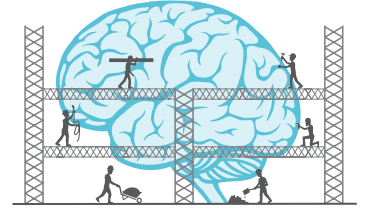


What's a fun way to help children build strong brains?

The Serve and Return Origami Game

Scientists say the way to help children build strong brain architecture is through "serve and return" interactions. A child reaches out for interaction ("serves"), and the caregiver responds ("returns"). Here's a serve-and-return game to play with toddlers and up. Find a small friend and have some fun!

BUILDING STRONG BRAINS
TENNESSEE



✂ Cut along edge of game and fold using instructions on back.

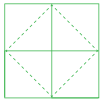
The game board is a large circle divided into eight equal triangular sections, each containing a number, an illustration, and a text prompt. The sections are arranged as follows:

- Section 1 (Top-Right):** Number 1, illustration of a hand with a thumb up, text: "Have a thumb wrestling match."
- Section 2 (Top):** Number 2, illustration of a red door with a yellow doorknob, text: "Tell a knock-knock joke."
- Section 3 (Top-Left):** Number 3, illustration of a smiling pink face, text: "Try not to smile for 30 seconds. NO SMILING!"
- Section 4 (Right):** Number 4, illustration of a green musical note, text: "Make up a song about your friend and sing it to them."
- Section 5 (Bottom-Right):** Number 5, illustration of two hands shaking, text: "Make up a secret handshake."
- Section 6 (Bottom):** Number 6, illustration of a large green eye, text: "Have a staring contest."
- Section 7 (Bottom-Left):** Number 7, illustration of a yellow and white clownfish, text: "Act like an animal. Ask your partner to guess what."
- Section 8 (Left):** Number 8, illustration of a Tic-Tac-Toe board, text: "Play a game of Tic-Tac-Toe."

Decorative text around the board includes: "Let's" (top-left), "Brains" (top-right), "Build" (bottom-left), and "Strong" (bottom-right).



How to fold



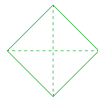
Cut the game out and place face down.



Fold all corners to the centre.



You now have a square.



Turn the square over.



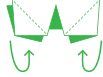
Fold corners to the centre to make a small square.



Like this.



Crease the paper lengthwise and then widthwise.



Insert your fingers.



Ta-da!

How to play

1. Get a partner.
2. Ask your partner to pick a word (Let's, Build, Strong or Brains).
3. Spell the word. As you say each letter, open and close the game frontwards and sideways to show the numbers inside. (Ex. "Let's" goes frontwards, sideways, frontwards, sideways.)
4. Ask your partner to pick one of the four numbers.
5. Count up to the number out loud while opening and closing the game.
6. Ask your partner to pick a number.
7. Open that number. Read the instructions to your partner.
8. When your partner is finished, switch roles!

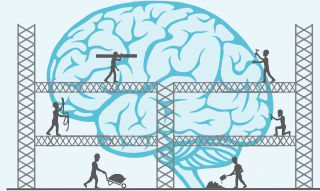


Learn more about Serve and Return at

tn.gov/tccy/topic/tccy-aces

AlbertaFamilyWellness.org

BUILDING STRONG BRAINS
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