


Appendix A: CHOICES Benefit Table

✓ = Services are included

Service	How can it help you?	Group 1	Group 2	Group 3	Limits
Nursing Facility Care	A private institution providing residential accommodations with healthcare services	✓	Short-term only (up to 90 days)	Short-term only (up to 90 days)	
Adult Day Care	Community-based group programs of care lasting more than three (3) hours per day but less than twenty-four (24) hours per day provided pursuant to an individualized plan of care by a licensed provider not related to the participating adult.		✓	✓	2080 hours per calendar year
Adult Dental Services	Basic dental care for adults age 21 and older including dental exams, cleanings, and fillings. (Children under age 21 already have dental care through TennCare.)	✓	✓	✓	<ul style="list-style-type: none"> • Up to \$5,000 per calendar year (January 1 – December 31 each year) • No more than \$7,500 for three calendar years in a row
Assisted Care Living Facility	A place you live that helps with personal care needs, homemaker services, and taking your medicine. You must pay for your room and board		✓	✓	1 Unit per Day/ 12 months per year
Assistive Technology	Certain low-cost items that help you do things more easily or safely in your home like grabbers to reach things.		✓	✓	\$900 per calendar year

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Community Living Supports	A shared home or apartment where you and no more than 3 other people live. The level of support provided depends on your needs and can include hands-on assistance, supervision, transportation, and other supports needed to remain in the community.		✓	✓	
Community Living Supports – Family Model	Individualized services based on the needs of each resident, may include hands-on assistance, supervision, transportation, and other supports needed.		✓	✓	
Community Transportation	Helps you get to work or to other places in the community when public transportation isn't available, and you don't have any other way to get there.		✓	✓	Up to \$225 per month if you get this service through consumer direction. Cost should be determined prior to authorization and the lesser of the two expenses must be used.
Companion Care	Someone you hire who lives with you in your home to help with personal care or homemaker services whenever you need it. This is available only for people in consumer direction who need care throughout the day and night that can't be provided by unpaid caregivers. And only when it costs no more than other kinds of home care that would meet your needs.		✓	✓	Only available in Consumer Direction 7 days per week / 24 hours per day OR 5 days per week / 24 hours per day
Critical Adult Care Home	A home where you and no more than 4 other people live with a health care professional that takes care of special health and long-term care needs. Under state law, this is available only for people who are ventilator dependent or who have traumatic brain injury. You must pay for your room and board.		✓	✓	

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Enabling Technology	Sensors, smart devices, environmental controls, remote supports, and other technologies that can help you live, work, and move around the community as safely and independently as possible.		✓	✓	Up to \$5,000 per calendar year (only through March 31, 2025)
Home-Delivered Meals	Nutritious meals that can be delivered fresh each day or frozen in bulk.		✓	✓	1 meal per day
In-Home Respite Care	Someone to stay with you in your home for a short time so your caregiver can get some rest.		✓	✓	216 hours per calendar year
In-Patient Respite Care	A short stay in a nursing home or assisted care living facility so your caregiver can get some rest.		✓	✓	9 days per calendar year
Minor Home Modifications	Provision and installation of certain home mobility aids (e.g., ramps, rails, non-skid surfacing, grab bars, and other devices and minor home modifications which facilitate mobility) and modifications to the home environment to enhance safety.		✓	✓	\$6,000 per project; \$10,000 per calendar year; and \$20,000 per lifetime

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Personal Care Visits	Help or hands-on assistance, safety monitoring and supervision for an enrollee who, due to age and/or physical disability, needs assistance with activities of daily living (ADLs) such as bathing, dressing and personal hygiene, eating, toileting, transfers, and ambulation.		✓	✓	2,580 hours per calendar year
Personal Emergency Response System	A call button you can use to get help in an emergency.		✓	✓	1 unit (installation) / 12 months per year (monthly fee)
Pest Control	Spraying your home to take care of an infestation such as for bugs or mice.		✓	✓	9 units per calendar year

Employment Services

Service	How can it help you?	Group 1	Group 2	Group 3	Limits
Employment Supports					
Benefits Counseling	Someone to help you understand how the money you earn from working will impact other benefits you get, including Social Security and TennCare		✓	✓	<ul style="list-style-type: none"> • Only if you can't get the service through another program • Initial counseling up to 20 hours no more than once every 2 years • Up to 6 more hours no more than 3 times a year to consider a new job, promotion, or self-employment • Up to 8 extra hours 4 times a year to help you stay employed or self-employed

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Employment Supports (continued)					
Career Advancement	Services to help you get a better job, earning more money		✓	✓	No more than once every 3 years to get a promotion or second job.
Co-Worker Supports	Paying a co-worker to help you on your job instead of a job coach		✓	✓	Max 40 hours per week; 50 hours per week if employed at least 30 hours in individual integrated employment.
Discovery	Someone to help you identify the kinds of work you want to do, the skills and strengths you will bring to your work, and what you need to be successful. This information can be used to help you write a plan to get a job or start your own business.		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.
Exploration - Individualized Integrated Employment	Helps you decide if you want to work and the kinds of jobs you might like and be really good at by visiting job sites that match your skills and interests. Also helps you (and your family) understand the benefits of working and helps answer your questions about work.		✓	✓	No more than once a year (at least 365 days between services) and only if you're not employed or getting other employment supports and haven't decided if you want to work
Exploration – Individualized Integrated Self-Employment	Helps you decide if you want to start your own business and the kind of business that would be right for you. Also helps you (and your family) understand the benefits of working and helps answer questions about work.		✓	✓	No more than once a year (at least 365 days between services).

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Employment Supports (continued)					
Job Development or Self-Employment Plan	Someone to help you write a plan to get a job (or start your own business)		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.
Job Development or Self-Employment Start-Up	Someone to help you carry out your plan to get a job (or start your own business)		✓	✓	No more than once a year (at least 365 days between services) and only if you're not employed or getting other employment supports and have a goal to get a job within 9 months.
Job Coaching	A job coach to support you when you start your job until you can do the job by yourself or with help from coworkers.		✓	✓	Max 40 hours per week.; 50 hours per week if employed at least 30 hours in individual integrated employment.
Job Coaching for Self-Employment	A job coach to support you when you start your business until you run the business by yourself		✓	✓	Max 40 hours per week.; 50 hours per week if employed at least 30 hours in individual integrated employment.
Situational Observation and Assessment	A chance to try out certain jobs to see what they're like and what you need to do to get ready for those jobs		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.

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Pre-Vocational Training					
Integrated Employment Path Services	Time-limited trainings to get you ready for work in the community		✓	✓	<ul style="list-style-type: none"> • Up to 12 months; may get up to 12 more months if actively working to get a job • Up to 30 hours per week

Last updated July 2024