



TENNESSEE STATE CONFERENCE ON AGING

CONFERENCE AGENDA - DAY 1

1:00 - 1:15 PM Welcome / Announcements

GENERAL SESSIONS

1:15 - 2:00 PM Commissioner's Leadership Forum: Advancing Services for Older Tennesseans

2:00 - 2:45 PM Insights and Ideas: Debra Whitman on the Next Era of Aging

4:10 - 5:00 PM Hot Takes in Geriatrics: A Live Conversation with GeriPal Podcasters

BREAKOUT SESSIONS

3:00 - 3:50 PM Tennessee's Next Chapter: Transforming Aging Services

3:00 - 3:50 PM Eat Well, Age Strong: Nutrition for Body & Brain

3:00 - 3:50 PM Decoding Dementia: What Tennessee Needs to Know Now

3:00 - 3:50 PM The AI Revolution in Aging: What's Changing Today and What's Next

CONFERENCE AGENDA - DAY 2

- 8:00 - 8:45 AM** Breakfast
- 9:00 - 9:40 AM** Welcome / Announcements
- 12:15 - 1:15 PM** Lunch & Awards Ceremony

GENERAL SESSIONS

- 9:40 - 10:30 AM** Hope and Hard Truths: An Elder Justice Conversation with Kathy Greenlee
- 2:50 - 3:50 PM** Allison Massari: The Courage to Care
- 3:50 - 4:00 PM** Closing Remarks

BREAKOUT SESSIONS

- 10:50 - 11:50 AM** From Alone to Belong: How Community Transforms Aging
- 10:50 - 11:50 AM** Resilience in Motion: Helene's Lessons for a Safer Tennessee
- 10:50 - 11:50 AM** Finding Beauty at the End of Life: Reframing the Final Chapter
- 10:50 - 11:50 AM** The Spectrum of Support: Balancing Capacity and Life Beyond Conservatorship
- 1:30 - 2:30 PM** Guiding the Journey: Ensuring Quality Transitions Across Care Settings
- 1:30 - 2:30 PM** Caregiving Across Generations: Supporting Families in a Changing World
- 1:30 - 2:30 PM** The Power of Home: Redesigning Spaces for Safe and Independent Aging