American Heart Association®
Check. Change. Control.®

Consequences of High Blood Pressure

High blood pressure is often the first domino in a chain or "domino effect" leading to devastating consequences, like:

STROKE

HBP can cause blood vessels in the brain to burst or clog more easily.

VISION LOSS

HBP can strain the vessels in the eyes.

HEART FAILURE

HBP can cause the heart to enlarge and fail to supply blood to the body.

HEART ATTACK

HBP damages arteries that can become blocked.

KIDNEY DISEASE/ FAILURE

HBP can damage the arteries around the kidneys and interfere with their ability to effectively filter blood.

SEXUAL DYSFUNCTION

This can be erectile dysfunction in men or lower libido in women.

A simple **blood pressure check** is the first step to preventing the "domino effect."

Learn more at **heart.org/hbp.**

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