



**STATE OF TENNESSEE
COUNCIL ON CHILDREN'S MENTAL HEALTH**

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Council on Children's Mental Health (CCMH)
Midtown Hills Police Precinct Community Room
1443 12th Avenue South, Nashville, TN 37203
October 22, 2015
10 a.m. – 2 p.m.

MEETING SUMMARY

ATTENDEES:

Jill Amos
Elizabeth Ball
Alicia Banks
Louise Barnes
Carole Beltz
Cory Bradfield
Jeremy Breithaupt
Nicole Bugg
Amy Campbell
Tasha Dayhoff
Bill Dobbins
Brenda Donaldson
Jana Dreyzehner
Kendall Elsass
Stephanie Etheridge
Amanda Futrol
Deborah Gatlin
Angie Givens
Dwan Grey
Ashley Newton
Craig Hargrow

Rikki Harris
Kurt Hippel
Adrienne Holbrook
Paula Holloway
Adam Horn
Kimberly Jeffries
Joan Jenkins
Knetta Jones
Coleman Katan
Dustin Keller
Kathleen Kennedy
Kristy Leach
Kisha Ledlow
Anna Claire Lowder
James Martin
Chelsey McDaniel
Melissa McGee
Elizabeth McInerney
Angie McKinney-Jones
Morenike Murphy
Cissy Mynatt

Shaun Noblit
Nneka Norman-Gordon
Amy Olson
Linda O'Neal
Taylor Ramsey
Kathy Rogers
Mary Rolando
Sarah Sanders
Natasha Smith
Sara Smith
Jennifer St. Clair
Wendy Sullivan
Vicki Taylor
Angie Thompson
Sarah Vandergriff
Keri Virgo
Will Voss
Don Walker
Shauna Webb
Ellyn Wilbur
Alysia Williams

Welcome and Introductions (Linda O’Neal, Executive Director, Tennessee Commission on Children and Youth (TCCY) and Co-Chair, CCMH)

- O’Neal gave a brief overview of CCMH and welcomed and thanked everyone for making attendance a priority. She highlighted some of the changes incorporated into the meeting in response to the conversation at the August meeting. As announced via email, the ending time for the meeting changed to 2 p.m. In addition, opportunities to share relevant and helpful resources and network were built into the agenda.
- O’Neal also thanked Sergeant Raymond Jones for working with CCMH to secure Midtown Hills. She said CCMH will place a request to return to Midtown Hills for all 2016 meeting dates at the first of November.
- O’Neal asked attendees to initial the attendance sheet and explained the additional information requested was essential for reporting requirements related to the federal system of care grant. She also requested attendees sign the Conflict of Interest registration card in accordance with P.C. 1062. She explained the cards will be used solely to provide contact information for CCMH.
- Unfortunately, Commissioner Doug Varney, Deputy Commissioner Marie Williams and Assistant Commissioner Sejal West were unable to attend the meeting, but O’Neal explained their support, and the support of all the staff at TDMHSAS, has been invaluable for CCMH.

Approval of August Meeting Summary

- O’Neal thanked Natasha Smith, TCCY for creating the August meeting summary.
- **IT WAS MOVED (HORN) AND SECONDED (BRADFORD) TO ACCEPT THE MEETING SUMMARY FOR AUGUST 27, 2015. MOTION PASSED UNANIMOUSLY**

SYSTEM OF CARE (SOC) Expansion Site – Adrienne Holbrook, Frontier Health

- Holbrook explained Frontier Health provides community based assessment, referral and linkage services within Mountain View Elementary School in Johnson City.
- She reported there are a minimum of 50 unduplicated K-4 children and families diagnosed with a Serious Emotional Disturbance (SED) and their younger siblings, birth to five years of age deemed to be at “imminent risk” for developing a mental disorder.
- She stated additional services are provided to children with an SED that are military service connected.
- Holbrook said Mountain View Elementary was chosen because it is a Title I school currently serving approximately 550 students in grade K-4 where 90 percent of the students are classified as economically disadvantaged. It has the highest poverty rate with the Johnson City school district at 93.98 percent; the second highest number of homeless students at 72 percent; and the highest minority population at 23.8 percent African American and 8.1 percent Hispanic.
- The program uses the family-driven care model and has a care coordinator who meets with the families to assist with identifying their needs to fill in the gaps between services.
- Holbrook said the care coordinator presents the program at School Open House, PTA Meetings, Fall Festivals, Fun Days, etc. and encourages involvement of outside agencies into school events.

- She shared information about the afterschool programs like the Art Club, the Summer Scholarships for the kids to attend summer camps, the Summer Horseback Riding Program, and the Family Weekend Retreat. Holbrook said this program allows families to live life rather than “survive.”
- The program will expand to North Side Elementary School in the upcoming year.
- Holbrook’s contact information is soc@frontierhealth.org.

CCMH Strategy Update – Cissy Mynatt, Center for Nonprofit Management

- Mynatt was pleased to see many of the ideas from the August meeting had already been implemented by CCMH.
- She shared the strategic plan for 2016-2017 developed at the August meeting and facilitated discussion by the group. One of the proposals included changing from individual workgroups to ad hoc groups in an effort to bring folks together to work on specific problems within a timely manner. McGee clarified the two Advisory Groups (Family Engagement and Cultural and Linguistic Competency) would remain intact.
- Everyone agreed on forming ad hoc working groups to address Data Collecting and the General Assembly Report.
- Other key milestones included connecting and engaging by identifying local community groups to collaborate with CCMH regional councils, expanding learning opportunities, promoting policies for sustainability and enhancing CCMH structure and meeting format.
- Mynatt went through recommendations regarding the strategic plan with the group and highlighted similar themes, challenges and doable goals.
- McGee will share the information documented from that discussion in a separate format.

2016 Report to the General Assembly – Linda O’Neal, CCMH

- McGee explained Tasha Chusac, Chair of the Cultural and Linguistic Competency (CLC) advisory group, was unable to attend the meeting, and congratulated her on achieving the Certified Diversity Professional designation with the Institute for Diversity Certification through rigorous examination and peer management.
- O’Neal announced the report to the General Assembly will be submitted in January 2016. She asked the group what should be included and the process used to finalized the report to ensure group participation.
- Some of the information the group wanted included consisted of the state of the SOC grants, the special focus on its impact to date, the lessons learned from SOC grants, and the gaps and opportunities identified; CCMH opportunities with the upcoming strategies; and the impact of CCMH making SOC values standard language in contracts.
- Others wanted to include research related to ACEs, Toxic Stress and the focus on resiliency. In addition, it was suggested to acknowledge the continuity and collaboration of CCMH, Tennessee Infant and Early Childhood Mental Health Initiative (TIECMHI), Tennessee Young Child Wellness Council (TNYCWC), TN AWARE, etc. and to explain the new three-year plan and goals while reiterating SOC.
- Funding and Insure TN also were mentioned.

- It was also noted that the report may need to be kept simple as an introduction and expand on topics in later reports.
- O’Neal asked the group to develop a process for finalizing the report. It was suggested a core group could send an outline to the list serve. The draft report could be distributed to the steering committee first and then to everyone. O’Neal said CCMH will put together an outline and request assistance with specific areas.

TN AWARE – Sara Smith, TN AWARE Director, Department of Education

- Smith gave an overview of TN AWARE and said it is part of a five-year SAMSHA grant of \$9.7 million to build a state and local infrastructure to strengthen the capacity of schools and communities to improve mental health access and promote wellness and resilience for school-aged youth.
- There are currently three pilot sites in Anderson, Lauderdale and Lawrence Counties.
- Smith said the objective is to connect and create community partnerships to establish early identification and referral processes to connect youth to the appropriate services.
- Outcomes included improving student, teacher and parent perceptions of school climate and conditions for learning and reducing the number of youth removed from school through suspension and expulsion.
- Smith said evidence-based mental health literacy training for adults will be available statewide. Currently 29 adults are certified as a trainer in Tennessee. As of October 21, 2015, 156 First Aiders had been trained and 396 youth referrals for assistance had been made.
- For more information about training, contact Janet Watkins at Janet.Watkins@tn.gov or 615-770-3874. Sara Smith can be reached at Sara.Smith@tn.gov or 615-253-4664.

Tennessee Infant and Child Mental Health Initiative (TIECMHI) – Michele Moser, ETSU Centers of Excellence (COE)

- Moser gave an overview of the Centers of Excellence (COE) advocacy and the Connecting for Children’s Justice (CJJ) Conference.
- She explained the TIECMHI brings together individuals and agencies interested in infant mental health to develop relationships across departments and agencies, identify existing resources and opportunities, and begin to identify what is needed to address the mental health needs of infants, young children and their families. There are currently five centers statewide.
- The statewide COE Best Practices Collaborative developed a project focused on trauma screening and assessment for the zero to four-year-old population. The Tennessee Network for Trauma-Informed and Evidence-Based Systems (TN-TIES) is a Breakthrough Series Collaborative focused on screening and assessment of trauma for children and families involved in the child welfare system.
- CANS is already used for children age five and older, but there is no current screening for children under five. Early screening means early intervention!
- Moser spoke briefly about the Infant Court Teams and said Tennessee already has good practices.

- The 2015 Connecting for Children’s Justice Conference will be held November 23-24 at Sheraton Music City in Nashville.

SOC Conference/CLC Summit – Keri Virgo, SOC Expansion Grant Project Director, TMHSAS

- Virgo reported 189 people attended the SOC Conference and 66 people attended the CLC Summit in Middle Tennessee. She shared highlights from the youth activities at Glo Galaxy and Woodland Hills visit with TJ Johnson.
- McGee shared her experience at the CLC Summit in East Tennessee. She said 126 people attended.

Workgroup Update/General Assembly Report/Discussion Plans for Future Meetings – Linda O’Neal, CCMH

- O’Neal restated CCMH will move towards ad hoc “workgroups” to be identified as topics arise that need to be addressed and will continue to have standing CLC and Family and Youth Engagement Advisory Groups to provide direction and focus in these areas.
- Several persons have volunteered to be part of the group working on the 2016 Report to be submitted to the General Assembly in January. That group is picking up steam and is still in need of participants if interested.
- An additional group that came out of the August meeting discussion is one focused on data. This group will begin work in the near future; please let McGee know if you are interested in participating.
- O’Neal said CCMH has identified potential areas of focus for future meetings in Infant and Early Childhood Mental Health, Neonatal Abstinence Syndrome, Juvenile Justice, and a revisit of trauma work being done across the state. She asked for suggestions for other topics or agenda items for the next or future meetings.
- Please note the original published date for the next meeting was February 18th. The meeting date has changed to February 25th because the meeting facility was not available on 18th.

2016 CCMH Meeting Dates:

February 25, 2016
 April 21, 2016
 June 23, 2016
 August 25, 2016
 October 27, 2016

Meeting adjourned at 1:53 p.m.

Council on Children’s Mental Health Purpose Statement

Design a comprehensive plan for a statewide System of Care for children and families that is family-driven, youth-guided, community-based, and culturally and linguistically competent.