



**STATE OF TENNESSEE
COUNCIL ON CHILDREN'S MENTAL HEALTH**

Andrew Jackson Building, 9th Floor
502 Deaderick Street
Nashville, TN 37243-0800
(615) 741-2633 (FAX) 741-5956
1-800-264-0904

Council on Children's Mental Health
February 25, 2016
10:00 a.m. – 2:00 p.m.
South Police Precinct Community Room
5101 Harding Place, Nashville, TN 37211

MEETING SUMMARY

ATTENDEES

Elizabeth Ball
Louise Barnes
Carole Beltz
Cory Bradfield
Annie Brewster
Nicole Bugg
Amy Campbell
Rebecca Carmack
Mollie Carter
Dana Casey
Monica Causey
Chad Coleman
Katari Coleman
Michelle Convington
Sarah Cooper
Casunda Cross
Michael Cull
Jan Dick
Brenda Donaldson
Anjanette Eash
Jennifer Ehrentraut
Kendall Elsass
Deborah Gatlin
Reginald Gilmore
Kathy Gracey
Dwan Grey
Audrey Griggs

Stephanie Guthrie
Samantha Brin Hammonds
Vickie Harden
Rikki Harris
Adrienne Holbrook
Paula Holloway
Elizabeth Holmes
Naomi Hood
Adam Horn
Kimberly Jeffries
Joan Jenkins
Knetta Jones
Sumita Keller
Ann Kelley
Richard Kennedy
Kristy Leach
Mike Leach
Kisha Ledlow
Anna Claire Lowder
Loraine Lucinski
Lindsey Malone
Linda McCorkle
Chelsea McDaniel
Melissa McGee
Elizabeth McInerney
Wanda Myles
Michele Moser

Amy Olson
Linda O'Neal
Cheri Pace Mastin
Steve Petty
Dawn Puster
Clayton Ramsey
Scott Ridgway
Kathy Rogers
Mary Rolando
Devin Rutland
Sarah Sanders
Heather Smith
Natasha Smith
Sara Smith
Alyssa Sparks
Wendy Sullivan
Millie Sweeney
April Tanguay
Keri Virgo
Will Voss
Don Walker
Shauna Webb
Naomi Wells
Sejal West
Matt Yancey

Welcome, Introductions and Announcements (Linda O’Neal, Executive Director, Tennessee Commission on Children and Youth (TCCY) and Sejal West, Assistant Commissioner, TDMHSAS)

- West welcomed and thanked everyone for making attendance a priority and having patience for the last minute change of venue. She apologized for not having nametags, but explained TCCY central office has relocated to a temporary space due to a plumbing emergency and everything was packed in boxes.
- Introductions and announcements were made. Michele Moser announced Tennessee Infant Early Childhood Initiative meeting on Friday, February 26, 2016.
- O’Neal reminded attendees Children’s Advocacy Days (CAD) will be held March 8-9, 2016.
- Melissa McGee requested attendees sign the Conflict of Interest forms if they have not already done so, in accordance with P.C. 1062. She explained the cards will be used solely to provide contact information for CCMH.
- West asked attendees to initial the attendance sheet and explained the additional information requested was essential for reporting requirements related to the federal system of care grant.

Approval of August Meeting Summary

- O’Neal thanked Natasha Smith, TCCY for transcribing the October 2015 meeting summary.
- **IT WAS MOVED (WALKER) AND SECONDED (BALL) TO ACCEPT THE MEETING SUMMARY FOR OCTOBER 22, 2015. MOTION PASSED UNANIMOUSLY.**

2016 CCMH Report to the General Assembly – Sejal West

- West explained the 2016 report to the General Assembly is currently in draft form at TDMHSAS awaiting approval from Commissioner Doug Varney and Deputy Commissioner Marie Williams. West explained the report is not a mandated report, but the Council decided to go ahead in an effort to highlight some of the great work being done across the state. The report also addresses barriers and challenges.
- She gave a departmental update regarding the SAMHSA Block grant. TDMHSAS recently received notification of an increase to the Block grant.
- There is a new SOC Expansion Grant opportunity. It is a much larger grant, up to \$3 million a year for four years as opposed to the \$1 million with the current grant. The deadline is April 25th. If the grant is awarded, TDMHSAS will find out in September.
- West reported TDMHSAS also recently applied for a trauma-focused SAMHSA grant with a target audience of military families.
- She encouraged attendees to bring community grants to TDMHSAS in an effort to assist in resources and technical support.

Adverse Childhood Experiences (ACEs) – Linda O’Neal, Mary Rolando, Tennessee Department of Children’s Services and Loraine Lucinski, Tennessee Department of Health

- O’Neal gave an overview of FrameWorks and its training related to Adverse Childhood Experiences (ACEs). She highlighted certain phrases listed throughout the “Addressing Adverse Childhood Experiences: A Case for Attention and Action in Tennessee” handout to demonstrate the subtlety of FrameWorks in messaging.
- Rolando passed out three handouts and gave an overview of Tennessee’s plan for mobilizing to address ACEs and boost children’s cognitive, social and emotional development. Over a period of three years, FrameWorks will conduct three FrameLabs (30 participants for each lab) and three Symposiums (100 participants) where leaders will participate in intensive training and individual action plans to build capacity to communicate the Core Story of Early Childhood Development and ACEs to external audiences. Each FrameLab and Symposium will focus on specific groups.
- Lucinski spoke about the challenges in keeping track of how ACEs is communicated across the state. She gave a detailed overview of the “Prevention, Mitigation, and Treatment of Adverse Childhood Experiences Anticipated Multi-Sector, Multi-Level, Public and Private Impacts” handout (the four Ps document: Professional Practice, Programs and Services, Policies and Funding, and Philosophy and Approach). She mentioned ACE Nashville is having an ACEs Summit on April 22nd at Trevecca Nazarene University.

SOC Expansion Site Update – Amy Olson, Ridgeview Behavioral Health Services

- Olson gave a brief overview of the System of Care Expansion grant. It started November 1, 2013 and covers five East Tennessee counties: Anderson, Campbell, Roane, Morgan and Scott. The goal has been to serve 50 clients per grant year focusing on children with substance abusing and/or mentally ill parents.
- The grant allowed the program to expand services and hire a Family Support Specialist. As a result of participation in this grant, Ridgeview restructured the Children and Youth department to emphasize the philosophy and values of a system of care approach. Enrollment began in February 2014 resulting in 52 clients being served the first grant year, exceeding the initial goal of 50 clients per grant year.
- She highlighted some accomplishments of County SOC Teams. Anderson County developed a Neonatal Abstinence Syndrome (NAS) Task Force to educate the public on NAS, including development of an NAS website for educational purposes. Morgan County developed a workgroup to reduce poison related incidents of small children resulting in 600 lock boxes being donated and distributed in the community. Scott County started a community garden to promote healthy living.
- In 2014 and 2015, Ridgeview offered several families a weekend family bonding camp with three days of nightly bonfires, talent contest, adventure-based team building activities and family crafts. Families reported loving these camps and the chance to disconnect from the world and reconnect with their family.
- Ridgeview’s 2nd Annual Ride For Hope in celebration of 2nd national Mental Health Awareness month will take place May 13, 2016 from 11:30 a.m. – 2:00 p.m.
- Olson reported on partnership programs with local school systems and gave an overview of the grant.

- SOC families have reported improved services, increased supports wrapped around their family and greater access to care. Social service agencies are working together to meet needs of families and the community. Practices have become more family-driven, youth-guided and community-based (i.e., walk-in clinics, school-based services, integrated care, Zero Suicide Initiative).
- As for sustainability, Olson reported almost all parts of the grant are already sustainable with final work on securing contracts with the three managed care organizations to ensure services of a Certified Family Support Specialist are a billable service by the end of the grant.

SOC Expansion Evaluation – Don Walker, TDMHSAS and SOC-EXP Evaluator

- Walker gave an overview of the SOC implementation at the local level and listed the partners who actually implement the SOC Expansion Initiatives. He explained the evaluation consists of Focus Groups, SOC Rating Tools and Outcomes Analysis.
- The Focus Group included parents, partners and providers to discover if the programs were meeting the needs of a diverse community. The SOC Rating Tool explains how stakeholders rate the SOC implementation of the sites. All sites scored higher in 2015 and statewide scores went up 19 percent since implementation.
- Walker gave a detailed description of the SOC Expansion Initiative participants and shared outcomes. Outcomes were rated from the National Outcomes Measurement System (NOMS) and there were significant improvements since enrollment into the programs. Overall the SOC sites delivered outstanding services resulting in participants doing significantly well at school or work and learning how to cope when things go wrong. He attributes the change to trust over time and comfort level with the assessor.

Treatment and Recovery for Youth (TRY) Grant Update – Rebecca Carmack, Centerstone Research Institute (CRI)

- Carmack reviewed the enrollment requirements for the Treatment and Recovery for Youth (TRY) grant. TRY is a program designed to help youth ages 12-18 and transitional aged youth ages 18-24 overcome many problems associated with substance abuse. Funding is provided by a federal grant from SAMHSA and is overseen by TDMHSAS and has absolutely no cost to participants. Services include Assessments, Case Management, Individual Counseling, Family Counseling, and Recovery support services. TRY uses the evidence based treatment model ACRA (Adolescent Community Reinforcement Approach) for treatment. Sessions are broken down as follows: 14 total sessions (10 individual sessions, 2 caregiver alone sessions, and 2 family sessions). Case management then follows this up. The program is for youth living in Madison or Maury Counties.
- She reported on six-month outcomes of the project reflecting a 92 percent enrollment rate and a graduation rate of 63.7 percent. She highlighted discharges and reasons for those discharges and reported the Court system is the programs biggest referral source. TRY serves 73.6 percent males and 67.1 percent Caucasian.
- She reviewed data showing various indicators like education, employment, juvenile justice, etc.

Mental Health Transformation Alliance – Monica Causey and Naomi Wells, MHTA

- The Mental Health Transformation Alliance was awarded the Statewide Family Network grant by the Substance Abuse and Mental Health Services Administration (SAMHSA) and serves as an axis point for current and emerging leadership, training, resources and targeted technical assistance to respond as a country to our mental health crisis. It is a three year grant.
- MHTA collaborates with critical partners to maximize mental health transformation; provides technical assistance in organizational, system of care, and community program development and sustainability; develops and provides training in critical areas of mental health systems of care, resiliency, recovery, peer to peer support, workforce development, and organizational management; creates pathways of peer to peer support, sharing and learning; assists organizations, programs and communities in developing and fostering leadership; and serves as a repository of information, resources and training to enhance the capacity of organizations, systems of care, professionals and providers, agencies, programs, advocates, and mental health leaders to serve as change agents and system transformation leaders.
- Wells shared her story with her own children and revealed most parents are unaware of services in their area. She spoke about how parents from rural communities are stigmatized and bullied.
- Causey said there is a special focus on children’s hospitals and rural and hard to reach communities and populations to serves as a conduit between rural areas and the state.

Legislative Update – Steve Petty, Tennessee Commission on Children and Youth (TCCY)

- Petty highlighted specific bills to watch this session.
- All legislative reports are available on the TCCY website at <http://www.tennessee.gov/tccy/article/leg-listserv>. To subscribe, type listserv@listserv.tn.gov in the “To:” area of your e-mail message. Leave the "Subject" line blank. In the "Message" area type: Subscribe TCCY First Name Last Name. Example: Subscribe TCCY Steve Petty. This should sign you up to the electronic mailing list. You will receive a confirmation message verifying that you are enrolled. If you have questions or need assistance, you can call Steve Petty at (615) 532-1685 or e-mail him at Steve.Petty@tn.gov.

Workgroup Updates/Discussion Plans for Future Meetings – Melissa McGee, Tennessee Commission on Children and Youth (TCCY)

- McGee talked about the focus of upcoming meetings and thanked everyone for coming.

2016 CCMH Meeting Dates:
 April 21, 2016
 June 23, 2016
 August 25, 2016
 November 3, 2016

Meeting adjourned at 2:04 p.m.

Council on Children’s Mental Health Purpose Statement
Design a comprehensive plan for a statewide System of Care for children and families that is family-driven, youth-guided, community-based, and culturally and linguistically competent.