

HEALTH *Smart*[®]

Tennessee Lifetime Wellness

***HealthSmart* is a skills-based health education program that empowers students to think, choose, and act in healthy ways.**

Access to high-quality health education curriculum is more critical than ever in helping students to adopt and maintain healthy behaviors needed for school success.



***HealthSmart* is the only health education curriculum available for schools today that is...**

- + Evidence and Skills-based
- + Flexible and Customizable
- + Available in Both English and Spanish
- + ADA-Compliant
- + Available in Print and Digital Formats



View *HealthSmart*'s Alignment with Tennessee Lifetime Wellness Standards

Tennessee Public Review

Log in here for a Sample

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