



# Team Building Activity

## *Are You Puzzled?*

**Focus Area:** Well-being

**Description:** Employees will have to work together to complete a jigsaw puzzle.

**Category:** Small groups

**Materials Needed:**

1. A puzzle, divided into sections, and pieces put into separate bags for each group
2. Table(s) or hard surface for putting puzzle together

**Length of Activity:** The length of this activity will be dependent on the number of individuals participating in the activity. (For example: If you have 20 employees at a meeting, it will take ~10 minutes to complete the puzzle and ~15 minutes total to facilitate the entire Team Building Activity.)

**In-person and/or virtual:** This activity is best conducted in-person.

**Directions:**

1. Divide employees into teams.
2. Each team is given a separate bag of puzzle pieces to put together. (They will think that their teams are competing against each other, but then come to realize that they have no way of completing the entire puzzle unless all of the teams work together!)
3. Each team assembles their section of the puzzle, then works with the other teams to complete the entire puzzle as quickly as possible.



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