
Physical Activity Policy 4.206

The Background:

The Physical Activity Policy was adopted by the State Board of Education in 2005. The policy was updated in 2017 to incorporate legislative changes.

At the November 2019 State Board meeting, board members heard a workshop presentation on the importance of physical education and exercise to prevent childhood obesity. Board members requested a change to this policy to more clearly encourage schools and districts to provide regular physical education to students. That change is reflected on page 2, section (g). There are no further changes to the policy.

Policy Justification:

T.C.A. § 4-5-230 requires that justification for adopting an item as a policy instead of a rule be submitted to the chair of the Government Operations Committee. This item is proposed to be adopted as a policy because it defines or explains the meaning of a statute or rule and/or concerns only the internal management of state government that does not affect private rights or privileges.

The Recommendation:

The State Board staff recommends acceptance of this item on first reading.