

Individual & Workplace Emergency Preparedness Overview



Preparedness is Everyone's Responsibility

Individual & Workplace Emergency Preparedness - Topics:

- ✓ [*Volunteer Tennessee*](#)
- ✓ [*Disaster Volunteer Opportunities*](#)
- ✓ [*Personal Emergency Preparedness*](#)
- ✓ [*Identifying Local Hazards*](#)
- ✓ [*Workplace Planning*](#)
- ✓ [*Workplace Preparedness*](#)
- ✓ [*FREE Preparedness Courses*](#)
- ✓ [*Community Emergency Response Team \(CERT\)*](#)
- ✓ [*Go-Kits*](#)
- ✓ [*Alerts & Apps*](#)



Note: We will share a PDF copy of this slide deck with active hyperlinks on our [Volunteer Tennessee - Emergency Preparedness Information webpage](#)

Are YOU
Prepared for a Disaster?

Are You Prepared for a Disaster...?

“You can make a difference...You can step up and make a difference in someone else’s life. How awesome is that?”



[“Quake Heroes” Documentary Trailer \(00:45 or 2:52 min.\)](#)

<https://quakeheroes.org/>

Volunteer Tennessee - Roles in a Disaster

- [Volunteer Tennessee](#) is the Governor's Commission on Volunteerism and Community Service.
- **But did you know?** Volunteer Tennessee is the State agency for **volunteers and donations in times of disaster** under the Tennessee Emergency Management Plan (TEMP) ESF-14
- Volunteer Tennessee - [Disaster Volunteer Services](#) also provides guidance and acts as a liaison to FEMA for locally led **CERT programs** in Tennessee.



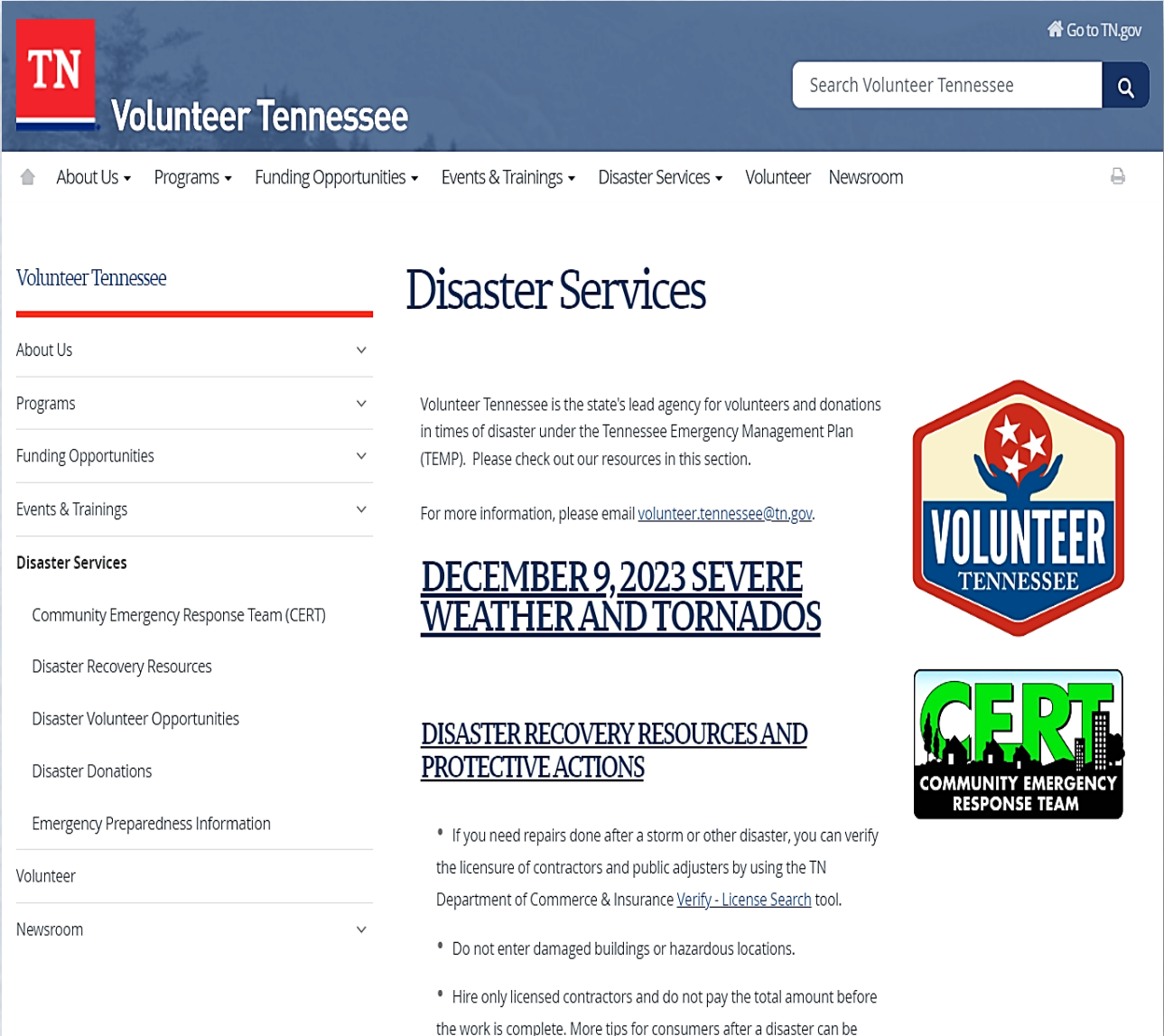
TEMA
Emergency
Operations
Center



2020 Cookeville
Tornado volunteers



Volunteer Tennessee – Disaster Services



The screenshot shows the Volunteer Tennessee website. The top navigation bar includes a home icon, "About Us", "Programs", "Funding Opportunities", "Events & Trainings", "Disaster Services", "Volunteer", and "Newsroom". A search bar is located in the top right. The main content area features a left sidebar with a "Disaster Services" menu and a main section titled "Disaster Services".

Disaster Services

Volunteer Tennessee is the state's lead agency for volunteers and donations in times of disaster under the Tennessee Emergency Management Plan (TEMP). Please check out our resources in this section.

For more information, please email volunteer.tennessee@tn.gov.

DECEMBER 9, 2023 SEVERE WEATHER AND TORNADOS

DISASTER RECOVERY RESOURCES AND PROTECTIVE ACTIONS

- If you need repairs done after a storm or other disaster, you can verify the licensure of contractors and public adjusters by using the TN Department of Commerce & Insurance [Verify - License Search](#) tool.
- Do not enter damaged buildings or hazardous locations.
- Hire only licensed contractors and do not pay the total amount before the work is complete. More tips for consumers after a disaster can be



[Volunteer Tennessee Disaster Services webpages](https://www.tn.gov/volunteer-tennessee/disaster-services.html)



<https://www.tn.gov/volunteer-tennessee/disaster-services.html>

Personal Disaster Volunteer Opportunities

- An influx of unaffiliated **spontaneous volunteers** or **sightseers** converging on a disaster scene clogs streets and creates problems for responders and emergency workers.
- Instead, if you wish to volunteer in future disasters, please pre-affiliate with a recognized disaster assistance organization. And only respond when government officials call for volunteers then go to a specific **Volunteer Reception Center** location.
- Please visit our [*Volunteer TN - Disaster Volunteer Opportunities* webpage](#) for additional *information.*

**PLEASE DO NOT
SELF-DEPLOY!**



**Over six-thousand Spontaneous
Volunteers arrived during the
first-day after the 2020
Cookeville Tornado**

Volunteer Opportunities - Tennessee Serves Network

- Volunteer Tennessee strongly encourages potential volunteers to seek training and pre-affiliate with a recognized disaster response organization in advance of a disaster.
- Potential volunteers can register for disaster-related opportunities through the [Tennessee Serves Network](#) and [JustServe TN Relief Efforts](#).
- And see [AmeriCorps Volunteer Opportunities](#) pages for ongoing local opportunities to serve.
- [How to Get Involved in Your Community](#)



To find a volunteer opportunity near you, visit the [Tennessee Serves Volunteer Portal](#).

Tennessee Voluntary Organizations in Disasters

- Volunteer Tennessee also works closely with [Tennessee Voluntary Organizations Active in Disaster \(TNVOAD\)](#) as a resource for training and volunteer opportunities.
- Please consider contacting [recognized VOAD member organizations](#) for training opportunities PRIOR to a disaster.
- See the: [When Disaster Strikes...How to Donate or Volunteer Successfully pdf.](#)



Identifying Local Hazards

First, Understand Risks and Hazards in Tennessee

[Tennessee Emergency Management Agency \(TEMA\)](#) [Threats and Hazards webpage](#)

“No matter where you live in Tennessee, it is important to learn about the potential hazards near you and how to receive emergency alerts.”

Chris Johnson – TEMA Assistant Director.



[Chris Johnson – TEMA Assistant Director \(21 sec. video\)](#)

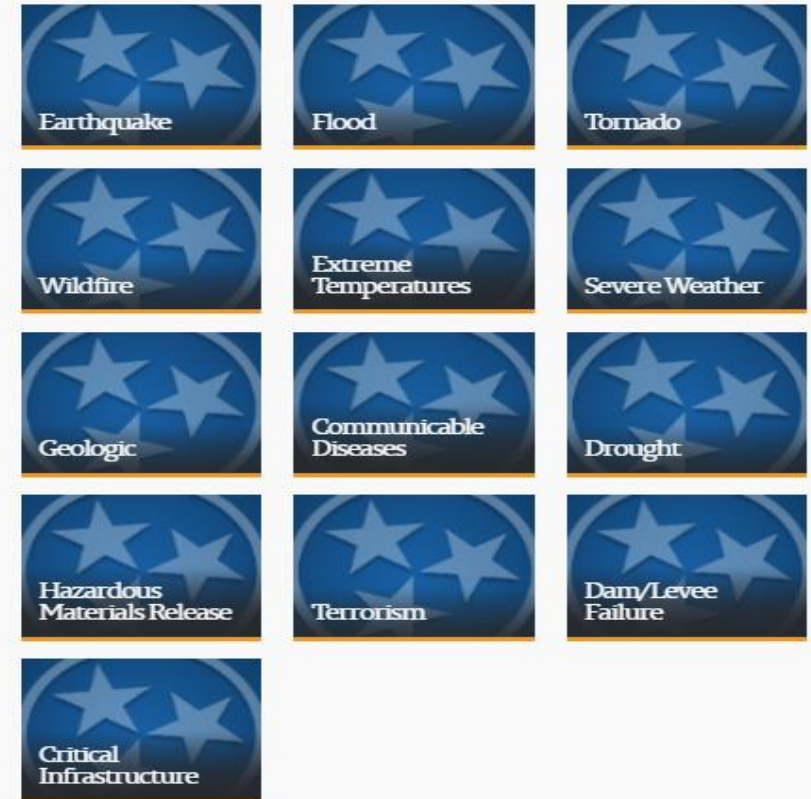


Tennessee Threats

Tennessee's unique geographical location exposes the state and its citizens to severe weather and other threats. The Tennessee Hazard Mitigation Plan identifies 13 hazards of prime concern for the foundation of long-term disaster planning and strategy.

These 13 threats include: Drought, Earthquake, Extreme Temperatures, Wildfire, Flood, Geologic, Severe Weather, Tornado, Communicable Disease, Dam/Levee Failure, Hazardous Material Release, Terrorism, and Critical Infrastructure.

The profiles include hazard descriptions, actions citizens can take to protect their lives, families, communities, and properties, and key terms related to the hazards.



In TN, there are 13 hazards of prime concern

Identify your Local Risks and Hazards

The [*FEMA Region 4 – Tennessee Info*](#) and [*Risk Reduction in Tennessee*](#) webpages have information to help you prepare for, respond to, and recover from disasters specific to your location. Use them to find local disaster recovery centers, flood maps, fact sheets, FEMA contacts, and other resources.

[*Identify what disasters can impact you*](#) and what steps you should take to prepare.



[*USGS – Be Prepared for the Natural Hazards We Might Face*](#)
[*YouTube video \(2:03 min.\)*](#)

Are You Really Prepared for a...?

TORNADO !!!



[How to Prepare for a Tornado](#)



Tennessee Experiences Tornadoes Each Year!

Know Where to Go

When Sheltering from a Tornado



If you have no basement, move to an interior room with no windows.

Top floor rooms DO NOT protect you.

Exterior rooms and rooms with windows DO NOT protect you.

NO PLACE OUTSIDE is safe from a tornado.

Quickly move to your basement and bring your emergency supply kit.



weather.gov/safety/tornado

Tornado Safety

Learn how to stay safe during a tornado, and how to improve your home's ability to withstand tornadoes from the American Red Cross.

Thunderstorms can bring:

- Strong winds
- Flash flooding
- Lightning

SEVERE WEATHER

TORNADO PREPAREDNESS TIPS

KNOW

YOUR AREA'S
TORNADO RISK
& THE SIGNS
OF A TORNADO



HAVE

MULTIPLE WAYS
TO RECEIVE
WEATHER
ALERTS



IDENTIFY

AND PRACTICE
GOING TO A
SAFE
SHELTER



STAY

IN AN INTERIOR
ROOM AWAY
FROM WINDOWS
AND DOORS



[Take weather alerts seriously
\(35 sec. ASL Video\)](#)

SEVERE WEATHER

Take weather alerts seriously. Almost half of all flash flood deaths happen in vehicles.



Water rushes past the Waverly, TN Junior High School sign after flooding on August 21, 2021. (WSMV photo). Tragically, 20 people died during this flood event.

Tennessee has Experienced Flooding Every Year since 2015

- ✓ Have different ways to receive weather alerts
- ✓ Follow directions from emergency officials
- ⊘ NEVER try to drive on flooded roads.



[Flood safety/warning tips \(3:02 min. video\)](#) in American Sign Language (ASL) with closed captioning available in multiple languages.

SEVERE WEATHER



[Life Saving Skills: Are You Prepared For A Power Outage? \(Video 0:35\)](#)


Make sure you have...

- ✓ A flashlight
- ✓ A battery or solar powered **phone charger**
- ✓ A **first aid kit**
- ✓ A battery or hand crank powered **radio**
- ✓ Spare **batteries**
- ✓ And at least a **3-day supply** of food, water, and medications

[How to Stay Safe When a Power Outage Threatens pdf](#)

SEVERE WEATHER

Flood Safety Tips:

 Slow down & allow extra space between cars.

 "Turn Around, Don't Drown!"

 Never drive around a barricade.



*If you see a flooded road,
Turn Around and Don't Drown! (30 sec. video)*

SEVERE WEATHER

MYTHS VS. FACTS

MYTH: "Homeowners or renters insurance will cover my home and belongings if they are damaged by flood waters."

FACT: Most homeowners and renters insurance policies do not cover damages to a structure or contents in the event of a flood. Only a flood insurance policy will cover flood damage.

MYTH: "I don't need flood insurance because FEMA assistance will cover my damages."

FACT: Not everyone will qualify for FEMA assistance after a disaster. Even if a federal Disaster Declaration is made, post-disaster FEMA grants average less than \$8,000. Remember: just one inch of water in a home can cause \$25,000 of damage.

MYTH: "I rent my home. Only homeowners can purchase flood insurance."

FACT: Most homeowners, renters and businesses in NFIP participating communities can purchase flood insurance. For a list of participating communities in Tennessee, visit www.fema.gov.

MYTH: "I can wait and get flood insurance immediately before a storm and still be covered."

FACT: While you can purchase flood insurance at any time, NFIP policies usually have a 30-day waiting period before the policy takes effect. If you purchase a private flood policy, be sure to ask about the waiting period.

NATIONAL FLOOD INSURANCE PROGRAM
floodsmart.gov

National Flood Insurance Program (NFIP) policyholders who have questions about their flood insurance policy or the claims process, and disaster survivors who have general questions about the National Flood Insurance Program, can contact a NFIP representative by calling the NFIP Call Center toll-free at 1-800-427-4661.

For individuals who are deaf, hard of hearing or have a speech disability, call 711 (TTY and other services are available). For VRS, please call 1-866-337-4262.

RETHINK FLOOD INSURANCE, TENNESSEE!

A Consumer's Guide to Flood Insurance

TN Department of Commerce & Insurance


500 James Robertson Parkway
Nashville, Tennessee 37243
(615) 741-2218

www.tn.gov/commerce

[/TennesseeCommerceAndInsurance](https://www.facebook.com/TennesseeCommerceAndInsurance)

[/TNCommerceInsur](https://www.instagram.com/TNCommerceInsur)

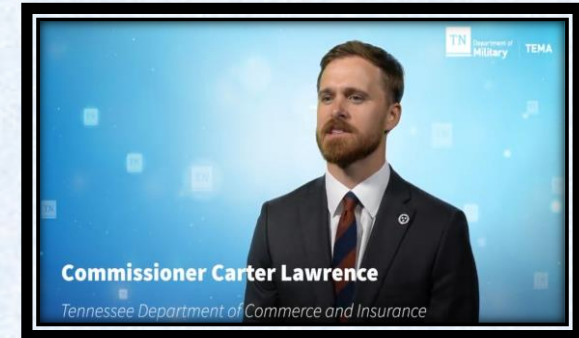
[@tncommerceinsur](https://www.tn.gov/commerce)



TN Department of Commerce & Insurance

Department of Commerce and Insurance
Authorization No. 335594 | 1,000 copies | July, 2021
This public document was reproduced at a cost of \$0.72 per copy.

[TN Department of Commerce & Insurance – Flood Insurance Brochure](#)



[Consider Flood and Earthquake Insurance for your home \(40 sec. Video\)](#)



[Severe Weather Preparedness \(1:23 min. Video\)](#)



(1:23 min.)

Severe Weather Preparedness Video - <https://www.youtube.com/watch?v=YgvAQ2btjOU>

Are You Prepared for an...?



EARTHQUAKE !!!

Earthquakes - Drop, Cover, and Hold ON!



During an Earthquake... Whether you are at Work or Home

Protect yourself, Co-workers, and family members.

Drop to the Floor - Take Cover - Get Under Something Sturdy - Hold on!



Earthquakes... Do NOT Run Outside!



Photo credit - KSL News Radio Salt Lake City, UT - 2020

**Unless the building is actually collapsing,
Do NOT run outside as Falling Bricks, Glass, or Debris could Seriously Injure You!**

So, Are There Many Earthquakes in Tennessee?

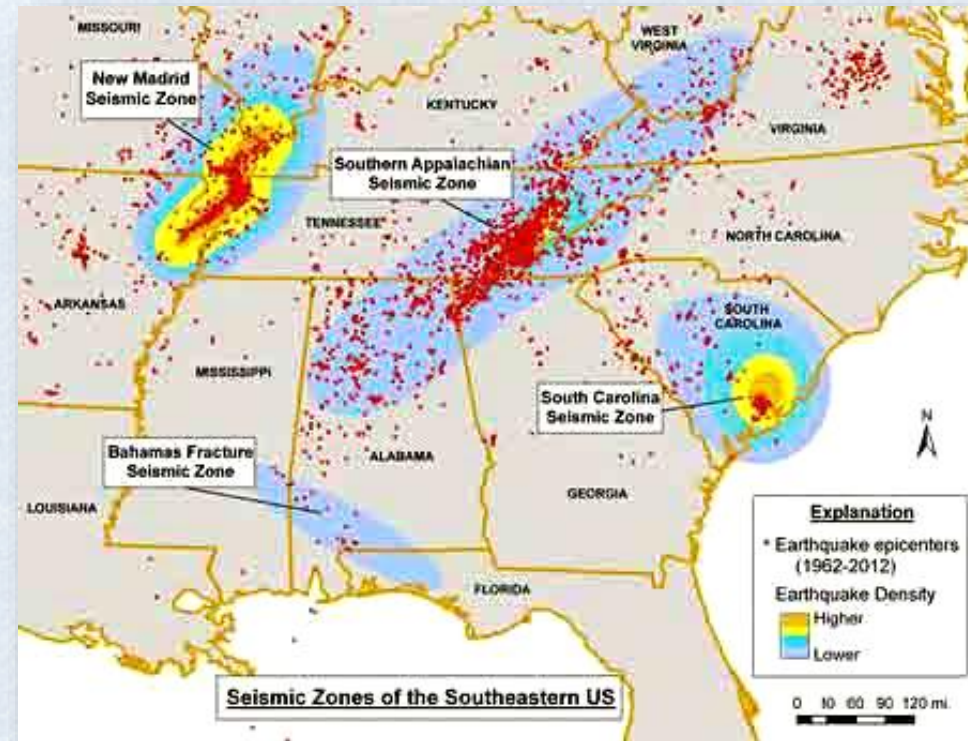
Yes, small Earthquakes occur nearly everyday.

And a major earthquake, though rare, could affect all Tennesseans!

[USGS – Earthquake Hazards Program](#)

When an earthquake occurs, log on to the USGS website

[Did You Feel It?](#)



[Tennessee Earthquake Risk - Central United States Earthquake Consortium \(CUSEC\)](#)

Earthquake Myths!

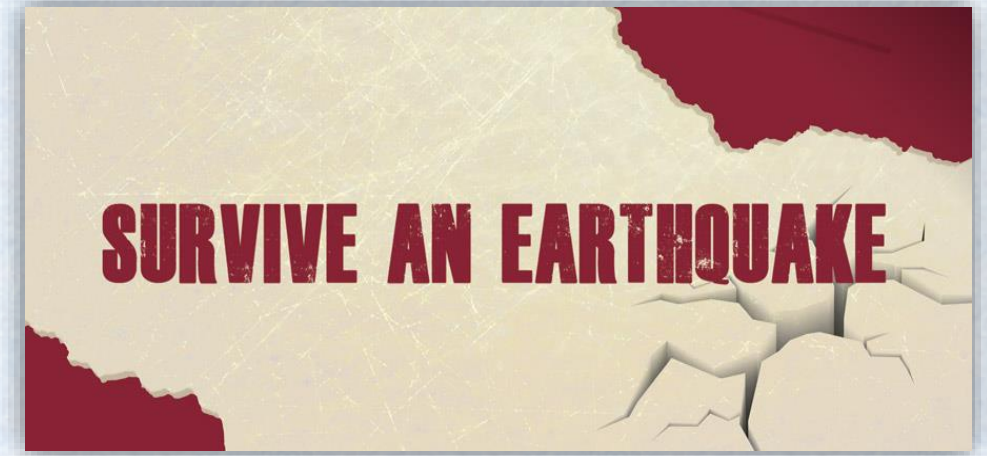
- *It was Earthquake Weather* - FALSE! - Earthquakes can happen in any weather conditions. They are **NOT** related to weather or time of day.
- *Earthquake Prediction* - FALSE! - There is **NO** way to predict earthquakes by humans or animals.
- *Stand in a Doorway* - FALSE! - Standing in a doorway is **NOT** as good as being under something sturdy like a table or desk. And you can be hit by a swinging door.
- *Triangle of Life* - FALSE! - When a building collapses, sometimes a small void space is created. This has been referred to in the media as the Triangle of Life. But it does **NOT** offer protection from falling debris! Instead, **DROP - COVER - HOLD ON!**



How to Survive an Earthquake...

Taking [*Seven Steps to Earthquake Safety*](#) can minimize the impact to your home or workplace and help you Survive an Earthquake!

This [*guide*](#) also gives you details on what to do before, during, and after an earthquake.



[*C.U.S.E.C. Earthquake Safety & Preparedness Webpage*](#)



- ⚠️ Secure your home:
- ✓ Bolt tall furniture and water heaters.
- ✓ Secure loose objects on high shelves.
- ✓ Know how to turn off utilities.

Are You Prepared for a...?



Fire !!!

If you live near an area prone to fires...

CLEAR THE AREA AROUND YOUR HOME
of ANYTHING that will BURN.

This includes wood piles, dry leaves, newspapers, & other brush.



Get prepared at [READY.GOV](https://www.ready.gov)

Ready ✓



Stay Informed Before A Wildfire

Receiving timely information about weather conditions or other emergency events can make all the difference in knowing when to take action to be safe.

- Monitor the weather reports provided by your local news radio and TV stations.
- Sign up for local emergency notifications for your community to receive either text message or email alerts.
- Always have extra batteries for a battery-operated radio and your cell phone.



[Wildfires](#) can spread quickly and put your life in danger. [#BeReady](#) before they strike!

Create a fire-resistant zone at least 30 feet around your home, have a go-bag with supplies, and know your evacuation routes. More tips: <http://ready.gov/wildfires>

Do you Have a WORKING Smoke Alarm?



[Request an American Red Cross of Tennessee appointment for free smoke alarms and installation.](#)



Working Smoke alarms are much faster than a fire truck!



[Replace Smoke Alarm and CO Detector batteries at least once per year!](#)

Do you Have a WORKING Smoke Alarm?

Home fires claim seven lives every day, but having working smoke alarms can [cut the risk of death by half](#).



SoundtheAlarm.org/Tennessee

How to check your smoke alarm:

- 1 Press the “test” button.
- 2 Listen for 3 beeps to indicate it’s working.
- 3 Check the date to see if it’s less than 10 years old.



Test your smoke alarms and [Carbon Monoxide](#) detectors monthly!

Are You Aware of Carbon Monoxide Poisoning?



- ✘ Never use a gas stove or oven to heat your home or workplace.
- ✘ Never use a charcoal grill inside for cooking food.
- ✘ Never plug a portable generator into a electrical wall outlet!
- Only use a generator outside and keep it at least 20 feet away from doors & windows.

[Consumer Safety Commission - Portable Generator Hazards](#)

Do you Have a Fire Escape Plan?



Have a home fire escape plan for everyone in your home. Some people may need help waking up or getting outside. Plan for your abilities!

Fire won't wait.
Plan your escape at fpw.org.



Is there an elderly family member in your household?

Do you have young children?

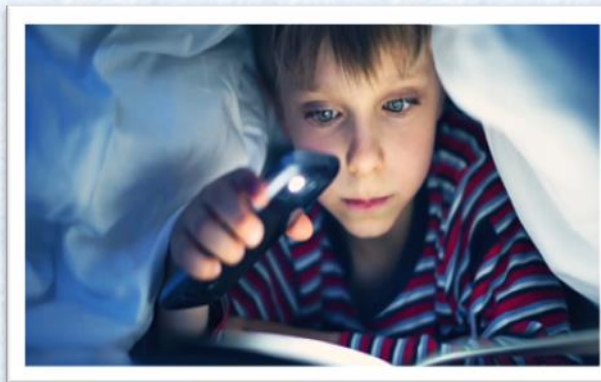
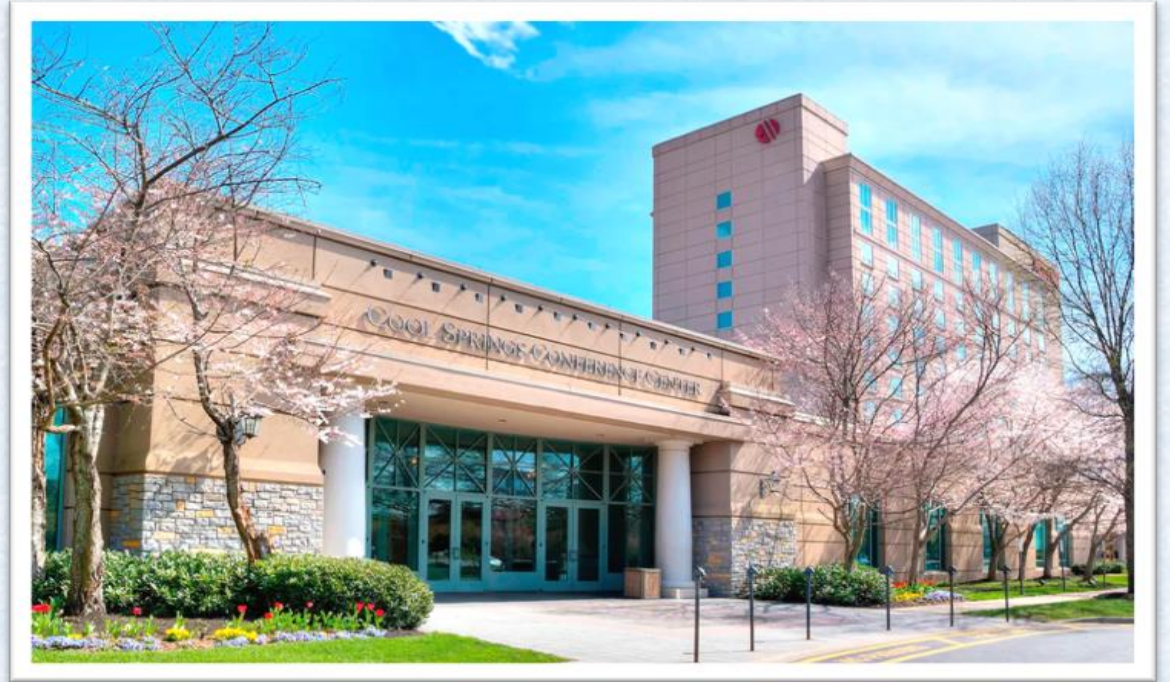
Are family members or friends with disabilities visiting you?

Have and practice a fire escape plan that safeguards everyone at home and at work.

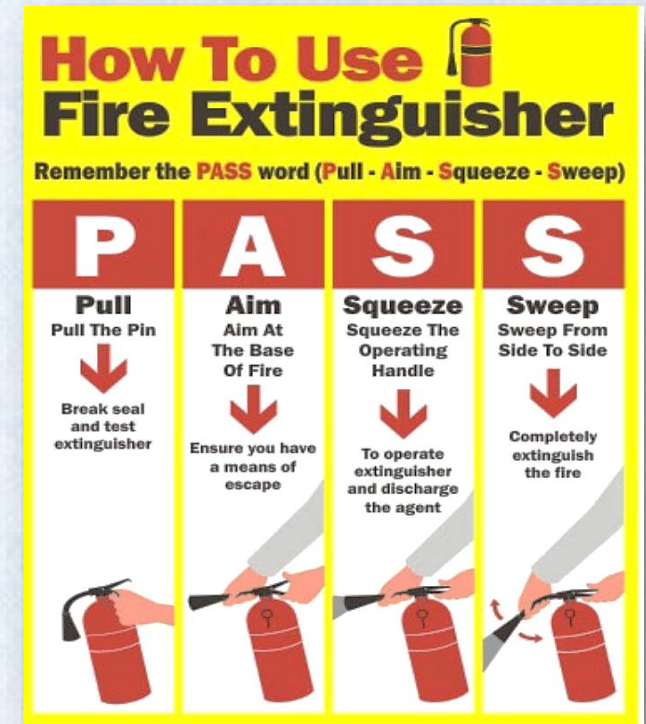
[How to make a home fire escape plan](#)

When You Travel and there is an Emergency...

- Will you know exactly where you are for calling 9-1-1?
- What is the address here?
- What floor are we on?
- What is the name of this building?
- What is the name of this meeting room?
- What side of the building are we on?
- Where are the nearest emergency exits?
- Did you go down the hall when you checked into your room and look inside that emergency exit stairway?
- The power just went off... Will you always have a flashlight? What else can be used as a flashlight?



Do you Know Where your Fire Extinguishers are Located? ... And How to Use Them?



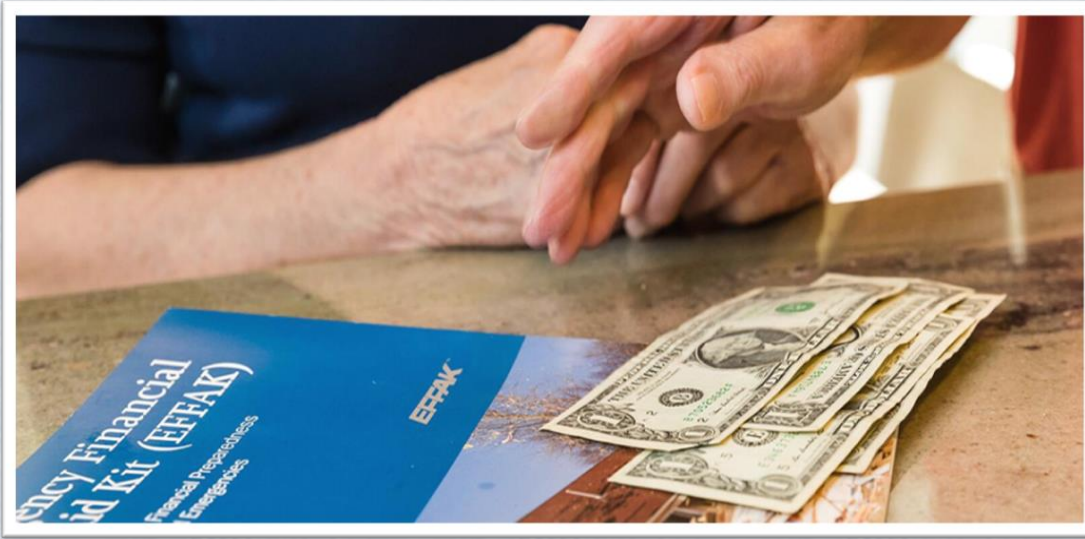
Those people in green vests are taking **FREE** Community Emergency Response Team (CERT) Training



Personal Preparedness

There are many ways
YOU can Learn How to PREPARE!

Personal Financial Preparedness



Does your family have enough cash and savings in case of an emergency?

The [Emergency Financial First Aid Kit](#) helps individuals and families at all income levels collect and secure the documentation and extra cash they would need in case disaster strikes.

[FEMA - Insure your Property pdf](#) [How FEMA provides support after a disaster](#)

[TN Dept. of Commerce - Consumer Disaster Recovery Resources](#)

TN

Volunteer Tennessee



AmeriCorps Training



Have You Prepared For Your Pets?



Prepare Your Pets for Disasters

See: [FEMA Prepare Your Pets brochure](#),
<http://ready.gov/animals>,
[ASPCA Pet Care – Disaster Preparedness](#),
and [FEMA Pet Preparedness Webinars](#)
for suggestions for proactive pet emergency
preparedness. [RedCross.org Pet Preparedness](#)

Include: Pet food, Water Bowls, Medicine, and a Collar with an ID tag.

- ❖ **Microchip** and have a recent **Photo** handy of you and your pet in case you are separated.
- ❖ Bring **Leashes/Harnesses/Carriers** for each pet.
- ❖ Add **Grooming items** and Pet shampoo, in case your pet needs some cleaning up.
- ❖ Include pet **Litter/Box/Waste Bags**, and other items to provide for your pet's **sanitation needs**.

Family Emergency Preparedness Planning

Have you ever thought about...
“**What is the plan** if you or your family isn’t home when disaster strikes?”

Take a few minutes to create disaster plans for the places where you and your family spends the most time, so everyone knows where to go and exactly what to do.

[FEMA – How to Make a Plan](#)



Make a Family Emergency Plan



The [*Are You Ready?*](#) guide provides detailed information about how to best prepare for disasters for families and communities. Learn general disaster preparedness tips and best practices to inform your planning.

[*FEMA - Make a Plan Fillable Form*](#)

[*TN Dept. of Health - Healthy Homes - Prepare for Emergencies*](#)

Include Everyone in Your Planning



[Ready.gov/disability](https://www.ready.gov/disability)

[FEMA Prep Talk - We Succeed or Fail Together by Vance Taylor \(Video 18:25 min.\)](#)

For **people with access and functional needs** and their families, it is important to **consider individual circumstances** and their needs to effectively prepare for emergencies and disasters. [If you use a wheelchair](#), add spare tires and an air compressor to your emergency kit to make sure you can stay mobile in the event of an emergency. [FEMA - Disaster Awareness for People with Disabilities webinar](#).

And there is a [FEMA PSA](#) with personal preparedness tips for people with disabilities in the event of a disaster. This PSA has open captions, a certified deaf interpreter, and emphasizes the [Ready Campaign Four Building Blocks](#) of preparedness - **Be Informed, Make a Plan, Build a Kit, and Get Involved.**

Include Older Adults in Your Planning



Each September is National Preparedness Month, when we encourage you to [Take Control in 1, 2, 3.](#) While this FEMA campaign is designed for [Older Adults](#), it is accessible and inclusive to help everyone.

Older adults can face greater risks when it comes to extreme weather events and emergencies.

🔍 Assess needs – Does an older adult need medical devices or refrigerated medicines? Do you have a plan for refrigeration if you lose power?

📋 Make a plan – Include them in your planning.

🤝 Engage their support network ahead of time. Have important info and phone numbers handy.

Tip: Older adults should develop a phone call chain of at least three people to rely on during an emergency.

Learn what steps older adults can take to prepare.

[**Tips for Older Adults pdf**](#)

Check on Older Adults Before & After Disasters

According to the [American Red Cross](#), several factors make **Older Adults** more vulnerable after disasters:

- A greater likelihood to suffer from **chronic conditions** and the need for associated **medications**.
- A greater reliance on **assistive devices** such as walkers or glasses, as well as **support from caregivers** and others.
- An increased likelihood of social isolation.
- Check on your neighbors!



[Ready.gov/older-adults](https://www.ready.gov/older-adults)
[Ready.gov/es/adultos-mayores](https://www.ready.gov/es/adultos-mayores)

DISASTER PREPAREDNESS FOR OLDER AMERICANS AND PEOPLE WITH DISABILITIES

Ready.



Plan how you will communicate if you have a communication need.



Plan for your transportation if you need help evacuating.



Plan how you will evacuate with any assistive devices.



Plan for food, water, and essentials for you and pets or service animals.



Include medicines, medical supplies, batteries, and chargers.



Make copies of Medicaid, Medicare, and other insurance cards.

WHAT TO INCLUDE IN AN EMERGENCY PREPAREDNESS KIT

- ✓ Contact information for important people and care providers.
- ✓ A list of medicines you need, dosage instructions, and any allergies.
- ✓ Contact information for your durable medical provider.
- ✓ Need-to-know information for first responders and others who might need to help you.



ready.gov/disability

Preparing for Disaster for People with Disabilities and other Special Needs



Make sure at least one person in your support network has an extra key to your home, knows where you keep your emergency supplies, knows how to use lifesaving equipment, and when to administer your medicine.

[FEMA – Preparing for Disaster for People with Disabilities and other Special Needs pdf](#)

Include the Kids in Your Planning



[Classroom material for grades 1-12](#)

[CDC – School Preparedness](#)

[Family Communication Plan](#)

Disasters, like [earthquakes](#) can leave children and teens feeling frightened, confused and insecure. Their responses can be quite varied. It is important to not only recognize these reactions, but also help children cope with their emotions.

[FEMA - Helping Children Cope](#)

Discuss with your children or students what to do in an emergency. [Ready Kids Publications](#)

And just in case you are separated in a disaster, download the Family [Communication Plan for Kids](#) template designed for children to organize emergency contact phone numbers and identify an emergency meeting place.

Go-Kits

When a disaster happens ...



**You and your family may
be on your own
for two weeks or more!**

Build a 2-Weeks Ready kit at home and smaller kits for work, school, and vehicles.

Check in with neighbors to see how you can help each other out before and after a storm.

When a disaster happens ...

At a minimum, your Ready Kits Should Include:

- ✓ Flashlight, chargers, and batteries.
- ✓ Pet supplies, blankets, and cash.
- ✓ Food, snacks, and water for several days.
- ✓ Some sturdy shoes, long-sleeved shirts, pants, jacket, and a hat.



Build a kit with
everyone in mind



When a disaster happens ...



There will NOT be any Door Dash, Grubhub, or Uber Eats food deliveries immediately after a disaster!

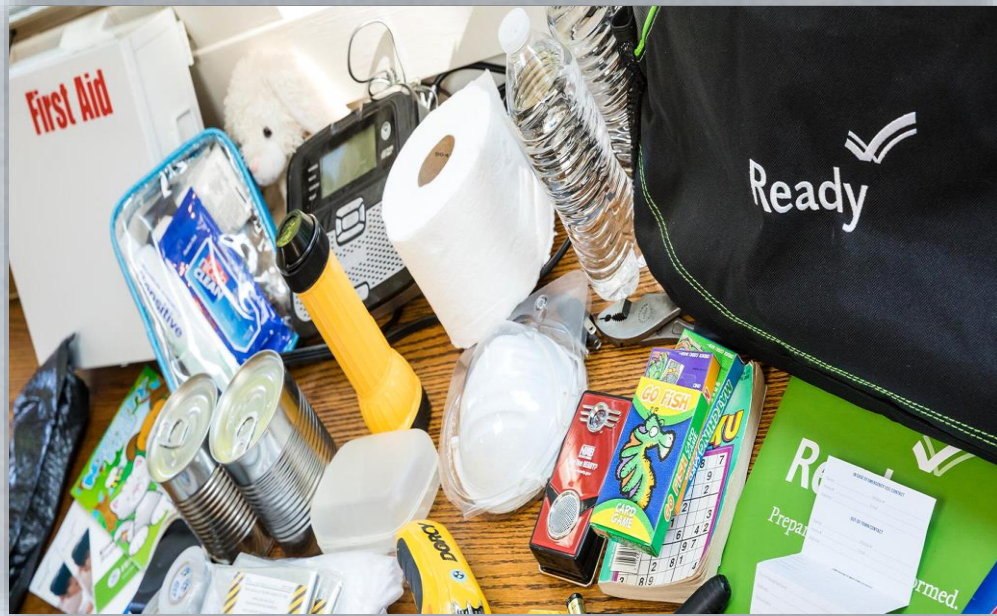
Stock up now on the food, water, and supplies you will need in case of a bad Winter Storm or other emergency.



[How to Craft an Emergency Go-Kit \(1:05 min. video\)](#)

Personal Preparedness - Do you have Go-Kits?

Make sure you have an emergency kit at home, at work, and in your vehicle.
So, you have everything you need just in case you need to take shelter.



[Personal 72-hour Go-Kit](https://www.ready.gov/kit)
<https://www.ready.gov/kit>

Kit Storage Locations:
At Home?



At Work?



And in your Vehicle?



Personal Preparedness - Do you have Go-Kits?

Make sure you have an emergency kit in your vehicle!



[Vehicle Go-Kit](https://www.ready.gov/car)

<https://www.ready.gov/car>

**3 things
to keep in your
car this winter:**

Sand Red Cloth Flashlight

American Red Cross

The graphic features a light blue background with a white snow-like base. It lists three items: 'Sand' with an orange bucket icon, 'Red Cloth' with a red cone icon, and 'Flashlight' with a green flashlight icon. The American Red Cross logo is in the bottom right corner.

Include a First-Aid Kit, Cash, and Your Prescriptions!



Put together a [First-Aid Kit](#) for your home, work, and your vehicle.



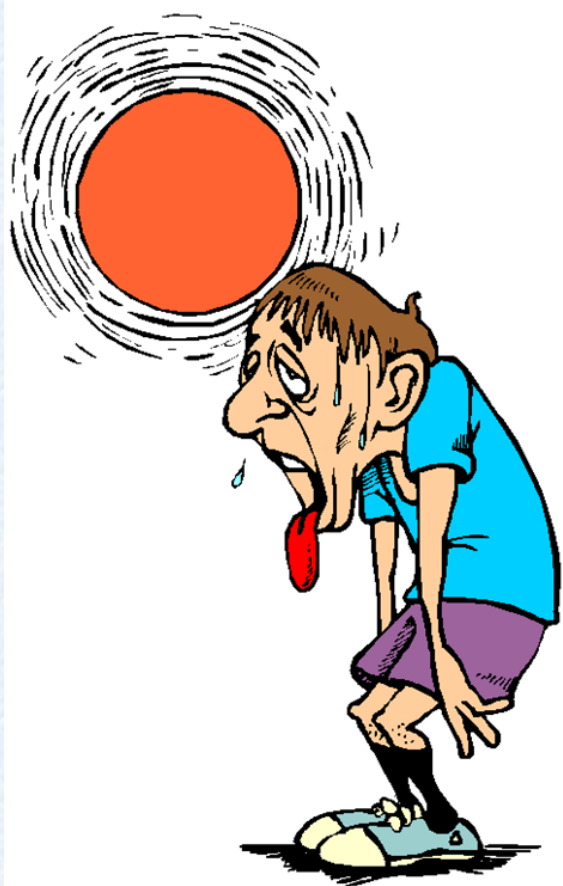
Do NOT forget extra cash and your

[Prescription Medications](#)

[Tennessee Department of Health Disaster Support Network](#)



Beware of Heat Exhaustion - Drink Plenty of Water



Beware of Heat Related Illness

Bring and Drink Plenty of Water - Stay Hydrated!



**In addition to having
some food, keep several
extra bottles of water in
your car!**



Have You Prepared For Your Pets?



Prepare Your Pets for Disasters

The [FEMA Prepare Your Pets brochure](#),
[ASPCA Pet Care – Disaster Preparedness](#),
and [Pet Preparedness Webinar](#)

have information for pet owners and suggestions
for proactive pet emergency preparedness.

[RedCross.org Pet Preparedness](#)

Include: Pet food, Water Bowls, Medicine, and a Collar with an ID tag.

- ❖ **Microchip** and have a recent **Photo** handy of you and your pet in case you are separated.
- ❖ Bring **Leashes/Harnesses/Carriers** for each pet.
- ❖ Add **Grooming items** and Pet shampoo, in case your pet needs some cleaning up.
- ❖ Include pet **Litter/Box/Waste Bags**, and other items to provide for your pet's **sanitation needs**.

Do Not Be Overwhelmed...Do Something Once a Month

Complete **1** activity a month to prepare you and your family for disasters!



Make a
Communications Plan



Create an
Action Plan



Store Water



Build Grab & Go
Kits



Secure Important
Documents



Be 2 Weeks Ready



Learn Fire Safety



Learn Utility Safety



Store Under the
Bed Supplies



Practice Drop,
Cover, and Hold On



Prepare to
Shelter in Place



Conduct a Home
Hazard Hunt

See: [**10 Ready-Made Tips**](#) and [**Take these simple steps**](#)
to be prepared for a disaster or emergency.

FREE
Individual & Workplace
Preparedness Courses

There are many ways
YOU can Learn to
PREPARE Yourself and Help Others!

FREE Online Preparedness Courses:

Please consider taking some of the many FREE online emergency preparedness courses about **situations which could place you at risk in the Workplace**, including:

- ✓ [Cybersecurity](#)
- ✓ [Active Shooters](#)
- ✓ [Violence in Our Communities](#)
- ✓ [If You See Something, Say Something](#)
- ✓ [You Are the Help Until Help Arrives](#)
- ✓ [Community Emergency Response Team \(CERT\)](#)
emergency preparedness training opportunities for your business, AmeriCorps program, government agency, community organization, church, HOA, or school.



What is CERT Training?

- [Community Emergency Response Team \(CERT\)](#) training empowers our community by teaching basic emergency & disaster response skills.
- Volunteer Tennessee provides guidance and acts as a liaison to FEMA for locally led CERT programs in Tennessee.
- CERT preparedness training is important for [Your Safety](#), and for the [Safety of Your Family](#), your [Co-Workers](#), and your [Neighbors](#).



What is CERT Training?

- First responders may be overwhelmed in the event of a disaster. And no community can afford enough staff for major disasters or even large emergencies.
- CERT members can help in those first few hours or even days following a major disaster.
- The CERT course trains us in basic emergency and disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.



[“What is CERT?”](#) (10:14 min.)
This video provides a terrific overview of the benefits of a CERT program.

Video: “CERT in Action”

In this video, Community Emergency Response Team members explain how they come together to prepare themselves and assist their neighbors during emergencies or disasters.

And to learn more about CERT, take the two-hour FEMA-EMI Independent Study course:

[IS-317.A: Introduction to Community Emergency Response Team \(CERTs\)](#)

<https://training.fema.gov/is/courseoverview.aspx?code=IS-317.a&lang=en>



[*“CERT in Action” 2018 \(Video 6:28 min.\)*](#)

<https://www.youtube.com/watch?v=80twsCr7oyc>

Recommend your Organization takes CERT Training

- Please consider taking this FREE 20-hour CERT training.
- CERT trained individuals will be better **prepared** for the hazards and emergencies which threaten our workplaces and community.
- Go to the [FEMA Find a CERT webpage](#) to locate a nearby CERT program by zip-code to access FREE CERT Training.



Consider Sponsoring a CERT Program

- **Local CERT programs are usually sponsored by** government agencies, schools, community organizations, non-profits, faith-based organizations, or in the workplace.
- It **empowers us by learning basic emergency and disaster response skills** which also boosts a community's ability to respond.
- For more information see: [Ready.gov/CERT](https://www.ready.gov/cert)
- And [Find a CERT Program near you by Zip Code](#)
- Or see our [Volunteer Tennessee list of Locally Sponsored CERT Programs](#)



2024 Guide to Starting or Revitalizing a CERT Program in Tennessee



[Resource Guide to Starting or Revitalizing a Local CERT Program in Tennessee](#)

- If you choose to sponsor a CERT program, Volunteer Tennessee is here to help your organization with our thirty-page [CERT Resource Guide](#).
- It provides an Overview and Practical Guidelines for Starting a CERT Program.
- And it includes extensive CERT Program Manager and CERT Instructor Resources, including over 400 Training and Exercise Links - Videos - Webinars.

Have you Protected Your Critical Documents?



[Safeguard Critical Documents and Valuables](#) such as Financial, Legal, Medical Documents and Valuables. (See a Checklist in [English](#) & [Additional Languages](#))

Make sure your **[Insurance policies and personal documents](#)**, such as an ID are up to date. **[Create a home inventory in case you ever need to file a claim](#)**. Make copies of important documents and keep them in a secure password-protected digital space.

Have you Protected Your Critical Documents?

PROTECT YOUR VITAL RECORDS



In case of an emergency or disaster, consider storing and protecting the following types of documents:



Financial



Taxes



Estate Planning



Medical



Personal/Family/Other



Property



Legal Identification



Always make backup copies of important documents and keep them in a secure password-protected digital space.

Take FREE “CISA – Cybersecurity Courses”

CYBER ESSENTIALS
Your success depends on Cyber Readiness. Both depend on YOU

FedVTE FEDERAL VIRTUAL TRAINING ENVIRONMENT

Lesson 1: Course Overview Page 2 of 9

Cyber-attacks can happen to anyone or any organization, anywhere, at any time.

Reducing your organization's cyber risks requires a holistic approach - similar to the approach you would take to address other operational risks. As with other risks, cyber risks can threaten an organization's:

- Ability to operate and access information
- Reputation and customer trust
- Bottom line
- Survival

Managing cyber risks requires building a culture of cyber readiness. This training will cover what it means to be cyber-ready and how to enable a cyber-ready culture in your organization.

Select Next to continue

BACK NEXT EXIT

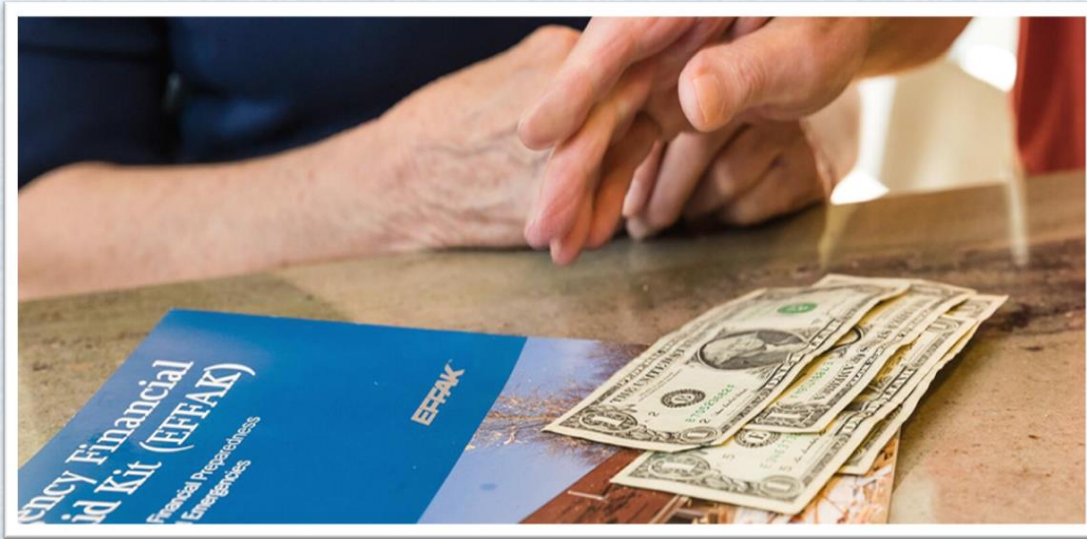
The Federal Virtual Training Environment (FedVTE) provides many FREE CISA Cybersecurity courses.

CYBERSECURITY & INFRASTRUCTURE SECURITY AGENCY



AMERICA'S CYBER DEFENSE AGENCY

Financial Preparedness



Does your family have enough cash and savings in case of an emergency?

The [***Emergency Financial First Aid Kit***](#) helps individuals and families at all income levels collect and secure the documentation and extra cash they would need in case disaster strikes.

[***FEMA - Insure your Property pdf***](#) [***How FEMA provides support after a disaster***](#)

[***TN Dept. of Commerce - Consumer Disaster Recovery Resources***](#)

Introduction to Continuity of Operations Course

- **Create a dedicated response team** of leaders who have the responsibility of actively engaging in emergency planning and recovery processes.
- **Identify the potential threats** to your organization and assess its vulnerable areas with the [Risk Assessment Table](#).
- **Anticipate and mitigate the risks** associated with the aftermath of a crisis, such as natural disasters and cyberattacks, while enhancing the safety of your people.
- **Formulate strategies and procedures** for your program functions and people to recover.



FEMA/EMI IS-1300: Introduction to Continuity of Operations. FREE one-hour online course.

<https://training.fema.gov/is/courseoverview.aspx?code=IS-1300&lang=en>

FREE “OPEN” Online Preparedness Course:



[Organizations Preparing for Emergency Needs \(OPEN\)](#)

provides preparedness training for Business and Community-Based Organizations.

This excellent OPEN training helps organizations identify risks, find resources, develop an emergency operations plan, and create a culture of preparedness.

Then your staff, colleagues, volunteers, and families will be prepared and more resilient in the face of a disaster.

- [Five Critical Questions Every Nonprofit Must Address for Disaster Preparedness](#)
- [10 Preparedness Actions](#)
- [Continuity Resource Toolkit](#)

Ready.Gov - Business Continuity Planning Suite

For more help getting your organization prepared, please use FEMA's new ["Business Continuity Planning Suite" website](https://www.ready.gov/business-continuity-planning-suite).

<https://www.ready.gov/business-continuity-planning-suite>

3:27 min.



Ready.gov - Business Continuity Training Introduction



3:27 min.

Business Continuity Training Introduction <https://www.ready.gov/business-continuity-planning-suite>

So, how do you Survive an Active Shooter?



[RUN. HIDE. FIGHT.®](#)
[Surviving an Active Shooter Event](#)
[\(5:55 min.\)](#)

https://www.youtube.com/watch?v=5mzl_5aj4Vs

- Leave your belongings behind
- Have an escape route in mind
- RUN like your life depends on it!
- Keep your hands visible
- Follow police instructions

Active Shooter Training



Active shooter and targeted violence incidents are rare. But being prepared to act can make all the difference. Many organizations are preparing their staff to effectively respond. For example see:

[*Active Shooter Exercise Toolkit for Houses of Worship*](#)

Take the FREE one-hour FEMA Independent Study Course [*IS-905: Responding to an Active Shooter: You Can Make a Difference.*](#)

ACTIVE SHOOTER RESPONSE GUIDE

RUN (If you can)

- Get out if you can, even if others insist on staying
- Leave belongings behind
- Your life is more precious than "things"
- Once out, call 9-1-1



HIDE (If you need)

- If you can't get out, find a place to hide
- Barricade or lock doors
- Hide behind large objects
- Turn out lights and silence your phone



FIGHT (If you must)

- Attempt to incapacitate the shooter
- Act with aggression
- Improvise weapons
- Commit to your actions



 **CALL 9-1-1 WHEN IT'S SAFE TO DO SO**



RUN. HIDE. FIGHT.® Surviving an Active Shooter Event (5:55 min.)

https://www.youtube.com/watch?v=5mzl_5aj4Vs

Help Prevent Violence in Our Communities

You can anonymously report suspicious activities, criminal behavior, and other safety concerns by reporting observed threats, behaviors, or actions, such as:

- Assault
- Bragging about an upcoming planned attack
- Physical injury or harm to self or others
- Threats of violence at work or school
- Violence or planned violence, such as “Domestic Violent Extremism (DVE)”



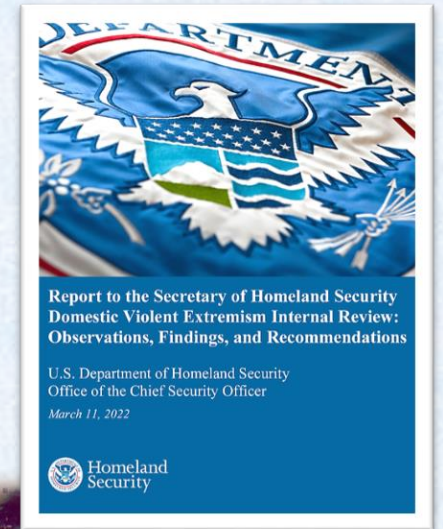
[Everyone Plays a Role in “If You See Something, Say Something”[®] \(Video 4:45min.\)](#)

You Can Help Prevent Violent Extremism in Our Communities

According to a [report](#) from the
U.S. Department of Homeland Security:

**“Domestic violent extremism (DVE) poses
one of the most significant terrorism-related threats
to the United States.”**

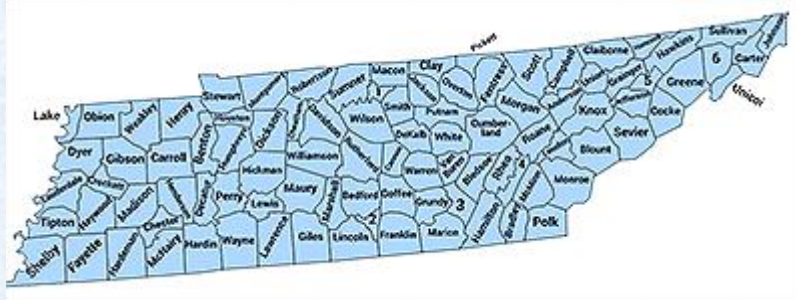
DVE stems from lone offenders or small cells of individuals who are motivated by a range of foreign and/or domestic grievances often cultivated through the consumption of certain online content posing a heightened threat of violence in the U.S.



Murrah
Federal
Building
1995
Oklahoma
City
Bombing

If You See Something, Say Something®

Report Suspicious Activities to Local Authorities in Tennessee



Call 9-1-1



[The Tennessee Fusion Center \(TFC\)](#) is a team effort of local, state and federal law enforcement, in cooperation with the citizens of the State of Tennessee, for the timely receipt, analysis and dissemination of terrorism information and criminal activity relating to Tennessee.

To report suspicious activity, **Call 9-1-1** or [877-250-2333](tel:877-250-2333) email TipsToTBI@tn.gov

For all locations in Tennessee, see: [Tennessee \(State\)](#) [Memphis](#)

If You See Something, Say Something®

Report suspicious or threatening activity to local law enforcement or call 911.

We all play a role in keeping our communities safe. As you're going about your day, if you see something that does not seem quite right, say something.

More information is available at:

- www.dhs.gov/see-something-say-something,
- www.dhs.gov/advisories,
- twitter.com/dhsgov

The logo for "If You See Something, Say Something" is displayed within a white speech bubble. It features the words "if you" in a small, black, sans-serif font above the word "SEE" in a large, blue, sans-serif font. Below "SEE" is the word "something" in a smaller, black, sans-serif font. A vertical line separates this from the word "SAY" in a large, blue, sans-serif font, with "something" in a smaller, black, sans-serif font below it. A registered trademark symbol (®) is located at the end of the second "something".

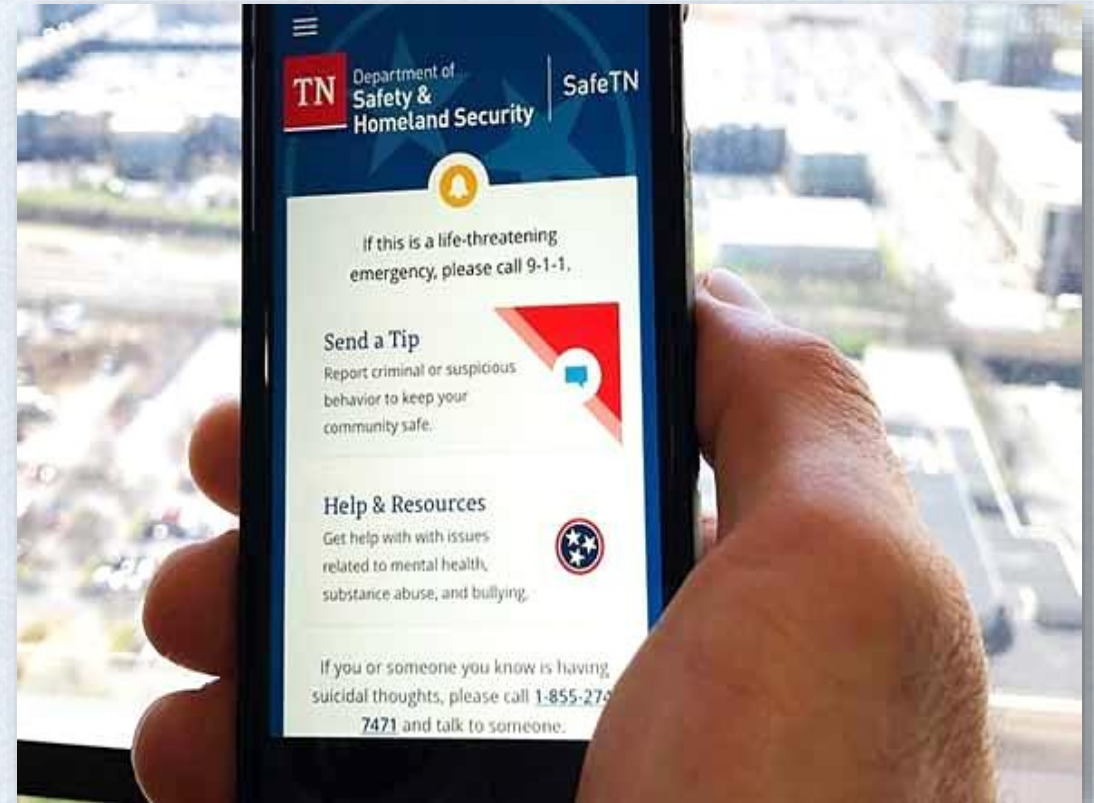
if you
SEE | **SAY**
something | something®

Call 9-1-1

Prevent Violence in Our Communities and Schools with the “SafeTN” App

The [“SafeTN” App](https://www.tn.gov/safety/homeland-security/safetn.html) is a secure platform to send in tips about potential threats and to access useful resources to help keep our schools and community safe.

<https://www.tn.gov/safety/homeland-security/safetn.html>

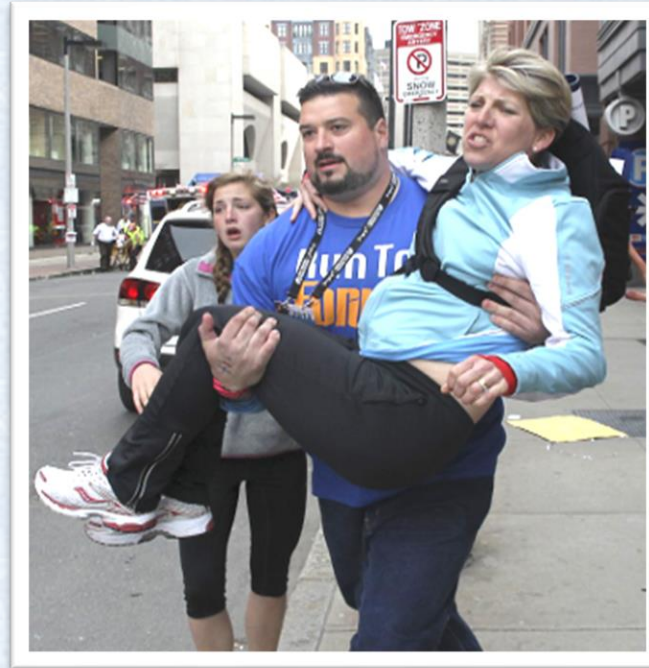


Also, dialing the “9-8-8” [Suicide & Crisis Lifeline](#) provides free 24/7 confidential support for people in distress, prevention, and crisis.

“You Are The Help Until Help Arrives”

This FREE online training educates us how to help someone with a life-threatening injury by performing the 5 most essential actions:

- ✓ Call 9-1-1 as soon as possible
- ✓ Move them away from danger
- ✓ Stop bleeding
- ✓ Proper positioning of the injured
- ✓ Providing warmth and comfort



YOU ARE THE HELP UNTIL HELP ARRIVES

Know how to:

- Call 9-1-1 
- Protect the injured from harm 
- Stop bleeding 
- Position the injured 
- Provide comfort 

5 SIMPLE STEPS MAY SAVE A LIFE

FEMA  Ready.gov/untilhelparrives

[Until Help Arrives – More Info](#)

[Until Help Arrives webinar](#)

[Take the Web Based UHA Training](#)

“Stop the Bleed”

[Stop the Bleed](https://www.dhs.gov/stopthebleed) is a grassroots national awareness campaign and call-to-action. This training encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

<https://www.dhs.gov/stopthebleed>



Do you have a First-Aid Kit in your Building?



Put together a First-Aid Kit for your home & workplace.



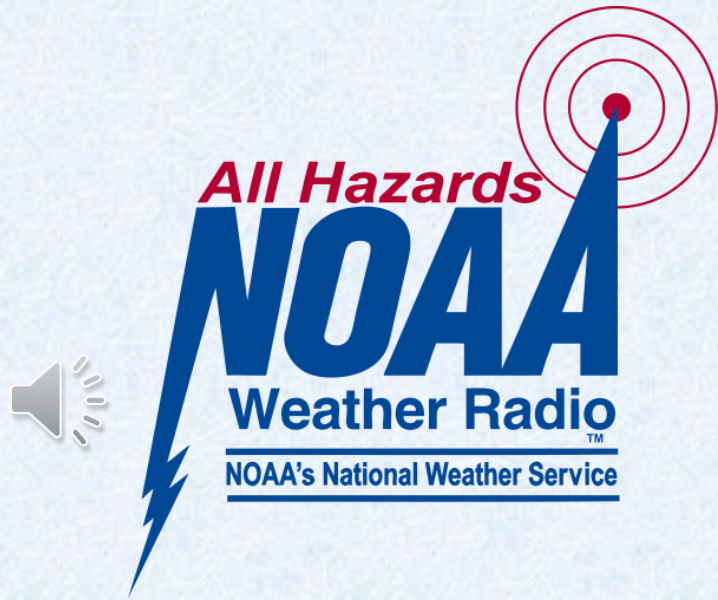
At work, consider having a commercial first-aid kit mounted on a wall.

Stay Prepared and Informed

- ✓ Keep yourself [Safe online](#) from Cybersecurity risks and maintain [Digital and media literacy](#) to recognize false or misleading narratives.
- ✓ [Prepare for potential active shooter incidents](#).
- ✓ Review [Department of Homeland Security Resources](#) to better [Protect businesses and organizations](#), [houses of worship](#), [schools](#), and public gatherings.
- ✓ [Be prepared](#) for emergency situations and remain aware of circumstances that may place you at risk. Make note of your surroundings and nearest security personnel. [If You See Something, Say Something](#)
- ✓ [Learn more about Community-based Domestic Violent Extremism Resources](#) to help you recognize threats of violence.

Alerts and Apps

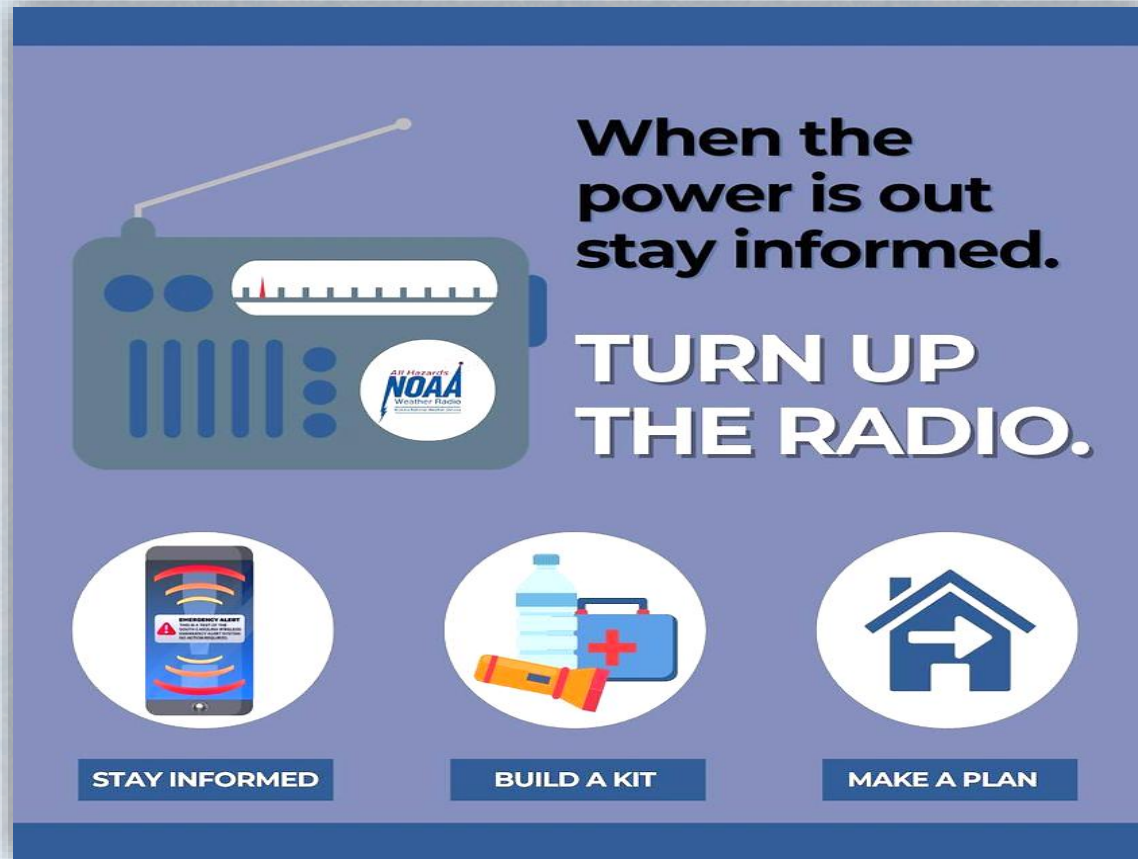
Personal and Workplace ALERTS!





Definitely purchase [NOAA Weather Radios](#) for your Home and Workplace!

And consider adding a **battery-powered, solar, or hand crank NOAA radio.**

Personal and Workplace Weather ALERTS!



 A WATCH means a tornado or severe flooding is possible.

 A WARNING means a tornado or flood is happening or will happen soon.

Know how you will receive alerts at work and overnight.
Be prepared to seek shelter immediately if a tornado warning is issued.

Keep Cell Phones Charged - Have Extra Batteries!

A smartphone can be a lifeline in a natural disaster, and it can be used as a flashlight. But many disasters may take out electricity and cell services. So, always [Keep your cell phone charged.](#)

And to make your cell battery last:

- Turn down the screen brightness
- Close unnecessary apps
- Have an extra cell phone battery and charge it monthly
- Use a paper map if your GPS is not working.



[FEMA - Power Outage Tips](#)

Sign up for Weather ALERTS and Training!



When Thunder Roars, Go Indoors!

Download a [NOAA Weather App](#) for your phone.



Weather Safety Basics Training



Why attend a Weather Safety Basics class? You'll learn about:

- Weather safety rules for all types of severe weather
- The NWS
- Products we issue
- Thunderstorm Basics
- Much, much more!

Register here: weather.gov/ohx/weathersafety

Weather Safety Basics classes are:
FREE and open to people of all ages
Hosted by a NWS Nashville meteorologist
About 1.5 hours

**First Class of the Season:
Wednesday, Sept 13
at 630 pm CDT**

[Please Take the Free NWS Nashville Weather Safety Basics Classes](#)

Personal and Workplace Weather ALERTS!



For more information,
please check out your
local National Weather
Service webpage at
www.weather.gov

NATIONAL WEATHER SERVICE
NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION

HOME FORECAST PAST WEATHER SAFETY INFORMATION EDUCATION NEWS SEARCH ABOUT

Local forecast by "City, ST" or ZIP code
Enter location: Go
[Location Help](#)

Hurricane Hilary to Impact the Southwest
Heavy rainfall associated with Hilary is forecast to develop across the southwestern U.S. today, well in advance of the storm's center, and continue through the weekend, with the heaviest amounts expected on Sunday. Dangerous and locally catastrophic flooding impacts are likely. Large swells are likely to cause life-threatening surf and rip current conditions to portions of southern California. [Read More >](#)

WRN ACTIVE ALERTS FORECAST MAPS RADAR RIVERS, LAKES, RAINFALL AIR QUALITY SATELLITE PAST WEATHER

MY FORECAST
Algood TN

Fair
72°F
22°C [Get Detailed info](#)

Today

Sunny
High: 84°F

Tonight

Mostly Clear
Low: 65°F [change location](#)

Created: 08/19/23 at 14:28 UTC

Click on the map above for detailed alerts or [Warnings By State](#) [Get Alerts in XML/CAP v1.2 and ATOM Formats](#)

- Flash Flood Warning
- Hurricane Warning
- Tropical Storm Warning
- Flood Warning
- Excessive Heat Warning
- Gale Warning
- Red Flag Warning
- Hurricane Local Statement
- Heat Advisory
- High Surf Advisory
- Small Craft Advisory
- Hazardous Seas Warning
- Lake Wind Advisory
- Thunder Local Statement
- Rip Current Statement
- Beach Hazards Statement
- Flood Watch
- High Wind Watch
- Excessive Heat Watch
- Fine Weather Watch
- Special Weather Statement
- Marine Weather Statement
- Air Quality Alert
- Hydrologic Outlook

One Strike, You're Out.
When thunder roars, go indoors. [weather.gov](#)

Heat Related Deaths ARE Preventable
LOOK BEFORE YOU LOCK
The temperature in your car can quickly become deadly!
[weather.gov/heat](#) [nhtsa.gov](#)

WEATHER SAFETY SUMMER
SUMMER PREPAREDNESS

LIGHTNING SAFETY HEAT SAFETY SUMMER PREPAREDNESS

Social Media and Government ALERTS!

Please review [*A Guide for Alerts and Warnings.*](#)



[*https://www.weather.gov/socialmedia*](https://www.weather.gov/socialmedia)

What are WEA – Wireless Emergency ALERTS?


[WEA](#) is a public safety system for mobile devices to receive geographically targeted, text-like messages alerting you of imminent threats, dangerous weather, missing children, and other critical situations to safety in your area.



Get the “[ReadyTN](#)” Mobile App

The [ReadyTN app](#) is a situational awareness tool for Tennesseans with information on road conditions, weather updates, open shelters, contacts for county emergency agencies, and more.

And be sure to [Sign up for your local community emergency alerts.](#)

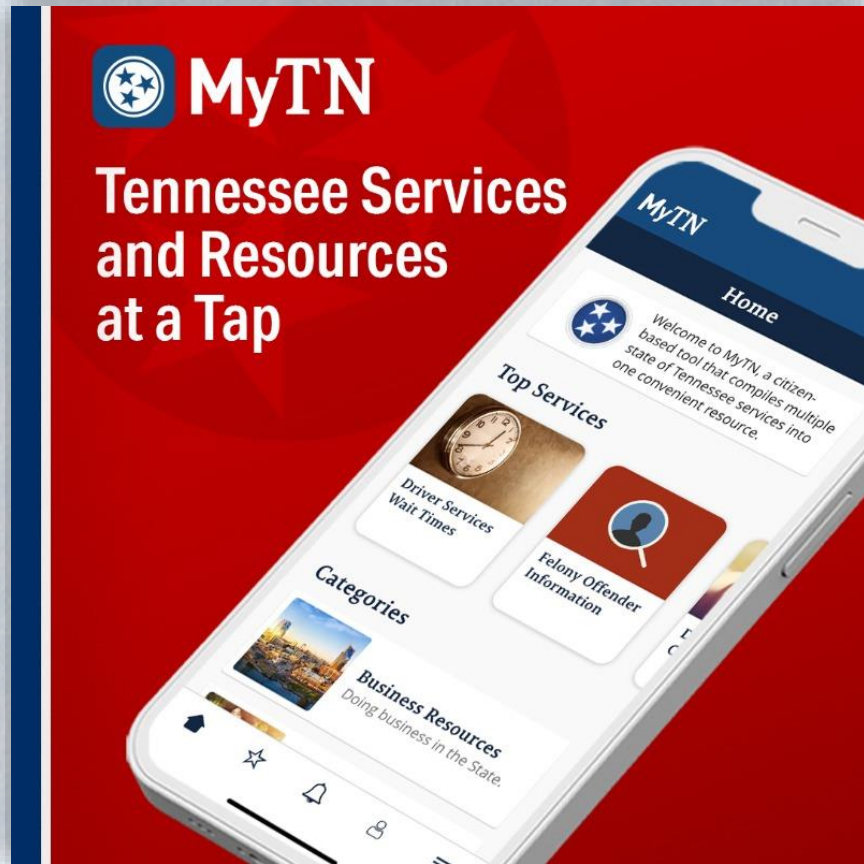


ReadyTN features include:

- Alerts and Warnings**
Real time weather and emergency alert messages
- Open Shelters**
Displays a map of open Red Cross Shelters
- TDOT Smartway**
Displays a map of real time traffic conditions
- Local Contacts**
Emergency management contact information by county
- Prepare**
Information on the hazards of prime concern for Tennessee
- Plan**
Emergency plan checklists for a variety of scenarios
- Website**
Directly connects to the TEMA website
- Connect**
Connects users to social media platforms

The app also features a header displaying the current status of operations. Press releases by TEMA can be found by scrolling below the 8 homepage tiles.

More Mobile Apps



Tennessee Services and Resources at a Tap

Upgrade your TN.gov experience today by downloading [MyTN](#) app, and experience the smarter, more convenient way to interact with Tennessee State Government.

Whether you're a lifelong Tennessean, new resident, visitor, or business owner, [MyTN](#) is the easy, efficient, and secure way to access available services and resources within The Volunteer State.

More Mobile Apps

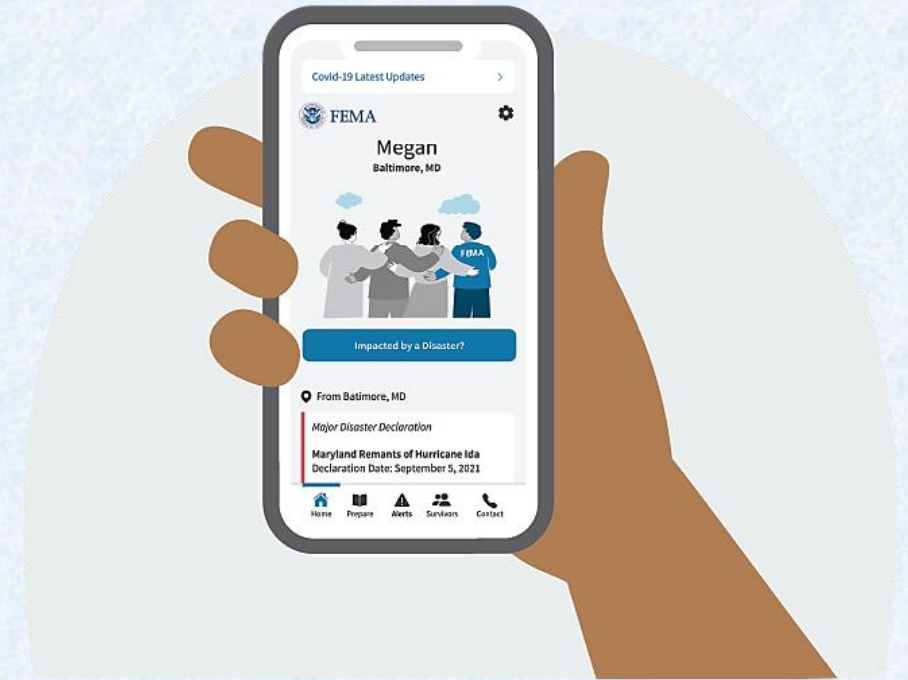
What should I do if
What should I do if the power goes out?
What should I do if there's a tornado?
What should I put in an emergency kit?

Get these answers fast!

Download the Red Cross Emergency app.

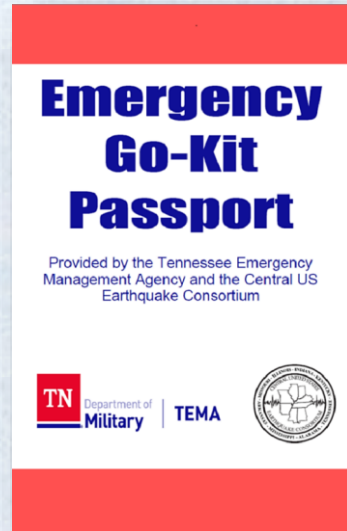


[Check Out the Red Cross Emergency App](#)



Please download the newly updated [FEMA App](#) to see preparedness strategies and receive real-time weather and [Emergency alerts](#).

Visit TEMA.gov and Ready.gov Websites



To learn more about how you and your family can be ready before disasters, visit the TEMA webpage www.tn.gov/tema/prepare

There you will find resources such as a [Family communication plan template](#) and a [Basic emergency supplies checklist](#).

<https://www.ready.gov>

[FEMA Ready Website in Spanish and Other Languages](#)

El sitio web de FEMA tiene información y materiales disponibles en otros idiomas además del inglés. [FEMA Seminarios web en español](#).

***For more information, Please view
FEMA's Previous Preparedness Webinars***

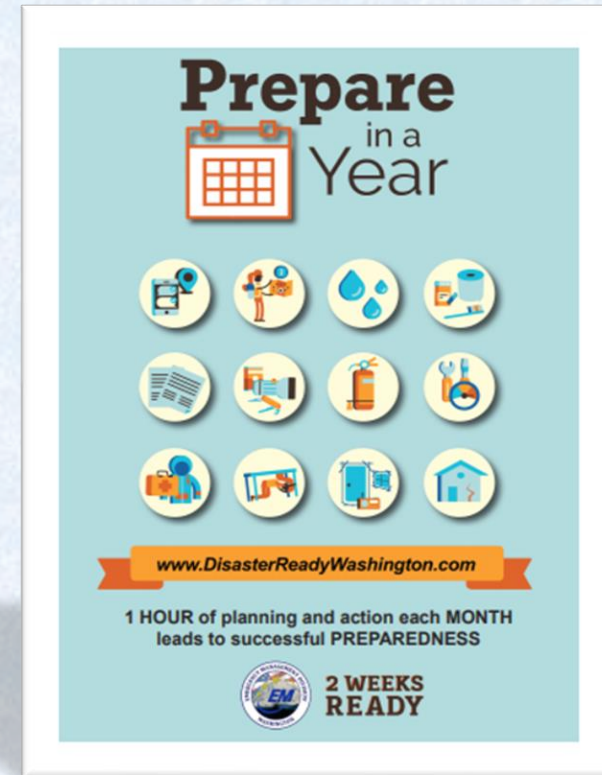


<https://www.fema.gov/emergency-managers/individuals-communities/preparedness-webinars>

Do Not Be Overwhelmed...Simply Do Something Once a Month

Being prepared for disasters may seem daunting or intimidating, but it is easy!

This **Prepare in a Year** booklet will help walk you through one activity a month. By the end of 12 months, you'll be much better prepared!



See: [*Prepare in a Year booklet*](#), [*10 Ready-Made Tips*](#), and [*Take these low-cost preparedness steps*](#) to be better prepared for any disaster or emergency.



[Volunteer Tennessee](#) is the Governor's commission for volunteerism and community service. We build capacity and sustainability in Tennessee's volunteer sector. Annually, we provide AmeriCorps grants and volunteer center grants to local agencies throughout the state so they can engage volunteers to meet local needs in education, social services, health and wellness, public safety, and the environment. This year, 18 AmeriCorps programs in Tennessee will receive over \$7.4 million in funding which will support more than 800 AmeriCorps members serving community needs, with nearly \$6 million in Segal Education awards for AmeriCorps members. Our Volunteer Tennessee commission consists of a 25-member, bi-partisan volunteer citizen board appointed by the Governor and includes eleven State Government ex-officio representatives.

Please visit us on [Facebook](#), [X](#), [LinkedIn](#), [YouTube](#), and [Instagram](#).

Community Emergency Response Team (CERT)



Volunteer Tennessee provides administrative support and acts as a liaison to FEMA for locally led [Community Emergency Response Team \(CERT\)](#) programs in Tennessee. CERT training teaches people about emergencies and disaster preparedness for themselves, their families, their neighbors, and local communities. If you are considering a local CERT program for your community, AmeriCorps program, workplace, organization, agency, house of worship, or HOA and would like additional information about CERT emergency preparedness training, please contact don.sowers@tn.gov at Volunteer Tennessee so we can offer our assistance. "Thanks for Taking the Time to be Prepared." MC



For More Info - Please Contact:

Don Sowers – Volunteer Tennessee
Manager of Disaster Volunteer Services

Ofc: 615-742-6775

Cell: 818-519-6881

Email: Don.Sowers@TN.gov



*Thanks for
Taking the
Time to Be
Prepared!*

Note: We will share a PDF copy of this slide deck with active hyperlinks on our [Volunteer Tennessee Emergency Preparedness Information webpage](#)



TN

Volunteer Tennessee



AmeriCorps Training

