



TennCare Long-Term Services & Supports

Long-Term Services & Supports (LTSS) are medical and/or personal care and supportive services needed by individuals who have lost some capacity to perform activities of daily living, such as bathing, dressing, eating, transfers, and toileting, and/or activities that are essential to daily living, such as housework, preparing meals, taking medications, shopping, and managing money.

Learn more at:

[TN.gov/TennCare/long-term-services-supports](https://www.tn.gov/TennCare/long-term-services-supports)

CHOICES

Tennessee’s CHOICES program includes nursing facility services and home and community based services (HCBS) for adults 21 years of age and older with a physical disability and seniors (age 65 and older).

+ HCBS

Home and Community Based Services or HCBS are services to help a person live in their own home or community. These services are focused on assisting with daily living activities and allow people to work and be actively involved in their local community.

+ Nursing Home Care

CHOICES also allows for Nursing Home Care Services if this is needed. A nursing home is a place that provides a room, meals, and help with activities of daily living. Most people in a nursing home have physical and/or mental health challenges that keep them from living on their own.



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2024 Initiatives

- + **IDD Program Integration:** Achieve a single, seamless, person-centered system of service delivery for people with I/DD that supports them to increase their independence and fully participate in their communities.
- + **Workforce Development:** Support efforts to address workforce challenges for direct support professionals (DSPs) in Tennessee.
- + **Value Based Purchasing:** Promote the delivery of high quality care, by focusing on performance measures that members and families deem important.

Employment and Community First CHOICES (ECF CHOICES)

Employment and Community First CHOICES is for people of all ages who have an intellectual or developmental disability (I/DD). This includes people who have significant disabilities.

Services help people with I/DD gain as much independence as possible. People are supported to live with their family or in the community, not in an institution.

Residential services are available for adults with I/DD who do not live with family but need supports where they live.

Employment and Community First CHOICES can help the person with I/DD explore the possibility of working. Services can also help people learn skills for work, find a job, and keep a job.

1915(c) HCBS Waivers

Tennessee’s programs and services for people with intellectual disabilities include three Section 1915(c) HCBS waiver programs and Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IIDs).

Closed to new enrollment as of July 1, 2016. Employment and Community First CHOICES can help individuals currently seeking these services.

Katie Beckett Waiver

Tennessee's Katie Beckett program is for children under the age of 18 with disabilities or complex medical needs who are not Medicaid eligible because of their parent's income or assets.

This program has two parts, A and B, and will provide services and/or help paying for medical care that private insurance does not cover.

Part A: Operated by TennCare

Serves children with the most significant disabilities or complex medical needs.

Full Medicaid benefits, which could include services like: home health, private duty nursing, durable medical equipment and supplies, and occupational, physical and speech therapies.

Up to \$15,000 a year in-home and community based services, like respite, supportive home care, and home and vehicle modifications.

Part B: Operated by DIDD

Serves children with disabilities or complex medical needs.

Receive up to \$10,000 a year in services.

Families will have the flexibility to choose any services within their budget: premium assistance, a health-care savings type account, consumer-directed respite, and supportive home care services, or an array of services from a community-based provider.



Money Follows the Person (MFP)

In July 2022, TennCare's Money Follows the Person (MFP) Demonstration launched with a focus on transitioning individuals in ICFs/IID into the community and will include a system transformation grant opportunity to support providers in re-imagining how they serve individuals with I/DD.

Tennessee's MFP program aligns with the goals of the CHOICES and Employment and Community First CHOICES program and the State's 1915(c) Home and Community-Based Services (HCBS) waivers for individuals with an intellectual disability to help transition eligible individuals from institutions into qualified residences in the community, and help rebalance the State's LTSS expenditures.

