



McNabb Center

MILITARY SERVICES

Resources for individuals facing invisible
wounds incurred from service

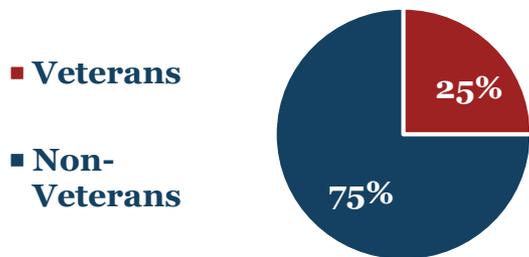


Description, Demographics, and Outcomes

Need

Suicide rates and homelessness

General Population of Homeless Individuals



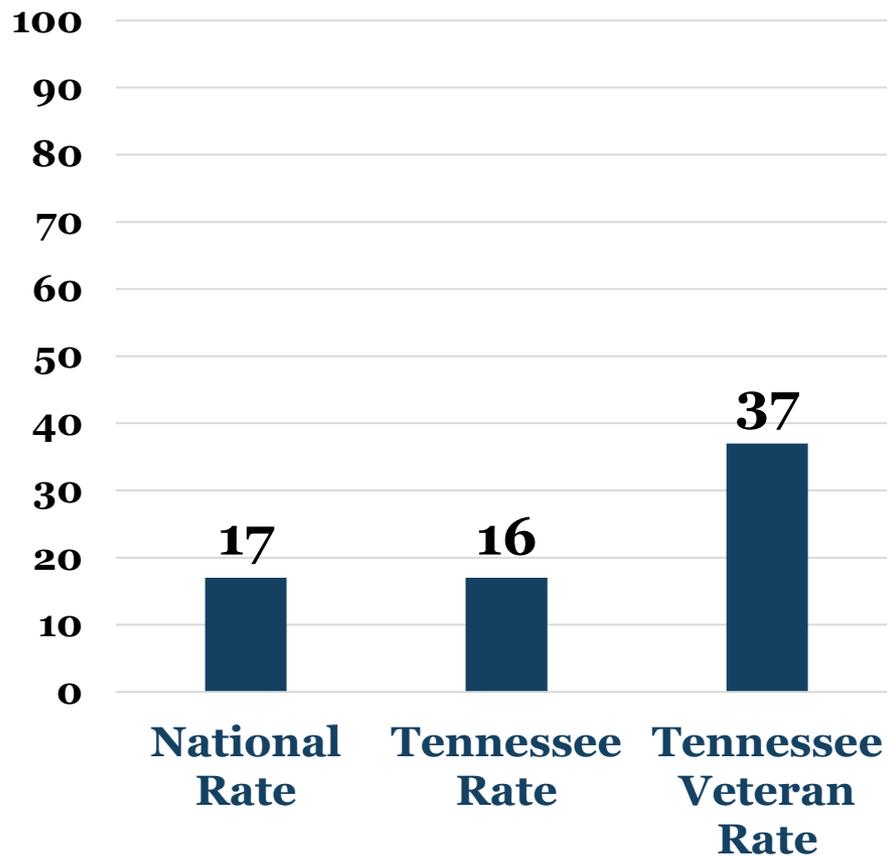
1.3 X

= increase in risk that male veterans will be homeless vs. non-veteran males

3.6 X

= increased risk that female veterans will be homeless vs. non-veteran females

Suicide Rates per 100,000



WELL MIND, WELL BEING.

Need

Behavioral Health Issues

Of Veterans who served in Iraq or Afghanistan

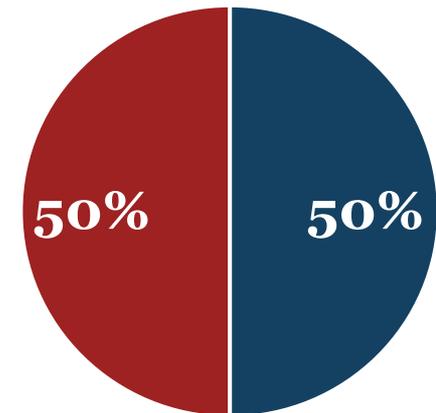
20%

= return with major depression or post-traumatic stress disorder

=return with a traumatic brain injury

Percentage of Veterans Who Receive Needed Mental Health Treatment

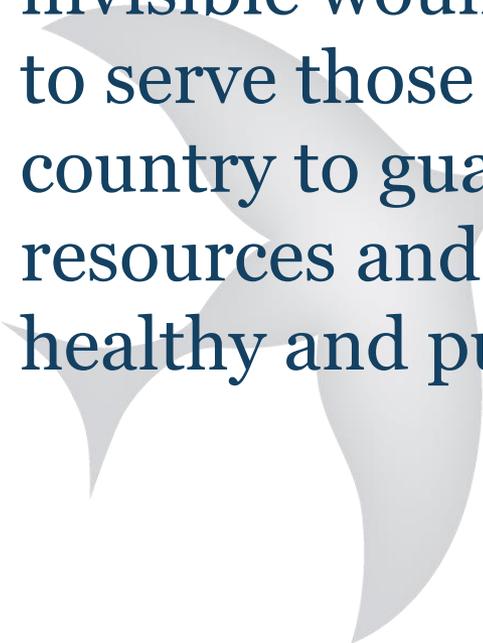
- Receive Needed Treatment
- Do not Receive Needed Treatment



Military Services

Program Description

The McNabb Center's Military Services program is designed to provide evidence-based care to individuals facing PTSD, depression, anxiety, co-occurring disorders, thoughts of suicide, and other invisible wounds incurred from service. Our goal is to serve those who have courageously served our country to guarantee they have access to the resources and support they need to continue healthy and purposeful living.



Cultural Competency

Treatment for Service Members delivered by Service Members



Lou Danner retired as a Colonel serving in the Air Force and Air National Guard from 1982-2014 with multiple deployments and command assignments supporting major US wartime operations as well as domestic disaster recovery operations. Upon retirement, Lou earned a Masters in Counseling Psychology at Pacifica Graduate Institute in Santa Barbara, CA and is working toward LPC-MHSP Licensure. Lou began working in the McNabb Center's Military Services Program in May of 2022 and became certified in EMDR therapy in July 2023.

WELL MIND, WELL BEING.

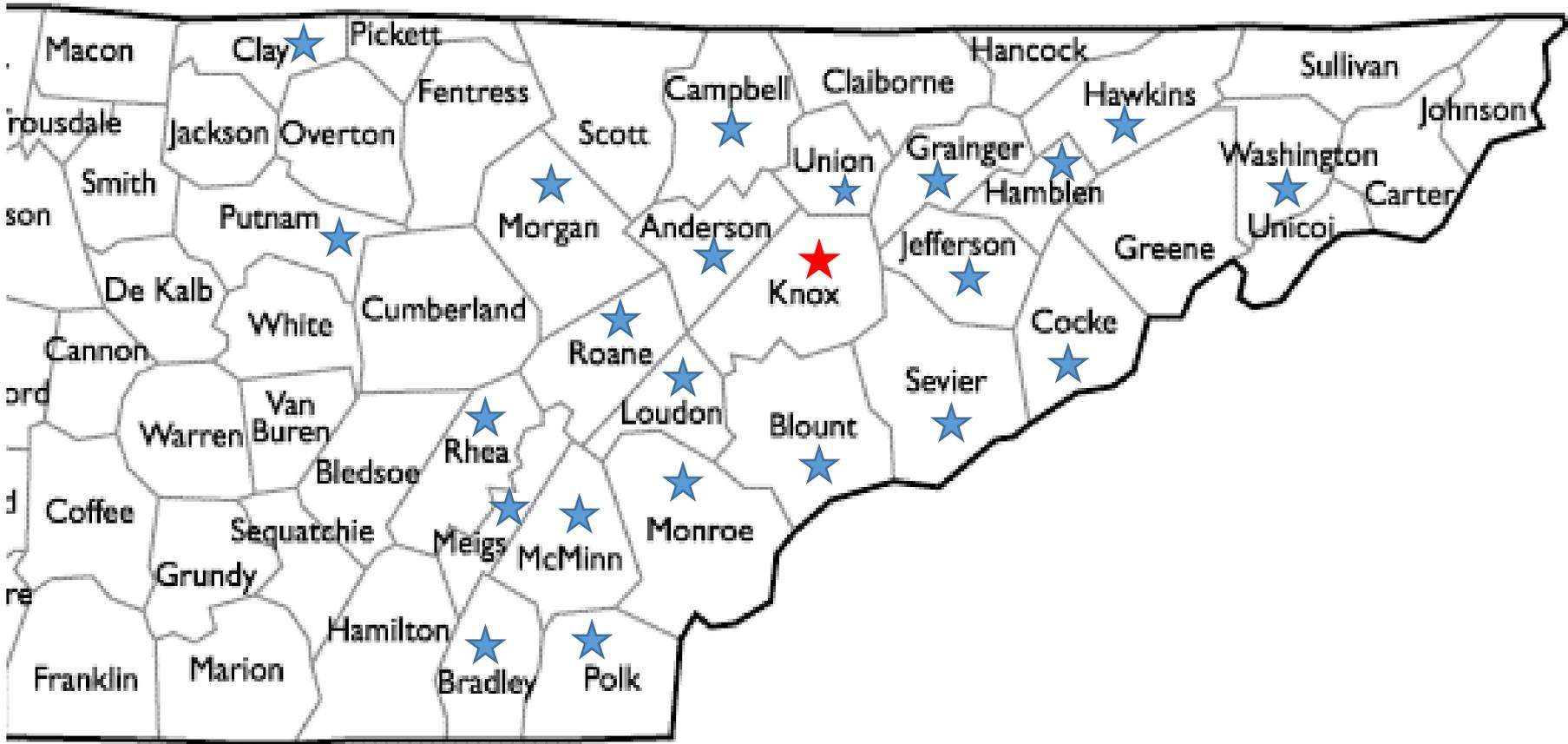
Service Numbers

April 2016 to July 2019

- **351** persons served
(316 veterans, 35 family members)
- **5,057** individual therapy encounters provided
- **160** outreach contacts completed

Population Demographics

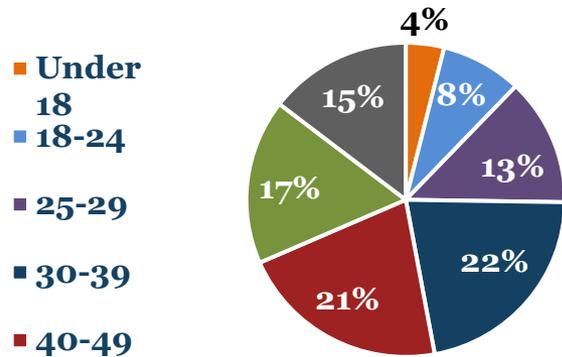
Counties of Residence for Veterans Served



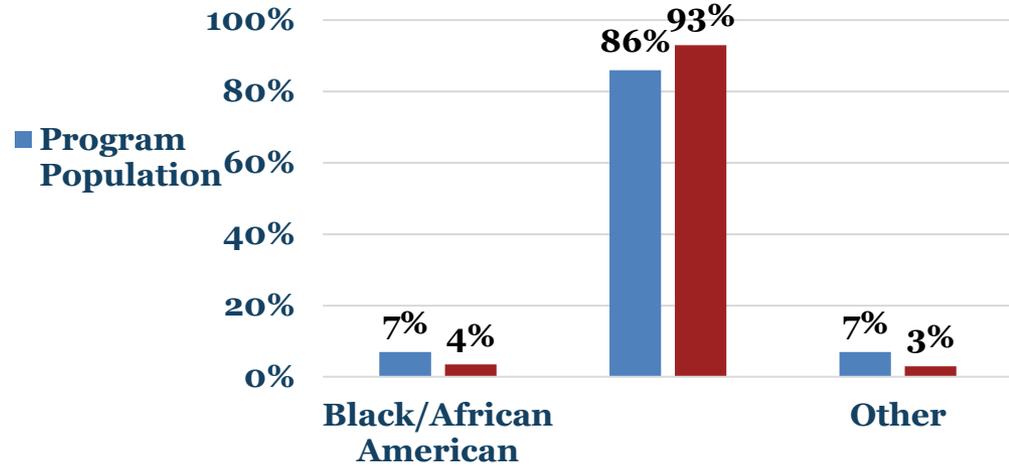
Population Demographics

Age, Race, Gender Expression, & Education Level

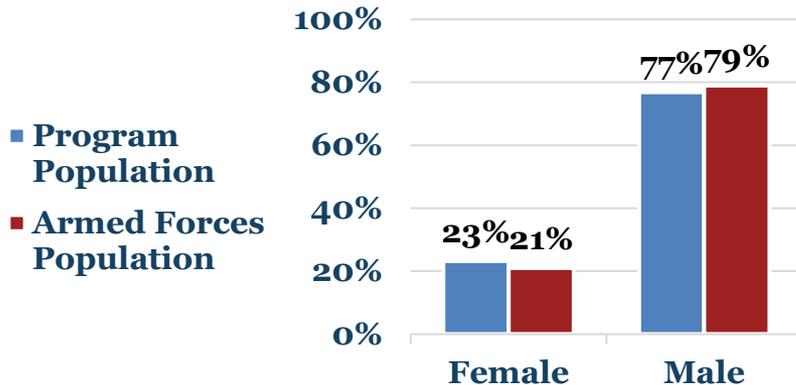
Age



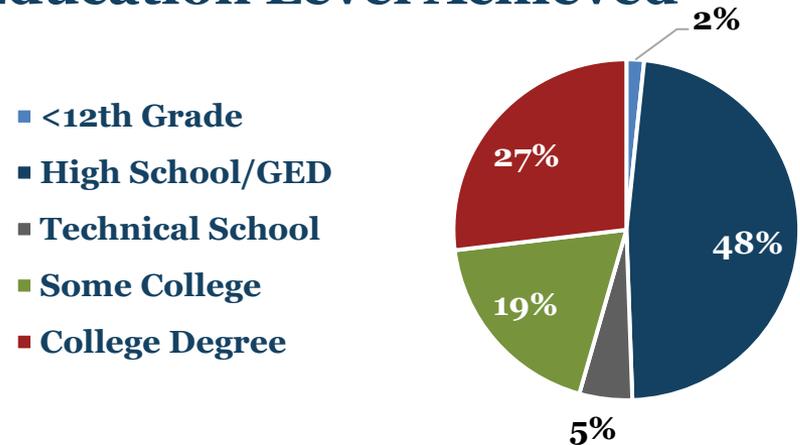
Race



Gender Expression



Education Level Achieved

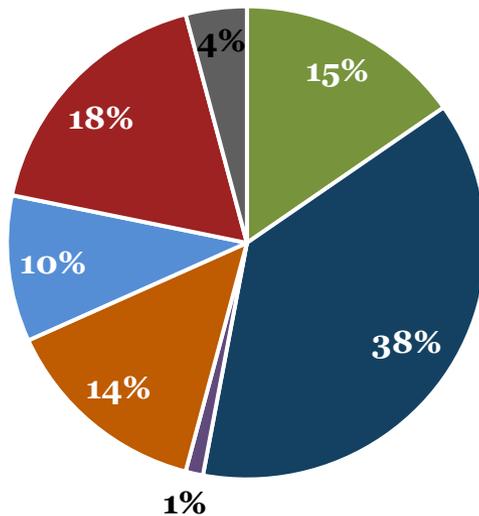


Population Demographics

Military Service History

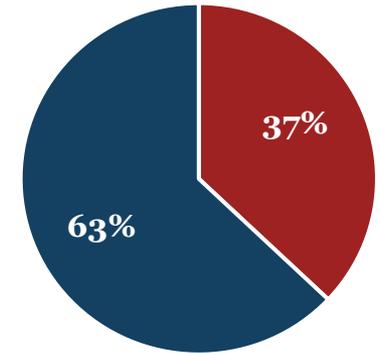
Armed Forces Branch

- Air Force
- Army
- Coast Guard
- Marine
- National Guard
- Navy
- Reserves



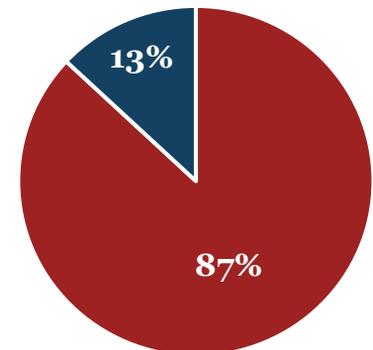
Combat History Reported

- No
- Yes



Reported Active Duty Status

- No
- Yes

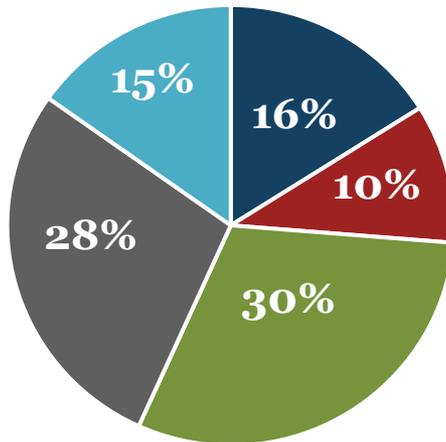


Population Demographics

Diagnostic Information

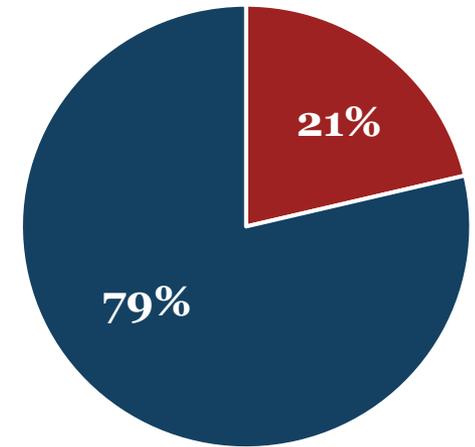
Primary Diagnostic Categories

- Depression
- Adjustment D/O
- Post-Traumatic Stress D/O
- Anxiety
- All other Diagnoses



Prevalence of Co-Occurring Disorders

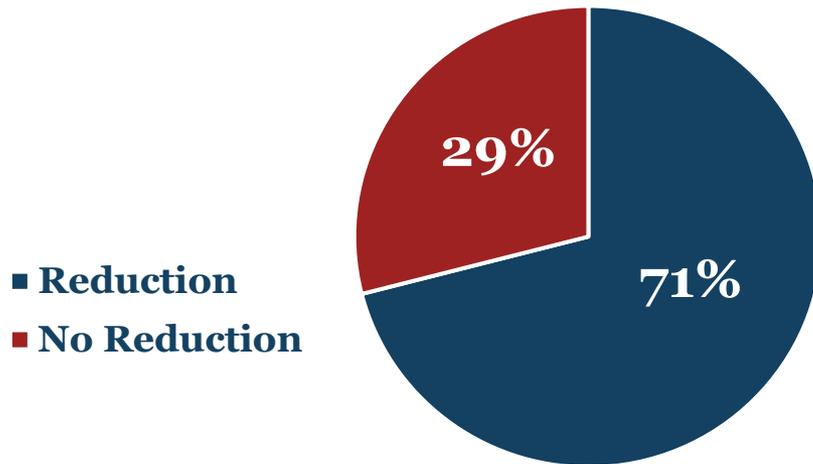
- Mental Health and Substance Use Disorder
- Mental Health Disorder Only



Outcomes

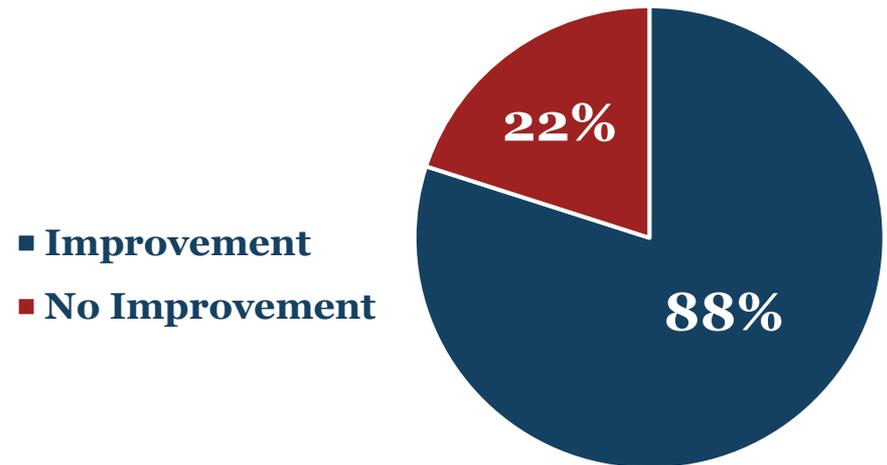
Symptom and Risk Reduction

Percentage of Service Members with a Reduction in Suicide Risk*



**as evidenced by the Columbia-Suicide Severity Ratings Scale (C-SSRS) assessments*

Percentage of Service Members with Improvement in at Least One Presenting Symptom*



**as evidenced by the Patient Health Questionnaire-9, Generalized Anxiety Disorder-7, or the PCL-5 PTSD Checklist assessments*

WELL MIND, WELL BEING.

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