

Employee Spirit Month



March 4-10

Healthy Eating Habits

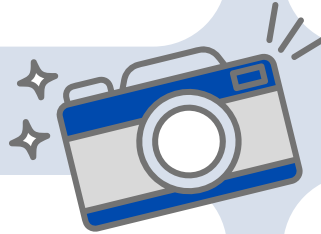
Did you try a new recipe, eat your fruits and veggies or drink more water? Show us a healthy food choice you made!



March 11-17

Furry Friends

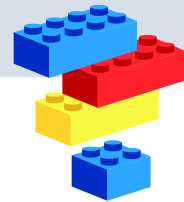
Who doesn't love cute animal pics?! Show off your favorite furry friends!



March 18-24

Sports Teams

Show your team spirit! Post a pic of you wearing your favorite team's colors.



March 25-31

Team Building

Show us how you stay connected with your coworkers! Need ideas? <https://www.tn.gov/wfhtn/challenges/team-building-activities.html>

Tag Working for a Healthier Tennessee in your [Facebook](#) or [Instagram](#) posts for a chance to win a prize! Not on social media or prefer not to tag WFHTN? Email photo(s) to WFHT.TN@tn.gov to be shared. Note: If tagging WFHTN, your post audience must be set to "public".