

Community-Based Child Abuse Prevention

Agency Directory

Tennessee Department of Children's Services | SFY2025 | July 2025



What is Community-Based Child Abuse Prevention?

More commonly called "CBCAP", Community-Based Child Abuse Prevention refers to specific types of child abuse prevention programs that exist in every U.S. state. Funding for CBCAP is distributed by the Administration of Children, Youth and Families for primary and secondary prevention activities.

How are CBCAP programs used in Tennessee?

Tennessee's CBCAP program uses CBCAP funds to administer multiple evidenced-based and evidence-informed prevention programs both primary and secondary through 21 child abuse prevention contracts among 10 community-based agencies across Tennessee:

(Please see the California Evidenced-Based Clearinghouse for Child Welfare link below for more details on the EBEI CBCAP services: https://www.cebc4cw.org/search/topic-areas/prevention-of-child-abuse-and-neglect/)

- Nurturing Parenting Program: This program is a family-centered initiative designed to build nurturing
 parenting skills as an alternative to abusive and neglectful parenting and child-rearing practices. This
 program includes a wide variety of modules designed for specific at-risk populations including teen parents,
 military families, parents/caregivers of disabled children, first time parents, and parents/caregivers
 recovering from substance abuse to name a few. Services include in-home and grouped-based classes. More
 information can be found at http://www.nurturingparenting.com/.
- Darkness to Light's Stewards of Children: This is an evidence-based sexual abuse prevention training program designed to educate adults to recognize, prevent, and react responsibly to child sexual abuse and motivates caregivers to courageous action. This 3-hour, discussion-based training is administered by trained facilitators. More information can be found at http://www.d2l.org/.

Who is eligible to receive CBCAP-funded services?

Any person free of abuse history or suspicion of abuse is eligible for services. The goal of primary and secondary prevention services is to inform and educate before abuse or neglect has occurred. Families or individuals with a history of perpetrating abuse or neglect or who are under active investigation by DCS are not eligible to receive CBCAP services. However, families or individuals who have simply come into contact with DCS but are not eligible for services through DCS may receive CBCAP-funded services. As long as allegations of abuse or neglect are unfounded and services are not required, a family or individual can be referred for CBCAP services. CBCAP services are voluntary.

How would someone access CBCAP services?

This directory lists all Tennessee community-based agencies contracted to deliver primary and secondary prevention programs through CBCAP funding. Organized by county, the user can identify which agency offers what program in a specific county. The following agency pages detail each agency's contact information, and the prevention activity administered. Additionally, each program can be found online using the "Find TN State Services" service search on www.kidcentraltn.com.

Who do I contact with questions or for more information about Tennessee's CBCAP program?

Courtney Weaver CBCAP Program Manager 613 W. Hwy 11- E, Suite 1 New Market, TN 37820

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Agency Service Coverage by County

	Secondary Prevention Programs	Primary Prevention: Stewards of Children
Anderson	ChildHelp (SUBS) TNVoices - NPP	
Bedford		
Benton	Exchange Club Carl Perkins Center - NPP	
Bledsoe		
Blount	TNVoices - NPP	
Bradley	ChildHelp (SUBS) TNVoices - NPP	
Campbell	ChildHelp (SUBS) TNVoices - NPP	

Carroll Exchange Club Carl Perkins Center - NPP Safe Families for Children TnVoices - NPP Nurses for Newborns Exchange Club Carl Perkins Center - NPP Claiborne Childrelp (SUBS) TNVoices - NPP Clay Tennessee Voices for Children TnVoices - NPP Clay Tennessee Voices for Children Cocke Safe Harbor CAC - SUBS, MB & NPP TNVoices - NPP Close Childrelp (SUBS) TNVoices - NPP Close Safe Harbor CAC - SUBS, MB & NPP TNVoices - NPP Corket Exchange Club Carl Perkins Center TNVoices - Strengthening Families Davidson Nurses for Newborns Safe Families for Children Decatur Exchange Club Carl Perkins Center - NPP Dekalb Tennessee Voices for Children Dickson Nurses for Newborns Sachange Club Carl Perkins Center - NPP Dyer Exchange Club Carl Perkins Center - NPP Dyer Exchange Club Carl Perkins Center - NPP TNVoices - Strengthening Families Fayette Exchange Club Carl Perkins Center - NPP TNVoices - Strengthening Families Children's Center of the Cumberlands- MB Childrelp (SUBS) TNVoices - Strengthening Families Children's Center of the Cumberlands- MB Exchange Club Carl Perkins Center - NPP TNVoices - NPP Franklin Gibson Exchange Club Carl Perkins Center - NPP TNVoices - NPP Franklin Gibson Exchange Club Carl Perkins Center - NPP TNVoices - NPP Safe Harbor CAC Safe Harbor CAC Safe Families for Children TNVoices - NPP Safe Harbor CAC Safe Families for Children TNVoices - NPP Grundy Hamblen TNVoices - NPP Hamilton Hancock TNVoices - NPP	Cannon		Cannon County Child Advocacy Center
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Hamilton	Hamblen		
Hancock TNVoices - NPP	Hamilton	Safe Families for Children	
	Hancock	TNVoices - NPP	

Hardeman	TNVoices – Strengthening Families	
Hardin	Exchange Club Carl Perkins Center NPP	
Hawkins	Safe Families for Children TNVoices - NPP	
Haywood	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
Henderson		
Henry	Exchange Club Carl Perkins Center NPP	
Hickman	Exchange Club Carl Perkins Center - NPP	
Houston	Exchange Club Carl Perkins Center - NPP	
Humphreys	Exchange Club Carl Perkins Center - NPP	
Jackson	Tennessee Voices for Children	
Jefferson	Safe Harbor CAC – SUBS, MB & NPP TNVoices - NPP	Safe Harbor CAC
Johnson	Safe Families for Children TNVoices - NPP	
Knox	ChildHelp (SUBS) TNVoices - NPP	
Lake	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
Lauderdale	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
Lawrence	Kid's Place CAC – MB Exchange Club Carl Perkins Center - NPP	Kid's Place CAC
Lewis	Exchange Club Carl Perkins Center - NPP	
Lincoln		
Loudon	ChildHelp (SUBS) TNVoices - NPP	
Macon		
Madison	Exchange Club Carl Perkins Center NPP	
Marion		
Marshall		
Maury	Kid's Place CAC – MB Nurses for Newborns Exchange Club Carl Perkins Center - NPP	Kid's Place CAC
McMinn	ChildHelp (SUBS) TNVoices - NPP	
McNairy	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
Meigs	ChildHelp (SUBS) TNVoices - NPP	
Monroe	ChildHelp (SUBS) TNVoices - NPP	

	Exchange Club Carl Perkins Center - NPP	
Montgomery	Nurses for Newborns	
Moore		
Morgan	ChildHelp (SUBS) TNVoices - NPP	
Obion	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
Overton	Tennessee Voices for Children	
Perry	Exchange Club Carl Perkins Center - NPP	
Pickett	Tennessee Voices for Children	
Polk	ChildHelp (SUBS) TNVoices - NPP	
	Trivoices - NPP	
Putnam	Tennessee Voices for Children	
Rhea		
Roane	ChildHelp (SUBS) TNVoices - NPP	
Robertson	Nurses for Newborns Exchange Club Carl Perkins Center - NPP	
Rutherford	CAC Rutherford, inc, - SUBS Nurses for Newborns	Child advocacy Center of Rutherford County, Inc.
Scott	Children's Center of the Cumberlands – MB ChildHelp (SUBS) TNVoices - NPP	Children's Center of the Cumberlands CAC
Sequatchie		
Sevier	Safe Harbor CAC – SUBS, MB & NPP TNVoices - NPP	Safe Harbor CAC
Shelby	Safe Families for Children Exchange Club Carl Perkins Center – NPP TNVoices – Strengthening Families	
Smith	Tennessee Voices for Children	
Stewart		
Sullivan	Safe Families for Children TNVoices - NPP	
Sumner	Nurses for Newborns	
Tipton	Exchange Club Carl Perkins Center NPP	

	TNVoices – Strengthening Families	
Trousdale		
Unicoi	Safe Families for Children TNVoices - NPP	
Union	ChildHelp (SUBS) TNVoices - NPP	
Van Buren	Tennessee Voices for Children	
Warren	Tennessee Voices for Children	
Washington	Safe Families for Children TNVoices - NPP	
Wayne	Kid's Place CAC – MB Exchange Club Carl Perkins Center - NPP	Kid's Place CAC
Weakley	Exchange Club Carl Perkins Center NPP TNVoices – Strengthening Families	
White	Tennessee Voices for Children	
Williamson	Nurses for Newborns	
Wilson	Nurses for Newborns	



Bethany Christian Services

1807 Bailey Avenue Chattanooga, TN 37404 www.bethany.org

CBCAP Program: Safe Families for Children Respite

Counties Served: Chattanooga (Hamilton), Memphis (Shelby), Nashville (Davidson) and Tri-cities

(Carter, Greene, Hawkins, Johnson, Sullivan, Unicoi and Washington)

Primary Contact: Amy Scott, TN State Director

1807 Bailey Avenue

Chattanooga, TN 37404 ascott@bethany.org 423.622.7360

Alternate Locations:

3534 West End Ave, Nashville TN 37205 (location at Otter Creek Church on West

End)

200 East Pkwy North, Memphis, TN 38112 (located at First Baptist Church of

Memphis)

9 Beechwood Ct, Johnson City, TN 37604

Program Description:

Safe Families for Children (Safe Families) is an evidence-based approach to building community and volunteer-based support for families in crisis. Rooted in the Strengthening Families Protective Factors, Safe Families surrounds families with caring, compassionate community. It provides volunteer-driven family support and stabilization, preventing child abuse and neglect and deflecting children from entering the child welfare system. Safe Families is NOT foster care or adoption—we support parents, so children are safe with their families, not from their families. Safe Families utilizes a Circle of Support (COS) for parents as they face poverty, homelessness, health issues, job loss, and other challenges. Volunteers may serve as a Host Family (providing day and/or overnight care for children), Family Friend (supporting and mentoring a parent), Resource Friend (sharing tangible goods), Family Coach (helping parents meet goals or visiting hosted children to ensure needs are met), or COS team leader. Vetted and trained volunteers are supported by Bethany's Safe Families staff. When children are hosted at a parent's request, Bethany monitors their safety and well-being in the Host Family home and coordinates their return. Safe Families keeps parents supported, children safe, and families together.



Cannon County Child Advocacy Center

214 West Water Street Woodbury, TN 37190

CBCAP Program: Stewards of Children

Counties Served: Cannon

Primary Contact: Julie Williams

214 West Water Street Woodbury, TN 37190 jwilliams@cannoncac.org

615-563-9915

Alternate Contact: Jessica Wauchek Sharon De Boer

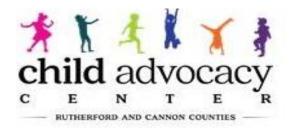
214 West Water Street
Woodbury, TN 37190
wauchek@cacrutherford.org
wauchek@cacrutherford.org
wauchek@cacrutherford.org

615-563-9915 615-563-9915

Program Description:

The Cannon County Child Advocacy Center is a satellite CAC of the Child Advocacy Center of Rutherford County, Inc., and is a 501c3 nonprofit agency. The Child Advocacy Center responds as a multidisciplinary team to child abuse, child sexual abuse, and drug endangered children's cases with the Department of Children's Services, law enforcement, and the District Attorney's Office for the 16th Judicial District. Department of Children's Services protects children. Law enforcement investigates the crime and arrests perpetrators. The District Attorney's Office chairs the team and aggressively prosecutes offenders. The Child Advocacy Center provides legally defensible forensic interviews of child victims, family advocacy, crisis counseling, case management, referrals to community resources, child sexual abuse prevention training, helps children heal from the trauma, and helps families rebuild their shattered lives.

Darkness to Light Stewards of Children is a nationwide child sexual abuse prevention training program based in Charleston, SC. In 2011, Children's Advocacy Centers of Tennessee (CACTN) researched child sexual abuse prevention trainings, and Child Advocacy Centers across the State of Tennessee began implementing the program. The training is designed to teach adults how to protect children by utilizing the 5 Steps to Protecting Children from Child Sexual Abuse and, when a child discloses abuse to them, how to react responsibly and report the abuse to the authorities. The Child Advocacy Center offers the training free of charge in English and Spanish. The Child Advocacy Center began implementing the program in September 2012. The Board of Directors set a goal to train 10% of the adult population of Cannon County. As of August 31, 2023, 452 Cannon County adults have been trained.



Child Advocacy Center of Rutherford County, Inc.

503 Highland Terrace, Suite C Murfreesboro, TN 37130 **CBCAP Program:** Stewards of Children & Speak Up Be Safe

Counties Served: Rutherford

Presley Hosford **Primary Contact:**

> 503 Highland Terrace, Suite C Murfreesboro, TN 37130 phosford@cacrutherford.org

615.867.9000

Alternate Contact: Sharon De Boer Iessica Wauchek

> 503 Highland Terrace, Suite C 503 Highland Terrace, Suite C Murfreesboro, TN 37130 Murfreesboro, TN 37130 shardeboer@aol.com iwauchek@cacrutherford.org

615.867.9000 615.867.9000

Program Description: The Child Advocacy Center of Rutherford County, Inc. is a 501c3 nonprofit agency. The Child Advocacy Center responds as a multidisciplinary team to child abuse, child sexual abuse, and drug endangered children's cases with the Department of Children's Services, law enforcement, and the District Attorney's Office for the 16th Judicial District. Department of Children's Services protects children. Law enforcement investigates the crime and arrests perpetrators. The District Attorney's Office chairs the team and aggressively prosecutes offenders. The Child Advocacy Center provides legally defensible forensic interviews of child victims, family advocacy, crisis counseling, case management, referrals to community resources, child sexual abuse prevention training, helps children heal from the trauma, and helps families rebuild their shattered lives.

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623 Lindsey Place Knoxville, TN 37919

Website: https://www.childhelptn.org/

CBCAP Program: Speak Up Be Safe

Counties Served: Knox, Anderson, Union, Roane, Loudon, Claiborne, Campbell, Scott, Fentress,

Morgan, Meigs, McMinn, Monroe, Bradley, Polk

Primary Contact: Eddie Smith – Director of Organizational Enhancement

623 Lindsey Place Knoxville, TN 37919

Phone: 865-637-1753 | Fax: 865-544-7150

E-Mail: JSmith@Childhelp.org

Alternate Contact: Vonda McGill

623 Lindsey Place Knoxville, TN 37919

VMcGill@Childhelp.org

Program Description: Childhelp's Speak Up Be Safe program is the only evidence-

based comprehensive child abuse prevention education curriculum that covers various types of abuse, with age-appropriate lessons for pre-kindergarten through 12th grade. It is used with confidence by schools, districts, advocacy centers, faith-based organizations, and other groups throughout the United States and over a dozen other nations. The Childhelp Speak Up Be Safe program has been rated as being supported by Research Evidence by the California Evidence-Based Clearinghouse for Child Welfare (CEBC) and is listed in its

Program Registry.



Children's Center of the Cumberlands Child Advocacy Center

Children's Center of the Cumberlands 22510 Alberta Street Oneida, TN 37841

www.childrenscenterofthecumberlands.org

CBCAP Programs: Stewards of Children, Monique Burr Foundation Child Safety Matters, Monique Burr

Foundation Teen Safety Matters

Counties Served: Scott, Fentress

Primary Contact: **Angel Sexton**

22510 Alberta Street Oneida, TN 37841

angelsexton@highland.net

423.569.8900

Alternate Contact: Patty Swain

> 22510 Alberta Street Oneida, TN 37841

patty.swain@childrenscenterofthecumberlands.org

423,569,8900

Program Description: The Children's Center of the Cumberlands provides quality child abuse prevention education to all children within both the city and county school systems. Our prevention education program is based on the Monique Burr Foundation's Child/Teen Safety Matters. Children are taught how to spot unsafe situations and what to do if they find themselves in an unsafe situation. In addition, appropriate age groups are taught digital safety, and healthy boundaries, as well as the dangers of substance use. The Center also provides training to teachers, first responders, and other community organizations/members on how to recognize and report child abuse effectively through Darkness to Light's Stewards of Children. Our hope is that through our prevention education program, children will be protected from abusive situations and those who are already victim will be saved from further harm. Every child deserves to feel safe, and our goal is to make that a reality.



Exchange Club Carl Perkins Center

213 Cheyenne Drive Jackson, TN 38305 www.carlperkinscenter.org

CBCAP Program: Nurturing Parenting Program Counties Served: (Mid-West & West regions) Lake, Obion, Dyer, Lauderdale, Tipton, Shelby,

Weakley, Gibson, Crockett, Haywood, Fayette, McNairy, Henry, Carroll, Madison, Chester, Stewart, Benton, Decatur, Hardin, Houston, Humphreys, Perry, Wayne, Montgomery, Dickson, Hickman, Lewis, Lawrence, Giles, Maury, Williamson,

Cheatham & Robertson

Primary Contact: Delaine Bottoms

213 Cheyenne Drive Jackson, TN 38305

dbottoms@carlperkinscenter.org

731.668.4000

Alternate Contact: Mary Davis

213 Cheyenne Drive Jackson, TN 38305

mdavis@carlperkinscenter.org

731.668.4000

Program Description:

The Exchange Club-Carl Perkins Center provides the Nurturing Parenting program at various locations across rural West Tennessee. The Nurturing Parenting program is an evidence-based child abuse prevention program that assesses parenting and child rearing beliefs. The program is designed to increase the nurturing skills of participants as well as assess high risk, abusive parenting attitudes and behaviors. The curriculum is implemented in a group setting and supports children being raised in a supportive, nurturing environment. The targeted populations include families at risk of abuse and neglect, parents in recovery for alcohol and drug addiction, families at risk for delinquency, incarcerated parents, low-income families, and self-referrals. Families who have children between the ages of birth and eight will also be targeted for services. Many of these adults have had adverse childhood experiences and are in need of support and parent training. Several partnerships within communities have been established to provide the Nurturing Program to the targeted population. The Centers also provide the Stewards of Children child sexual abuse prevention training. This program teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for individuals concerned about the safety of children as well as organizations who serve youth. A compelling video, the core of the curriculum, includes the vignettes of several courageous survivors of child sexual abuse who have contributed a great deal of time and effort as adults toward ending the cycle of abuse. The Exchange Club-Carl Perkins Center provides numerous child abuse prevention awareness activities, community educational trainings, and implements a child abuse prevention campaign to highlight child abuse prevention month.



Kid's Place - Child Advocacy Center Lawrence County Location

614 West Point Rd.

Lawrenceburg, TN 38464

www.kpcac.org

CBCAP Program: SOC & Monique Burr (Child Safety Matters)

Counties Served: Lawrence, Maury, Giles & Wayne

Primary Contact: Charlsi Legendre

614 West Point Rd.

Lawrenceburg, TN 38464 clegendre@kpcac.org

931-766-7358

Alternate Contact: Kate Archer

karcher@kpcac.org

931-766-2213

Program Description: MBF Child Safety Matters® is a comprehensive, evidence-based curriculum for

elementary school students in grades K-5. The program educates and empowers children and all relevant adults with information and strategies to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of abuse,

and digital abuse dangers.

The program was developed **WITH** schools, not **FOR** schools, to make the best use of existing resources and ensure schools have effective programs that are easy to implement. It is presented in two comprehensive lessons ranging from 35-55 minutes (or in four shorter lessons) by trained facilitators in classrooms. Facilitators present turnkey scripts along with engaging, interactive PowerPoints including

lecture, group discussion, skills-practice activities, videos, and games.



Nurses for Newborns

1606 Porter Rd, Suite 200 Nashville, TN 37206 www.NursesforNewborns.org

CBCAP Program: Nurses for Newborns

Counties Served: Mid-West & Mid-state Regions - Cheatham, Montgomery, Robertson, Rutherford,

Sumner, Davidson, Dickson, Maury, Wilson & Williamson

Primary Contact: Matt Robertson, Executive Director

1606 Porter Road, Suite 200

Nashville, TN 37206

matt.robertson@nursesfornewborns.org

615.313.9989

Alternate Contact: Carrianna Johnson, Program Coordinator

1606 Porter Road, Suite 200

Nashville, TN 37206

carianna.johnson@nursesfornewborns.org

615.313.9989

Program Description: Nurses for Newborns is a prevention based, home visitation nonprofit organization that

provides assessments, education, and referrals for at-risk infants. Our program is specific to those most vulnerable in our community, such as medically fragile infants (including but not limited to infants born premature, drug exposed or experiencing other medical concerns); mothers with mental health, or substance abuse concerns; and teen parents. Support may begin in the prenatal stage and can last until the child is 24 months old. Our clients are screened by registered nurses for depression, stress management, protective factors, and use of alcohol, tobacco, and drugs. Nurses for Newborns utilizes the Nurturing Parenting Program to guide education regarding parenting. Visits are made weekly for approximately one month. When the family begins to show signs of stability, visit frequency decreases to every two weeks for one month and then monthly. Nursing staff works with the family to develop the best plan of care for each individual child. As a result, the frequency may increase or decrease at the nurse's

discretion.



Safe Harbor of the Smokies CAC

1109 Oak Cluster Dr. Sevierville, TN 37862 https://safeharborcac.com/

CBCAP Program: Stewards of Children, Nurturing Parenting, Speak Up Be Safe, and Monique Burr

(Child Safety Matters)

Counties Served: Sevier, Cocke, Jefferson, Grainger

Primary Contact: Maggie McNally Kimball

1109 Oak Cluster Dr. Sevierville, TN 37862

maggie.mcnallykimball@safeharborcac.com

865.774.1777

Alternate Contact: Madison Gregg

1109 Oak Cluster Dr. Sevierville, TN 37862

Madison.Gregg@safeharborcac.com

865,774,1777

Jessica Shumake 1109 Oak Cluster Dr. Sevierville, TN 37862

<u>lessica.Shumake@safeharborcac.com</u>

865.774.1777

Program Description: Program Description: The Community Outreach and Prevention Education

(COPE) program offers child abuse prevention education to adults and children across the 4th Judicial District. Safe Harbor offers Child Help's Speak Up, Be Safe! curriculum to students in grades Kindergarten – 12th grade. The COPE program also offers Darkness to Light's Stewards of Children curriculum and the Nurturing Parenting Program to adults in the 4th Judicial District. All classes are provided in

the community and at no cost to the participant. Child abuse prevention education helps participants understand how to recognize child abuse when it occurs, respond appropriately and how to report suspected cases of child abuse.



Tennessee Voices for Children

500 Professional Park Drive Goodlettsville, TN 37072 www.tnvoices.org

CBCAP Program: Nurturing Parenting (East & Northeast Regions), Strengthening Families (West

Region) and Parent Leadership Program (Mid-State Region)

Counties Served: East & NE: Claiborne, Union, Knox, Campbell, Anderson, Scott, Fentress, Morgan,

Roane, Loudon, Meigs, McMinn, Monroe, Bradley, Polk, Hancock, Hawkins,

Sullivan, Carter, Jefferson, Sevier, Johnson, Unicoi, Washington, Greene, Grainger,

Hamblen, Blount, & Cocke

Mid-State: Macon, Jackson, Sumner, Trousdale, Smith, Davidson, Wilson,

Rutherford, Cannon, Marshall, Bedford, Coffee, Moore & Lincoln

West: Lake, Obion, Weakley, Dyer, Crockett, Gibson, Lauderdale, Tipton,

Haywood, Shelby, Fayette, Hardeman & McNairy

Primary Contact: Brittany Ballard

500 Professional Park Drive Goodlettsville, TN 37072 bballard@tnvoices.org

Main: 615.269.7751 Cell 615.906.1169

Alternate Contact: Rikki Harris

500 Professional Park Drive Goodlettsville, TN 37072 rharris@tnvoices.org

615.269.7751

Program Description:

The Nurturing Parenting Program is a family-centered initiative designed to build nurturing parenting skills as an alternative to less effective child-rearing practices. The program features activities to foster positive parenting skills and self-nurturing home practice exercises, family nurturing time, and the promotion of positive development in children. Tennessee Voices for Children will serve parents/caregivers of children of all ages with a focus on parents/caregivers of children from newborn to eight years and incarcerated parents. Parents/caregivers attend groups designed to: build self-awareness, positive concept/self-esteem and build levels of empathy; teach alternatives to hitting and yelling; enhance family communication and awareness of needs; replace aggressive or harmful behaviors with nurturing behaviors; promote healthy physical and emotional development; teach appropriate role and developmental expectations. Frequency/duration of program: Nurturing Parenting classes includes 3 to 4 days of 4-hour sessions in length which are typically offered in community settings and county jails.