

TennCare Support for Pregnant and Postpartum Women

How to Enroll an Uninsured Patient in TennCare

To enroll in TennCare, a member needs to:

- Complete an application online, over the phone, or by mail.
- Learn more at TennCareConnect.tn.gov

To learn more, scan the QR code or search for “how do I apply for TennCare” on TN.gov/TennCare.



How to Help a Patient Find a Dentist

All TennCare members have dental coverage through Renaissance.

- Call Renaissance at 866-864-2526 to find a dentist.
- Visit tenncare.renaissancebenefits.com and use the “Find a Dentist” tool.
- For a list of covered services, visit the TennCare Dental Services website.

To learn more, scan the QR code or search for “dental services” on TN.gov/TennCare.



How to Order a Blood Pressure Cuff for Patients

Any in-network medical provider can order a blood pressure cuff for a pregnant or postpartum TennCare or CoverKids member.

- Order a device from the durable medical equipment (DME) company from the patient’s health plan—health plans may have more than one DME company.
- Include a **maternity related diagnosis** when submitting an order.

To learn more, scan the QR code or search for “Blood Pressure Cuffs Ordering Process” on TN.gov/TennCare.



How to Help a Patient Get Transportation to an Appointment

TennCare provides transportation to medical appointments or other TennCare covered services, such as pharmacy or dental visits.

- Transportation must be scheduled 2 business days in advance.
- Patients can schedule with their health plan’s transportation provider online or by phone.

To learn more, scan the QR code or search for “NEMT” on TN.gov/TennCare.



What is Care Coordination?

Generally, care coordination may include the following:

- Assisting patients with high-risk pregnancies, including but not limited to gestational diabetes, gestational hypertension/preeclampsia, substance use, multiples, and more.
- Facilitating education related to pregnancy and postpartum general health, as well as newborn and infant care.
- Identifying care gaps and navigating community resources to address patient needs.
- Developing a care plan that includes transition planning and identifying primary care providers and/or specialists following pregnancy.

Case management programs may differ between health plans. Patients can contact their health plan and ask for care coordination. The health plan will guide patients from there.

Assisting Patients with Finding Their Primary Care Provider

Every TennCare member has an assigned primary care provider (PCP). Some TennCare members’ ID cards list the name of their PCP. Members can also call their health plan to find information about their PCP. If a member ID card does not have the assigned PCP’s name, the patient can call their health plan for this information or to learn more about other PCPs.

Health Plan Contact Numbers for Members

BlueCare: 800-468-9698
TennCareSelect: 800-263-5479
United Healthcare Community Plan: 800-690-1606
Wellpoint: 833-731-2153



TennCare, Authorization # N79Z18-1, electronic only, March 20, 2026. This public document was promulgated at a cost of \$0 per copy.