



## 2021 Tournament for the WFHTN Wellness Warriors Award FAQs

- **What is the 2021 WFHTN Tournament?** A week-long tournament in May to determine the Wellness Warriors Award winners (one winner in each division).
- **How will the winners be determined?**
  - Each department must have the minimum required participants based on division size for each day's activity. Each department's participation will be based on the percentage of participation ABOVE the minimum number required. (Ex: DIDD has a minimum of 25 so if they had 42 employees participate, their percentage of participation above the minimum would be  $(17/25)*100 = 68.0\%$ .) Each department will be given their minimum requirement prior to the tournament. The minimum requirement must be met for EACH day of the tournament in order to remain eligible. At the end of the tournament, the departments with the highest daily average in each division will be the winners.
- **Who can participate in the 2021 WFHTN Tournament?** All departments that meet ALL quarterly checklist requirements are eligible to participate.
- **What if our Wellness Council misses a requirement?**
  - You will be given a make-up checklist for the next quarter if you miss a requirement in Q1 or Q2. If you fail to complete the make-up activities, you become ineligible to compete in the 2021 Tournament for the Wellness Warriors Award.
  - If you miss a requirement in Q3, you will not have an opportunity to make it up and will become ineligible to compete in the 2021 Tournament for the Wellness Warriors Award.
  - You only have one quarter per fiscal year to make up any missed requirements.
- **Why is this year's format different than previous years?**
  - The WFHTN team is continuously gathering input and adjusting as needed; therefore, this change is based on your feedback. The quarterly checklists were created to ensure wellness activities are offered consistently throughout the year. The Wellness Warriors Award is designed to recognize the agency with the highest efforts of increasing awareness and engagement for health and wellness across our state. Remember, consistency is key in maintaining a successful wellness program.