

Matthew Parriott
Director of Communications
Tennessee Department of Mental Health & Substance Abuse Services

Matthew Parriott gratefully serves as the Communications Director for the Tennessee Department of Mental Health and Substance Abuse Services, a role he's held for more than eight years.

In his time at the department, Matthew has led multiple Emmy award-nominated media campaigns to share life-saving resources that his department offers and to reduce the stigma of reaching out for help. Matthew is a recovering TV news journalist with stints in Huntsville, Birmingham, and back home in Nashville.

Away from work, he's a proud dad to three tiny humans and a devoted husband to his wife Lindsay, and he enjoys collecting old film cameras and taking photos whenever time allows.