



**STATE OF TENNESSEE  
COUNCIL ON CHILDREN'S MENTAL HEALTH**

Andrew Jackson Building, 9<sup>th</sup> Floor  
502 Deaderick Street  
Nashville, TN 37243-0800  
(615) 741-2633 (FAX) 741-5956  
1-800-264-0904

Council on Children's Mental Health  
April 23, 2015  
10 a.m. – 3 p.m.

Midtown Hills Police Precinct Community Room  
1443 12<sup>th</sup> Avenue South, Nashville, TN 37203

**MEETING SUMMARY**

**Attendees:**

Elizabeth Ball	Adam Horn	Dawn Puster
Louise Barnes	Jeremy Humphrey	Scott Ridgway
Carole Beltz	Kimberly Jeffries	Rebecca Robinson
Lymari Benitez	Mark Just	Willie Sharon Ross
Brenda Beverly	Richard Kennedy	Blake Shearer
Cory Bradfield	Kristy Leach	Natasha Smith
Annie Brewster	Kisha Ledlow	Sara Smith
Chad Coleman	Misty Leitsch	Joan Sykora
Susan Cope	Anna Claire Lowder	April Tanguay
Casunda Cross	Linda McCorkle	Andrea Thaler
Michael Cull	Melissa McGee	Patti van Eys
Bill Dobbins	Angie McKinney-Jones	Keri Virgo
Brenda Donaldson	Michele Moser	Will Voss
Jana Dreyzehner	Cissy Mynatt	Jill Watral
Kendall Elsass	Michael Myszka	Shauna Webb
Stephanie Etheridge	Amy Olson	Sejal West
Vickie Harden	Linda O'Neal	Ellyn Wilbur
Ashley Harrington	Casey Parker	Alysia Williams
Rikki Harris	Steve Petty	Marie Williams
Kelly Hill	Vicki Pillow	Dianne Young
Adrienne Holbrook	Stephanie Pugh	William Young

## **Welcome and Introductions (Linda O’Neal, Co-Chair, CCMH and Marie Williams, Deputy Commissioner, Department of Mental Health and Substance Abuse Services)**

- O’Neal welcomed and thanked everyone for making attendance a priority. She also thanked Sergeant Raymond Jones for working with CCMH to secure this new meeting facility for two of the three remaining meetings in 2015. O’Neal announced the June meeting will be held at Goodwill Industries on Herman Street, but the August and October meetings will be held at Midtown Hills.
- O’Neal announced the CCMH Steering Committee has been in conversation with several entities regarding our work as we move forward and has identified Cissy Mynatt, Consultant, Center for Nonprofit Management, as a person to help in this effort. O’Neal asked everyone to welcome Mynatt who came to the meeting to get a better idea of the work and composition of CCMH. O’Neal informed CCMH members of Mynatt’s extensive work history with the non-profit community, and specifically with several communities in the mental health care arena. She comes highly recommended from various members of CCMH.
- Williams thanked O’Neal for her leadership and gave an update on Budget legislation. The bill sponsored by Senator Bell and Representative Howell to fund Juvenile Recovery Courts did not pass but will be studied this summer. Williams also noted SB 586/HB 1340 failed on April 8<sup>th</sup>. It would have added methamphetamine to the types of drugs a person can be jailed for using while pregnant.
- Williams announced Governor Haslam graciously amended the budget to provide non-recurring funds of \$1.5 million for the Lifeline Peer Program as well as the expansion and reorganization of the Morgan County Recovery Court. \$1.8 million was added to cover adolescent residential alcohol and drug treatment programs. Also noted was a partnership with the Department of Health, providing an additional \$500,000 to fund the Opioid addiction treatment pilot program.
- Introductions were made around the room and O’Neal called for announcements.

### **Announcements**

- McGee announced the System of Care (SOC) Conference planning has begun. It is tentatively scheduled for August 28-29, 2015. Virgo, TDMHSAS, and McGee are spearheading this effort and all are welcome to join the next conference call. Please contact McGee or Virgo for information. There is a need for participation from all child-serving state agencies.
- Moser noted there will be an Infant Mental Health Workshop in Knoxville on May 4, 2015.
- Family Advocate Center and Empowerment Services (F.A.C.E.S.) will host a “Lunch & Learn” on Thursday, May 7, 2015 in Memphis, TN. Call 901-370-4673 for more information.

- As part of Ridgeview Behavioral Health’s Children’s Mental Health Day initiatives, they will host a screening of the film “Hear Our Voices: Transforming the Children’s Mental Health System.” For more information, call 615-269-7751.
- Youth Transitions Advisory Council (YTAC) will meet Thursday, May 7, 2015 at Goodwill Industries in Nashville. Contact Steve Petty for more information.
- SAMHSA will host the National Children's Mental Health Awareness Day on Thursday, May 7, 2015, at the Lansburgh Theatre in Washington, DC. Visit <http://www.samhsa.gov/children/national-childrens-awareness-day-events/awareness-day-2015> for more information.
- Ridgeview, along with DCS and TDMHSAS partners, is sponsoring a Ride for Hope on May 29<sup>th</sup> for Mental Health Awareness Month. The ride will feature Commissioners Jim Henry and Doug Varney. Festivities begin at 9:00 a.m., with the bike ride kicking off at 10:00 a.m.
- The Healing Center in conjunction with University of Tennessee-Memphis will host its 7<sup>th</sup> National Suicide and the Black Church 2015 Conference on June 17-18, 2015, at the University of Tennessee-Memphis Health Science Center, 800 Madison Avenue, Memphis. Call 901-370-HOPE (4673) for more information.
- Tennessee Suicide Prevention Network (TSPN) Suicide Prevention Symposium is set for Tuesday, July 28, and Wednesday, July 29, at Trevecca Community Church, located at 335 Murfreesboro Pike in Nashville.
- Tennessee Voices for Children presents the 2015 State of the Child Conference: A look into Early Childhood with Keynote Speaker Freddie Scott and featuring speaker, Matthew A. Timm, Ph.D. on Friday, September 11, 2015, at Trevecca Community Church, located at 335 Murfreesboro Pike in Nashville. Registration information is coming soon.
- Tennessee Association of Mental Health Organization (TAMHO) Annual Conference will be held December 2-3, 2015 at the Embassy Suites Hotel and Conference Center in Murfreesboro. Visit [www.tamho.org](http://www.tamho.org) for forthcoming details.

### **Approval of Meeting Summaries**

- O’Neal thanked Pillow for providing summaries.
- March 12, 2015 Meeting Summary Acceptance (**HARRINGTON, MOTION, HARDEN, SECONDED, PASSED UNANIMOUSLY**)

## **TDMHSAS Child and Youth Updates (Sejal West, Assistant Commissioner, Mental Health Services)**

- West announced organizational changes within the department. Kristy Leach is the new Director of Child and Youth Mental Health. Kisha Ledlow, former Federal Grants Manager, is now Project Director for Healthy Transitions Initiative. Carey Counseling, Volunteer and TVC are providers under this five-year, five million dollar grant that focuses on support for the transition-age population. The grant was awarded in late 2014 and state personnel have been working to set up grant supports; contracts are now executed and grant partners are seeking to hire for two more positions. In addition, grant partners are working hand in hand with the Department of Education to ensure seamless transition for grant participants.
- West reported five percent of the Mental Health Block Grant funding has been set aside for First Episode Psychosis intervention. This emphasis, in combination with the Healthy Transitions Initiative, continues to show the importance Tennessee is placing on the transition-age population.
- West announced a partnership with Vanderbilt University, SAMHSA, *OnTrackNY* and TAMHO for a free conference about First Episode Psychosis the first week of September 2015. Dr. Lisa Dixon, Columbia University, will be the guest speaker.

## **FrameWorks: Talking about Child Mental Health in Tennessee (Linda O'Neal and TCCY Staff)**

- O'Neal is excited to report on a new resource recently completed through the FrameWorks Institute. FrameWorks is an independent nonprofit organization which has become known for its development of Strategic Frame Analysis, which roots communications practice in the cognitive and social sciences. The FrameWorks Institute mission is to advance the nonprofit sector's communications capacity by identifying, translating and modeling relevant scholarly research for framing the public discourse about social problems.
- The *Talking about Child Mental Health in Tennessee* toolkit was developed for TCCY with the generous support of the Annie E. Casey Foundation and KIDS COUNT. It builds on research sponsored by the Center for the Developing Child at Harvard University, the Jacksonville System of Care Initiative, and the Alberta Family Wellness Initiative.
- O'Neal demonstrated how using FrameWorks messaging helped protect the foundation and infrastructure for social services in Tennessee during the Great Recession by the Budget Group working with a common message and collaborate effort instead of undercutting one another's programs.
- O'Neal provided detailed explanation of the Toolkit, including a video of interviews with persons in the community around perceptions of children's mental health. O'Neal also

discussed how Adverse Childhood Experiences (ACEs) and Toxic Stress affect child mental health. For more information, videos, models and FAQs, visit [www.frameworksinstitute.org](http://www.frameworksinstitute.org) and [www.frameworksinstitute.org/toolkits/cmhtennessee/](http://www.frameworksinstitute.org/toolkits/cmhtennessee/)

### **Just Care Family Network and F.A.C.E.S. (Pastor Dianne Young)**

- O’Neal shared her excitement to have Pastor Dianne Young of the Emotional Fitness Centers with us to share more about the ongoing efforts of Just Care Family Network after the official end of the federally funded grant cycle.
- Young stated in 2006, more than 15 percent of persons in Shelby County had a mental illness but refused to get help because they feared the stigma associated with mental health. Most African Americans stay away from mental health and use the black church as a hub to get services. The black church decided to reframe mental health by creating Emotional Fitness Centers. Seven local churches in Memphis have become hubs and have Peer Advocate Liaisons (P.A.L.s) to deal with the mental health issues within the black community. They work in partnership with TDMHSAS, Blue Cross Blue Shield and United Way.
- Just Care Family Network (2008-2014) was a System of Care demonstration grant, led for the final years by Dr. Altha Stewart. As an SOC grant, Just Care provided screenings, training, a family call center, lunch and learn meetings, and an overall effort to reduce the stigma of mental health through increased understanding and awareness in the community.
- Through the work of Just Care, other programs were developed, including the Memphis Sisters Circle of Love and Care and F.A.C.E.S. of Memphis, a family advocacy organization. F.A.C.E.S. recently received a 501(c)3 status, the first domiciled in a faith-based community in the nation.
- Young also announced The Healing Center, in conjunction with University of Tennessee-Memphis, will host the 7<sup>th</sup> National Suicide and the Black Church Conference on June 17-18, 2015, at the University of Tennessee-Memphis Health Science Center, 800 Madison Avenue, Memphis. Call 901-370-HOPE (4673) for more information.

### **FrameWorks: Talking about Child Mental Health in Tennessee – Part II (Linda O’Neal and TCCY Staff)**

- O’Neal continued to provide introduction and explanation of FrameWorks and Cultural Models in Action. This resource addresses the pictures and assumptions in our head. To effectively frame is to make a set of choices centering around values. O’Neal explained how you start with a basic and common value we all share, explain the issue and introduce a solution.
- McGee and Kennedy assisted O’Neal in reading FAQs and provided a role play to demonstrate FrameWorks concepts.

- O’Neal reviewed items in the Toolkit, including “The Swamp,” “Reframe Cards,” and “Talking Points.”
- FrameWorks focuses on systems and communities and not on individuals because we all have a part to play.
- For more information, videos, models and FAQs, visit [www.frameworksinstitute.org](http://www.frameworksinstitute.org) and [www.frameworksinstitute.org/toolkits/cmhtennessee/](http://www.frameworksinstitute.org/toolkits/cmhtennessee/)

### **General Assembly and Legislation (Steve Petty)**

- O’Neal introduced Petty who provided a summary of legislation relative to children’s mental health care.
- The Legislative Summary provided by Petty has been distributed to all Council members and a copy attached to this CCMH meeting summary. You can also visit the TCCY website ([www.tn.gov/tccy](http://www.tn.gov/tccy)) for the most current Legislative update.
- To be added to the legislative listserv in the future go to [www.tn.gov/tccy/listserv](http://www.tn.gov/tccy/listserv) or send an email to [listserv@listserv.tn.gov](mailto:listserv@listserv.tn.gov).

### **TRY Grant (April Tanguay and Ashley Harrington)**

- The Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) Treatment and Recovery for Youth (TRY) Project is partnering with two community-based treatment providers, Pathways and Centerstone, to provide comprehensive treatment and recovery support services encompassing the complexities of addiction, mental health (including trauma) and recovery for adolescents and transitional aged youth with substance use and/or co-occurring disorders and their caregivers.
- Both providers offer assertive outreach, assessment, treatment and continuing care, including in-home case management, linkages to other services and transportation using the family-centered, evidence-based treatment interventions, Adolescent Community Reinforcement Approach (A-CRA) and Assertive Continuing Care (ACC). Centerstone Research Institute (CRI) is providing the data collection and performance measurement of the grant.
- Enrollment is on track. They are working to develop an Alcohol Resource Guide and working with Lifeline to start a Recovery Support Services. They stress the importance of addressing instability early.
- In addition, they plan to certify two more supervisors and are looking for more ways to screen for synthetic marijuana to collect more accurate data.

## **System of Care Initiatives (Brenda Beverly, Elizabeth Ball, Keri Virgo, Kisha Ledlow)**

- **K-Town Empowerment Network representative Brenda Beverly** reported on the spend-down phase of the grant. There are five months left in the federally funded grant cycle and K-Town continues to address sustainability options. To date, there are 304 enrollees between the ages of 12-21 while the life of the grant goal is 400 or more enrollees. The average number of enrollees in 2012 was 45-55 and 104 in 2014.
- K-Town staff includes a designated enrollment coordinator and the Steering Committee decided to look at enrollment on a month-to-month basis to reassess resources for the sustainability of services. The goal is to sustain pockets of services within communities and not necessarily K-Town.
- They are looking at contractual agreements and entered into a letter of agreement with the Division of Rehabilitation Services. This agreement allows them to identify a job coach/specialist, have existing staff people certified on a billable service, and the stabilization allows for a reimbursable system.
- K-Town has continued to build relationships with the courts and a presence in the Juvenile Court. This valued relationship with the court has led to K-Town being allowed into Truancy Court as well.
- **Early Connections Network representative Elizabeth Ball** gave the report. Early Connections Network co-hosted an event with Ft. Campbell focusing on early brain trauma and the integration of services and Ball reported the event was well-received.
- Approximately 75 people of various disciplines helped host a day of play in Montgomery County where zones were based on ages. They anticipated 500 people and had over 1800 people in attendance.
- Early Connections Network has also contracted with DCS to implement Telehealth, the use of telecommunications to provide health information and care across distance. It is an effective way to provide general and specialty health care services increasing networking capabilities.
- **SOC Expansion Project Director Keri Virgo** provided a review of the Statewide System of Care Expansion Implementation Initiative, including restating the goal of facilitating increased access to coordinated, appropriate and effective services for children and youth with mental health needs and their families. The grant is federally funded and will be operational for approximately 18 more months, until September 30, 2016.
- SOC Expansion is working with the sites to emphasize the National Children's Mental Health Awareness Day will take place May 7, 2015.
- They are also developing a Mental Health Summit in June or July with a focus on connecting communities, from mental health care to pediatricians.
- Virgo also informed those in attendance of scholarships now available for attendance at the Certified Family Support Specialist Professional Competencies Course, through

federally approved carryover funding for SOC Expansion. More information is forthcoming regarding this opportunity.

- Newly hired **Healthy Transitions Initiative Project Director Kisha Ledlow** reported great gains in getting the grant up and getting started.
- Ledlow shared all four contracts have been executed and she is in the process of scheduling site visits. Ledlow shared other exciting developments with Healthy Transitions, including hiring of a new program director for first episode psychosis emphasis, a new project coordinator in Hamilton County, and that Tennessee Voices for Children has identified the Youth Coordinator and they are working with Project Aware.

### **CCMH Director and Workgroup Reports (Melissa McGee and Workgroup Co-Chairs)**

- McGee provided brief updates on the CCMH workgroup tasks. The Culturally and Linguistically Competent (CLC) Work group is working on developing a conference, or possibly regionally based conferences to further CLC awareness. The Community Outreach and Awareness Workgroup is also beginning review of components of an SOC Community Toolkit. The MIS/Accountability Workgroup has begun review and work on the evaluation history of System of Care in Tennessee, and the Family & Youth Engagement Advisory Group continues to seek to engage more families and youth in the work of CCMH. Workgroups is an area strategic consultant Cissy Mynatt may address in efforts to move forward.

### **2015 CCMH Report to General Assembly (Linda O'Neal)**

- O'Neal said an end of the year report to the General Assembly should be submitted in early 2016. Cissy Mynatt will work with the Council on the report.

### **Discussion Plans for Future Meetings (Linda O'Neal Facilitating)**

- June meeting will focus more on the transition-age youth and older youth groups and may also include strategic discussion work as identified by Mynatt.

Next CCMH Meeting Dates:

June 18, 2015

August 27, 2015

October 22, 2015

Meeting adjourned at 2:57 p.m.

#### **Council on Children's Mental Health Purpose Statement**

*Design a comprehensive plan for a statewide System of Care for children and families that is family-driven, youth-guided, community-based, and culturally and linguistically competent.*