CHOICES services

These services help you become more independent and can help you find employment.

Examples of some CHOICES services include:

- Personal Care Visits
- Enabling Technology
- Home Delivered Meals
- Personal Emergency Response System
- Community Living Supports
- In-home Respite Care
- Employment Services are available to people in Groups 2 & 3.

To see a full list of services, visit TN.gov/TennCare and search for CHOICES, or scan the QR code.

About TennCare

TennCare is the state of Tennessee's Medicaid program. It provides healthcare to low-income pregnant women, parents or caretakers of a minor child, children, and individuals who are elderly or have a disability. To get TennCare, you must meet the income and resource limits.

Learn more at TN.gov/TennCare.

Apply for TennCare

TennCareConnect.TN.gov is a self-service portal that allows you to create an account, apply for benefits, check your status, report changes, read letters, and more!

Scan the **QR code** to apply for TennCare

Spanish: Español
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-259-0701 (TTY: 1-800-848-0298)

Kurdish: کوردی
ئاگاداری پەیوەندی بە. بۆ تۆ بەردەستە ئەگەر بە زمانی کوردی قسە دەکەیت، خزمەتگوزارییەکانی یارمەتی زمان، بەخۆڕایی،

Do you need help with your health care, talking with us, or reading what we send you? Call us for free at: 1-855-259-0701 (TTY: 1-800-848-0298)

We do not treat people in a different way because of their race, color, birth place, language, age, disability, religion, or sex.

To see if you qualify, contact your TennCare health plan or call this toll-free number today. 1-866-836-6678

To report different treatment, call our Office of Civil Rights for free at 1-855-857-1673 (TRS 711).

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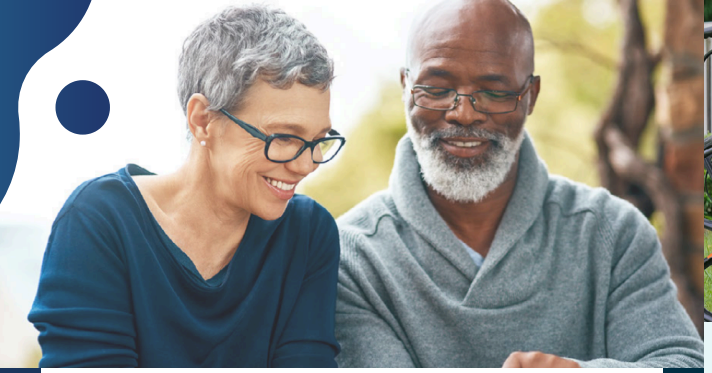
TennCare CHOICES

Long-Term Services & Supports

Learn more at **TN.gov/TennCare**

TN Division of TennCare



What is CHOICES?

The Right Care in the Right Place at the Right Time!

Tennessee's CHOICES program provides services and supports for people in a home or community setting or in a nursing home that are:

- Older adults (age 65 and older)
- Adults with physical disabilities (age 21 and older).

CHOICES focuses on Home and Community Based Services (HCBS). The program helps you with daily activities, allowing you to live independently and be active in your local community. Or, CHOICES can give care in a nursing home if needed.

TN Division of TennCare

Do I qualify for CHOICES?

To qualify for CHOICES, a person must meet medical and financial requirements.

Medical Requirements:

You'll need to show that you need help with daily living activities like moving around, eating, toileting, or communicating.

Financial Requirements:

1. You receive Supplemental Security Income (SSI) payments; **OR**
2. You qualify for Medicaid Long-Term Services and Supports. Current requirements can be found on the TennCare CHOICES website.

How do I apply for CHOICES?

- **If you want to apply for CHOICES,** contact your local AAAD at 866-836-6678.
- **If you have TennCare,** you can contact your health plan to learn more.

You can also call TennCare's Long-Term Services & Supports at 877-224-0219

CHOICES Groups:

In CHOICES, members are grouped into three categories (1, 2, and 3) based on their specific needs. To join CHOICES and to get home care, your TennCare health plan (MCO) must be able to safely meet your needs.

CHOICES Group 1 is for people of all ages who get nursing home care.

CHOICES Group 2 is for adults (age 21 and older) with a physical disability and seniors (age 65 and older) who need to get nursing home care but choose to get home care instead.

CHOICES Group 3 is for adults (age 21 and older) with a disability and seniors (age 65 and older) who do not need nursing home care now but still need care to keep from needing nursing home care soon.

Some of services can be provided through Consumer Direction.

Consumer Direction offers more control over who gives you your home care and how your care is given. You hire the people who give some of your home care. They work for you.

Learn more by going to TN.gov/TennCare and search for CHOICES or call 877-224-0219.