

123RF

AGILITY
EFFORT
123RF BELIEVE

STRONGER
AGILITY
POSSIBLE
ACTIVE
LEADERSHIP
POSITIVE
VISION
FLEXIBILITY
PERSISTENCE
STRONGER

RESILIENCE

STRONGER
SUCCESS
HOPE
MOTIVATE
STRENGTH
OPTIMISM
ENDURANCE
CHANGE
IMPOSSIBLE

SUCCESS
DETERMINED
LEADERSHIP
AGILITY
VISION
GROW
ACTION
TEAMWORK
POSITIVE
STRENGTH
OPTIMISM
PERSISTENCE
CHANGE
EFFORT
ENDURANCE
REBUILDS
ACTIVE
BELIEVE
SUCCESS

123RF



Resilience in three time segments

SHORT TERM

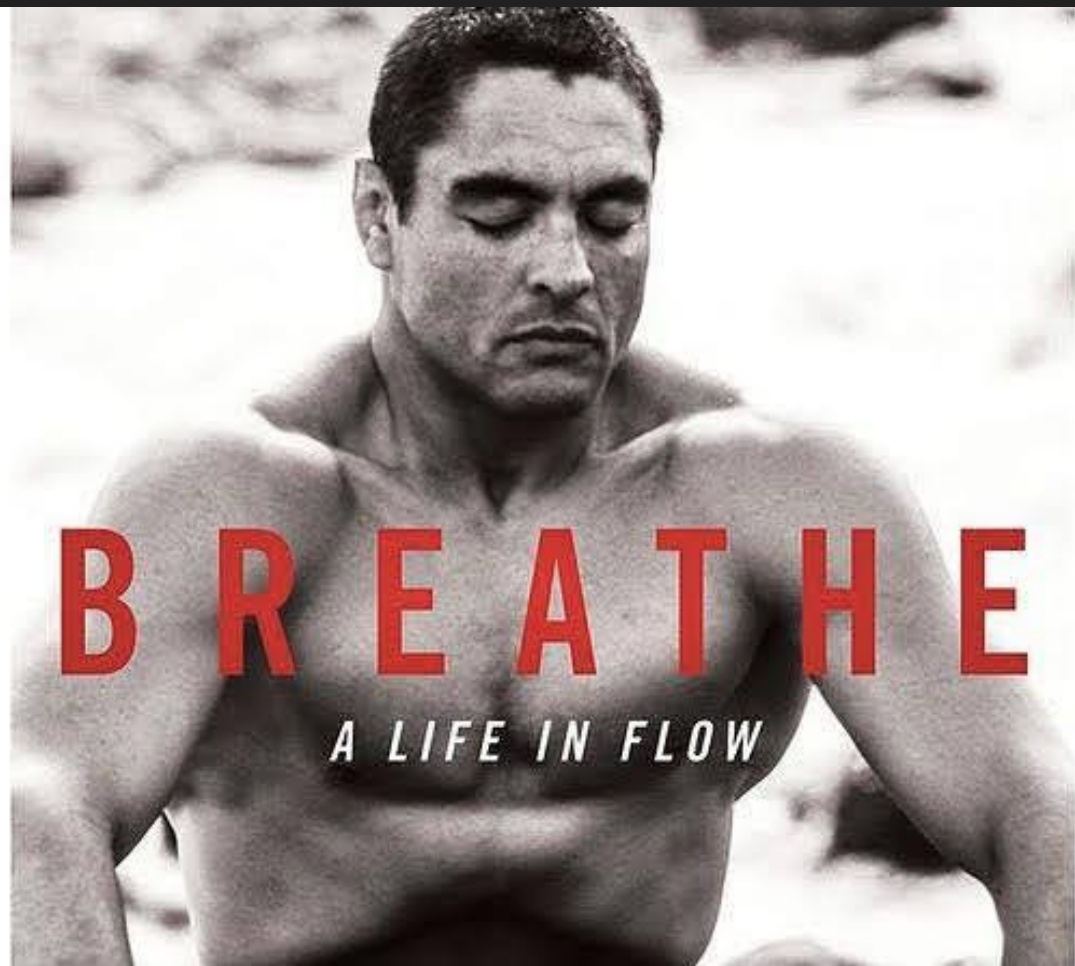
MID TERM

LONG TERM

Short Term

In the moment





BREATHE

A LIFE IN FLOW









BOKEN
ADVENTURE

Medium Term

Building Blocks









WHEN
I FELL
FROM THE
SKY

JULIANE KOEPCKE

INTERNATIONAL BESTSELLER





Long Term

A Lifestyle









Conclusion







Same Brain

