



Grocery Store Scavenger Hunt List

How to Play:

- Take time to get a more in-depth look at your grocery store
 - Items may not be in your local grocery store
 - Action items should be completed fully
- Take a photo for each item listed below.
 - You do *not* have to appear in these photos.
 - If you, or any other person appears in the photo(s), please complete the [WFHTN Photo Release Form](#) to give permission to share your photo(s).
- Check off each item as you collect the photo.
- Submit your Scavenger Hunt checklist and photos (with [Photo Release Form](#) if applicable) as directed.

Name:		Dept:	
	Photo		Photo
Product with a whole grains stamp		Product with "No Added Sugar" label	
Seafood counter		A food advertised as "Low-Fat"	
A dark green leafy vegetable		A soy product	
Canned 100% pumpkin		Something sold in a package of 4	
Product with less than 340mg sodium		Cereal advertised as "Heart Healthy"	
Product with coconut as an ingredient		Fruit or nut covered in dark chocolate	
A "Buy One, Get One Free" label or coupon		Something priced at \$7.99	
		TOTAL TIME TO COMPLETE THE SCAVENGER HUNT	



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