences and resources.

Disability Advocacy Network Facebook Groups – Groups like "Disability Advocacy Network" provide a platform for discussion and support.

The Autistic Women & Nonbinary Network – Offers a community space for gender-diverse autistic individuals.

Disability Visibility Project – A platform where individuals with disabilities can share their stories and engage with others.

Down Syndrome Diagnosis Network – Provides online forums and support groups for families and individuals with Down syndrome.

Self-Advocacy Online – A platform for self-advocates to connect, share stories, and find resources.

The Association for Persons with Severe Handicaps (TASH) Listserv – Provides a community discussion forum.

Spectrum Women – A publication and community space for autistic women and nonbinary individuals.

Disability Empowerment Community of Brownsville (DECOB) Facebook Group – Provides resources, discussions, and community support.

Section 3: County Resources

BEDFORD COUNTY

Bedford County Fair (July)
Admission: $1-$10, depending on the day

Shelbyville Parks & Recreation Center
220 Tulip Tree Road Shelbyville, Tennessee 37160
Phone: (931)684-9780

Tennessee Walking Horse National Celebration

Prices vary - Adult $20; Early Bird $12

The Gentle Barn (Christiana)

"Come hug the cows, give the pigs tummy rubs, spend time with the turkeys, and enjoy a beautiful day at the Gentle Barn! Meet Worthy who was born with a leg deformity, but now lives happily with her mom Indie, and Brother Chris!"
Open to the public every Sunday with self-guided tour of main property.
Reserve tickets here
Recommended donation: Adults $20, Kids (2-12y) $10, Under 2y Free
9295 Christiana Fosterville Rd, Christiana, TN 37037
(615) 203-5777

Community Development Center of Bedford County: Offers early intervention services for young children with developmental delays. They focus on supporting families and facilitating the child's participation in community activities. Their programs include developmental screenings and activities embedded into family routines.
Boys & Girls Club of Bedford County: Provides youth development programs focusing on character development, academic success, and healthy lifestyles. They offer various activities suitable for children with ID/DD, promoting inclusive participation.

Special Olympics Tennessee - Area 13 (Shelbyville/Bedford County): Special Olympics provides year-round sports training and athletic competitions in a variety of Olympic-type sports for children and adults with intellectual disabilities.

Tennessee Vocational Rehabilitation: Located in Shelbyville, this program helps individuals with disabilities, including ID/DD, gain skills, find jobs, and achieve independence.

Local Libraries (Shelbyville-Bedford County Public Library): They often host inclusive activities like story time sessions, arts and crafts, and game nights that are accessible to individuals with ID/DD.

Bedford County Schools' Special Education Programs: These programs offer after-school activities and summer camps that cater to students with special needs.

Child Development Center Events: The center organizes community activities such as the "Breakfast with Santa" and other inclusive events designed for families with children with ID/DD.

The Arc Tennessee: While not specific to Bedford County, The Arc offers resources and connects families to local chapters that provide activities and support for individuals with ID/DD.

Local Churches (e.g., First Presbyterian, Gateway Church, etc.): Many churches in Bedford County offer community outreach programs, social activities, and support groups that are inclusive of individuals with ID/DD.

Adaptive Sports Programs: Check with local sports leagues and recreation centers as they may offer adaptive sports programs or inclusive leagues.

Bedford County 4-H Club: The 4-H Club offers various inclusive community activities such as gardening, arts, and crafts, suitable for youth with ID/DD.

Local Festivals and Fairs: Events like the Bedford County Fair often have special days or accommodations for individuals with disabilities, including ID/DD.

Life Skills Classes at Community Centers: Some community centers offer life skills classes designed to help individuals with ID/DD learn cooking, budgeting, and other essential skills.

Social Clubs for Adults with Disabilities: Look for local social clubs that cater to adults with disabilities, providing a safe space for socializing and participating in community events.

Adaptive Art Programs: Check with local art studios or the Shelbyville-Bedford County Art Council for adaptive art classes or workshops.

CANNON COUNTY

The Arts Center of Cannon County (Woodbury, TN)
Performing Arts Theater
1424 John Bragg Hwy, Woodbury, TN 37190 (615) 563-2787

Short Mountain Distillery (Woodbury, TN)
$15/person 1 hour tour Friday - 4PM
Saturday - 1PM, 4PM
Sunday - 1PM
Visitors to Short Mountain Distillery get a close-up view of the production of real authentic Tennessee moonshine and whiskey. This includes the history as well as a sampling of all the fine products produced at the distillery. Our products are distilled, bottled, and labeled right here on our 400-acre working farm by local employees. We also offer elevated Southern dining in our farm to table restaurant.

The Moonlite Drive-In (Woodbury, TN)
Busy old-school movie drive-in with concessions & an on-site playground, open seasonally.
Address: 931 W Main St, Woodbury, TN 37190 (615) 563-7900
$8

Scenic waterfalls and walking trails that are a short drive away from Woodbury:

- Burgess Falls
- Cul-cer-mac Falls
- Machine Falls
- Old Stone Fort State Archaeological Park

Annual County Events

- White Oak Fair
- The Good Ole Days
- Red Apple Days
- Cannon County Cruise-Ins
- CCWHA Horse Rides
- Woodbury Lions Club Horse Show
- Cannon County Christmas

CHEATHAM COUNTY

Cumberland River Bicentennial Trail
tripbuzz.com/cumberland-river-bicentennial-trail-ashland-city-tn

Beaman Park
tripbuzz.com/beaman-park-hiking-trails-ashland-city-tn

Cheatham County Events Calendar
cheathamchamber.chambermaster.com/events/catgid/3

Discover Cheatham County, TN

Music on Main Festival:
100 Public Square, Ashland City TN 37015
Annual event in Ashland City with free parking and admission. Enjoy music on the main stage in front of the historic Cheatham County Courthouse. Businesses host a variety of musical entertainment, and the festival also includes craft, artisan, food and community booths.

Fiddle & Pick
Musical Heritage Center of Middle TN located in Pegram, TN
fiddleandpick.com/events

Cheatham County Cruise-In Car Show
Cruise-Ins start in May and ends in October at Sycamore Square – Every first Friday of the month starting at 6pm at 322 Frey Street in Ashland City

Cruise'n -n- Groove'n Car Show & Concert Series
214 Village Square, Pleasant View, TN 37146
Monthly event begins in May of each year and ends in October with a Halloween Special, every 3rd Saturday of each month from 5pm – 9pm.

Ashland City Summerfest at Riverbluff Park – Every summer in June
Yearly 4-day festival held at the 20-acre Riverbluff Park along the Cumberland River in Ashland City, TN. Festivities include a family oriented carnival, nightly music, arts, crafts, food, game booths and fireworks at the conclusion of the week.

Enjoy live music at:
- The Fillin' Station – 385 North Main Street, Kingston Springs, TN 37082
- Swezey's Pub – 254 Village Square Suite 100, Pleasant View, TN 37146
- SHEYEGIRL COFFEE CO. – 201 N. Main Street, Ashland City, TN 37015

Art in the Park: LL Burns Park, Park Street, Kingston Springs, TN 37082
fine artists and crafts, food trucks and music with a special "Kid Zone" that allows children to experience art on a hands-on level. For specific dates and times per year, read more on the Facebook page.

Mud Puddle Pottery – 462 US-70, Pegram, TN 37143

Specializing in classes for adults and youth, offering instruction in pottery wheel, hand building and sculpting clay.

Outdoor Activities:

- Cumberland River Bicentennial Trail
- Cheatham Lake/ Cheatham Lock and Dam
- Adventureworks Zipline Tours
- Narrows of the Harpeth
- Sycamore Hollow Golf Club
- Mound Bottom State Archeological Site
- Foggy Bottom Canoe
- Tip-A-Canoe – Canoe & Kayak Rental
- Sycamore Creek Recreation Area
- Nashville National Golf links

CLAY COUNTY

Watching Eagles on Dale Hollow Lake

The Eagle Watch activities are held on the third and fourth Saturday of January. Eagle enthusiasts are transported by open barge in search of wintering bald eagles. The eagle watch tours are free, but reservations are required. Reservations will be accepted beginning mid-November.

January Eagle Tours

The Eagle Watch activities are held on the third and fourth Saturday of January. Eagle enthusiasts are transported by open barge in search of wintering bald eagles. The eagle watch tours are free, but reservations are required. Reservations will be accepted beginning mid-November.

Wilderness Day Camp

Wilderness Day Camp is 8 a.m. to 3 p.m. the second Thursday in July. The Annual Wilderness Day Camp is a unique opportunity for youth to connect with nature while learning new outdoor skills. Children spend time at each of six to eight stations. Activity stations may include BB-gun and archery target shooting, water safety, live birds of prey, snakes and tortoises, a dog care and handling demonstration, and fly rod casting.

The event is located at the Dale Hollow Dam Day Use picnic shelter and vicinity. Hosted by the Friends of Dale Hollow National Fish Hatchery, the Wilderness Day Camp is a partnership of the Tennessee Wildlife Resources Agency, U.S. Fish and Wildlife Service, Tennessee State Parks, and U.S. Army Corps of Engineers.

The Dale Hollow Damsite Day Use is located just below Dale Hollow Dam on the Obey River Tailwater in Celina, TN. The area offers a picnic shelter, individual picnic tables, fishing pier, and playground. The Obey River is known for rainbow and brown trout fishing. Located in the vicinity is the Dale Hollow National Fish Hatchery. No Day Use Fee Charged.

Free Online Dance Party Zoom in October

eventbrite.ca/e/online-dance-party-free-on-zoom-tickets-395050004197?aff=ebdssbcitybrowse

Free Zoom Dance parties click on the link for dates and times. Rock Tober held in October tickets as low as $10.00 Search of Tennessee State Parks and Activities

Celina, TN Event Calendar - Events in Celina, Tennessee (americantowns.com) Hiking around Celina - Where to go hiking near Celina TN (stepoutside.org) Fishing around Celina, TN (stepoutside.org)

Outdoor Activities:

- Dale Hollow Lake: Enjoy boating, fishing, swimming, and scenic drives around the lake. Many marinas and campgrounds offer accessible facilities.
- Obey River: Relax with kayaking, canoeing, or fishing in this peaceful river. Guided tours and rentals are available.
- Hiking and Nature Trails: Explore the natural beauty of the area on paved or gently graded trails. Many parks and forests offer accessible options.
- Horseback Riding: Several stables offer guided horseback riding experiences suitable for riders of all levels.
- Cultural and Historical Activities: Clay County Courthouse: This historic building houses a museum showcasing the county's rich heritage. It offers accessible exhibits and information.

Antiquing and Shopping: Explore charming shops and browse unique finds in the town of Celina. Many stores have accessible entrances and layouts.

Live Music and Entertainment: Enjoy local music performances and events held in various venues throughout the county. Check for accessibility information beforehand.

Clay County Senior Citizen Center: Offers social activities, exercise programs, and meals for seniors.

Clay County Department of Human Services: Provides assistance with food stamps, Families First, Medicaid, and TennCare.

Clay County Career Center: Offers job search assistance and training programs.

Clay County Schools Family Resource Center: Supports students and families with various needs, including mental health, social services, and food assistance.

Clay County Health Department: Offers various health services and programs.

Clay County Helping Hands: Provides food assistance.

Celina United Methodist Church: Offers free meals and is a distribution point for Second Harvest Food Bank.

Clay County Partnership Chamber of Commerce: Provides information about local businesses, events, and community resources.

Clay County Library: Offers access to books, computers, and other resources.

COFFEE COUNTY

Coke Ovens Museum
Free to enter
350 Mountain View Road
Dunlap, Tennessee 37327
Phone: (423) 949-2156

Old Stone Fort State Archaeological Park

Free to enter
732 Stone Fort Drive Manchester, TN 37355
Phone: (931) 461-7676

May Prairie Natural Area
Free to enter

Short Springs Natural Area
Free to enter
Hands-on Science Center
$6.75 general admission, 2 & under free 101 Mitchell Blvd.
Tullahoma, TN 37388
Phone: (931) 455-8387

Beechcraft Heritage Museum (Airplane Museum)
570 Old Shelbyville Highway
Tullahoma, TN 37388
Admission
Adult | $12.00
Ages 12-17 & 65+ Admission | $10.00
Ages 11 & Under | Free
Hours of Operation
Open Tues – Sat 9 AM – 4 PM (CST). Closed all major holidays, inclement weather & October 10 – 15th.
P: 931.455.1974
F: 931.455.1994
E: *info@beechcrafthm.org*

The Little Duck River Greenway
328 N. Woodland St.
Manchester, TN 37355
The greenway connects the Coffee County Middle School, Dave King Park, Fred Deadman Park, the Recreation Center, the Town Square, Old Stone Fort State Park and the Caretakers Entrance of Old Stone Fort on State Highway 41. It is a 2.4 mile, 8-foot-wide concrete.
Walkway with wooden boardwalks, bridges, an octagonal overlook, and the Keep Coffee County Memorial Garden.

Rock Creek Greenway
216 Big Springs Avenue Tullahoma, TN 37388
Rock Creek Greenway offers an eight-foot wide, Americans with Disabilities Act (ADA) compliant walking path with bridges, benches, and picnic tables. Many people enjoy its abundance of natural beauty every day without having to leave the city. The greenway, built in three phases, now covers over three miles.

Manchester Recreation Center 557 N Woodland St Manchester, TN 37355
The Recreation Center is a 69,000 square feet complex with a 10,000 square feet pool.
The recreation center contains the following:
Outdoor large leisure pool with:

- Waterslides
- Lazy river
- Lily Pad Walk
- Water playground

Indoor competition pool with:

- Eight 25 yd. lanes
- One meter diving board

Indoor warm water therapy pool with:

- Hydrotherapy bench

Gymnasium with:

- Two high school-size courts
- Two racquetball courts
- Gymnastics room
- Aerobics/dance room
- Youth activity room
- Indoor walking track
- Pickle Ball

Children's After School Program

The Manchester Parks and Recreation Department offers children an after-school program (C.A.P.) that operates Monday through Friday 3:15pm-6{00pm through the school year. (C.A.P.) children will get to use the recreation center and indoor pool, play outside, have a healthy snack daily, and special activities. The department transports children from city schools to the recreation complex via bus. This is not a drop-in program. Children must be registered per week. Manchester city schools are welcome to participate but must provide their own transportation to the recreation center. For more information call 931-728-0273.

George Dickel Distillery 1950 Cascade Hollow Rd. Tullahoma, TN 37388

Cost is $25 per person

HOURS

- Monday, Tuesday, Thursday, Friday, Saturday: 9:30 a.m. – 4 p.m.
- Sunday: 11:30 a.m. – 4 p.m.
- CLOSED on Wednesdays
- Reservations are strongly encouraged to guarantee your spot on tours
- Self-guided tastings are available on a first-come, first-served basis
- Must be 21+ with valid ID to sample
- Call 931-408-2410 for more information

TOUR DETAILS

- Our distillery is currently operational Monday-Friday. Tours are available on Saturdays and Sundays, but you will likely not see active distillation taking place on these days.
- This tour takes you through a fully functioning distillery. You may experience extreme temperatures (especially during Summer) and strong smells, which may be overwhelming to some individuals.
- Our tours involve walking and stairs.
- About 25% of the tour takes place outside. Please dress appropriately for the weather.
- Tours may be delayed or modified due to inclement weather.

East Park Sunrise Rotary (Freesbie) Disc Golf Course

908 Country Club Dr

Tullahoma, TN 37388

East Park is located adjacent to East Middle School and home to the Tullahoma Sunrise Rotary Disc Golf Course, an 18-hole (soon to be 27-hole) H.B. Clark Signature Design Disc Golf Course (Free Admission)

May Prairie State Natural Area

Hillsboro Hwy.

Manchester, TN 37355

May Prairie is a 492-acre natural area in Coffee County near Manchester. The Open grassland is primarily comprised of a little bluestem community and a tall grass prairie community.

Tullahoma Bowling Lanes
900 S Anderson S Tullahoma, TN 37388
Weekdays before 5pm
Adults: $3.50 per game
Under 13/Over 55: $2.50 per game
Hourly: $16-$18 per lane, per hour

Weeknights after 5pm
Adults: $4.00 per game
Under 13/Over 55: $3.00 per game Hourly: $20-$22 per lane per hour

Weekends (Fridays after 5pm, Saturday, & Sunday)
Adults: $5.00 per game per person (Cosmic Bowling Saturday after 7pm $6.00)
Under 13/Over 55: $4 per game per person (Cosmic Bowling Saturday after 7pm $5.00)
Hourly: $28-32 per lane per hour

Coffee County Lannom Library
312 N Collins St Tullahoma, TN 37388 Hours:
Monday 8 AM–8 PM
Tuesday 8 AM–8 PM Wednesday 8 AM–8 PM Thursday 8 AM–8 PM
Friday 9 AM–5 PM
Saturday 9 AM–5 PM
Sunday Closed
Children's activities (Storytime) Throughout the week

CUMBERLAND COUNTY

Events | crossville-chronicle.com
Contact Information
crossville-chronicle.com
125 West Ave.
Crossville, TN 38555
Phone: (931) 484-5145
Email: reportnews@crossville-chronicle.com

Cumberland Mountain State Park
24 Office Dr, Crossville (931) 484-6138
Closes 5 PM

Tower Museum
Dates and Hours for Tower Museum
Tuesday – Saturday 10am – 5pm Closed Sunday & Monday
Admission For Both the Tower and House Museums:
Adults: $6 Ages 6-12: $1
Children 5 and under: Free

The Homestead Tower Museum 96 Highway 68

The Homestead House Museum
2611 Pigeon Ridge Rd.
Crossville, TN 38555
Apple Festival at the Homesteads in September

Crossville Model Railroad Club
Landers Crossroads, 228 Interstate Dr. Suite 109
Crossville, TN 38555
(931) 210-5050
Admission is free. Donations are appreciated.
The Crossville Model Railroad Club has 5 operating layouts in scales: 'G', 'O', 'HO', 'N' and 'Z'. We have a dedicated page for each scale layout with information on the material construction, design, along with scenic portrayal of railroads over time. The layout operates with a variety of power sources from a traditional DC or AC powered format to a combination of DC (Analog) and DCC operations (Digital), and DCS operation on our 'O' Scale layout. Please visit the individual pages to see samples of the displays. Pages will be updated to share ongoing efforts by volunteer club members to improve the features of our 5,000 Sq. Ft display.

Military Memorial Museum
20 S Main St, Crossville · (931) 456-5520 Open · Closes 3 PM

Crossville-Cumberland County Visitor Center, Gateway to the Big South Fork
176 River Otter Dr I-40, Crossville (931) 787-1755 Open · Closes 4:30 PM

Crossville, Cumberland County Chamber of Commerce
34 S Main St
Crossville, TN 38555
(931) 484-8444
crossvillechamber.com
Closes 4 PM

Art Guild at Fairfield glade
451 Lakeview Dr
Crossville, TN 38558
(931) 707-7249
artguildfairfieldglade.net
Closes 4 PM
In keeping with our "Motto", "Teach, Learn & Inspire" ...We have a very Special Exhibit this month called - "Emulating the Masters". Last Spring 35 of our artists drew names out of a hat, so to speak, and agreed to create an art piece emulating the "Master" artist that they drew. Of the 35 names drawn, 31 artwork pieces were submitted. We are pleased to have these artworks on display for all to admire.

Thrive Family Fun Center
400 Dubois Rd Ste A21 Cookeville, TN 38501
(615) 281-9008
thrivecookeville.com
Opens 4 PM

Baxter Visitor Center and Museum

200 Main St, Baxter, TN 38544 · 64 mi
(931) 858-4111
cityofbaxter.com
Opens 9:30 AM

The Cookeville Doll Museum
656 W Broad St
Cookeville, TN 3850
(931) 252-2755

Cane Creek Recreation Center
180 C C Camp Rd Cookeville, TN 38501
(931) 526-7393
cookeville-tn.gov
Opens 8 AM

Bowling World
545 Neal St
Cookeville, TN 38501
(931) 528-5551
bowlingtn.com
Opens 10 AM

DAVIDSON COUNTY

FREE Events | Discover Things to Do in Nashville, TN (nowplayingnashville.com)

Free Things To Do in Nashville | Visit Nashville TN (visitmusiccity.com) Nashville Humane Association- 213 Oceola Ave. Nashville, TN musicianscorner.com/

Musicians Corner is back this summer with free lawn parties on Friday nights and Saturday afternoons through June. These multi-genre kid- and dog-friendly concerts in Centennial Park, where attendees bring chairs or blankets to sit on, feature food trucks, Kidsville activities and lots and lots of music

tnstateparks.com
National Trails Day is always the first Saturday in June, and all 56 of our Tennessee state parks will offer guided hikes or other nature or history programs in celebration of the national day plus the 85th anniversary of the Tennessee state park system. The hikes, which range from easy, family-friendly walks to strenuous, challenging hikes on tough terrain are free, but many of them require a reservation.

tnwildlife.org
Kid's Fishing Events or to find places to fish
June 11 is Free Fishing Day in Tennessee, and anyone can fish without a license for free in public waters in Tennessee. Children 15 and under can fish for free all week through June 17. Plus, there are dozens of fishing day events for youth across the state.

nashvilleshakes.org/shakespeare-in-the-park - Summer Shakespeare, the outdoor Nashville Shakespeare Festival, is set for Thursdays through Sundays.

nashville.gov/departments/parks - Metro Parks' big band dances are returning, with Saturday

dances 7-10 p.m. in Centennial Park's event shelter in June, July and August. The bands hit the stage at 7:30 p.m. with a free dance lesson provided by Dynamic Ballroom and Performing Arts.
Metro Parks' Tales at Twilight family programs will take place on the Cumberland Park amphitheater stage 7-8 p.m. on Fridays in July and will feature entertainment for young children.
The Metro Parks' Red Caboose Concert Series is a family-friendly entertainment offering from 7 to 9 p.m. on Fridays in June at Red Caboose Park at 684 Colice Jeanne Road in Bellevue. There will be a different band each week, plus a bubble machine for the kiddos. Patrons bring picnics, chairs and blankets.

countrymusichalloffame.org/ - String City: Nashville's Tradition of Music and Puppetry," which is a sophisticated puppet program presented by the Nashville Public Library's Wishing Chair Productions along with the Country Music Hall of Fame and Museum, chronicles the history of country music. It is an hourlong original show featuring more than 90 puppets and is designed for music lovers of all ages — definitely not just a children's event.

events.library.nashville.org/ - The Nashville Public Library's Wishing Chair Productions puppetry program also offers Friday and Saturday morning (10:30 and 11:30 a.m.)

nashvillesymphony.org/communityconcerts - The Nashville Symphony's free community concert series is back, with five June concerts under the stars, all led by assistant conductor Nathan Aspinall. Patrons bring blankets or lawn chairs and enjoy a night of symphony music.
hon.org/ - Hands on Nashville pairs volunteers of all ages with all kinds of charitable projects in the community — everything from cleanups to helping with senior programs, youth programs, disaster relief work, thrift store merchandising, food bank sorting, assisting in a community garden and more.

nashville.gov/parks - Metro Parks has several community pools (Cleveland, Looby and Rose) that have open swim times in summer and do not charge admission. The regional recreation centers, including Coleman, Hartman, Hadley and East, have indoor pools that are open year-round.

tnstateparks.org - Plus there is free lake swimming with swim beaches at Montgomery Bell State Park, Rock Island State Park and Long Hunter State Park (Bryant's Grove). And the fountains at Bicentennial State Capitol Mall State Park, which represent the 31 rivers in Tennessee, are up and running from 8:30 am. to 9 p.m. daily. It's a great place to splash around.

fristartmuseum.com/ - The Frist Art Museum, at 919 Broadway, is always free for anyone 18 years old or younger. Adults are $15. The museum and its Martin ArtQuest are open Thursdays through Sundays, offering changing exhibits and hands-on opportunities to create art. There are also free events during the summer.

tnmuseum.org/ - The Tennessee State Museum, at 1000 Rosa L. Parks Blvd. Nashville, Tn. - The Tennessee State Museum is free and open to the public. We are thrilled to welcome visitors to experience Tennessee history, art, and culture from the state's natural history beginnings through the present day. We look forward to seeing you.

tnagmuseum.org/ - The Tennessee Agricultural Museum- Ellington Agricultural Center, 404 Hogan Road, Nashville, Tennessee. The museum serves its community through educational programs, exhibits, and special events that attract more than 12,000 people annually. Visitors are encouraged to explore the site's exhibits that contain over 3,000 artifacts related to life in Tennessee before electricity. The museum includes two levels of exhibits, an heirloom garden, and historic cabins. The museum is free admission for self-guided tours.

arringtonvineyards.com/ - Arrington Vineyards at 6211 Patton Road in Arrington has "Music in the Vines" outdoor jazz and bluegrass concerts 3-7 p.m. every Saturday and Sunday through November, as well as Food Truck Fridays, also with live music, through October.
Several Middle Tennessee wineries host free concerts through the summer, where patrons bring picnics and lawn chairs to enjoy a night of outdoor music. No reservations are needed but be advised that the wineries do not allow

outside alcoholic beverages.

beachavenwinery.com/ - Beachaven Winery at 1100 Dunlop Lane in Clarksville offers free live music and food trucks on Fridays at happy hour and Saturday during business hours. The winery also has a popular "Jazz on the Lawn" series, but it now charges $5 admission for adults.

bsasnashville.com/calendar/ - The Barnard Seyfert Astronomical Society hosts public star parties where all ages can explore the night sky and learn astronomy from amateur and professional astronomers who bring telescopes to share with newbies.

nashvillemoviesinthepark.com/ - The 28th annual Movies in the Park features outdoor movies on Thursday nights in June at Elmington Park, 3531 West End Ave. Food trucks, games and other fun start at 5 p.m., and movies start at sundown.

visitmusiccity.com/July4th - The "Let Freedom Sing Music City" Fourth of July music and fireworks festival is in downtown Nashville. This event will feature a Family Fun Zone and the largest fireworks show in Nashville history, with the pyrotechnics synchronized to a live performance by the Grammy-winning Nashville Symphony. The event has regularly drawn more than 200,000 and a record-breaking 350,000 in 2021.

tnhomeandfarm.com/tennessee-events/ - TN Home and Farm

Tennessee Events Calendar

owlshill.org - Owl's Hill Nature Sanctuary 545 Beech Creek Road South Brentwood, TN 37027

nashville.gov/Parks-and-Recreation/Parks/Warner-Parks.aspx - Warner Park Nature Center 7311 Highway 100 Nashville, TN 37221
Metro Nashville Parks and Recreation- Community Centers and Parks

nashvillefarmersmarket.org/ is home to fresh food vendors, retailers, artisans, nonprofits, and small businesses. There is even an international food hall and areas with cooking classes and demonstrations. The market is open from 8 am to 8 pm every day, and parking is free for two hours

Sports Games & Practices
Also, sports fans have multiple options for catching a game or practicing. Baseball lovers can check out the Nashville Sounds play at First Tennessee Park for $10. Also, this minor-league team has different themed nights throughout the baseball season as well as special events and promotions.
Furthermore, visitors can watch the Nashville Predators practice for free at the Centennial Sportsplex or see the Tennessee Titans prepare for football season at the Nissan Stadium
Murals- Nashville's art culture is extensive, and you can find murals around the city to view for free. There are many photo opportunities in Germantown, the Gulch, and on Jefferson Street.

Centennial Park - Standing majestically in Centennial Park, The Parthenon and its 42-foot Athena statue are full-scale replicas of the original structures in Athens, Greece as they once stood. Constructed for the 1897 Centennial Exposition, the Parthenon features direct casts of the original sculptures dating back to 438 B.C.
Also, the Parthenon hosts a permanent collection of 63 19th and 20th century American painted works as well as temporary exhibits and shows. The Parthenon is open every day except on Mondays and costs $4-6
Gaylord Opryland Resort Gardens

Bicentennial Capital Mall State Park
600 James Robertson Parkway Nashville, TN 37243

John Seigenthaler Pedestrian Bridge

Cooter's Nashville - 2613 McGavock Pike Nashville, TN 37214
Free Admission for Museum. If you love THE DUKES OF HAZZARD, and Americans of all ages do), you will love a visit to Cooter's Place. This is Nashville's one and only Dukes of Hazzard Museum and Shop, operated by none other than ol' Cooter himself. Ben Jones, who played the Duke Boy's stalwart sidekick, is your host at this tribute to Hazzard County. This expanded museum features Pictures, Props, Costumes, and Memorabilia from the beloved hit television show. Also displayed are Cooter's Tow Truck, Daisy's Jeep, Rosco's Patrol Car, and of course, a General Lee, the 1969 Dodge Charger which has achieved iconic status among fans of the show.

Fannie Mae Dees Park - located at 2400 Blakemore Avenue, is also known as Dragon Park because of the large mosaic serpent sculpture that slithers through the landscape. The park takes its official name from the local civic leader Fannie Mae Dees, and was created in 1978

Fort Negley Park and Visitors Center - 1100 Fort Negley Blvd. Nashville, TN 37203 - The Fort Negley Visitors Center is a historical education and outdoor recreation center of the Nashville Metropolitan Board of Parks and Recreation. Fort Negley is a place where people and history come together. It is a place to learn that we are a part of history and not apart from it. The visitor's center is a resource for exploring the delicate relationship between Nashville and the Federal Government during the Civil War and for learning about the site's relevance in the 20th century and beyond.
Sri Ganesha Temple -527 Old Hickory Blvd, Nashville, TN 37209. Sri Ganesha Temple was built to provide a place for cultural, educational, and spiritual activities related to Hinduism, to promote inter religious, social, and cultural understanding, and to support humanitarian causes.

Nashville Public Libraries - Main Library -615 Church Street Nashville, TN 37219
fiftyforward.org - The goal of Fifty Forward is to assist adults 50+ in Middle Tennessee to live longer, more fulfilling lives through innovative programs and services. Committed and compassionate staff, volunteers, and partners form a powerful leadership team positively impacting older adults, their families, and the community. Silver Sneakers Program- check local gyms for participation (silversneakers.com)

Metro Parks' disABILITIES Day Programs
Centennial Sportsplex
A615-862-8489 • nashville.gov/Parks-and-Recreation/Centennial-Sportsplex/Disabilities-Program.aspx
Recreational programs for ages 16 and older with intellectual and developmental disabilities
Nashville Children's Theatre
25 Middleton St., Nashville
615-252-4675 • nashvillechildrenstheatre.org
Sensory-friendly performances and ASL sign-interpreted performances are available regularly.

Nathaniel's Hope Buddy Break!
St. Stephen Catholic Community 14544 Lebanon Road, Old Hickory 630-917-3917
— and —
Grace Place
4316 Central Pike, Hermitage
615-481-2819
nathanielshope.org/events-programs/buddy-break/
A free, monthly respite program where children ages 5 and older can play together while Mom and Dad take a break.

Preschool Power Storytime

Donelson Branch Library
2315 Lebanon Pike, Nashville
615-862-5859 • library.nashville.org/social-stories
Every Wednesday (except the third Wednesday) from 1 – 2 p.m. Children ages 3 – 6 with autism can participate in fun and interactive stories, songs and art.

Regal Opry Mills
570 Opry Mills Drive, Nashville
615-232-5014 • **regmovies.com/mywaymatinee**
Sensory-friendly screenings take place on select Saturdays at 10:30 a.m. Tickets are $6.50.

YMCA Full Circle Program
Bellevue
8101 Hwy. 100, Nashville, Tn
615-646-9622
Donelson-Hermitage
3001 Lebanon Pike, Nashville 615-889-2632
ymcamidtn.org
Ages 3 and older with special needs participate in recreational programs including health and fitness, arts and more. Programs vary by location. Registration is required.

Sensory-Friendly Kids Matinee Richland Park Branch Library 4711 Charlotte Ave., Nashville
615-862-5870 • ***library.nashville.org/locations/Richland-park-branch***
On Saturday, Dec. 9, children on the autism spectrum and their families can enjoy Cars 2 from 1 – 2 p.m. with the lights dimmed and the volume lower. Kids can move around, talk and enjoy the movie as they see fit. Snacks and bottled water provided, but you may bring your own snacks, too.

DEKALB COUNTY

Center Hill Lake

Edgar Evins State Park (Silver Point, TN) Appalachian Center for Craft (Smithville, TN)

Smithville Golf Club and Swimming Pool
430 Golf Club Drive, Smithville, TN 37166 615-597-6648

RiverWatch Golf Club
125 Harbour Greens Place, Sparta, TN 38583
931-761-8125
$30-45

Smithville Fiddlers' Jamboree and Crafts Festival
June-July

DeKalb County Fair (Alexandria)
$5-$25

Upper Cumberland Human Resource Agency
Dekalb County 726 S. Congress Blvd. Smithville, TN 37166 615-597-4504

Smithville Head Start
118 Kimberly Lane Smithville, TN 37166 (615) 549-5595 (Free Service)

Children's Special Services
254 Tiger Dr Smithville, TN 37166 615-597-7590/597-7599
(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

American Red Cross
Smithville, TN. 37166 931-473-2595
(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Justin Potter Library
101 S 1st St Smithville, TN. 37166 (615) 597-4359
(Assists with library cards, tax forms, research and Internet access)

DICKSON COUNTY

Promise Land - 707 Promise Land Rd, Charlotte, TN 37036
(615) 707-2130; Sun, Tue, Wed, Fri, Sat 10a-4p; promiselandtn.com

Clement Railroad Museum - 100 Frank Clement Pl, Dickson, TN 37055 (615) 446-0500; call for times; clementrailroadmuseum.org

Storytellers Hideaway Farm and Museum - 9676 Old Highway 46, Bon Aqua, TN 37025 (931) 996-4336; M-Sat 1030am-3pm; *storytellershideawayfarm.com*

FENTRESS COUNTY

Library
306 South Main Street
Jamestown, TN 38556
Phone 931-879-7512

Pickett CCC Memorial State Park
State park in Pickett County, Tennessee
Service options: Picnic tables available · Playground swings available · Has barbecue grill Address: 4605 Pickett Park Hwy, Jamestown, TN 38556
Hours:

- **Tuesday** 8 AM–4:30 PM **Wednesday** 8 AM–4:30 PM **Thursday** 8 AM–4:30 PM
- **Friday** 8 AM–4:30 PM
- **Saturday** 8 AM–4:30 PM
- **Sunday** 8 AM–4:30 PM
- **Monday** 8 AM–4:30 PM Phone: (888) 867-2757

tnstateparks.com

Sgt Alvin C. York State Historic Park

State park in Pall Mall, Tennessee
Sgt. Alvin C. York State Historic Park is a state park in Pall Mall, in the U.S. state of Tennessee. Situated along the Wolf River, the park contains the farm and gristmill once owned by decorated World War I soldier Alvin C. York, who lived in the Pall Mall area for his entire life.
Address: 2609 N York Hwy, Pall Mall, TN 38577
Hours:

- **Tuesday** 8 AM–4:30 PM **Wednesday** 8 AM–4:30 PM **Thursday** 8 AM–4:30 PM
- **Friday** 8 AM–4:30 PM
- **Saturday** 8 AM–4:30 PM
- **Sunday** 8 AM–4:30 PM
- **Monday** 8 AM–4:30 PM Phone: (888) 867-2757

tnstateparks.com

Colditz Cove State Natural Area
Colditz Cove is a 165-acre natural area located approximately two miles east of Allardt in Fentress County. Its most impressive feature is Northrup Falls. This is one of Tennessee's most stunning waterfalls plunging more than 60 feet over a protruding rock ledge into a scenic, narrow, gorge along Big Branch Creek.
Address: 2552 Northrup Falls Rd, Jamestown, TN 38556 Hours:

- **Tuesday** 8 AM–5 PM **Wednesday** 8 AM–5 PM **Thursday** 8 AM–5 PM
- **Friday** 8 AM–5 PM
- **Saturday** 8 AM–5 PM
- **Sunday** 8 AM–5 PM
- **Monday** 8 AM–5 PM Phone: (931) 879-5821

Highland Manor Winery
2965 S York Hwy, Jamestown, TN 38556-5334
Hours:

- **Tuesday** 10:30 AM–6 PM **Wednesday** 10:30 AM–6 PM **Thursday** 10:30 AM–6 PM **Friday** 10:30 AM–6 PM
- **Saturday** 10:30 AM–6 PM
- **Sunday** 12 PM–5 PM
- **Monday** 10:30 AM–6 PM

+1 931-879-9519
highlandmanorwinery@gmail.com highlandmanorwinery.com
Located on the Cumberland Plateau, Highland Manor Winery in Jamestown, TN has produced fine Tennessee wines for more than three decades.

127 Gallery
458 N Main St, Jamestown, TN 38556
+1 931-879-8183
tlmhudd@hotmail.com facebook.com/127Gallery

Ye Ole Jail Historic Museum
114 West Central Ave, Jamestown, TN 38556
+1 931-879-9948
admin@jamestowntn.org jamestowntn.org

South Fentress Park
6233 S York Hwy Clarkrange, TN 38553
Hours:

- **Tuesday** 8 AM–10 PM **Wednesday** 8 AM–10 PM **Thursday** 8 AM–10 PM
- **Friday** 8 AM–10 PM
- **Saturday** 8 AM–10 PM
- **Sunday** 8 AM–10 PM
- **Monday** 8 AM–10 PM Phone: (931) 403-8005

Highlights: Has public restroom · Dogs allowed · Picnic tables available

Jamestown Community Park
603 N Main St
Jamestown, TN 38556
(931) 879-8815
Highlights: Has public restroom · Picnic tables available · Has playground

Pogue Creek Canyon State Natural Area
TN-154
Jamestown, TN 38556
Nature preserve in Fentress County, Tennessee
Pogue Creek Canyon is a 3,000-acre natural area located on the northern Cumberland Plateau in Fentress County. It is contiguous to parts of Pickett State Forest and very near Pickett CCC Memorial State Park."
Hours:

- **Tuesday** 8 AM–5 PM **Wednesday** 8 AM–5 PM **Thursday** 8 AM–5 PM
- **Friday** 8 AM–5 PM
- **Saturday** 8 AM–5 PM
- **Sunday** 8 AM–5 PM
- **Monday** 8 AM–5 PM

Phone: (931) 879-5821

Pogue Creek Canyon Overlook Trailhead
Hiking area in Fentress County, Tennessee
3899 Pickett Park Hwy, Jamestown, TN 38556

Mark Twain Spring Park
Park in Jamestown, Tennessee Jamestown, TN 38556

Natural Bridge
Pickett CCC Memorial State Park TN-154, Jamestown, TN 38556 Phone: (931) 879-5821

Sawmill Trailhead
Hiking area in Pickett County, Tennessee Fork Ridge Rd, Jamestown, TN 38556

River Park
Park in Fentress County, Tennessee Shotgun Annie Rd, Jamestown, TN 38556

Spruce Creek Trail Pavilion
Hiking area in Fentress County, Tennessee
Service options: Picnic tables available · Dogs allowed 464 Spruce Creek Dr
Jamestown, TN 38556

Mesa Top Trailhead
G5RF+J8,
Jamestown, TN 38556 Hours:

- **Tuesday** 6 AM–7 PM
- **Wednesday** 6 AM–7 PM
- **Thursday** 6 AM–7 PM
- **Friday** 6 AM–7 PM
- **Saturday** 6 AM–7 PM
- **Sunday** 6 AM–7 PM
- **Monday** 6 AM–7 PM

Slave Falls Jamestown, TN 38556 Hours:
- **Tuesday** Open 24 hours **Wednesday** Open 24 hours **Thursday** Open 24 hours
- **Friday** Open 24 hours
- **Saturday** Open 24 hours
- **Sunday** Open 24 hours
- **Monday** Open 24 hours

Spruce Creek Campground and Stables
532 Evergreen Ln,
Jamestown, TN 38556 Hours:
- **Tuesday** 8 AM–8 PM **Wednesday** 8 AM–8 PM **Thursday** 8 AM–8 PM
- **Friday** 8 AM–8 PM
- **Saturday** 8 AM–8 PM
- **Sunday** 10 AM–3 PM
- **Monday** 8 AM–8 PM Phone: (865) 309-5202

Highlights: Has tent sites · Has RV water hookup · Has restroom

Astronomy Field
Campground in Fentress County, Tennessee
3899 Pickett Park Hwy,
Jamestown, TN 38556 Hours:
- **Tuesday** Open 24 hours
- **Wednesday** Open 24 hours
- **Thursday** Open 24 hours
- **Friday** Open 24 hours
- **Saturday** Open 24 hours
- **Sunday** Open 24 hours
- **Monday** Open 24 hours

Highlights: Dogs allowed · Good for hiking

Fentress County Historical Society
Fentress County Finance 103a N Smith St, Jamestown, TN 38556
Hours:
- **Tuesday** Closed **Wednesday** Closed **Thursday** 10 AM–2 PM
- **Friday** 10 AM–2 PM
- **Saturday** 10 AM–2 PM
- **Sunday** Closed
- **Monday** Closed

(931) 879-4333

Fentress County Senior Citizens Center
308 S Main St,
Jamestown, TN 38556

(931) 879-7249
The Fentress County Senior Center is a non-profit organization that has been in operation since 1979. Approximately 1,500 senior adults are served monthly as a result of the Older Americans Act Funds, state dollars, and local government funding. The Senior Center provides recreational trips as well as educational and historical outings. Senior adults can participate in all services and activities at no cost.

Fentress County Public Library
306 S Main St,
Jamestown, TN 38556 Hours:

- **Tuesday** 8 AM–6 PM **Wednesday** 8 AM–6 PM **Thursday** 8 AM–6 PM
- **Friday** 8 AM–5 PM
- **Saturday** 9 AM–2 PM
- **Sunday** Closed
- **Monday** 8 AM–6 PM Phone: (931) 879-7512

Fentress Co Fair Association
Recreation center in Fentress County, Tennessee
643 Fairgrounds Rd
Jamestown, TN 38556
(931) 879-7832

Jamestown Community Center
Community center in Jamestown, Tennessee
629 N Main St
Jamestown, TN 38556
(931) 879-9905

FRANKLIN COUNTY

Tims Ford State Park
Free to enter
570 Tims Ford Drive Winchester, TN 37398
(931) 968-3536

Falls Mill
$5 Adults $4 Seniors/students/military, $3 Children 134 Falls Mill Road
Belvidere, TN 37306
(931) 469-7161

Cowan Railroad Museum
$2 Adult, $1 child, $5 family, free to members/military 108 Front Street
Cowan, TN 37318-0053
(931) 967-3078

Harvey's Garden
Free to enter
809 S College St, Winchester, TN 37398

Montana Drive-in
$8 Adults $7 children

10251 Tullahoma Highway Estill Springs, TN, United States (931) 649-3454

Franklin County Farmers Market
817 Dinah Shore Blvd Winchester, TN
OPEN-AIR/SEASONAL Open Tuesday, Thursday and Saturday 7:00 a.m., May-October.

Franklin County Neighborhood Service Center
825 Dinah Shore Blvd
Winchester, TN 37398
931-967-1438

Winchester Head Start
677 Myers Road
Winchester, TN 37398
931-967-1543
Monday – Friday 8:00 am to 2:30 pm

Franklin County American Job Center
825 Dinah Shore Blvd
Winchester, TN 37398
931-313-5209
Tuesday & Thursday 8:00 am to 4:30 pm

Campora Family Resource Center
Campora Resource Center - Franklin County School District (fcstn.net)

GILES COUNTY

Giles County Trail of Tears Memorial

Giles County Historical Society and Museum

STAAR Theater at Antoinette Hall

GRUNDY COUNTY

Altamont City Hall
1433 Main St
PO Box 360
Altamont, TN 37301
(931) 692-3971
(931) 692-4027 Fax

Altamont Public Library
1433 Main St
Altamont, TN 37301
(931) 692-2457

Altamont Volunteer Fire Department
143 Academy St
Altamont, TN 37301
(931) 692-2737

Beersheba Public Library
19683 SR 56
Beersheba Springs, TN 37305 (931) 692-3029

Beersheba Springs Fire and Rescue
17967 SR 56
Beersheba Springs, TN 37305 (931) 692-3508

Stone Door and Salvage Gulf Natural Area
tnstateparks.com

Beersheba Springs Mountain Laurel Coffee House
19592 SR 56
Beersheba Springs, TN 37305 (931) 692-2229

Eagle Mountain Books
1288 Myers Town Rd Beersheba Springs, TN 37305 (931) 692-5300

Coalmont City Hall
7426 SR 56 P O Box 308
Coalmont, TN 37313
(931) 592-9373

Coalmont Public Library
7426 SR 56
Coalmont, TN 37313
(931) 592-9373

Coalmont Fire Department
8012 SR 56
Coalmont, TN 37313
(931) 592-9370

Coalmont Community Center
60 Phipps St
Coalmont, TN 37313
(931) 692-4272

U.T. Extension – Grundy County
27 Phipps Street
Coalmont, TN 37313
(931) 592-3971

Coalmont Ball Park
7946 SR 56
Coalmont, TN 37313

(931) 592-9374

The gravesite of Lieutenant Colonel Riley Bradford (R.B.) Roberts, who obtained the highest rank of any Grundy County soldier in the Civil War, is located by the roadside at Kitt Meeks Cemetery on Lockhart Town Road, close to Sweeton Hill Methodist Church.

Brittany Bean Park, located across from Coalmont United Methodist Church on SR 56, is a place for solitude, meditation and reflection. It is in memory of Brittany Bean, who died of cancer at the age of 10 years old. The park is decorated each holiday season by the Bean family.

Gruetli-Laager City Hall
Gruetli-Laager, TN 37339
(931) 779-5147

Gruetli-Laager Community Center
27416 SR 108
Gruetli-Laager, TN 37339
(931) 779-5149

Gruetli-Laager Recreation Park
Gruetli-Laager, TN 37339
(931) 779-5511

Gruetli-Laager Fire Department
Gruetli-Laager, TN 37339
(931) 779-5148

Swiss Heritage Celebration Monteagle

Monteagle City Hall
16 Dixie Lee Avenue
P.O. Box 127
Monteagle, TN 37356
(931) 924-2265

South Cumberland Chamber of Commerce
16 Dixie Lee Avenue
P.O. Box 353
Monteagle, TN 37356
(931) 924-5353

Monteagle Police Department
173 College Street
Monteagle, TN 37356
(931) 924-2077
All emergencies, dial 911

Monteagle Water Treatment Plant
Monteagle, TN 37356
(931) 924-2708

Harton Park
College Street Monteagle, TN 37356
Playground, picnic tables, restrooms

Hannah Pickett Memorial Park
16 Dixie Lee Avenue
Monteagle, TN 37356
Pavilion, gazebo, playground, walking trails and restrooms

Monteagle Ball Park
Dixie Lee Avenue
Monteagle, TN 37356
South Cumberland Recreation Area
11745 US 41
Monteagle, TN 37356
Walking trails, playground, tennis, volleyball, baseball, picnic area and restrooms

Senior Neighbors
24 Dixie Lee Avenue
Monteagle, TN 37356
(931) 924-3258

Monteagle Community Center
24 Dixie Lee Avenue
Monteagle, TN 37356
To rent call City Hall – (931) 924-2265

Palmer City Hall
35 School Road
Palmer, TN 37365
(931) 779-3247

Palmer Public Library
2115 Main Street
Palmer, TN 37365
(931) 779-5292

Palmer Fire Department
2135 Main Street
Palmer, TN 37365
(931) 779-3249

Miners Museum

Tracy City Hall
50 Main Street Tracy City,
TN 37387 (931) 592-6213

Tracy City Police Department
50 Main Street Tracy City, TN 37387 (931) 592-9712
All emergencies, dial 911

Tracy City Fire Department
50 Main Street
Tracy City, TN 37387

Tracy City Library
50 Main Street Tracy City, TN 37387 (931) 592-9714

Grundy County Food Bank
Every Tuesday from 8:00 a.m. - 10:00 a.m.
Main Street
Tracy City, TN 37387
(931) 592-3631

Grundy Area Arts Council
Suite 3, Tracy City Waterworks Building
P.O. Box 363, 14371 US 41
Monteagle, TN 37356
grundyareaarts.org

Grundy County Adult Education Center
14377 US 41
Tracy City, TN 37387
(931) 592-4332

Animal Alliance of the South Cumberland
Low cost spays and neuter service 271 2nd Street
Tracy City, TN 37387
(931) 235-9006

Marugg Company
88 Depot Street Tracy City, TN 37387 (931) 592-5042
themaruggcompany.com

Dutch Maid Bakery
109 Main Street Tracy City, TN 37387 (931) 592-3171
duthmaid.net

Tea on the Mountain
298 Coylar Street Tracy City, TN 37387 (931) 592-4832
teaonthemountain.com

Alma Mater Theater
14399 US 41
Tracy City, TN 37387
(931) 592-8222

Grundy County Historical Society
Root Cellar
465 Railroad Avenue Tracy City, TN 37387 (931) 592-6008
grundycountyhistory.org

HICKMAN COUNTY

Pink Cadillac Drive-In Theater
2506 TN-100, Centerville, TN 37033
(931) 729-2386; call for times

HOUSTON COUNTY

Et Wickham Stone Park
Buck Smith Rd, Palmyra, TN 37142
36 minutes from TN Ridge

Christmas at Thistlewood
1390 Williamson Branch Rd
Vanleer, TN 37181
931-764-2339
Annual Event (11/13/22 8am-5pm) There is a newly constructed events barn; also has different events throughout the year. (Free admission)

Montgomery Bell State Park
1020 Jackson Hill Rd Burns, TN 37029
(615) 797-9052
S-S 8am-430pm; approx. 55min from the TN Ridge

HUMPHREYS COUNTY

Waverly Train Explosion Memorial Museum
E Railroad St, Waverly, TN 37185
(931) 296-2101
Johnsonville State Park
90 Nell Beard Ln, New Johnsonville, TN 37134 (931) 535-2789; S-S-8am-430pm
tnstateparks.com

Loretta Lynn Ranch
8000 Highway 13 S, Hurricane Mills, TN 37078
(931) 296-7700; S-S 830am-6pm
Historic park, museum, theater, gift shops, and walking trails

Nathan Bedford Forrest State Park
1825 Pilot Knob Rd Eva, TN 38333
(731) 593-6445; S-S 8a-430p
tnstateparks.com

Tennessee River Freshwater Pearl Farm and Museum
255 Marina Rd, Camden, TN
38320; (731) 584-7880; T-Sat 9a-4p (times vary seasonally, please call); *museum.tennesseeriverpearls.com*;

bob@birdsong.com (owner); museum, jewelry shop, mussel farm; fee with guided tours

JACKSON COUNTY

Mayberry - I Love Lucy Museum (Granville)

granvilletn.com/mayberry-i-love-lucy-museum

Sutton Store Hours

Cummins Falls

Cummins Falls Historic Gainesboro Christmas Parade in December

Historic Tree Lighting

Gainesboro Charles Ralph Holland Memorial Library

Granville Mayberry Town Tours

Granville Fireworks on the Cumberland granvilletn.com

Granville Mayberry Days

Spring Arts and Craftsman's Trail

Cornbread and Moonshine festivals Spring in Granville
www.bing.com/ck/a?!&&p=f2cbeede8e43ebfeJmltdHM9MTY2ODM4NDAwMCZpZ3VpZD0xOTMxNDUwMC01Y2M4LTY5NzYtM2FiZC01NzVjNWQ2NjY4MjkmaW5zaWQ9NTQ2MQ&ptn=3&hsh=3&fclid=19314500-5cc8-6976-3abd-575c5d666829&psq=granville+tennessee&u=a1aHR0cHM6Ly93d3cuZ3JhbnZpbGxldG4uY29tL3NwcmluZy1pbi1ncmFudmlsbGU&ntb=1

Jackson County Historical Society Gainesboro Summer In Granville *www.granvilletn.com/summer-in-granville*

Fall In Granville
www.granvilletn.com/fall-in-granville

Scarecrow Festival Christmas in Granville
www.granvilletn.com/christmas-in-granville

We Rock the Spectrum
2111 Express Drive
Jackson, TN 38305
731-300-3081
info@werockthespectrumjackson.com

- Suspended equipment with swings for balance and vestibular treatment
- Crash mats and crash pillows for fun, motor planning and strength
- Zip Line for stress release and joint body relaxation
- Trampoline for building leg and core strength
- Indoor play structure for climbing and increasing playground skills
- Sensory-based toys and equipment for improved auditory processing and fine motor skills
- Arts and Crafts Area for improved hand eye coordination
- Calming room for regulating emotions and reducing negative sensory input

- Private room for birthday parties, private events and classes
- Retail shop with healthy snacks and beverages

Camp Discovery Jaycee Foundation
400 Camp Discovery
Gainesboro, TN. 38562
931-268-0239
campdiscoverytn.org/

LAWRENCE COUNTY

Valle Di Latte Far
300 Old Florence Pulaski Rd Leoma, TN 38468
(931) 852-4007; S-S 730a-7p
valledilatte.wordpress.com

The Farm
100 Farm Rd
Summertown, TN 38483
(931) 964-3574; S-S 9a-7p
thefarmcommunity.com

Amish Heritage Welcome Center and Museum
4001 Highway 43 N
Ethridge, TN 38456
(931) 300-0189; M-Sat 930a-430p
amishofethridge.com

LEWIS COUNTY

Meriwether Lewis Park and Monument
Natchez Trace Pkwy
Hohenwald, TN 38462
(800) 305-7417
S-S 8am-5p
tnvacation.com

The Elephant Sanctuary
27 E Main St
Hohenwald, TN 38462
(931) 796-6500
T-S 9a-4p; actual sanctuary is closed, can be live streamed and there are some interactive things; volunteer opportunities available

LINCOLN COUNTY

Stone Bridge Park
912 Shawnee Ave.
Fayetteville, TN
Host of Christmas Past
208 Elk Ave. S.
Fayetteville, TN

Host of Christmas Past:
Celebrating a tradition that began nearly 50 years ago when The Flower House hosted a Christmas Open House. Other businesses and organizations began participating in what is now the Host of Christmas Past. Each year, on the second weekend in November, downtown Fayetteville becomes the setting for a magical holiday experience. With an array of music, food, exhibits, shops, candlelight, and Christmas spirit the entire community joins together to promote qualities of our town. Advance tickets are available for many events. For hotel and bed and breakfast accommodations, please contact the Chamber of Commerce.

Lincoln County Museum:
521 Main Ave S.
Fayetteville, TN 37334
Explore local history at the Lincoln County Museum.
It's a great educational experience and often has free admission.

Lincoln County Public Library
306 Elk Ave N Fayetteville, TN 37334.
They host various free events and activities for kids, including story time sessions and craft workshops.

Tims Ford State Park
570 Tims Ford Dr Winchester, TN 37398
For more outdoor fun, including hiking, fishing, and swimming.

Fayetteville Recreation Center

1203 Winchester Hwy
Fayetteville, TN 37334
They may offer inclusive programs and activities for kids with special needs.

MACON COUNTY

Macon County Fair
231 Russell Dr.
Lafayette, Tn 37083 Annually, June *maconcountytnfair.org*
www.facebook.com/maconcountyfairTN/

Hillbilly Days
Sponsored by Lafayette Lions Club in Key Park 3-day festival with games, rides, crafts and food

Mid-Tenn Antique Automobile Club Meet
Oldest continually held car show in the South.
Annually in September Red Boiling Springs

"How'd Dey Do Dat?" Day
A rural heritage celebration Second Saturday in October Grandpa's House
2217 Oak Grove Road
Red Boiling Springs, TN 37150
info@graednpas-hous.com

Storytelling Day
Second Saturday in December
Grandpa's House
2217 Oak Grove Road
Red Boiling Springs, TN 37150
info@graednpas-hous.com

Red Boiling Springs Music Festival and Marketplace
In May at the Old Lake Road Park in Red Boiling Springs Music food and vendors

Drury Ridge Road (Peddlers Ridge)
965-1333 Drury Ridge Rd.
Hartsville, TN 37074

Macon County Senior Citizens Center
329 Hwy 52 Bypass E
Lafayette, TN 37083
615-666-3780

Key Park
208 Church Street,
Lafayette, TN 37083
615-666-2194
Civil War Park 317 Main Street
Red Boiling Springs, TN 37150

Lafayette City Park
508 Days Road, Lafayette, TN 615-666-2194

Babe Ruth Park
215 Pavilion Drive
Lafayette, TN 37083

Red Boiling Springs City Park
E Main Street & Valley View Drive Red Boiling Springs, TN 37150 615-699-2011

Drury Ridge Road aka Peddlers Ridge
965-1333 Drury Ridge Rd Hartsville, TN 37074

Macon County Public Library
311 Church Street
Lafayette, TN 37083
615-666-4340 (Voice)
615-666-8932 (Fax)
Library Hours:

- **Monday, Tuesday, Wednesday and Friday** - 9:00 a.m. to 5:45 p.m.
- **Thursday** - 10:00 a.m. to 6:00 p.m.
- **Saturday** - 8:00 a.m. to 1:45 p.m.

Red Boiling Springs Branch Library
335 E Main Street
Red Boiling Springs, TN 37150 (615) 699-3701 (Voice)
(615) 699-3777 (Fax)
Library Hours:

- **Tuesday, Thursday, and Friday** - 12 noon - 6:00 p.m.
- **Wednesday** 9:00 a.m. - 3 p.m. Saturday - 8:00 a.m. - 2:00 p.m.

Macon County Chamber of Commerce
maconcountychamber.org
Information about local business, government, tourism

Covered Bridges:
Church Street Bridge – In Red Boiling Springs. On Church St. between Main St. and Popular Dr. Valley View Rd. Bridge – In Red Boiling Springs. On Valley View Dr. just off of Main Street.
Walking Bridge – In Red Boiling Springs, at the corner of East Main St. and Wicher Hollow Rd.

Gallery 102
102 Public Square
Lafayette, TN 37083
615-666-0102
Gallery102lafayette@gmail.com
Offers art classes for all levels of expertise

Winding Stairs Park
655 Nature Trail Way
Lafayette TN 37083

Information on maconcountychamber.org/nature-and-parks/
Winding-stairs.com

Macon County Christmas Parade

MACON COUNTY CHRONICLE
macouncountychronicle.com

MACON COUNTY TIMES
lebanondemocrat.com/maconcounty

TN52 Yard Sale
Annually on the third weekend of May
The Second Longest Yard Sale Held in Tennessee
for more information, contact Macon County Chamber of Commerce 685 Highway 52 bypass West
Lafayette, TN 37083
615-666-5885

Folk Medicine Festival
Annually on the first Saturday in June 9:00am until 4:00pm
Red Boiling Springs, TN

Macon Drive-In
"Tennessee's second oldest continuously operated drive-in cinema with first-run movies & concessions."
$6 for adults
$3 for kids 5-9 years old 3570 Scottsville Road
Lafayette, TN 37083
615-666-4411

Step Back in Time Shop
Classes to learn something new, from traditional crafts to local history
Connect with like-minded community members

Music and Storytelling events,
singer songwriter competition, community lectures, Christmas caroling, author book signings and more
252 Main Street
Red Boiling Springs, TN 37150 615-699-1919
facebook.com/SBiT2020/events

Cathy & Troy Johnson 5K walk/run
Held annually in November in historic downtown Red Boiling Springs, TN
615-388-3046
www.facebook.com/Johnson5K

Lafayette Cinema
204 College Street
Lafayette, TN 37083
615-666-6116
lafayettecinema.com

- Friday, Saturday and Tuesday 7PM 0-3 Free, 4-9 $3.00, 10 - Adult $5.00
- Sunday Matinee at 4pm $3.00 each

- Monday is Family Night 7pm $3.00 each

Lone Hickory Farm
Greenhouses and U-pick farm
1800 Tanyard Road
Lafayette, TN 37083
615-666-7167
732-986-4191
Lonehickoryfarm.com
U-Pick hours:
June & July Monday – Saturday 6:00am – 7:00pm
Fall Greenhouse Hours September & October **Monday thru Friday**
10:00am-6:00pm
Saturday
9:00am-5:00pm
Sunday
11:00am-5:00pm

Macon County Golf Course
Semi-private golf course, memberships available
11 Putter Lane
Lafayette, TN 37083
615-666-3005

Red Barn Winery and Vineyards
1805 Tanyard Road
Lafayette, TN 37083
615-688-6012
redbarnwinery.com

For other events happening in Red Boiling Springs
Vision2020inc.com/calendar/ visitmaconcountytn.com

MARSHALL COUNTY

Henry Horton State Park
4209 Nashville Hwy Chapel Hill, TN 37034
This park offers hiking trails, a playground, and picnic areas. It's a great spot for a family day out in nature.

Goats Music and More Festival
goatsmusicandmore.com/home

Lewisburg Recreation Center
1551 Mooresville Hwy
Lewisburg, TN 37091
They often have affordable activities and events for kids, including sports and arts and crafts.

Marshall County Memorial Library
310 Old Farmington Rd Lewisburg, TN 37091
Check out their schedule for story times, craft sessions, and other kid-friendly events.

Victory Fun Park Inc Golf Course
636 E Church St
Lewisburg, TN 37091

Funtime Bowl
804 W Commerce St Lewisburg, TN 37091

KidsVille Playground
3664 Pulaski Hwy
Cornersville, TN 37047

MAURY COUNTY

Maury County Visitors Center
302 W 7th Street Columbia, TN 38401
The Maury County Visitors Center is a resource for visitors to the area seeking tourist information. The center features a knowledgeable and helpful staff, and offers a variety of brochures, maps, and informational material

tripbuzz.com/maury-county-arts-guild-columbia-tn

tripbuzz.com/longview-recreation-center-spring-hill-tn

Harvey Park

Mule Day
Downtown Columbia- Mule Day has been a popular Columbia tradition since the 1840s. It began as "Breeder's Day", a single day livestock show, and mule market event held on the first Monday in April. Over time Mule Day evolved. The first "official" Mule Day was held in 1934, which consisted of the parade, and a mule show in downtown Columbia after the parade. Evolving still, Mule Day went from being a single day event to a multi-day festival, attracting thousands of attendees. Saturday's Mule Day parade is the highlight of the event. If you visit during MULE DAY, you might see a square dance, a mule-driving contest, a horse show, a crafts festival, or attend a flea market. Other events include "working mule", "best of breed", or even lumberjack competitions. Traditional Appalachian food, music, dancing, and crafts are featured.

Maury County Arts Guild 705 Lion Parkway Columbia, TN

Christmas at Hidden Bee Farm
753 Carters Creek Pike
Columbia, TN 38401

Muletown Pottery
Visit Maury County with your family to get creative, play and have fun. We offer a fun and creative environment that is welcoming to everyone. We can help you celebrate something special – birthday, anniversaries – or just a get-together with friends and make unique handprint pieces and bridge generational gaps having fun together.
Tenn Pin Alley- Tenn Pin Alley is a family entertainment center, with various attractions, including 32 bowling lanes, laser tag, bumper cars, arcade games and a cafe.

Chickasaw Trace County Park
A scenic outdoor space in Columbia, Chickasaw Trace County Park includes a playground and pavilion for picnics, family, and group gatherings. This park is most popular however for its bike/ cycling trails.

James K. Polk House
Historic Homes 301 West 7th Street Columbia, TN 38402
The only surviving residence of historic President James K. Polk other than the White House is the James K. Polk House in Tennessee. In addition to the restored and furnished home, there is an exhibition facility that hosts a series of original and traveling exhibits.

aMuse'um Children's Museum
123 West 7th Street
Columbia, TN 38401
The aMuse'um Columbia Children's Museum is a museum that strives to educate and encourage children to discover and learn new things. The museum contains interactive exhibits and is a non-profit facility.

Maury County YMCA Administrative Office
Sports Facilities/Fields 1446 Oak Springs Drive Columbia, TN 38401
Guests and members can enjoy fitness classes, swimming, and a variety of other health and wellness programs and services at Maury County YMCA Administrative Office. The complex offers rentals for special events and hosts birthday parties.

Maury County Arts Guild
Arts Centers 705 Lion Parkway Columbia, TN 38401
The Maury County Arts Guild is a center for the arts that has the mission of promoting a greater awareness in the community of the various art forms. The center shows plays including 'Hairspray.

Sportsworld Skate Center
2505 Pulaski Highway
Columbia, TN 38401
Columbia's Sportsworld Skate Center is a roller-skating rink and party place that offers roller and inline skates for rent. The facility hosts birthday parties, offers Zumba classes, and hosts a variety of special events.

Shadybrook Cinema
1907 Shady Brook Street Columbia, TN 38401
Featuring RealD 3D technology, Shadybrook Cinema shows the latest films and blockbusters with digital projection. The concession stand has daily specials, such as unlimited refills on Mondays and discounted 3D tickets on Thursdays.

Galaxy Lanes
730 Moorseville Pike
Columbia, TN 38401
Galaxy Lanes is a bowling alley that features 32 lanes of automatic bowling that also have bumpers. The alley is also home to a fully stocked pro shop, a video game room, a snack bar, and a sports bar.

Rippavilla Plantation
5700 Main Street Spring Hill, TN 37174
Built by Nathaniel Frances Cheairs IV and his wife Susan, the Rippavilla Plantation is one of the largest in the region.

A museum is currently housed in the mansion, and special events as well as programming are held on site.

Spring Hill Self-Guided Battlefield Driving Tour
Spring Hill, TN
Spring Hill Self-Guided Battlefield Driving Tour offers a self-guided tour of important Spring Hill battlefield locations. Patrons can read about the battles as well as view interpretive markers, monuments, and artillery pieces situated along the way.

Tennessee Museum of Early Farm Life
US Hwy 31, Spring Hill, TN 37174
Over 500 items are on display at Tennessee Museum of Early Farm Life, several of which date back to the early 1800s. Open April through October, Fridays, and Saturdays (fee applies)

MONTGOMERY COUNTY

Dunbar Cave State Park
401 Old Dunbar Cave Rd Clarksville, TN 37043
(931) 648-5526; S-S 8a-430p.
tnstateparks.com

Historic Collinsville
4711 Weakley Rd
Southside, TN 37171
(931) 245-4344
historiccollinsville.com
opens in April until Halloween; Adults $8, $9 if they want to make butter

Fort Defiance Civil War Park and Interpretive Center
120 Duncan St,
Clarksville, TN 37042
(931) 472-3351; Tue-Sat 10a-5p, Sun 1p-5p
cityofclarksville.com

Customs House Museum and Cultural Center
200 S 2nd St Clarksville, TN 37040
(931) 648-5780; Tue-Sat 10a-5p, Sun 1p-5p
customshousemuseum.org

McGregor Park Riverwalk
640 N Riverside Dr Clarksville, TN 37040
(931) 645-7476; *call for times; walking, running, during holidays for the lights. cityofclarksville.com*

Clarksville Greenway
1101 Pollard Rd
Clarksville, TN 37042
(931) 645-7476; S-S 630a-530p
cityofclarksville.com

Rotary Park

2308 Rotary Park Dr.
Clarksville, TN 37043

MOORE COUNTY

Jack Daniel's Distillery
$20-$35 depending on tour Senior (65+) discounts available

Old Jail Museum
10 Mechanic Street Public Square
Lynchburg, TN 37352

Tims Ford Marina
175 Marina Lane,
Winchester, TN 37398

Frontier Freedom Days
(Lynchburg, June)
Carnival, parade, petting zoo, fireworks
$15/day

Caroling around the Courthouse
(Lynchburg, December) Dec 23rd, 2022

Moore County Public Library Programs:
The library in Lynchburg offers inclusive programs like reading clubs, art sessions, and game nights that are accessible to individuals with ID/DD.

Lynchburg Music Fest:
An annual music festival that features local and regional artists. This event is a great opportunity for social engagement and entertainment in a community-friendly environment.

Adaptive Sports Programs:
Check with local recreation centers for adaptive sports leagues that are tailored to meet the needs of individuals with ID/DD.

Equine-Assisted Therapy:
Nearby stables may offer equine therapy, which has been beneficial for individuals with disabilities, promoting physical and emotional well-being.

Church-Based Programs:
Many churches in Moore County, like First United Methodist Church, offer inclusive activities, such as social groups and volunteer opportunities that welcome individuals with ID/DD.

Community Gardening Projects:
Participating in local community gardening initiatives can provide a therapeutic and engaging activity for people with ID/DD.

Volunteer Opportunities:
Engage in community service with local organizations that welcome volunteers with disabilities, providing a sense of

purpose and community involvement.

Craft Workshops at Local Art Centers:
Explore creativity through arts and crafts workshops that are inclusive and supportive of individuals with varying abilities.

Fishing and Outdoor Activities:
The local parks and Tims Ford Lake offer fishing, picnicking, and outdoor exploration, providing a peaceful and accessible environment for relaxation.

Heritage Days Festival:
This annual festival celebrates Moore County's history and culture, offering a variety of activities that are suitable for people of all abilities.

Moore County Historical Society:
Participate in educational tours and events organized by the historical society, which are accessible and inclusive.

Yoga and Meditation Classes:
Look for local wellness centers that offer adaptive yoga and meditation classes designed to accommodate individuals with physical or intellectual disabilities.

Local Coffee Shops:
Establishments like Barrelhouse BBQ and Southern Perks offer a relaxed setting for socializing and participating in community life.

Storytelling Events:
Participate in or attend storytelling events, which are a popular activity in Moore County, providing a platform for social engagement and creativity.

Nature Walks and Bird Watching:
Moore County's natural areas provide opportunities for accessible nature walks and bird watching, which can be a calming and enjoyable activity for individuals with ID/DD.

The Arc of Coffee and Moore Counties
This organization promotes the inclusion of individuals with ID/DD in community activities and offers various support services and advocacy resources. They often host events and activities tailored to individuals with disabilities.

Lynchburg Town Square Events
Lynchburg's historic town square regularly hosts events and festivals, such as the annual Jack Daniel's World Championship Invitational Barbecue and Spring in the Hollow. These events are community-oriented and can be inclusive of people with ID/DD, offering a great way to engage socially.

Outdoor Activities at Tims Ford State Park
Just a short drive from Moore County, this park offers accessible outdoor activities such as hiking, fishing, and camping. These activities can be particularly enjoyable for individuals who benefit from being in nature and engaging in physical activity at their own pace.

Franklin County Farmers Market
Although located nearby in Winchester, this market is an accessible and sensory-friendly environment where individuals with ID/DD can explore local produce, crafts, and more, making it a pleasant social outing.

Community Events Calendar
Moore County's local events calendar is a helpful resource for finding a variety of activities that are inclusive and welcoming to individuals with ID/DD. This includes festivals, local gatherings, and other public events where all community members are encouraged to participate.

OVERTON COUNTY

Overton County Farmer's Market
Joe L Evins Community Center
312 W. Broad Street

Christmas in the Country
Livingston Courthouse Square

Candy Cane Christmas Market

Overton County Fair Grounds

Livingston Christmas Parade

Bible Character Walk

Overton Fairgrounds (in October)

Central Park in the Dark

Summer Movie Series

Pioneer Days July

Bluegrass and BBQ Celebrations
Vol State Community College

Central Park
Livingston, Tennessee 140 S Spring St Livingston, TN 38570
Hours:

- **Tuesday** 7 AM–10 PM
- **Wednesday** 7 AM–10 PM
- **Thursday** 7 AM–10 PM
- **Friday** 7 AM–10 PM
- **Saturday** 7 AM–10 PM
- **Sunday** 7 AM–10 PM
- **Monday** 7 AM–10 PM Phone: (931) 823-1269

Standing Stone State Park
Standing Stone State Park is a state park in Overton County, Tennessee, in the southeastern United States.
The park consists of 855 acres along the shoreline of the man-made 69-acre Standing Stone Lake. The 11,000-acre Standing Stone State Forest surrounds the park.
1674 Standing Stone Park Hwy

Hilham, TN 38568 Hours:

- **Tuesday** 8 AM–4:30 PM **Wednesday** 8 AM–4:30 PM **Thursday** 8 AM–4:30 PM
- **Friday** 8 AM–4:30 PM
- **Saturday** 8 AM–4:30 PM
- **Sunday** 8 AM–4:30 PM
- **Monday** 8 AM–4:30 PM Phone: (888) 867-2757

Meadow Creek Park
19195 Clarkrange Hwy
Monterey, TN 38574
Hours:

- **Tuesday** 8 AM–8:30 PM **Wednesday** 8 AM–8:30 PM **Thursday** 8 AM–8:30 PM
- **Friday** 8 AM–8:30 PM
- **Saturday** 8 AM–8:30 PM
- **Sunday** 8 AM–8:30 PM
- **Monday** 8 AM–8:30 PM Phone: (931) 839-2111

Millard Oakley Public Library / Overton County Public Library
107 E Main St, Livingston, TN 38570
Areas served: Overton County Hours:

- **Tuesday** 9 AM–5 PM **Wednesday** 9 AM–5 PM **Thursday** 9 AM–6 PM
- **Friday** 9 AM–5 PM
- **Saturday** 9 AM–2 PM
- **Sunday** Closed
- **Monday** 9 AM–6 PM Phone: (931) 823-1888

Obey River Recreation Area
Monroe, Tennessee
Address: 100 Obey Park Rd, Monroe, TN 38573
Hours:

- **Tuesday** 6:30 AM–8:30 PM **Wednesday** 6:30 AM–8:30 PM **Thursday** 6:30 AM–8:30 PM **Friday** 6:30 AM–8:30 PM
- **Saturday** 6:30 AM–8:30 PM
- **Sunday** 6:30 AM–8:30 PM
- **Monday** 6:30 AM–8:30 PM Phone: (877) 444-6777

Highlights: Has public restroom · Dogs allowed · Picnic tables available

Monterey Parks & Recreation
705 E Commercial Ave Monterey, TN 38574
Hours:

- **Tuesday** 10 AM–5 PM **Wednesday** 10 AM–5 PM **Thursday** 10 AM–5 PM
- **Friday** 10 AM–5 PM
- **Saturday** 10 AM–5 PM
- **Sunday** 1–5 PM
- **Monday** 10 AM–5 PM Phone: (931) 839-3655

Highlights:Has public restroom · Dogs allowed · Picnic tables available

Overton County Senior Citizens Center
Bradford Hicks Dr

Livingston, TN 38570
Hours:

- **Tuesday** 8 AM–4 PM **Wednesday** 8 AM–4 PM **Thursday** 8 AM–4 PM
- **Friday** 8 AM–4 PM
- **Saturday** Closed
- **Sunday** Closed
- **Monday** 8 AM–4 PM Phone: (931) 823-1268

Senior Citizens Center
105 Elmore St
Monterey, TN 38574
Phone: (931) 839-8053

Overton County Museum
318 W Broad St
Livingston, TN 38570
Hours:

- **Tuesday** Closed **Wednesday** Closed **Thursday** 9 AM–2 PM
- **Friday** 9 AM–2 PM
- **Saturday** 9 AM–2 PM
- **Sunday** Closed
- **Monday** Closed

Phone: (931) 403-0909

Joe L Evins Community Center
312 W Broad St
Livingston, TN 38570
Phone: (931) 823-255

Independence Community Center
715 Independence Rd
Monroe, TN 385

PERRY COUNTY

Mousetail Landing State Park Campground
Route 3, Linden, TN 37096
(731) 847-0841
tnstateparks.com

Birdsong Drive-in Theater
907 Shiloh Church Rd, 38320
Lobelville, TN
(731)584-8787; *check for times*

PICKETT COUNTY

Dale Hollow Lake
dalehollow.com/

Annual Mountain Market for Arts and Crafts Hannah Picket Park
Byrdstown, TN

Overton Farmers Market
Livingston TN

Pickett County Library
79 Pickett Square
Byrdstown, TN 38549

Pickett CCC Memorial State Park
This park has a wheelchair-accessible trail and a visitor center with exhibits about the Civilian Conservation Corps.

UT Extension Institute of Agriculture in Pickett County
Pickett County Extension Office 105 S Main St, Room 1
Byrdstown, TN 38549-2212
P: 931-864-3310
F: 931-864-7306

Pickett County Community Center
Byrdstown, TN
105 S Main St., Byrdstown, TN 38549 (931) 864-6540
whereorg.com/pickett-county-community-center-15221720

Pickett County Humane Society
30 Courthouse Square
Byrdstown, Tennessee, 38549
931-864-8550

Human Service Department is a county agency that provides a variety of services to residents. They offer assistance with food, housing, utilities, and other needs. Their contact information is 8816 TN-111, Byrdstown, TN 38549, USA.

Pickett County Food Bank
141 Skyline Dr
Byrdstown, TN 38549
Food Distribution Center is a non-profit organization that provides food to low income families. They offer a variety of food items, including fresh produce, canned goods, and meat.

UCHRA Pickett County Office
105 S Main St #6
Byrdstown, TN 38549
A non-profit organization that provides housing assistance to low-income families. They offer rental assistance, homeownership counseling, and other services.

Pickett County Red Cross
255 Industrial Park Dr
Byrdstown, TN 38549, USA

A humanitarian organization that provides disaster relief and other services.
They offer assistance with food, shelter, clothing, and other needs in the event of a disaster.

Cordell Hull Birthplace State Park
This park has a wheelchair-accessible trail and a visitor center with exhibits about the life of Cordell Hull, a former U.S. Secretary of State.

PUTNAM COUNTY

Bacon Festival Center
Putnam County Fairgrounds Cookeville, Tennessee *hilleevents@yahoo.com*

Cummins Fall State Park

Edgar Evins State Park

Ozone Falls

Tennessee Technological University
1 William L Jones Dr
Cookeville, TN 38505
(931) 372-3101

Monterey Depot Museum
1 E Depot St
Monterey, TN 38574
(931) 839-2111
Fireworks at Putnam County Firegrounds for the fourth of July

Christmas in Cookeville
Cookeville First Baptist Church

Chuckles
286 Chuckles Pkwy
Crossville, TN 38555
(931) 456-9100
mychuckles.com
Opens 11 AM

Cumberland County Playhouse
221 Tennessee Ave
Crossville, TN 38555
(931) 484-5000
ccplayhouse.com
Opens 9 AM

ROBERTSON COUNTY

Volunteer Opportunity
redemptionranchtn.com/ ridgetoptn.org/parks.html

Michael L. Arnold Municipal Park
White House, TN
(whitehousetn.gov)

Robertson County History Museum
124 6th Ave W, Springfield, TN 37172
Located in Springfield, Tennessee, the Robertson County History Museum was established in 1993.
The downtown museum, which is in the old Post Office, was set up to collect and preserve historically important artifacts from the area.

First Friday Night Market
historicspringfieldec.com/

Stokes Brown Public Library
springfieldtn.gov/220/Stokes-Brown-Public-Library

RUTHERFORD COUNTY

Cannonsburgh Village
Murfreesboro, TN
"Historic Cannonsburgh Village represents approximately 100 years of early Tennessee life from the 1830s to the 1930s. Within the village is a gristmill, schoolhouse, a telephone operator's house, the University House, the Leeman House, a museum, a caboose, the Wedding Chapel, a doctor's office, a general store, a blacksmith's shop, and the World's Largest Cedar Bucket!"
Self-guided tours are free

Arrington Vineyards
6211 Patton Road
Arrington, TN 37014
(615) 395-0102
Free live music every Friday May through October

Mural Hide-and-Seek Greenway Trail System 111 West Vine Street
Murfreesboro, TN 37130
(615) 893-2141

Greenway Trail System
315 South Lowry St.
Smyrna, TN 37167
(615) 459-9773

Stones River National Battlefield
"Scene of a significant 1862 Civil War battle fought by 81,000 soldiers for control of middle Tennessee."
Free
3501 Old Nashville Hwy, Murfreesboro, TN 37129

Wat Lao Buddharam
Buddhist temple
5214 Old Nashville Hwy, Murfreesboro, TN 37129 (615) 890-5570

Local Government and Community Organizations

- Rutherford County Chamber of Commerce
- City of Murfreesboro Events Calendar
- Town of Smyrna Parks and Recreation
- Town of Smyrna Community Events
- City of La Vergne Parks and Recreation
- Rutherford County Government Events
- Murfreesboro Parks and Recreation
- La Vergne Public Library Events

Tourism and Visitor Information

- Visit Rutherford (Rutherford County Tourism)
- Murfreesboro Tourism Office

Smyrna Parks and Recreation Special Events

- Education and Youth Organizations
- Rutherford County Schools Events
- Murfreesboro City Schools Community Events
- Middle Tennessee State University (MTSU) Events Calendar
- Rutherford County 4-H Club
- Boys & Girls Clubs of Rutherford County

Cultural and Arts Organizations

- Center for the Arts (Murfreesboro)
- Murfreesboro Little Theatre
- Bradley Academy Museum and Cultural Center
- Rutherford Arts Alliance

MTSU's College of Liberal Arts Events (Concerts, Plays, Art Exhibits)

Libraries

- Linebaugh Public Library
- MGL (Myrtle Glanton Lord) Library
- Smyrna Public Library
- Eagleville Bicentennial Library

Health and Wellness

- St. Thomas Rutherford Hospital (Community Events)
- Rutherford County Health Department Events
- YMCA of Rutherford County (Murfreesboro and Smyrna locations)

Social and Service Clubs

- Rotary Club of Murfreesboro
- Kiwanis Club of Murfreesboro
- Junior League of Murfreesboro

Faith-Based Organizations

- First United Methodist Church of Murfreesboro
- New Vision Baptist Church (Murfreesboro)
- World Outreach Church (Murfreesboro)
- St. Rose of Lima Catholic Church Events

Sports and Recreation

- Murfreesboro SportsCom
- Richard Siegel Soccer Complex
- Old Fort Park & Golf Course (Murfreesboro)
- Smyrna Outdoor Adventure Center
- Rutherford County Soccer Association (RCSA)

Media and Publications

- The Daily News Journal (Community Events Section)
- WGNS Radio (Community Bulletin Board)
- Rutherford Source (Online Local News and Events)

SMITH COUNTY

smithcountyinsider.com/events/

Smith County Heritage Museum
Free to enter
107 Third Avenue E.
Carthage, TN 37030
Phone: (615) 735-1104

Bearwaller Gap Hiking Trail
Free
140 Marina Lane Carthage, TN (615) 735-2093

Defeated Creek Park
Free
140 Marina Lane Carthage, TN (615) 774-3141

Smith County Farmers Market
South Carthage, TN 37030

Crump Paris Park
132 Gordonsville Hwy, Carthage, TN 37030
8 am – 4 pm
(615) 735-2093

Smith County Adult Basic Education
Carthage, TN
615-735-8246
They offer: GED, Adult High School, Basic Computer Training (Assists Adults to further their education)

Department of Human Services Smith County
Carthage, TN
615-735-9740 (Services: Food Stamp; Families First; Medicaid; and TennCare)

Family Resource Center

Carthage, TN. (931) 735-3005
(Refers to GED Program & helps students with clothing and personal hygiene products)

Grief Share Group
Sponsored by First Baptist Church of Carthage
Meets: Tuesdays- 6:00 p.m.

Smith County Chamber of Commerce
939 Upper Ferry Rd.
Carthage, TN 37030
(615)735-1929

Smith County Head Start Center
201 Joy Alford Way Carthage, TN 37030
(615) 735-1868 (Free Service)

CASA
122 Turner High Circle Suite 103
Carthage. TN 37030
615-735-0034
casasmithco@uchra.com

Department Of Human Services
105 Eatherly Landing
Carthage, TN 37030
615-735-9740

Project Affirm
501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 and Hotline: 931-823-5678

Relatives as Caregivers 22
1225 South Willow Ave. Cookeville, TN. 38501
(931) 432-4111

STEWART COUNTY

Fort Donelson National Battlefield
174 National Cemetery Dr Dover, TN 37058
931-232-5706
M-F 8am-6pm/winter hours: 8-4:30p/summer hours: 8am-8pm There is a driving tour, cell phone guided via Bluetooth. (Free)

Fort Defiance Civil War Park & Interpretive Center
120 Duncan St,
Clarksville, TN 37042
(931) 472-3351; Tue -Sat 10am-5pm/Sun 1pm-5pm; 35 min from Dover (Free)

Surrender House Dover Hotel
101 Petty St,
Dover, TN 37058
931) 232-0834; M-F 8am-4pm (Free)
This is located on the property of Ft. Donelson at stop 10. There is a museum on the first floor.

SUMNER COUNTY

tripadvisor.com/Attraction_Review-g55061-d9810992-Reviews-Triple_Creek_Park-Gallatin_Sumner_County_Tennessee.html

tripbuzz.com/chase-s-dance-hall-hendersonville-tn tripbuzz.com/the-aquarium-nerds-hendersonville-tn

tripbuzz.com/drakes-creek-activity-center-hendersonville-tn tripbuzz.com/lock-3-hendersonville-tn

tripbuzz.com/creekwood-marina-hendersonville-tn

Rockland Recreation Area

- Visit Monthaven Arts & Cultural Center
- Tour the Douglass-Clark House
- Snap a Selfie at the Strawberry Crate
- Join a Filming of TBN's Huckabee
- Explore Bledsoe's Fort Historical Park
- Bike or Hike Lock 4 Park on Old Hickory Lake
- Pay Respects to Music Legends
- Hike Bledsoe Creek State Park

Triple Creek Park
Gallatin

The Palace Theater
146 N Water Avenue Gallatin, TN 37066
A focal point within the historic downtown square, the Palace Theater is one of the oldest silent movie theaters in Tennessee. Listed on the National Register of Historic Places, it features weekend movies and is available for events.

Sanders Ferry Disc Golf Course
513 Sanders Ferry Road
Hendersonville, TN 37075
Sanders Ferry Disc Golf Course features 18 holes of disc golf spread out over somewhat hilly, sparsely wooded terrain. The course is between 6000 and 7000 feet long, and features discatcher holes

Sumner Crest Winery
5306 Old Highway 52
Portland, TN
6-9 p.m. Music on the Lawn concerts.
http://sumnercrestwinery.com/

Carmike Wynnsong 10
721 Myatt Drive

Madison, TN 37115
Equipped to handle single movie-goers to large birthday parties, Carmike Wynnsong 10 strives to provide the best in entertainment. Its vast selection of sporting events, arts, and speeches gives everyone an opportunity to broaden their culture.

Larry's Grand Ole Garage & Blue Grass Music Park
549 E Maple St, Madison, TN 37115
Located in a neighborhood garage, Larry's Grand Ole Garage & Blue Grass Music Park provides authentic bluegrass entertainment for the community. Members in the crowd participate in a jam session experience, with people taking turns singing.

Amqui Station & Visitors Center
301-B Madison Street
Madison, TN
A historic railway station whose name is a Native American word meaning parting of the ways, the Amqui Station & Visitors Center gained a more recent claim to fame when Country legend Johnny Cash stepped in to save and move it.

Cedar Hill Park
860 W Old Hickory Blvd
Madison, TN 37115
Multiple peaceful nooks with benches and open grassy areas are available within Cedar Hill Park. Visitors also have access to a small disc golf course, children's playground structure, and walking paths.

Monthaven Arts and Cultural Center
A free art museum that houses rotating exhibits that change throughout the year. From past exhibits like photography by William Lee Golden of the Oak Ridge Boys to the clay works of Pablo Picasso, Monthaven Arts & Cultural Center offers affordable access to amazing exhibits that make for wonderful family-friendly memories.
visitsumnertn.com/free-attractions-blog/

The Strawberry Crate Public Art in downtown Portland, Tennessee, is a fun photo-opportunity to be pictured with a large part of Portland's history: strawberries! The art is also located in the heart of the city where the annual Middle Tennessee Strawberry Festival is held each May that also offers free admission!

Bledsoe's Fort Historical Park in Castalian Springs has walkable grounds that are open year-round (except during special events), allowing guests to take a self-guided tour of the park. Informational panels share the story of the buildings at the park, and there is a layout with panels of the original 1780s fort that was on the property! There is also a great trail that runs along a historic cemetery and has an off-shoot trail down to remnants of an old spring house!

Lock 4 Park in Gallatin is a popular mountain biking location that is also home each summer to the Old Hickory Classic race. There is no fee to use the trails and the spectacular views of Old Hickory Lake draw bikers, runners, walkers, and picture seekers to the shores of the lake! The park also hosts the annual Fire on the Water Music Festival.

The Civil War Trails Marker program situates informative signs throughout Sumner County that recounts each location's involvement in the Civil War. While many of these signs are placed on the grounds at local historic sites (and sites may have a fee to enter the house), viewing the signs comes at no cost.

Mary's Magical Place opened to the public in 2018 as an all-inclusive playground where all people of all ability levels can play! Equipment is designed in such a way that accommodates ability levels across the spectrum and is a

fun experience for everyone! Named for Mary McAuley who lived her life in a wheelchair and passed away in 2015 at the age of 14, the playground honors her life, legacy, and infectious smile.

The Mexican American War is a lesser-known conflict in American history. Sumner County sent several men into battle and many of them were killed during their service. Today there are roughly only 30 monuments in the nation that recognize the service of those brave Americans and there are only two in Tennessee, one being in the historic Gallatin City Cemetery near the back, where it also lists the names of those who perished in the war.

The Historic Rock Castle
139 Rockcastle Ln,
Hendersonville, TN 37075
One of the most prominent attractions in this town is the Historic Rock Castle, which is regarded as one of the oldest structures in the city.

The Trinity Music City
1 Music Village Blvd
Hendersonville, TN 37075
It is known for its various attractions, such as the Christmas decorations and the mansion of the late Conway Twitty. The complex features a television studio, a restaurant, and a bookstore.

Holder Family Fun Center
460 W Main St.
Hendersonville, TN 37075
The Holder Family Fun Center features 36 bowling lanes and an 18-hole mini golf course.
It also has various other attractions, such as a two-story laser tag, a rock-climbing wall, and a soft play system for children.

NCG Cinema
1035 Greensboro Drive, Gallatin 615-451-9500
ncgmovies.com
Sensory-friendly movies take place on select Saturdays at 10 a.m. Tickets are $6.

Nathaniel's Hope Buddy Break!
First Baptist Church
106 Bluegrass Commons
Hendersonville, TN
615-447-1323

Living Free Fellowship
233 Riggs Ave. Portland, TN 615-325-2149
nathanielshope.org/events-programs/buddy-break
A free, monthly respite program where children ages 5 and older can play together while Mom and Dad take a break.

TROUSDALE COUNTY

Hartsville Train Depot/Trousdale County Museum
328 Broadway, Hartsville, TN 37074
Phone: (615) 374-2461

Historic Downtown and the Trousdale Historical Society
Days Gone By Museum Tuesday-Friday 8am-4pm Saturday 8am-2pm
$5
122 Davis St
Portland, TN 37148
(615) 325-2555
Also hosts an Annual Tractor Show and Threshing Festival (October, $5)

The Battle of Hartsville Driving Tour
trousdalecountytn.gov/visitors/tourism/civil_war_tour.php

Living History Museum
White Oak Street across from the Historical Register Depot/Museum
Open by appointment only – contact the Chamber Office to schedule a tour
hartsvilletrusdale.com/events/eventcalendar
for local events/meetings in the area such as classes/events at the Senior Center, government meetings and more.

Fred A. Vaught Memorial Library
211 White Oak St
Hartsville, TN 37074
615-374-3677

The Downtown Sound
Second Thursday of each month throughout the summer
Court Street in historic downtown Hartsville
Music, food trucks and street vendors

Trousdale County Fair
Trousdale County High School Campus 262 West McMurry Boulevard Hartsville, TN 37074
615-450-8199
trousdalecountyfair.org

The Hartsville Rotary Club *facebook.com/HartsvilleRotaryClub/ lebanondemocrat.com/hartsville*

Trousdale County Senior Center
270 Marlen Street
Hartsville, TN 37074
615-374-1102
trousdalecountytn.gov facebook.com/p/Trousdale-County-Senior-Center

VAN BUREN COUNTY

Fall Creek Falls State Park
Service options: Picnic tables available · Has basketball court · Playground swings available
Fall Creek Falls State Resort Park is a state park in Van Buren and Bledsoe counties, in the U.S. state of Tennessee. The over 30,638-acre park is centered on the upper Cane Creek Gorge, an area known for its unique geological formations and scenic waterfalls.
2009 Village Camp Rd
Spencer, TN 38585 Hours:

- **Tuesday** 7 AM–5 PM **Wednesday** 7 AM–5 PM **Thursday** 7 AM–5 PM
- **Friday** 7 AM–5 PM
- **Saturday** 7 AM–5 PM
- **Sunday** 7 AM–5 PM
- **Monday** 7 AM–5 PM

Phone: (888) 867-2757

Prater Place & Hemlock Falls Trail
Hiking area in Van Buren County, Tennessee Spencer, TN 38585

Wheeler Farm Loop Trailhead
TN-30
Spencer, TN 38585 Hours:

- **Tuesday** 6 AM–7 PM **Wednesday** 6 AM–7 PM **Thursday** 6 AM–7 PM
- **Friday** 6 AM–7 PM
- **Saturday** 6 AM–7 PM
- **Sunday** 6 AM–7 PM
- **Monday** 6 AM–7 PM

Cable Trail
TN-284
Pikeville, TN 37367

Gilbert Gaul Trail Head
Hiking area in Van Buren County, Tennessee Gilbert Gaul Trail
Spencer, TN 38585

Hemlock Falls Trailhead
Unnamed Road Spencer, TN 38585

Fall Creek Falls, Lake side dr.
2009 Village Camp Rd
Spencer, TN 38585
Phone: (888) 867-2757

Burritt Memorial Library
427 College St
Spencer, TN 38585 Hours:

- **Tuesday** 8 AM–4 PM **Wednesday** Closed **Thursday** 8 AM–4 PM
- **Friday** 8 AM–4 PM
- **Saturday** Closed
- **Sunday** Closed
- **Monday** 8 AM–4 PM

Phone: (931) 946-2575

Senior Center of Spencer
779 McMinnville Hwy
Spencer, TN 38585 Hours:

- **Tuesday** 8 AM–4:30 PM **Wednesday** 8 AM–4:30 PM **Thursday** 8 AM–4:30 PM

- **Friday** 8 AM–4:30 PM
- **Saturday** Closed
- **Sunday** Closed
- **Monday** 8 AM–4:30 PM

Phone: (931) 946-7434

Fall Creek Falls Recreation Center
Event venue in Van Buren County, Tennessee
2001 Village Camp Rd
Pikeville, TN 38585

Fall Creek Falls Community Center
Pikeville, TN 37367
Phone: (423) 881-5154

Van Buren County Food Outreach
322 Sparta St,
Spencer, TN 38585 Hours:

- **Tuesday** Closed **Wednesday** Closed **Thursday** 9–11 AM
- **Friday** Closed
- **Saturday** Closed
- **Sunday** Closed
- **Monday** Closed

Van Buren County Historical and Heritage Museum
179 Veterans Square
Spencer, TN 38585

UT Extension FB link
facebook.com/UT-Extension-Van-Buren-County-108941872496945

WARREN COUNTY

Harmony Lane Farm and Creamery
Smithville, TN
$25/person 1 hour tour

Cumberland Caverns
Length/price varies ~$25/person

1437 Cumberland Caverns Road
McMinnville, Tennessee 37110
Phone 931-668-4396

Fall Creek Falls State Park
Free
2009 Village Camp Road

Spencer, TN 38585
Phone: (423) 881-5298

Rock Island State Park
Free
82 Beach Road
Rock Island, TN 38581
Phone: (931) 837-4770

Twin Falls
Service options: Picnic tables available · Dogs allowed
Rock Island State Park Rock Island, TN 38581
Hours:

- **Tuesday** 8 AM–6 PM **Wednesday** 8 AM–6 PM **Thursday** 8 AM–6 PM
- **Friday** 8 AM–6 PM
- **Saturday** 8 AM–6 PM
- **Sunday** 8 AM–6 PM
- **Monday** 8 AM–6 PM

Bluff Trail
Hiking area in Warren County, Tennessee Rock Island State Park
Rock Island, TN 38581

Smooth Rapids Outfitters
245 Durham St
McMinnville, TN 37110
931-452-9251
smoothrapidsrentals@gmail.com
We offer kayaking, camping, and restaurant facilities all in one handy location.

Black History Museum of Warren County
203 West Main St.
Suite 13
McMinnville, TN 37110

The Heritage Center and Museum
113 E Main St.
McMinnville, TN 37110
Hours:

- **Tuesdays & Thursdays:** 2:00-4:00 pm
- **Saturdays:** 10:00-2:00 pm
- **Sundays:** 2:00-6:00 pm

Milner Recreation Center
500 Garfield St
McMinnville, TN 37110
931-473-1212
The Milner Recreation Center houses the offices of the McMinnville Parks and Recreation services and is a common place for various organizations of McMinnville to hold their meetings, banquets, etc… The facility has multiple rooms to rent for organizational meetings, conferences, birthday parties, and other group functions. The main gymnasium holds up to 3500 people for theater and concert style events. It also houses a large basketball court

used for basketball play and other sports leagues. An indoor tennis court and a wellness center are also available for admission. The Milner Recreation Center also offers various fitness classes and houses the administrative staff overseeing our ever-popular Gilley Pool.
Outside, the Civic Center Complex, known to some as "Dottie West Park", boasts four outdoor tennis courts, an outdoor volleyball court, the Jungle Jym playground, seven newly renovated ballfields, the Gilley pool and a walking trail complete with outdoor workout equipment.

Detention @ the Elementary (Arcade)
615 School St.
Morrison, TN 37357
Arcade games, Virtual golf, Bounce house parties
Buffett and Restaurant located on site.

WAYNE COUNTY

T.S. Stribling Museum
300 E Water St Clifton, TN 38425
(931) 676-3370; call for times

Shiloh National Military Park
1055 Pittsburg Lndg
Shiloh, TN 38376
(731) 689-5696
S-S 8am-5p
nps.gov; if care giver calls ahead, free tours

Natchez Trace State Park
24845 Natchez Trace Rd
Wildersville, TN 38388
(731) 968-3742
S-S 8a-430p
tnstateparks.com

Tennessee River Museum
495 Main St
Savannah, TN 38372
(731) 925-8181; M-S 9a-5p
Sun 1p-5p
tourhardincounty.org

Buford Pusser Home & Museum
342 Pusser St, Adamsville, TN 38310
(731) 632-4080
Thurs-Sat 10a-3p; subject of "Walking Tall" movies

The Elephant Sanctuary
27 E Main St
Hohenwald, TN 38462
(931) 796-6500
T-S 9a-4p; actual sanctuary is closed, can be live streamed and some interactive things; volunteer opportunities

available

Cherry Mansion
235 Main St W Savannah, TN 38372
(731) 607-1208
call for times; Ulyses S Grant's head quarters

David Crockett State Park
1400 W Gaines St Lawrenceburg, TN 38464
(931) 762-9408
tnstateparks.com
S-S 8a-7p, call for times, winter hours may change

Milky Way Farm
520 Milky Way Rd Pulaski, TN 38478
(931) 808-228
M-F 10a-3p
milkywayfarm.org

WHITE COUNTY

White County, Tennessee Government
(whitecountytn.gov)

Bridgestone Firestone Centennial Wilderness WMA
open year-round. East of Sparta, turn south onto turn south onto Eastland Road, then right onto Scott's Gulf Road, Sparta

Sunset Rock
What a spectacular view – enjoy miles and miles of breathtaking views of Tennessee from high. 5047 Crossville Hwy Sparta, TN

Burgess Falls State Park and Natural Area
4000 Burgess Falls Drive
Sparta, TN
(931) 432-5312
Enjoy the beauty of three majestic waterfalls, and a series of cascades. Named as one of the Top Five Places to Cool Off in Tennessee by Southern Living, Burgess Falls Park is located on the northwest portion of the county at the Putnam County border, approximately 3 miles west of the Hwy 135 [Burgess Falls Road] / Hwy 136 [Old Kentucky Road] intersection.

Rock Island State Park
Rock Island offers more than 880 acres where you can play, fish, kayak, swim or hike. Cabins are available for rental to suit many group sizes. Located on the southwest portion of White County at the Warren County border.
Travel south from the intersection of US 70 and Hwy 136 [Old Kentucky Road] approximately eight miles, turn right onto Hwy 1, then right into the park.
82 Beach Road Rock Island, TN (931) 686-2471

Coal Miner Railroad Section House Museum
Discover the rich history of coal, the 'Black Gold' found deep within the earth at a unique museum in possibly the

last remaining section house within the state of Tennessee. Listed on the National Register of Historic Places, the Nashville, Chattanooga, and St. Louis Railway Section House is impressive before you even step through the doors. The history of coal mining in Tennessee has been preserved with a treasure trove of artifacts and memorabilia.
Hours, open 9 a.m. - 4 p.m.
On Saturday Free admission

Historic Downtown Sparta Liberty Square White County Heritage Museum
Main Street, Sparta
931-837-3900.
Museum Hours: 10 a.m. - 4 p.m., Thursday; 9 a.m. - 4 p.m., Friday; and 10 a.m. – 2 p.m. Saturday.
Free Admission
From the White County Courthouse and Liberty Square, travel south of the courthouse onto South Main. 144 S.
whitecountytn.gov/visitors/attractions#:~:text=Upper%20Cumberland%20Quilt,together%20every%20week.

Upper Cumberland Quilt Trail
Sparta-White County
Take a tour of the county and you will notice large colorful quilt blocks adorning many country barns. All different and unique, with many colors and styles of blocks. The stories about some of the quilt pattern histories can be found in the Quilt Trail brochure. What started as a way to honor a grandmother has become a new tradition. More than 400 of these blocks are scattered across the Upper Cumberland, with more being 'stitched' together every week.

Upper Cumberland Regional Airport
White County, Tennessee Government *(whitecountytn.gov)*
Dean Selby, Airport Manager
931-739-7000
750 Airport Road, Sparta, TN 38583

Animal Shelter Animal Control & Adoption
White County, Tennessee Government *(whitecountytn.gov)*
931-761-3647
5600 Gum Spring Mtn Road
Sparta, TN 38583
Located at 5600 Gum Spring Mountain Rd, next to the landfill. Call before you come out as hours vary.

Public Library
Cathy Farley Director
931-836-3613
931-836-2215
EMAIL
11 North Church Street, Sparta, TN 38583 VISIT WEBSITE

Lost Creek State Natural Area
Nature preserve in White County, Tennessee
6747 Lost Creek Rd
Sparta, TN 38583 Hours:

- **Tuesday** 8 AM–5 PM **Wednesday** 8 AM–5 PM **Thursday** 8 AM–5 PM
- **Friday** 8 AM–5 PM
- **Saturday** 8 AM–5 PM
- **Sunday** 8 AM–5 PM
- **Monday** 8 AM–5 PM Phone:

(931) 739-6747

Sparta White County Activity Center
321 E Bronson St Sparta, TN 38583
Hours:

- **Tuesday** 8 AM–4 PM
- **Wednesday** 8 AM–4 PM
- **Thursday** 8 AM–4 PM
- **Friday** 8 AM–4 PM
- **Saturday** Closed
- **Sunday** Closed
- **Monday** 8 AM–4 PM Phone:

(931) 836-3663

Lost Creek Falls & Cave Trailhead
Hiking area in White County, Tennessee Lost Creek State Natural Area
White's Cave Rd,
Sparta, TN 38583 Hours:

- **Tuesday** 8 AM–4:30 PM **Wednesday** 8 AM–4:30 PM **Thursday** 8 AM–4:30 PM
- **Friday** 8 AM–4:30 PM
- **Saturday** 8 AM–4:30 PM
- **Sunday** 8 AM–4:30 PM
- **Monday** 8 AM–4:30 PM

Phone: (888) 867-2757

Sparta Civic Center
514 E W Bockman Way
Sparta, TN 38583
(931) 836-3248

Cassville Community Center
Address: 227 Cassville Ln, Sparta, TN 38583
Phone: (931) 761-2476

Sparta White County Activity Center
Address: 321 E Bronson St, Sparta, TN 38583 Hours:

- **Tuesday** 8 AM–4 PM
- **Wednesday** 8 AM–4 PM
- **Thursday** 8 AM–4 PM
- **Friday** 8 AM–4 PM
- **Saturday** Closed
- **Sunday** Closed
- **Monday** 8 AM–4 PM

Phone: (931) 836-3663

Burgess Falls State Park
Service options: Picnic tables available · Playground swings available · Has barbecue grill
Burgess Falls State Park is a state park and state natural area in Putnam County and White County, Tennessee, located in the southeastern United States.
4000 Burgess Falls Dr
Sparta, TN 38583

Phone: (888) 867-2757

Virgin Falls Trailhead Parking
2080 Scotts Gulf Rd
Sparta, TN 38583
Phone: (423) 881-3297

YMCA
123 Moore Street
Sparta, TN. 38583
931-836-3330
info@spartaymca.org
Hours

- **Monday – Friday** 4:30 am - 10:00 pm
- **Saturday** 7:00 am - 7:00 pm
- **Sunday** 1:00 pm - 5:00 pm

Sparta Drive In Theatre
220 Roberts Matthew Highway Sparta, TN. 38583
931-739-8000
Open Friday & Saturday
Gates open at 6:00 and show starts at Dusk.
Rain or shine the show must go on Children 3 & Under - Free
Children 4 to 11 - $5.00 Age 12 & Up - $9.00 Radio Rental: $4.00

Wet Willies Water Park
39 Mayberry Street
Sparta, TN. 38583
Wet Willies Water Park is an outdoor family-fun amusement attraction located in Sparta, Tennessee. One of the main features of the park is its large circular slide and large wave-type pool.

Wildcat Falls
Rt 70E
Sparta, TN. 38583
Situated near the Cumberland Plateau, Wildcat Falls is a 35 foot waterfall accessible by a dirt road. Visitors can walk to the top of the falls and take in the scenery of the surrounding mountains.

WILLIAMSON COUNTY

Backlight Productions
2114 Quail Court Franklin, Tn backlightproductions.org The program enrolls those with special needs into theater arts classes, which fulfills their desire to express themselves through drama, music, and dance programs. Digital Walking tour through Franklin
Download through *visitfranklin.com//digitalpassports* and get a prize for completing the tours.

Midnight Sun Scavenger Hunt
Learn about Midnight Sun, the famed Tennessee Walking Horse that called Franklin home, with a fun scavenger hunt for the whole family! Download the clues and search for the 10 horse statues hidden around downtown Franklin. Each Midnight Sun statue is in a spot of historical significance in shaping the history of both Franklin and

the United States. Once you've completed the scavenger hunt, head to the visitor center in downtown Franklin to claim your prize!

HERITAGE FOUNDATION TOURS
The Heritage Foundation of Williamson County also offers self-guided walking tours highlighting several historic sites. Families can learn about local historical points of interest such as Landmark Book Sellers, Reconstruction Era Houses, and more through the downloadable tours!

NATCHEZ TRACE PARKWAY BRIDGE
One of the most photographed spots along the Nachez Trace is the double arch bridge in Franklin. The bridge carries Natchez Trace travelers across the valley and Highway 96.
The picturesque bridge can be viewed from two locations, just north and just south, with parking areas at both locations to take in the stunning scenery.

CARS & COFFEE
Franklin is known for having unique vintage and custom car collections. On the first Saturday morning of every month, you can see these incredible cars at the Cars & Coffee event in the parking lot of Thoroughbred Theatre in Cool Springs. This event is free and is a great way to spend a fun Saturday morning with the whole family.

FRANKLIN FORGE AT THE FACTORY
Local blacksmith, Bob Parks, creates custom forged ironwork inside The Factory at Franklin. Parks also offers free demonstrations daily for anyone who drops by! This is a unique opportunity to see a true artist at work and browse some of his gorgeous ironwork.

FARMERS MARKET
Farmers Markets are one of my favorite ways to experience the community and get to know local producers. Whether you are in the market for locally produced goods or want to browse, Franklin has several opportunities to do so! The Franklin Farmers Market is located outside.
The Factory on Saturdays from 8 a.m. to 1 p.m. During the warmer months, guests can also enjoy some local talent playing live music at the venue. The Five Points Franklin Market is a new addition in 2021, right downtown! This market features local produce, handmade products, and artisan goods every Tuesday from 4 p.m.-7 p.m.

THE PARK AT HARLINSDALE FARM
The picturesque Park at Harlinsdale Farm is a go-to for family pictures and picnics. This 200-acre farm has been called the most significant historic farm associated with the modern Tennessee Walking Horse industry. Amenities include plenty of acreage for running and playing, a 4-acre dog park, a 3-acre pond with catch and release fishing (state license required), and an equestrian trail.

DOWNTOWN FRANKLIN WATER FOUNTAIN
A fountain in downtown Franklin sounds simple enough, but this
wishing well filled with rubber ducks makes for endless entertainment for little ones.

FESTIVALS- Franklin is home to a variety of family-friendly festivals that are free to attend. From the annual Main Street Festival featuring local vendors, performances, street food to Pumpkinfest and Dickens of a Christmas that each fills Franklin's historic Main Street.

STREET FESTIVALS IN DOWNTOWN FRANKLIN
Downtown Franklin is known for hosting a great festival or two! Here are some of them you can't miss!

- Main Street Festival April
- Pumpkinfest October
- Celebration of Nations October

- Dickens of a Christmas December
- Williamson County Archives and Museum- Monday –Friday
- Art Scene Downtown Franklin- 1st Friday of the month

WANDER THE MCGAVOCK CONFEDERATE CEMETERY AT CARNTON
Listen to Music at Arrington Vineyards Music in the Vines -Weekends April – November

Gallery 202
houses a diverse collection of art in Downtown Franklin, Tennessee. You can peruse anything from paintings and antiques to jewelry and pottery (and be sure to ask about the history of the building while you're there).

DANCE AT BLUEGRASS ALONG THE HARPETH FIDDLERS JAMBOREE - July - Want to catch some authentic Bluegrass music? Bluegrass Along the Harpeth Fiddlers Jamboree features locals who love (and are awesome at playing!) bluegrass music. The event also hosts a bluegrass competition with categories like Flat-Top Guitar, Old-Time Banjo, and Freestyle Dance.

NASHVEGAS RADIO SHOW - Saturdays, 11AM, Live from Kimbro's Pickin' Parlor Viva! NashVegas Radio show features Grammy award-winning artists from all over the globe. Yes – you can see Grammy-award winning artists for $0.00! It's been described as a mix of "Hee Haw" and "Prairie Home Companion" and blends comedy, music, and more.

Gentry Farms
brentwoodtn.gov/departments/summer-concert-series
The City of Brentwood's 33rd summer concert series at Crockett Park is back with a full musical lineup and a second round of Brentfest.

Brentwood Skate Center Crockett Park

Micheal's Craft Stores - Host in-store events that are free or low cost. Regal Cinemas offers $1 family movies every week in the summer.

Go Bowling - search Kids Bowl Free programs for free bowling for kids. Attend Home Depot Kids Workshops - monthly.

Lowes Kids Workshops - monthly.

Touch a Truck - *google.com/search?q=touch-a-truck*

Go to a museum - *about.bankofamerica.com/en/making-an-impact/museums-on-us-partners*

Learn a New Skill at Apple - Kids (and adults) can learn how to do more with their Apple devices through complimentary sessions at their nearest Apple Store. Learn photography tricks, coding, music editing and art and design. Be sure to register in advance because these free classes tend to fill up quickly.
A Dojo is a free, volunteer-led, community-based computer club for young people. Anyone aged 7 to 17 can visit a Dojo and learn to code, build a website, or create an app or game. Dojos are a space for kids and teens to explore technology in an informal, creative, safe and social environment. Get started by finding your local club to view offerings.

1 Team1Goal
615-584-5549
1team1goal.org

1Team1Goal is designed for special needs children and adults to learn from their peers. 1Team1Goal was founded to provide children and adults with special needs or the financially disadvantaged the opportunity to be a part of a team — whether it be playing sports, dancing, creating art, or needing an appropriate education. There is no age limit. Typical athletes and art students are matched with special needs athletes and artists to help them play, cheer and dance, or create masterpieces.

Saddle Up!
1549 Hillsboro Road,
Franklin, TN
615-794-1150
saddleupnashville.org
Saddle Up! is the oldest and largest equine therapy program of its kind in our region for kids with special needs. Saddle Up! provides programs to more than 176 participants.

YMCA Full Circle Program
8207 Concord Road, Brentwood 615-373-9622
ymcamidtn.org
Children ages 3 and older with special needs can participate in social and recreational programs including health and fitness, music, dance, soccer, swimming, yoga and more. Programs vary by location.

Williamson County Parks and Rec
615-790-5179
wcparksandrec.com
Williamson County has a division just for special needs kids, teens and adults (administered by People At Leisure with Support (PALS). Activities include bingo nights, seasonal parties, fitness fun and "Super Saturday Respite." In addition, a Parents' Night Out is offered monthly for ages 6 – 17. The cost is $20 per child. Call Krista Hollis at 615-786-0200, ext. 2421.Registration is required and programs are available four days a week.

WILSON COUNTY

Silver Ridge - The Pottery Place
silverridgepottery.com
Lebanon, TN

Don Fox Park
416 Baird Park Cir Lebanon, TN 37087
At Don Fox Park, visitors can enjoy the location's wading pool and young children can play at the site's two playgrounds. A 2.5-mile trail also offers guests the chance to go walking, biking, or skateboarding.

Cedars of Lebanon State Park
928 Cedar Forrest Road Lebanon, TN 37087
Named for the Eastern Red Cedar trees throughout the area, the Cedars of Lebanon State Park offers many nature trails and the ability to study local ecosystems. Nineteen rare and endangered species of plants grow profusely in the region but nowhere else in the world.

Fiddlers Grove Museum
945 E Baddour Pkwy Lebanon, TN 37087
Guests at the Fiddlers Grove Historical Village can either take a guided tour or a self-guided tour.
The site itself is composed of over 50 buildings and special exhibits that cover the eras between 1795 and 1950.

Mt Juliet Community Center
1075 Charlie Daniels Parkway
Mount Juliet, TN 37122
Mt Juliet Community Center is a fitness center and recreational facility that features a gymnasium.
The center offers fitness classes along with pickle ball and is available to host parties and special events

Charlie Daniels Park
1038 Charlie Daniels Pkwy
Mount Juliet, TN 37122
Many family-friendly activities are offered at the Charlie Daniels Park, including two sand volleyball courts, an outdoor basketball court, skate park, walking track, a splash pad during the summer, and a 9,000-square-foot playground. The site even has an amphitheater for performances.

JuRo Stables Horseback Riding
735 Carver Lane Mount Juliet, TN 37122
Both beginners and experienced riders are accommodated at the JuRo Stables. The focus of the business is providing a horseback riding experience in the urban Nashville area seven days a week with the opportunity for private riding lessons.

Wilson County Veterans Museum
304 E. Main Street
Lebanon, TN

Wilson County Convention and Visitors Bureau
Tis the Season - Dates in December - Public Square Lebanon
The holiday weekend activities include activities the entire family will enjoy Tree Lighting by Mayor Rick Bell, First United Methodist Church, music by Wade Hayes, Janelle Arthur and the C-Dock Boyz, Ice Skating Rink, Food Trucks, Imagine That Art! Nativity Scene, Letters & Photos with Santa, Carriage Rides and Agricultural Learning Center, Square Merchant specialty items and promotions will be available for your Shopping & Dining pleasure and a Capitol Theatre Movie "Home Alone". This one weekend extravaganza on the Downtown Historic Lebanon Square you do not want to miss.

Lebanon Antique Mall
101 Short St.
Lebanon, TN

Dancing Lights of Christmas
Lebanon
thedancinglightsofchristmas.com

Wilson County Public Library
2765 N Mount Juliet Rd,
Mount Juliet, TN 37122.
They often have free events and programs for children, including story times and craft activities. Check their calendar for special needs-friendly events.
Mt. Juliet Community Center
1075 Charlie Daniels Pkwy
Mount Juliet, TN 37122
Offers various programs and activities, some of which are designed for children with special needs.

Special Olympics Tennessee

They offer various sports programs for children with intellectual disabilities. Participation is free.

Discovery Center at Murfree Spring
502 SE Broad St Murfreesboro, TN 37130
Located nearby in Murfreesboro, this museum offers sensory-friendly events and exhibits designed for children with special needs.

Fiddlers Grove Historic Village
945 E Baddour Pkwy Lebanon, TN 37087
Overall, there are more than fifty-five buildings portraying the entire Wilson County. In addition, the Village offers exhibitions, education, interpretation, publications, and hands-on experiences.

Poverty Lane Orchards & Farnum Hill Cider
98 Poverty Ln Lebanon, New Hampshire Lebanon, TN 03766
They offer pick-your-own produce for the apple and raspberry patch plus pears for their fall farm stand.

Music City Bricks
41 Business Park Dr Lebanon, TN 37090
Music City Bricks is a hobby store for LEGO enthusiasts. They have a physical location in our community of LEGO fans with the building just off Highway 109 and is only 2.9 miles north of exit 232 on Interstate 40

Imagine That Art Studio
1342 West Main Street Lebanon, Tennessee 37087
They have fantastic teachers, friendly staff, and a welcoming atmosphere that allows visitors to the studio to create memories and not only art.

Jimmy Floyd Family Center
511 N Castle Heights Ave
Lebanon, TN 37087
The mission statement at Jimmy Floyd Family Center is to nurture a healthier community via health programs and fitness and provide a place for families, youth, and senior citizens to enjoy activities.