

DIVISION OF WORKERS' COMPENSATION MEDICAL ADVISORY COMMITTEE

AUGUST 14, 2014

ATTENDEES:

1. Rob Behnke, CPCU, Cracker Barrel
2. Ginny Howard, Zurich North America
3. Lisa Hartman, RN
4. David Tutor, MD
5. Jason Carter, Pharm D
6. Douglas Weikert, MD
7. John Brophy, MD
8. James Gregory Kyser, MD
9. Robert Snyder, MD
10. Abbie Hudgens, ARM, AIC
11. Suzy Douglas, RN, Nurse Coordinator
12. Kelly Burns, WC Specialist
13. Margaret Collier, Case Management
14. Troy M. Haley, Esq.

Guests:

Anna Thompson – Medtronic
Robin Smith, Rivers Edge Alliance
Jim Schmidt – Medtronic
W. David Broemel – American Insurance
Meagan Eleg – Dr. Carter's office
Anwesa Achkraborti, Dr. Carter's office

1. Minutes from the previous MAC meeting were reviewed and amendments made.
2. Dr. Snyder explained how the Committee could elect its own officers. This was deferred until the next meeting.
3. Articles regarding Pain Management were distributed to the Committee. Dr. Snyder narrated a slide presentation regarding things to consider when choosing The Guidelines for the Div. of Workers' Compensation, including the reason for the Treatment Guidelines, Alternatives and Treatment Guidelines adopted by the Department of Health. Discussion ensued regarding special circumstances related to Workers Compensation that will be included in the Appendix to the Guidelines. Discussion regarding what qualifies being excluded from UR reviews, i.e. catastrophic injuries persistent pain syndrome where patients have been stable on long term narcotics for 2 yrs and continue care. The Pain Management Guidelines for the DOH was reviewed in detail and modification was recommended as follows:

- WC will discourage the use of long term narcotics in young individuals who are involved in occupations that involve heavy activity and/or heavy lifting.
- WC will accept the same dosage limits as DOH Guidelines
- UR may review prescriptions and dosage requirement every 90 days.
- No indications for medical marijuana in WC at this time.
- Catastrophic injuries, persisting pain syndromes.

There was also a discussion regarding recommended changes to the Draft. The recommended changes will be sent to the Committee by email. The Committee will be asked to confirm corrections.

Having the Guidelines in place will allow the treating physician a "pass" around UR as long as the Guidelines are followed.

4. How to education physicians in the Guidelines,
Suggestions:
 - o Possible Free CME presentation.
 - o Possible reaching out to Labor Partners
5. Reasons to consider a closed medication formulary were presented by the Medical Director - Dr. Kyser will be analyzing the psychotropic drugs. Dr. Carter also has pharmacy students to look at entire formulary. Committee will be reviewing and familiarize themselves with the concept using Texas as an example.

By a majority, the Committee advised the Administrator to focus on a comprehensive or global set of Guidelines, from both proprietary and public domain sources. Two sources suggested by the Medical Director for thorough review by the committee members were WLDI-ODG and State of Washington Guidelines. The web addresses for these two sources will be available for review prior to the next meeting.

Meeting adjourned at 4:45 PM.

Next Medical Advisory Committee Meeting – October 21, 2014, 1:00 PM to 3:00 PM. Tennessee Room.