



TENNESSEE  
COMMISSION ON  
**CHILDREN &  
YOUTH**

# THE ADVOCATE

## Beat the Heat this July!



Welcome to our July newsletter, where you can find topics related to summertime safety and how best to beat the heat this July. Learn how to make a difference in a child's life this month and apply to participate in the next Advocates for Tennessee's Children Leadership Academy! We will also look at a report that highlights the costly burden of child abuse in Tennessee. Lastly, you can learn about the history of why TCCY was established and get to know a few of the TCCY commission members!

## Legislative Updates

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# Children and Youth Articles



High temperatures and extreme heat can cause children to become sick very quickly in several ways. It can cause dehydration, heat exhaustion, heat cramps and heat stroke, which is a medical emergency. High heat can also contribute to irritability both for children and their caregivers.

To protect your child from the heat as much as possible, watch for symptoms, and call your pediatrician if you see any develop.

[Read More](#)



Summer camps are the go-to activity for children to experience new things. In fact, about 11 million children go to a day camp or resident camp during the summer. It also helps that summer camp boosts the mind with mental benefits for your children.

Sending your child to a summer camp is a great way for them to be active, be social and learn new skills. From day camps focused on theater and the arts to overnight sports and adventure camps, kids have no shortage of opportunities to explore.

While you're prepping for camp and checking off packing list items, don't forget summer camp safety information!

[Read More](#)



A recent report estimates the economic impact of child abuse, and finds it's costing Tennessee billions of dollars each year.

The effects of childhood abuse can last a lifetime. Victims are more likely to get arrested, spend more on healthcare and earn less money when they join the work force. Researchers found that child abuse and neglect cost the state between \$3.3 billion and \$5 billion a year.

The U.S. Department of Health and Human



National Make A Difference to Children Month is observed in July. The month raises awareness about the vulnerability any child in the world can face if they do not have the right person in their lives to guide them. Oftentimes guiding figures can be parents, older siblings, teachers, or other types of guardians.

However, it also happens that many times children do not have such mentors, and this can put them in harm's way. A study shows that children are more likely to pursue higher studies if they have mentors and

Services estimates that actual cases of child abuse are about three times higher than the number of substantiated cases nationwide.

ideals in their lives. Children are the future of the world, and this is why it is important to make a positive difference in their lives.

[Read More](#)

[Learn More](#)

## Mental Health Resources

[TN Partners for Health](#)

[TDMHSAS Mental Health Services](#)

[988 Hotline](#)



To educate the public on the importance of the Tennessee Commission on Children and Youth and why the agency exists, this Roots and Wings podcast episode looks back in history to 35 years ago. At the time, Bill Purcell was a new member of the Tennessee House of Representatives and went on to become the House Majority Leader and Chair of the Select Committee on Children and Youth.

Purcell sits down with podcast host, Jonquil Newland, to look back on the tone of the legislator at the time and how elected officials worked across party lines for the betterment of children and youth in Tennessee.

[Listen Now](#)

## Get to Know a Few of the TCCY Commission Members!

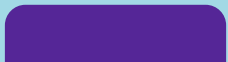


## Now Enrolling for 2023-2024!



The Advocates for Tennessee's Children Leadership Academy is a highly competitive, intensive, and dynamic experience designed for emerging and established leaders in child-serving organizations across Tennessee.

What sets this experience apart from traditional leadership development programs is a focus on developing the leader within each of us and creating a positive ripple effect throughout organizations and communities across Tennessee all with the focus on improving outcomes for Tennessee's children and youth.



Apply Today

## Calendar of Events

Tuesday, July 4 - Independence Day/State Holiday: All State Offices Closed

The Tennessee Commission on Children and Youth | [Website](#)



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