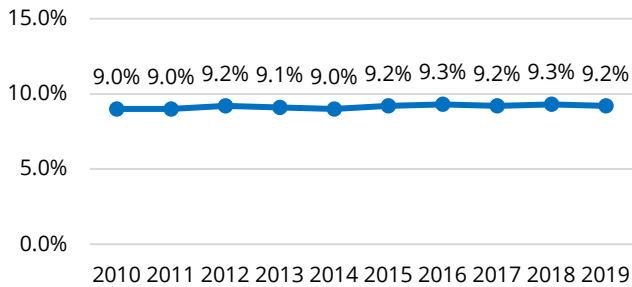


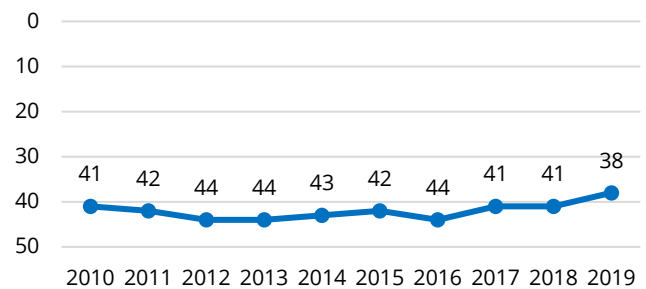
## Health

The four indicators that make up the Health domain are the percentage of babies born at low birth weight, the percentage children who lack health insurance, the child and teen death rate, and the percentage of youth age 10 to 17 who are overweight or obese.

Percent low-birthweight babies

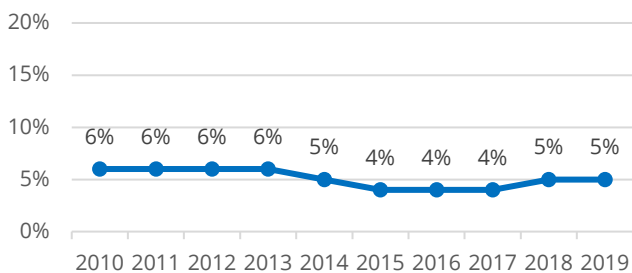


Rank low-birthweight babies

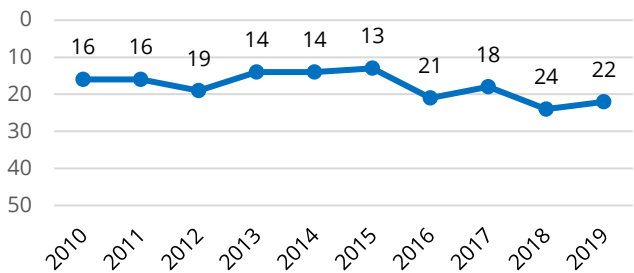


- The percent of babies who are born at a low birthweight in Tennessee has actually increased over the last decade, though the state's rank has remained relatively flat.
- There is some disproportionality by race in this measure, with white and Hispanic babies least likely to be born at a low birthweight at just over 7 percent. Asian babies are closer to 10 percent born at a low birthweight, and African American babies have the highest likelihood at almost 15 percent. Improvement in disparity could bring great improvement overall.
- Babies born with a low birth-weight have a high probability of experiencing developmental problems and short- and long-term disabilities and are at greater risk of dying within the first year of life. Smoking, poor nutrition, poverty, stress, infections, violence and inadequate prenatal care can increase the risk of a baby being born with a low birthweight.

Percent of children without health insurance



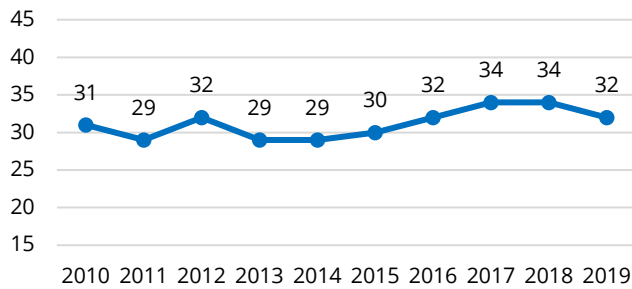
Rank children without health insurance



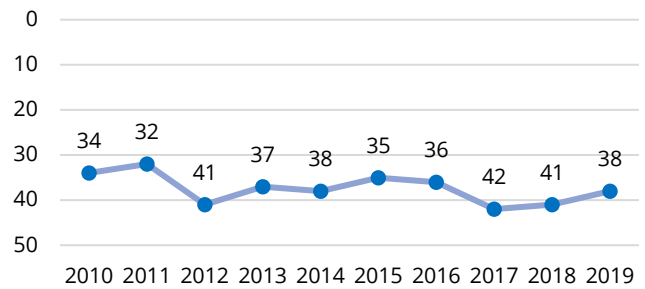
- Tennessee was an early leader on children with health insurance, as the state maintained its TennCare expansion for children when it otherwise pulled it back. Other states expanding Medicaid for children and their parents have chipped away at that advantage. In the past few years Tennessee has gone backward on this measure for the first time in a decade.
- This is one of the few measures where black, white and Asian children have parity. This tends to happen in areas with heavy federal investment aimed at at-risk children. The state's Hispanic children lag far behind, however, with fully 17 percent lacking health insurance.
- Children without health insurance coverage are less likely than insured children to have a regular health care provider and to receive care when they need it. They are also more likely

to receive treatment after their condition has worsened, putting them at greater risk of hospitalization. Having health insurance can protect families from financial devastation when a child experiences a serious or chronic illness.

Child and teen death rate

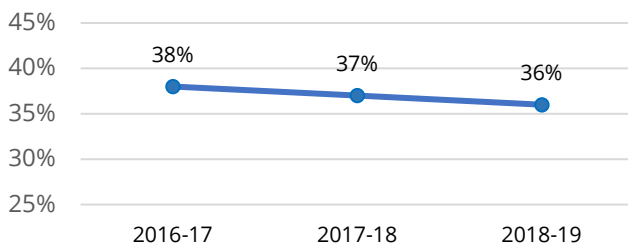


Rank of child and teen death rate

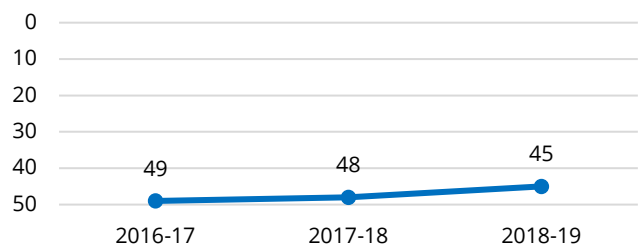


- After an alarming increase in the child and teen death rate through 2018, Tennessee seems to have turned the corner back to reductions in this measure, but with a rank of 38, the state has room for improvement. This measure does not include infant (under 1 year) deaths.
- In Tennessee, the rate of child and teen deaths among black children is almost twice as high as those among white and Hispanic children.
- The child and teen death rate reflects a broad array of factors: physical and mental health; access to health care; community factors; use of safety practices and the level of adult supervision. Accidents, primarily those involving motor vehicles, are the leading cause of death for children and youth.

Percent of children and teens who are overweight or obese



Rank children and teens who are overweight or obese



- This measure was only added to the KIDS COUNT index of child well-being a few years ago. It is not one that Tennessee children rate well on, though the few years of available data show improvement.
- This measure is not available by race, but a related measure—children who are not in good or excellent health—shows 8 percent of white children have significant health issues while fully 25% of black children do..
- Childhood obesity is associated with a higher chance of premature death and disability in adulthood. Overweight and obese children are more likely to stay obese into adulthood and to develop noncommunicable diseases like diabetes and cardiovascular diseases at a younger age.