



Wellness Word Search

B P M Y V Z M U P B M L P R B T K I N T
N J V M J K E U I C F A O F Y D C E S G
M Q O H Y E A G Q M N Z Q Q P P F X S B
M B Z J R A R J K Y D S D O C O W E E N
S T R E N G T H L P M I B C X S W R N O
G Y C L T B G Z Q H U N U W C I A C T I
N P K W Z J R J T Y H W I Y F T F I I T
O Z Z J E E Q X R S I G H W O I L S F I
I H O D T L G L I I L T D N E V E E Q R
T J S G N Y L M N C L Q D O L I X H W T
N X S I B T L B X A R N C I A T I X S U
E B E H D S A Z E L V G H T U Y B M S N
V Y N R Z E I H W I Z O M A G W I C E W
E R L X O F C B A M N E D R H Y L L N Q
R L U L L I N X T I I G X D T R I S D K
P A F N O L A I G U S K G Y E Z T S N M
S I D G W J N Y E E U G S H R H Y O I A
Y C N E I L I B E V Y R J F L Q O Z K Z
Y O I N J J F G R A T I T U D E J T K M
J S M U M E D I T A T I O N M E N T A L

Exercise Financial Fitness Flexibility Gratitude
Healthy Hydration Kindness Laughter Lifestyle
Meditation Mental Mindfulness Nutrition Physical
Positivity Prevention Social Strength Wellbeing

Name: _____ Department: _____

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