Team Building Activity
Getting to Know Your Team

Focus Area: Well-being Activity

Description: Get to know your co-workers with this fun team building activity! Employees will learn fun/interesting facts about one another in this fun guessing game.

Length of Activity: This will be dependent on whether this is in-person or virtual. Collecting facts about employees should be done prior to the event if it is in-person.

In-person or Virtual: This activity can be done in-person or virtually.

Materials Needed:
- Way to collect employee facts (via email, paper, Google Form, Formstack, Survey Monkey, etc.) *
- Way to collect participant guesses (via email, paper, Google Form, Formstack, Survey Monkey, etc.) *
- Prizes (optional)

Reach out to your WFHTN Regional Wellness Coordinator if assistance is needed.

Directions:
1. Ask employees to submit a fun/interesting fact about themselves (i.e. I once portrayed Lucy in "You're A Good Man Charlie Brown", etc.) [This can be collected via email, paper, Google Form, Formstack, Survey Monkey, etc.]
2. Create a list of facts and a list of employee names. (Be sure to make a list in a random order and keep an answer key). [See sample table below or use an online platform such as Google Forms.]
3. Send the lists to employees (if virtual) or print copies if you're conducting this at an in-person event.

Sample Emails:

Subject: Get to Know Your Co-workers!

Body:
Hello!

The <insert department name> Wellness Council invites you to get to know your co-workers! We will be gathering an interesting/fun fact about each of YOU and then compiling an anonymous facts list. YOU will be guessing who belongs to which interesting/fun fact.

Please <send/submit> a fun/interesting fact (i.e. I once portrayed Lucy in "You're A Good Man Charlie Brown", Once I shot hoops with George Clooney, etc.) to <insert email or link to a Google Form> by <insert date>. Let's see what we know about each other!

<OPTIONAL: Whoever gets the most correct will win a prize! (If there is a tie, we will draw for the winner.)>

Subject: Send in Your Guesses! Get to Know Your Co-workers!

Body:
Hello!

Thank you for all the fun/interesting facts submitted, we have a lot of interesting teammates! <Attached is a document with the list of facts and employee names. OR Click here to be directed to a Google Form where you will see a list of employee names and facts.> Submit your guesses to <insert email if using attachment> by <insert date>. Have fun!

<OPTIONAL: Whoever gets the most correct will win a prize! (If there is a tie, we will draw for the winner.)>

Subject: We Got to Know Our Co-workers!

Body:
Hello!

It has been so much fun getting to know each other through fun/interesting facts! Congratulations to <insert employee name(s)> for getting the most correct! In case your curious, here is the answer key. <Attach the answer key OR provide link to answer key> Great job to everyone and thank you for participating!

Sample Employee Fun Fact Form

GUESS THE EMPLOYEE	FACT

LIST OF EMPLOYEE NAMES