



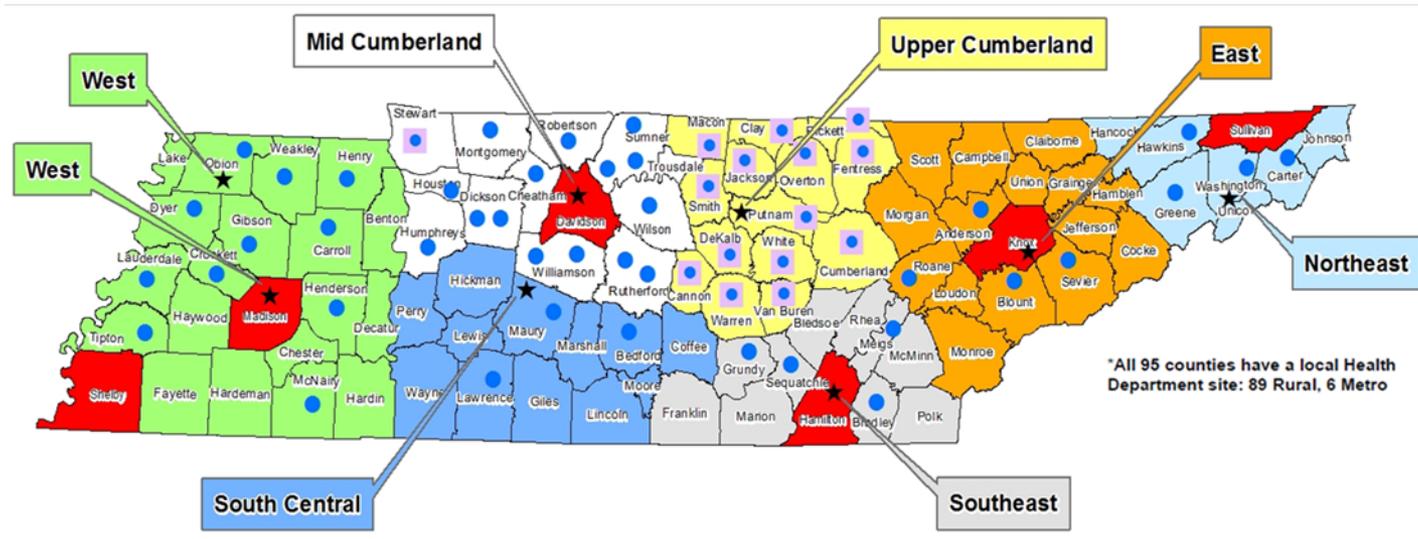
# HEALTHY DEVELOPMENT

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# The Population is our Patient

**TDH Local Health Department Sites\*, Rural Regional Offices,  
Primary Care Sites and Federally Qualified Health Centers (FQHC's)  
With Metro Health Departments**



\*All 95 counties have a local Health Department site: 89 Rural, 6 Metro

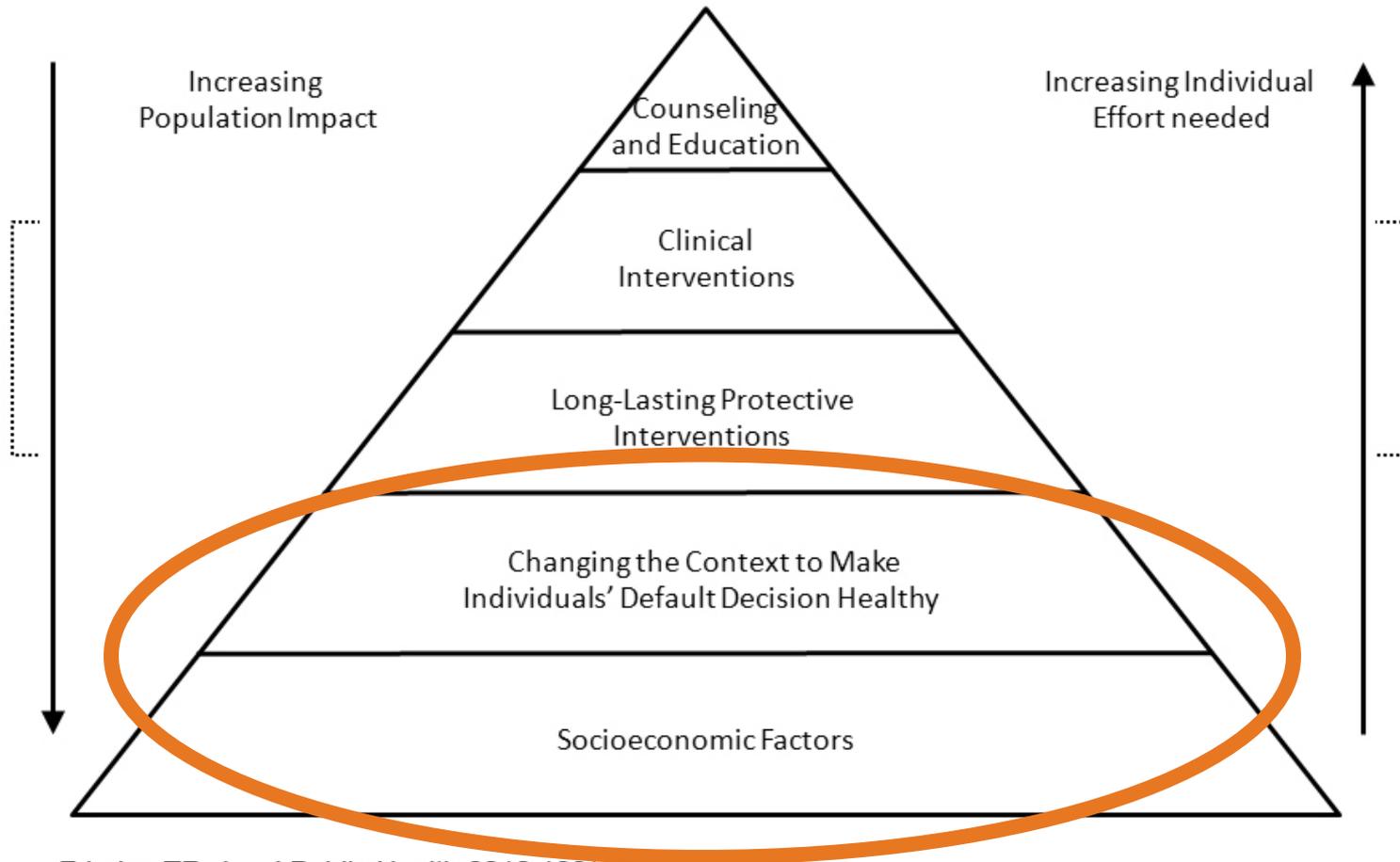
- West
- Mid-Cumberland
- South Central
- Southeast
- Upper Cumberland
- East
- Northeast

- Metros
- Davidson
- Hamilton
- Knox
- Madison
- Shelby
- Sullivan

- Local Health Department Primary Care Sites (41)
- FQHC's Operated By TDH (15)
- Rural Regional Offices (7)

Tennessee Department of Health  
Office of Policy Planning and Assessment  
Surveillance, Epidemiology and Evaluation

# Health Impact Pyramid



Frieden TR. Am J Public Health 2010;100(4):590-5

# State Health Plan | Guiding Questions



Are we creating or improving opportunities for optimal health?



Are we moving upstream?



Are we learning from or teaching others?

Guide policies and programs instituted by TDH and partners

# TN Livability Collaborative



# TN Livability Collaborative | Members



# Primary Prevention Initiatives

**3,000+** Employees

**2,800+** Initiatives

## Examples Related to Physical Activity

Walking School Buses

Run Clubs

Built Environment Projects

# Promoting Healthy Built Environments

Weekly Newsletter and Bi-monthly Webinars

60+ Case Studies

ROI Tool

Built Environment and Health Training for  
Planning Commissioners

Healthy Places Website

# Healthy Places Website | Education

[tn.gov/healthyplaces](https://tn.gov/healthyplaces)

Active Transportation

Land Use

Healthy Buildings

Health Equity

Recreation

Environmental Quality

Tools & Resources

Success Stories

Partners



# Healthy Places Website | Resources



## Livable Community Checklist

### About the Checklist

This checklist is intended to serve as a resource for communities in Tennessee in order to assess characteristics of the built environment related to health and livability. Some of the items in this checklist may not be applicable to all communities. Some items are more relevant for looking at entire communities, while others are more useful for smaller spaces or projects. The checklist items can be selected or modified to suit each individual community's needs. Assessing these types of characteristics is an important first step in determining how communities can promote livability and health through changes to their built environment, and for tracking progress in livability over time.

### Place Being Assessed

- City or County
- Neighborhood
- Downtown District
- Small Area, Public Space, or Development
- Transportation Facility
- Other: \_\_\_\_\_

### Place Characteristics

Number of residents (or users if assessing a public space) \_\_\_\_\_

Types of uses present

- Residential
- Retail/Commercial
- Office
- Other: \_\_\_\_\_
- Industrial
- Civic (School, University, Government, etc.)
- Recreational

Tennessee Department of Health | Livable Community Checklists

1

How many residents lives within 1/2 mile of a park? \_\_\_\_\_%

Potential data source: Planning or Parks Department

How many playgrounds do you have? (per 1,000 population) \_\_\_\_\_

Potential data source: Planning or Parks Department

How many sidewalks, walking/biking trails do you have? \_\_\_\_\_

Potential data source: Planning or Parks Department

How many sidewalks and/or trails connect to destinations? Destinations include retail, and business centers. Yes \_\_\_\_\_ No \_\_\_\_\_

How many sidewalks or sidewalk length has street trees present? \_\_\_\_\_

Potential data source: Planning or Public Works Department

How many parks or playspaces for children do you have? \_\_\_\_\_

Potential data source: Parks Department

How many playspaces are present, rate based on condition, safety, and types of activities that can occur (playground equipment, water fountains, family gatherings, etc.)

\_\_\_\_\_ 3=acceptable \_\_\_\_\_ 4=good \_\_\_\_\_ 5=excellent \_\_\_\_\_

How many grocery stores do you have? \_\_\_\_\_

Potential data source: USDA Food Access Research Atlas

How many grocery stores do you have? \_\_\_\_\_

\_\_\_\_\_ (population for large area, number present for smaller area)

Potential data source: USDA Food Environment Atlas

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2

How many healthy/fresh food retail stores do you have? \_\_\_\_\_

\_\_\_\_\_ (population for large area, number present for smaller area)

Potential data source: USDA Food Environment Atlas

How many community gardens do you have? \_\_\_\_\_

\_\_\_\_\_ (population for large area, number present for smaller area)

Potential data source: USDA Food Environment Atlas or local community garden network/organization

How many farmers markets do you have? \_\_\_\_\_

\_\_\_\_\_ (population for large area, number present for smaller area)

Potential data source: USDA Food Environment Atlas or local farmers market network/organization

How many SNAP retailers are present, rate based on cost of food, hours/months of the month it accepts SNAP benefits, and walking distance (1/4 mile) to homes and workers.

\_\_\_\_\_ 3=acceptable \_\_\_\_\_ 4=good \_\_\_\_\_ 5=excellent \_\_\_\_\_

Are there designated bikeways? Bikeways are designated spaces in the roadway for bike use including separated bike lanes, protected bike lanes, or bike symbols painted on the roadway. Yes \_\_\_\_\_ No \_\_\_\_\_ If so, \_\_\_\_\_

What is the ratio of bikeway miles to roadway miles? \_\_\_\_\_ : \_\_\_\_\_

Potential data source: Planning or Public Works Department

Are bikeways safe? Rate on what percentage are shared (less safe) vs. separated (protected barrier) or separated (painted barrier).

\_\_\_\_\_ 3=acceptable \_\_\_\_\_ 4=good \_\_\_\_\_ 5=excellent \_\_\_\_\_

Are there any other safety features? Yes \_\_\_\_\_ No \_\_\_\_\_

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3

# Built Environment | Funding

## Rural Access to Health grants

Convening, programming, planning and projects related to increased physical activity from active built environments

Timeframe: January - June 30, 2017

\$10,000 each to 89 rural counties

### Examples

Run Clubs

Greenways Plans

Match for a TDOT or TDEC grant

**Access to Healthy Active Built Environments in Fall 2017**  
**Healthy Development Coordinators in Spring 2017**



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