Friday, May 3, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 05.03.24 (Word doc)
- <u>STATE ONLY 4Mind4Body Webinar Flyer</u>

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Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

ALL PLANS

For ABCs (all plans)

Edison System Maintenance

Edison will be performing system maintenance on **Sunday, May 5, 2024,** from 6 a.m. to 6 p.m. CT. During this time, Edison will be unavailable for all users and users will not be able to log in.

Local Education ABCs: The HIPAA training deadline has passed (April 30). There are many ABCs who have not completed this required annual training. Please see the local education section below on how to complete HIPAA training.

State <u>Higher Education</u> ABCs: Your HIPAA training deadline is May 31. Please see the HIPAA training information outlined below.

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

<u>4Mind4Body Webinar – Intuitive Eating: How to Heal your Relationship with Food</u>

Email/subject line: Join Partners for Health for the Intuitive Eating webinar, May 8, 11:30 a.m. CT

Presented by Sharecare, join Partners for Health for the Intuitive Eating: How to Heal Your Relationship with Food webinar, Wednesday, May 8, from 11:30 a.m. – 12:30 p.m. CT.

What is mindful eating and how do I start intuitive eating? This webinar explains how to incorporate healthier eating habits into your daily life while practicing mindfulness techniques.

Pre-registration required. Session will be recorded and made available after the session.

Click here to register:

https://events.teams.microsoft.com/event/78f7c0b1-7129-4577-9fe2-1cf2247ae300@4791286b-0707-4782-8dae-89fe4a320b09

<u>Click here</u> for more information about upcoming webinars and previously recorded sessions.

For ABCs (central state)

4Mind4Body Webinar – Intuitive Eating

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body webinar, Intuitive Eating, presented by Partners for Health and Sharecare. The webinar will take place Wednesday, May 8, starting at 11:30 a.m. CT. A link to information about upcoming webinars and previously recorded sessions is also included.

ABC HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! There is no need to wait for the assigned month. You must complete the training by the last day of your assigned training month. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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Our training is online in Edison. Each agency is assigned a month to have training completed. You can take the training now without worrying about the completion date.

All ABCs and directors must complete the annual HIPAA training every calendar year. You must complete the training by the last day of your assigned month. Failure to comply with mandatory training requirements may suspend insurance benefits access. Training requirements will not be waived unless the BA HIPAA compliance officer approves.

State will take State_HE_HIPAA_2024

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Training completion schedule:

• State – June 30

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

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Higher education will take State_HE_HIPAA_2024

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Training completion schedule:

• Higher education – May 31

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

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Training completion schedule:

• State – June 30

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

HIPAA Training Deadline has Passed!

The 2024 HIPAA annual class is open. You can take the class now! **You must complete the training by the last day of your assigned training month.** Our training for local education now includes a review of the Memorandum of Understanding. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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Local education will take LG_LE_HIPAA_2024

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Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

HIPAA Training

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Training completion schedule:

• Local government – June 30

End of local gov message

4MIND4BODY LUNCH AND LEARN

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The Magic of Movement

April 10, 11:30-12:30 CT

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

CLICK HERE TO REGISTER

Intuitive Eating: How to Heal Your Relationship with Food

May 8, 11:30-12:30 CT

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CLICK HERE TO REGISTER







Friday, April 26, 2024 | Weekly ABC Update

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- <u>ABC Update 04.26.24</u> (Word doc)
- STATE ONLY 4Mind4Body Webinar Flyer

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ALL PLANS

For ABCs (all plans)

Edison System Maintenance

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End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

<u>4Mind4Body Webinar – Intuitive Eating: How to Heal your Relationship with Food</u>

Email/subject line: Join Partners for Health for the Intuitive Eating webinar, May 8, 11:30 a.m. CT

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For ABCs (central state)

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Training completion schedule:

• State – June 30

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

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Higher education will take State_HE_HIPAA_2024

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Training completion schedule:

• Higher education – May 31

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

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Training completion schedule:

• State – June 30

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed) HIPAA Training Deadline is April 30

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Local education will take LG_LE_HIPAA_2024

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Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

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• Local government – June 30

End of local gov message

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Friday, April 19, 2024 | Weekly ABC Update

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• ABC Update 04.19.24 (Word doc)

• STATE ONLY - 4Mind4Body Webinar Flyer

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<mark>ALL PLANS</mark>

For ABCs (all plans)

Explanation of Benefits Reminder and Resources

Benefits Administration reminds members who have received health services to check their explanation of benefits to make sure the fees they were charged are correct for Partners for Health plan members.

Members who believe they may have overpaid for a service should contact their health care provider to ask for a refund. Plan members who need assistance to request a refund should contact their insurance carrier.

To learn more about the explanation of benefits and why it's important, visit <u>https://mailchi.mp/tn.gov/know-your-health-aug2022-3160941</u>.

Find more information on EOBs on our carrier webpages via the Partners for Health website.

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

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Training completion schedule:

• State – June 30

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

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• Higher education – May 31

End of higher ed message

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For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

ABC HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! There is no need to wait for the assigned month. You must complete the training by the last day of your assigned training month. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

The Health Insurance Portability and Accountability Act of 1996, known as HIPAA, is a federal law that protects the privacy and confidentiality of protected health information. Protected health information, known as PHI, is individually identifiable health information held or maintained by Benefits Administration or our business associates who act on our behalf that is transmitted or maintained in any form or medium. As an ABC, you and your agency are our business associates. The law requires all covered entities and business associates to be trained in HIPAA policies and procedures. All ABCs, backup ABCs and directors with access to Edison must complete the annual training. The HIPAA training exemplifies Benefits Administration's commitment to educating and promoting a culture that encourages ethical conduct and compliance with state and federal laws.

Our training is online in Edison. Each agency is assigned a month to have training completed. You can take the training now without worrying about the completion date.

All ABCs and directors must complete the annual HIPAA training every calendar year. You must complete the training by the last day of your assigned month. Failure to comply with mandatory training requirements may suspend insurance benefits access. Training requirements will not be waived unless the BA HIPAA compliance officer approves.

State will take State_HE_HIPAA_2024

Here is the navigation after you log in to Edison at <u>www.edison.tn.gov</u>: NAV BAR > Navigator > ELM > Learning Home > Search for Learning type HIPAA > Annual HIPAA Training (HIPAA 2000) > State_HE_HIPAA_2024.

Training completion schedule:

• State – June 30

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! You must complete the training by the last day of your assigned training month. Our training for local education now includes a review of the Memorandum of Understanding. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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Local education will take LG_LE_HIPAA_2024

Here is the navigation after you log in to Edison at <u>www.edison.tn.gov</u>: NAV BAR > Navigator > ELM > Learning Home > Search for Learning type HIPAA > Annual HIPAA Training (HIPAA 2000) > LG_LE HIPAA_2024.

Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! You must complete the training by the last day of your assigned training month. Our training for local government now includes a review of the Memorandum of Understanding. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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Local education will take LG_LE_HIPAA_2024

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Training completion schedule:

• Local government – June 30

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information



The Magic of Movement

April 10, 11:30-12:30 CT

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

CLICK HERE TO REGISTER

Intuitive Eating: How to Heal Your Relationship with Food

May 8, 11:30-12:30 CT

What is mindful eating and how do I start intuitive eating? This webinar explains how to incorporate healthier eating habits into your daily life while practicing mindfulness techniques.

CLICK HERE TO REGISTER







Friday, April 12, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

• ABC Update 04.12.24 (Word doc)

• ALL PLANS – April 9 Combined ABC Conference Call Notes

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, central state, state higher ed, state offline agencies, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Conference Call Notes

The April 9 combined ABC conference call notes are posted with today's Friday ABC update. The next ABC conference calls will be held May 14, 2024.

ABC Poll on Conference Calls and Friday Update

If you haven't already done so, you can still complete the brief poll about the changes made to ABC conference calls and the Friday ABC update process. The link is below, and it only takes about five minutes. The poll will only allow one response per email. We've had many responses submitted. Thank you for taking the time to reply.

Here is the link to complete the poll: https://stateoftennessee.formstack.com/forms/abc poll on calls and update

HIPAA Training Reminder and Correction for Local Government

This week during **the local government call**, we relayed the wrong month for the Health Insurance Portability and Accountability Act training deadline. Here are the HIPAA training completion deadlines by plan:

• Training completion schedule:

- Local education April 30
- Higher education May 31
- Local government June 30
- State June 30

We apologize for any confusion this may have caused.

End of all plans message

<mark>CENTRAL STATE</mark>

For ABCs (central state)

ABC HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! There is no need to wait for the assigned month. You must complete the training by the last day of your assigned training month. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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State will take State_HE_HIPAA_2024

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Training completion schedule:

• State – June 30

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

ABC HIPAA Training

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Higher education will take State_HE_HIPAA_2024

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Training completion schedule:

• Higher education – May 31

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

ABC HIPAA Training

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State will take State_HE_HIPAA_2024

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Training completion schedule:

• State – June 30

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

HIPAA Training

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Local education will take LG_LE_HIPAA_2024

Here is the navigation after you log in to Edison at <u>www.edison.tn.gov</u>: NAV BAR > Navigator > ELM > Learning Home > Search for Learning type HIPAA > Annual HIPAA Training (HIPAA 2000) > LG_LE HIPAA_2024.

Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

HIPAA Training

The 2024 HIPAA annual class is open. You can take the class now! You must complete the training by the last day of your assigned training month. Our training for local government now includes a review of the Memorandum of Understanding. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.

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Local education will take LG_LE_HIPAA_2024

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Training completion schedule:

• Local government – June 30

End of local gov message

Friday, April 5, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 04.05.24 (Word doc)
- ALL PLANS April 9 ABC Conference Call Agenda
- STATE ONLY 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

The next ABC conference calls are Tuesday, April 9.

- Higher Ed: 8:30 9 a.m. CT
- Local Ed: 9:30 10 a.m. CT
- Local Government: 10:30 11 a.m. CT
- State: 11:30 a.m. 12 p.m. CT

Use the WebEx login link and instructions in the **posted** agenda or link below. **To join the ABC conference call - click on the link:** <u>https://tn.webex.com/meet/joan.williams</u>

ABC Poll on Conference Calls and Friday Update

On Tuesday, April 2, Benefits Administration sent an email to all ABCs from our <u>benefits.info@tn.gov</u> email account with a link to a very brief poll about the changes made to ABC conference calls and the Friday ABC update process. We've already had many responses submitted. Thank you for taking a few minutes to reply.

If you haven't already done so, we encourage all ABCs to complete the survey (one response per ABC). The deadline to complete the survey is April 16.

Here is the link to complete the survey: https://stateoftennessee.formstack.com/forms/abc_poll_on_calls_and_update

Service Center Metrics

The service center metrics and customer service rating for March 2024 are below:

- Tickets via Email: 1,073
- Tickets via Self-Service: 2,642
- Tickets via Phone: 3,661
- Tickets via Chat: 168
- Total: 7,544
- Satisfaction Score: 98.6%

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

Email/subject line: Join Partners for Health for The Magic of Movement webinar, April 10, 11:30 a.m. CT

Presented by Sharecare, join Partners for Health for The Magic of Movement webinar, Wednesday, April 10, from 11:30 a.m. to 12:30 p.m. CT.

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

Pre-registration required. Session will be recorded and made available after the session.

Click here to register:

https://events.teams.microsoft.com/event/6376d60f-51c7-4876-a60fdab2158c5cc0@4791286b-0707-4782-8dae-89fe4a320b09

<u>Click here</u> for more information about upcoming webinars and previously recorded sessions.

For ABCs (central state)

4Mind4Body Webinar – The Magic of Movement

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body webinar, The Magic of Movement, presented by Partners for Health and Sharecare. The webinar will take place Wednesday, April 10, starting at 11:30 a.m. CT. A link to information about upcoming webinars and previously recorded sessions is also included.

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

We don't have any messages specific to higher education ABCs.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

HIPAA Training

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Local education will take LG_LE_HIPAA_2024

Here is the navigation after you log in to Edison at <u>www.edison.tn.gov</u>: NAV BAR >Navigator > ELM > Learning Home > Search for Learning type HIPAA > Annual HIPAA Training (HIPAA 2000) > LG_LE HIPAA_2024 or State_HE_HIPAA_2024.

Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs.

End of local gov message

ABC Conference Calls – April 9, 2024 Higher Ed: 8:30 a.m. CT Local Ed: 9:30 a.m. CT Local Gov: 10:30 a.m. CT State: 11:30 a.m. CT

Webinar presentation is included during the conference call.

To join the ABC conference call - click on the link:

https://tn.webex.com/meet/joan.williams

• You will see Joan Williams's Personal Room.

If you don't have WebEx installed on your computer, you can run a temporary application.

- \circ It may ask you to join from your browser or download the WebEx meetings app.
- Enter your name and email address. Then click Join Meeting.
- You may see a pop-up asking you to choose your phone and video connections, or it will automatically connect your audio and video based on your prior settings.
- You may see a preview screen with microphone and video button symbols (buttons on the bottom of the screen). Please turn off/mute your video option/button.
- You can click on the down arrow to change your audio option:
 - Call me (recommended enter the number you want to system to call)
 - Use your computer for audio (if you have a headset)
 - You can select your speaker and microphone settings
 - Call in (gives you the phone number to call)
- Chat is on the bottom right.

If you are only calling in to listen and <u>not</u> using a computer, please use the following phone number and access code: +1-415-655-0001 US TOLL. Access code: 160 068 7633

<u>Agenda</u>

Communications

- Materials and Communications
 - Updates
 - Information on Agency Websites
 - State: 4Mind4Body The Magic of Movement Webinar Presented by Sharecare

Presentations

• Local Ed: HIPAA Training

Operations

• "Save the Date" for the ABC Summer Training

Questions

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information



The Magic of Movement

April 10, 11:30-12:30 CT

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

CLICK HERE TO REGISTER

Intuitive Eating: How to Heal Your Relationship with Food

May 8, 11:30-12:30 CT

What is mindful eating and how do I start intuitive eating? This webinar explains how to incorporate healthier eating habits into your daily life while practicing mindfulness techniques.

CLICK HERE TO REGISTER







Thursday, March 28, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

ABC Update 03.28.24 (Word doc) STATE ONLY – 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Poll on Conference Calls and Friday Update

Next Tuesday, April 2, Benefits Administration will send an email to all ABCs from our <u>benefits.info@tn.gov</u> email account with a link to a very brief poll about the changes made to ABC conference calls and the Friday ABC update process. We encourage all ABCs to complete the survey (one response per ABC). The deadline to complete the survey is April 16.

State Offices and BA Service Center Closed Friday, March 29

State offices and the BA service center are closed Friday, March 29 for Good Friday.

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

Email/subject line: Join Partners for Health for The Magic of Movement webinar, April 10, 11:30 a.m. CT

Presented by Sharecare, join Partners for Health for The Magic of Movement webinar, Wednesday, April 10, from 11:30 a.m. to 12:30 p.m. CT.

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

Pre-registration required. Session will be recorded and made available after the session.

Click here to register:

https://events.teams.microsoft.com/event/6376d60f-51c7-4876-a60fdab2158c5cc0@4791286b-0707-4782-8dae-89fe4a320b09

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For ABCs (central state)

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End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

We don't have any messages specific to higher education ABCs.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

HIPAA Training

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Local education will take LG_LE_HIPAA_2024

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Training completion schedule:

• Local education – April 30

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs.

End of local gov message

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April 10, 11:30-12:30 CT

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

CLICK HERE TO REGISTER

Intuitive Eating: How to Heal Your Relationship with Food

May 8, 11:30-12:30 CT

What is mindful eating and how do I start intuitive eating? This webinar explains how to incorporate healthier eating habits into your daily life while practicing mindfulness techniques.

CLICK HERE TO REGISTER







Friday, March 22, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

Important Email Encryption Information

Starting today, March 22, 2024, the state of Tennessee will begin using additional encryption on emails that contain HIPAA information sent outside the state email system. The information can be contained in either the message body or as an attachment.

Agencies who use Microsoft 365 will not notice the change as the messages will open automatically in Outlook. Likewise, messages sent from Benefits Administration's Zendesk platform will not be impacted, as they use Zendesk's email servers.

All other emails from BA containing HIPAA information will require either a one-time code or a login to a Microsoft account. For more information on how to open one of these new secure messages, click here: <u>https://support.microsoft.com/en-us/office/how-do-i-open-a-protected-message-1157a286-8ecc-4b1e-ac43-2a608fbf3098?ui=en-us&rs=en-us&ad=us</u>

State Offices and BA Service Center Closed Friday, March 29

State offices and the BA service center will be closed Friday, March 29 for Good Friday.

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

Email/subject line: Join Partners for Health for The Magic of Movement webinar, April 10, 11:30 a.m. CT

Presented by Sharecare, join Partners for Health for The Magic of Movement webinar, Wednesday, April 10, from 11:30 a.m. to 12:30 p.m. CT.

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

Pre-registration required. Session will be recorded and made available after the session.

Click here to register:

https://events.teams.microsoft.com/event/6376d60f-51c7-4876-a60fdab2158c5cc0@4791286b-0707-4782-8dae-89fe4a320b09

<u>Click here</u> for more information about upcoming webinars and previously recorded sessions.

For ABCs (central state)

4Mind4Body Webinar – The Magic of Movement

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body webinar, The Magic of Movement, presented by Partners for Health and Sharecare. The webinar will take place Wednesday, April 10, starting at 11:30 a.m. CT. A link to information about upcoming webinars and previously recorded sessions is also included.

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

We don't have any messages specific to higher education ABCs.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs.

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information



The Magic of Movement

April 10, 11:30-12:30 CT

Discover the key to aging well and the health benefits of walking. This webinar will also give tips to help you increase your steps throughout the day and explain the impact of movement on the brain and your overall lifespan.

CLICK HERE TO REGISTER

Intuitive Eating: How to Heal Your Relationship with Food

May 8, 11:30-12:30 CT

What is mindful eating and how do I start intuitive eating? This webinar explains how to incorporate healthier eating habits into your daily life while practicing mindfulness techniques.

CLICK HERE TO REGISTER







Friday, March 15, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 03.15.24 (Word doc)
- <u>ALL PLANS March 12 Combined ABC Conference Call Notes</u>
- <u>ALL PLANS April Performance Drug List</u>

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Conference Call Notes

The March 12 combined ABC conference call notes are posted with today's Friday ABC update. The next ABC conference calls will be held April 9, 2024.

April Performance Drug List Changes

The April PDL has been posted under the <u>ABC webpage</u> updates and on our <u>Partners for Health</u> <u>pharmacy webpage</u>. As with each quarterly formulary update, CVS Caremark mailed notification letters to members who are affected by tier changes or drugs becoming non-covered, except in the case of products that have generic equivalents available or are acute therapies. Letters were sent to 6,016 impacted members notifying them about their prescription benefit change.

Shown below are drugs being added to the formulary or being removed from the PDL. Please encourage employees to use the state's specific webpage at info.caremark.com/stateoftn to view the most current version of the drug list, to review their prescription drug benefit information, request mail service orders and research drug information.

THE FOLLOWING CHANGES TO THE PDL (OR FORMULARY) AS OF APRIL 1, 2024 Drugs being added to the formulary effective April 1, 2024:

| Drug name | | | | |
|--|--|--|--|--|
| VITALIPID N INFANT | | | | |
| VITLIPID N ADULT | | | | |
| VITLIPID N INFANT (all non-preferred) | | | | |
| | | | | |
| Drugs moving from Tier 2 (preferred brand) to Tier 3 (non- preferred brand effective April 1, 2024): | | | | |
| BIDIL | | | | |
| EVAMIST | | | | |
| PYLERA | | | | |
| ZYCLARA | | | | |
| Drugs not covered effective April 1, 2024, unless prior authorization is approved through the CVS Caremark medical exception process: | | | | |
| Drug name | | | | |
| IMBRUVICA | | | | |
| HUMIRA | | | | |
| VELPHORO | | | | |
| ALBUTEROL SULFATE AEROSOL (NDC 00093317431) | | | | |
| Indication based strategy update | | | | |
| Drug name | | | | |
| BIMZELX | | | | |

End of all plans message

<mark>CENTRAL STATE</mark>

For ABCs (central state)

We don't have any messages specific to central state ABCs.

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

We don't have any messages specific to higher education ABCs.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs.

End of local gov message

PARTNERS For Health

Performance Drug List - Standard Control for Clients with Advanced Control Specialty Formulary[®] for State of Tennessee

The **CVS Caremark**[®] **Performance Drug List - Standard Control for Clients with Advanced Control Specialty Formulary**[®] **for State of Tennessee** is a guide within select therapeutic categories for clients, plan members and health care providers. **Generics should be considered the first line of prescribing**. If there is no generic available, there may be more than one brand-name medicine to treat a condition. These preferred brand-name medicines are listed to help identify products that are clinically appropriate and cost-effective. Generics listed in therapeutic categories are for representational purposes only. This is not an all-inclusive list and does not guarantee coverage. This list includes many commonly prescribed generic and preferred brand drugs but is not an all-inclusive list. Non-preferred brand drugs are not listed. Many of these brand name drugs are covered but will cost you the most. This list represents covered brand products in CAPS, branded generics in upper- and lowercase Italics, and generic products in lowercase italics. At the end of this document is a list of many drugs that are not covered and the preferred brand or generic alternative that is covered in its place.

PLAN MEMBER

Your benefit plan provides you with prescription drug coverage that is administered by CVS Caremark. Ask your doctor to consider prescribing, when medically appropriate, a preferred medicine from this list. Take this list the next time you or a covered family member sees a doctor.

- Your specific prescription benefit plan design may not cover certain medications, products or categories, regardless of their appearance in this document. Medications and products recently approved by the U.S. Food and Drug Administration (FDA) may not be covered immediately upon release to the market.
- Non-formulary products that are not covered under your benefit may offer a medical exception process. Your prescriber should contact CVS Caremark for review.
- You may be responsible for the full cost of medications and products that are removed from coverage.
- For specific information regarding your prescription benefit coverage and cost sharing, or if you have additional questions, please sign in or register on <u>Caremark.com</u> or contact a CVS Caremark Customer Care representative at 1-877-522-TNRX (8679).
- When you fill a 90-day supply of certain medications (anti-hypertensives, depression, asthma/COPD, coronary artery disease, congestive heart failure, osteoporosis, diabetes, statins to treat high cholesterol) through Mail Order or at a participating Retail-90 pharmacy, you will pay less.

HEALTH CARE PROVIDER

Your patient is covered under a prescription benefit plan administered by CVS Caremark. As a way to help manage health care costs, authorize generic substitution whenever possible. If you believe a brand-name product is medically necessary, consider prescribing a brand name on this list.

- The member's prescription benefit plan design may alter coverage of certain products or vary cost sharing amounts based on the condition being treated.
- This drug list represents a summary of prescription coverage. The member's specific prescription benefit
 plan design may not cover certain products or categories, regardless of their appearance in this
 document. Products recently approved by the FDA may not be covered immediately upon release to the
 market.
- The member's prescription benefit plan may have different cost sharing for specific products on the list.
- Unless specifically indicated, drug list products will include all dosage forms.
- Log in to Caremark.com to check coverage and cost sharing information for a specific medicine.

LEGEND

PA = Prior Authorization required.

- **PA2** = Prior Authorization required for 36 years of age and older.
- **QL** = Quantity Limits apply.
- **ST** = Step Therapy required.

ANALGESICS

COX-2 INHIBITORS

celecoxib

GOUT

allopurinol colchicine tablet probenecid MITIGARE

NSAIDS

diclofenac sodium ibuprofen meloxicam tablet naproxen (except naproxen CR or naproxen suspension)

NSAIDS, COMBINATIONS

diclofenac sodium-misoprostol

OPIOID ANALGESICS

codeine-acetaminophen QL fentanyl transdermal PA fentanyl transmucosal lozenge QL hydrocodone ext-rel QL hydrocodone-acetaminophen QL hydromorphone QL hydromorphone ext-rel QL methadone QL morphine ext-rel QL oxycodone ext-rel QL oxycodone ext-rel QL oxycodone oL tramadol (except NDC 52817019610) **QL** tramadol ext-rel tablet **QL**

OPIOID PARTIAL AGONISTS

buprenorphine transdermal **ST, QL** BELBUCA **QL**

ANTI-INFECTIVES

ANTHELMINTICS

ivermectin tablet **PA** EMVERM **PA**

ANTI-BACTERIALS -MISCELLANEOUS

sulfamethoxazoletrimethoprim

ANTIFUNGALS

fluconazole itraconazole terbinafine tablet

ANTIVIRALS

acyclovir capsule, tablet oseltamivir **PA** valacyclovir valganciclovir RELENZA **PA**

CEPHALOSPORINS

cefdinir cefprozil cefuroxime axetil cephalexin SUPRAX

ERYTHROMYCINS/MACROLI DES

azithromycin clarithromycin clarithromycin ext-rel erythromycins DIFICID

FLUOROQUINOLONES

ciprofloxacin levofloxacin moxifloxacin

MISCELLANEOUS

clindamycin linezolid metronidazole nitrofurantoin _{(except NDC} 16571074024) pyrimethamine vancomycin capsule XIFAXAN 550 MG

PENICILLINS

amoxicillin amoxicillin-clavulanate dicloxacillin penicillin vk

TETRACYCLINES

doxycycline hyclate 20 mg doxycycline hyclate capsule minocycline tetracycline

ANTINEOPLASTIC AGENTS

ANTIMETABOLITES

pemetrexed

HORMONAL ANTINEOPLASTIC AGENTS bicalutamide

CARDIOVASCULAR

ACE INHIBITOR COMBINATIONS

fosinopril-hydrochlorothiazide lisinopril-hydrochlorothiazide quinapril-hydrochlorothiazide

ACE INHIBITORS

enalapril fosinopril lisinopril quinapril ramipril

ANGIOTENSIN II RECEPTOR ANTAGONIST COMBINATIONS

amlodipine-olmesartan amlodipine-telmisartan amlodipine-valsartan amlodipine-valsartanhydrochlorothiazide candesartanhydrochlorothiazide irbesartan-hydrochlorothiazide losartan-hydrochlorothiazide olmesartan-amlodipinehydrochlorothiazide olmesartanhydrochlorothiazide telmisartanhydrochlorothiazide valsartan-hydrochlorothiazide

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan irbesartan losartan olmesartan telmisartan valsartan

ANTIARRHYTHMICS

amiodarone disopyramide sotalol MULTAQ

ANTILIPEMICS, ACL INHIBITORS/COMBINATION S NEXLETOL

NEXLIZET ANTILIPEMICS, BILE ACID

RESINS

cholestyramine colesevelam

ANTILIPEMICS, CHOLESTEROL ABSORPTION INHIBITOR

ezetimibe

ANTILIPEMICS, FIBRATES

fenofibrate (except fenofibrate capsule 30 mg, 50 mg, 90 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg) fenofibric acid delayed-rel

ANTILIPEMICS, HMG-COA REDUCTASE INHIBITORS/COMBINATION S

ezetimibe-simvastatin

ANTILIPEMICS, HMG-COA REDUCTASE INHIBITORS

atorvastatin fluvastatin lovastatin pravastatin rosuvastatin simvastatin

ANTILIPEMICS, MISCELLANEOUS

niacin ext-rel

ANTILIPEMICS, OMEGA-3 FATTY ACIDS

omega-3 acid ethyl esters **PA** VASCEPA **PA**

BETA-BLOCKERS

acebutolol atenolol carvedilol phosphate ext-rel metoprolol succinate ext-rel metoprolol tartrate nadolol nebivolol pindolol propranolol propranolol ext-rel

CALCIUM CHANNEL BLOCKER/ANTILIPEMIC COMBINATIONS

amlodipine-atorvastatin

CALCIUM CHANNEL BLOCKERS

amlodipine diltiazem ext-rel _{(except generics for} CARDIZEM LA) nifedipine ext-rel verapamil ext-rel

DIGITALIS GLYCOSIDES

digoxin

DIRECT RENIN INHIBITORS/COMBINATION

aliskiren TEKTURNA HCT **ST**

S

DIURETICS

amiloride chlorthalidone ethacrynic acid furosemide hydrochlorothiazide metolazone spironolactone spironolactonehydrochlorothiazide torsemide triamterene triamterenehydrochlorothiazide

HEART FAILURE

isosorbide dinitratehydralazine CORLANOR ENTRESTO **PA** VERQUVO

MISCELLANEOUS

midodrine ranolazine ext-rel

NITRATES

isosorbide dinitrate (except

isosorbide dinitrate 40 mg) isosorbide mononitrate nitroglycerin lingual spray nitroglycerin sublingual

CENTRAL NERVOUS SYSTEM

ANTIANXIETY

alprazolam lorazepam oxazepam

ANTIDEMENTIA

donepezil galantamine galantamine ext-rel memantine rivastigmine rivastigmine transdermal NAMZARIC

ANTIDEPRESSANTS

bupropion bupropion ext-rel (except bupropion ext-rel tablet 450 mg) citalopram desvenlafaxine ext-rel duloxetine escitalopram fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]) mirtazapine paroxetine hcl paroxetine hcl ext-rel (except NDC 60505367503) sertraline trazodone venlafaxine venlafaxine ext-rel capsule TRINTELLIX ST

ANTIPARKINSONIAN AGENTS

amantadine

carbidopa-levodopa carbidopa-levodopa ext-rel carbidopa-levodopaentacapone entacapone pramipexole pramipexole ext-rel rasagiline ropinirole ropinirole ext-rel selegiline NEUPRO RYTARY

ANTIPSYCHOTICS

aripiprazole clozapine lurasidone olanzapine quetiapine quetiapine ext-rel risperidone ziprasidone ABILIFY MAINTENA PERSERIS VRAYLAR

ANTISEIZURE AGENTS

carbamazepine carbamazepine ext-rel clobazam clonazepam diazepam diazepam rectal gel divalproex sodium divalproex sodium ext-rel ethosuximide gabapentin lacosamide lamotrigine lamotrigine ext-rel levetiracetam levetiracetam ext-rel oxcarbazepine phenobarbital phenytoin phenytoin sodium extended pregabalin primidone rufinamide tiagabine topiramate valproic acid zonisamide APTIOM **FYCOMPA** NAYZILAM OXTELLAR XR **TROKENDI XR**

VALTOCO XCOPRI

ATTENTION DEFICIT HYPERACTIVITY DISORDER

amphetaminedextroamphetamine mixed salts amphetaminedextroamphetamine mixed salts ext-rel atomoxetine dexmethylphenidate ext-rel guanfacine ext-rel lisdexamfetamine methylphenidate methylphenidate ext-rel AZSTARYS OELBREE

HYPNOTICS

doxepin eszopiclone QL ramelteon QL zolpidem QL zolpidem ext-rel QL BELSOMRA ST DAYVIGO ST QUVIVIQ ST

MIGRAINE

eletriptan QL naratriptan QL rizatriptan QL sumatriptan QL zolmitriptan QL AJOVY EMGALITY NURTEC ODT ST ONZETRA XSAIL QL QULIPTA ST UBRELVY ST ZEMBRACE SYMTOUCH QL

MUSCULOSKELETAL THERAPY AGENTS

cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) LYVISPAH

NARCOLEPSY/CATAPLEXY

armodafinil **PA** modafinil **PA** SUNOSI **PA**

OPIOID AGONIST/ANTAGONIST

buprenorphine-naloxone sublingual **QL** ZUBSOLV **QL** **OPIOID ANTAGONIST**

naloxone

POSTHERPETIC NEURALGIA (PHN)

pregabalin ext-rel GRALISE

> ENDOCRINE AND METABOLIC

ANDROGENS

testosterone gel (except authorized generics for TESTIM and VOGELXO) PA testosterone solution PA NATESTO PA

ANTIDIABETICS, AMYLIN ANALOGS

SYMLINPEN

ANTIDIABETICS, BIGUANIDE

metformin metformin ext-rel (except generics for FORTAMET and GLUMETZA)

ANTIDIABETICS, BIGUANIDE/ SULFONYLUREA COMBINATIONS

glipizide-metformin

ANTIDIABETICS, DIPEPTIDYL PEPTIDASE-4 INHIBITORS

saxagliptin JANUVIA

ANTIDIABETICS, DPP-4 INHIBITOR COMBINATIONS

saxagliptin-metformin ext-rel JANUMET JANUMET XR TRIJARDY XR

ANTIDIABETICS, INCRETIN MIMETIC AGENTS

MOUNJARO PA OZEMPIC PA RYBELSUS PA TRULICITY PA VICTOZA PA

ANTIDIABETICS, INCRETIN MIMETIC COMBINATION AGENTS SOLIQUA XULTOPHY

ANTIDIABETICS, INSULIN

FIASP HUMULIN R U-500 LANTUS NOVOLIN 70/30 NOVOLIN N NOVOLIN R NOVOLOG NOVOLOG MIX 70/30 TOUJEO TRESIBA

ANTIDIABETICS, INSULIN SENSITIZER

pioglitazone

ANTIDIABETICS, INSULIN SENSITIZER/BIGUANIDE COMBINATION

pioglitazone-metformin

ANTIDIABETICS, INSULIN SENSITIZER/SULFONYLURE A COMBINATION

pioglitazone-glimepiride

ANTIDIABETICS, MEGLITINIDE

nateglinide repaglinide

ANTIDIABETICS, SODIUM-GLUCOSE COTRANSPORTER-2 (SGLT2) INHIBITOR COMBINATIONS

SYNJARDY SYNJARDY XR XIGDUO XR

ANTIDIABETICS, SODIUM-GLUCOSE COTRANSPORTER-2 (SGLT2) INHIBITOR/DPP-4 INHIBITOR COMBINATIONS GLYXAMBI

ANTIDIABETICS, SODIUM-GLUCOSE COTRANSPORTER-2 (SGLT2) INHIBITORS FARXIGA

JARDIANCE

ANTIDIABETICS, SULFONYLUREA

glimepiride glipizide glipizide ext-rel

ANTIOBESITY

orlistat **PA** QSYMIA **PA** SAXENDA **PA** WEGOVY **PA**

BISPHOSPHONATES

alendronate ibandronate risedronate

CARNITINE DEFICIENCY AGENTS

levocarnitine

CHELATING AGENTS

VELTASSA

CONTRACEPTIVES

ethinyl estradiol-drospirenone ethinyl estradiol-drospirenonelevomefolate ethinyl estradiol-levonorgestrel ethinyl estradiollevonorgestrel-iron ethinyl estradiolnorelgestromin ethinyl estradiol-norethindrone acetate ethinyl estradiol-norethindrone acetate-iron ethinyl estradiol-norgestimate **ANNOVERA** LO LOESTRIN FE NATAZIA NUVARING

DIABETIC SUPPLIES

ACCU-CHEK AVIVA PLUS STRIPS AND KITS ACCU-CHEK GUIDE STRIPS AND KITS ACCU-CHEK SMARTVIEW STRIPS AND KITS **BD ULTRAFINE INSULIN** SYRINGES AND NEEDLES DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM **OMNIPOD 5 INSULIN** INFUSION PUMP OMNIPOD DASH INSULIN INFUSION PUMP OMNIPOD INSULIN INFUSION PUMP **ONETOUCH LANCETS /** LANCING DEVICE **ONETOUCH ULTRA STRIPS** AND KITS

ONETOUCH VERIO STRIPS AND KITS V-GO INSULIN INFUSION PUMP

ENDOMETRIOSIS

ORILISSA

ESTROGENS

estradiol PA estradiol vaginal cream estradiol-norethindrone PA CLIMARA PRO PA COMBIPATCH PA DIVIGEL PA DUAVEE PA IMVEXXY MYFEMBREE PA ORIAHNN PA PREMPHASE PA PREMPRO PA VAGIFEM

GLUCOCORTICOIDS

dexamethasone fludrocortisone hydrocortisone methylprednisolone prednisolone solution _{(except}

prednisolone solution 10 mg/5 mL, 20 mg/5 mL) prednisone

GLUCOSE ELEVATING AGENTS

glucagon, human recombinant BAQSIMI GVOKE ZEGALOGUE

MINERALOCORTICOID RECEPTOR ANTAGONISTS

KERENDIA

MISCELLANEOUS

calcitonin-salmon raloxifene

PHOSPHATE BINDER AGENTS

calcium acetate sevelamer carbonate AURYXIA

PROGESTINS

medroxyprogesterone **PA** megestrol acetate progesterone, micronized **PA** CRINONE

THYROID AGENTS

levothyroxine liothyronine SYNTHROID

GASTROINTESTINAL

ANTICHOLINERGICS

dicyclomine

ANTIDIARRHEALS

diphenoxylate-atropine loperamide

ANTIEMETICS

aprepitant doxylamine-pyridoxine delayed-rel dronabinol QL granisetron QL meclizine metoclopramide ondansetron prochlorperazine promethazine scopolamine transdermal trimethobenzamide SANCUSO QL

H2-RECEPTOR ANTAGONISTS

famotidine

INFLAMMATORY BOWEL DISEASE

balsalazide budesonide delayed-rel

capsule hydrocortisone enema mesalamine delayed-rel mesalamine ext-rel mesalamine suppository mesalamine suspension sulfasalazine sulfasalazine delayed-rel CORTIFOAM

IRRITABLE BOWEL SYNDROME WITH CONSTIPATION

lubiprostone PA LINZESS PA

IRRITABLE BOWEL SYNDROME WITH DIARRHEA

alosetron **PA** VIBERZI **PA**

LAXATIVES

lactulose solution

peg 3350-electrolytes _{(except} generics for MOVIPREP) sodium sulfate-potassium sulfate-magnesium sulfate CLENPIQ

MISCELLANEOUS

sucralfate tablet SYMPROIC

PANCREATIC ENZYMES

CREON

VIOKACE ZENPEP

PROTON PUMP INHIBITORS

esomeprazole delayed-rel lansoprazole delayed-rel capsule omeprazole delayed-rel pantoprazole delayed-rel tablet

RECTAL, CORTICOSTEROIDS

hydrocortisone PROCTOFOAM-HC

ULCER THERAPY COMBINATIONS

bismuth-metronidazoletetracycline TALICIA

GENITOURINARY

BENIGN PROSTATIC HYPERPLASIA

alfuzosin ext-rel doxazosin dutasteride dutasteride-tamsulosin finasteride silodosin tadalafil 2.5 mg, 5 mg **PA** tamsulosin terazosin

PROGESTINS

ENDOMETRIN

URINARY ANTISPASMODICS

darifenacin ext-rel fesoterodine ext-rel oxybutynin oxybutynin ext-rel solifenacin tolterodine tolterodine ext-rel trospium trospium ext-rel

GEMTESA

HEMATOLOGIC

ANTICOAGULANTS

enoxaparin fondaparinux warfarin ELIQUIS XARELTO

PLATELET AGGREGATION INHIBITORS

clopidogrel dipyridamole ext-rel-aspirin prasugrel BRILINTA

SICKLE CELL DISEASE

SIKLOS

IMMUNOLOGIC AGENTS

ALLERGENIC EXTRACTS

GRASTEK **PA** RAGWITEK **PA**

NUTRITIONAL/SUPPLEM ENTS

ELECTROLYTES potassium chloride liquid

PRENATAL VITAMINS prenatal vitamins

VITAMINS

folic acid multivitamins

OPHTHALMIC

ANTI-INFECTIVE/ANTI-INFLAMMATORY

neomycin-polymyxin bbacitracin-hydrocortisone neomycin-polymyxin bdexamethasone tobramycin-dexamethasone TOBRADEX OINTMENT

ANTI-INFECTIVES

ciprofloxacin erythromycin gentamicin levofloxacin moxifloxacin ofloxacin sulfacetamide tobramycin trifluridine BESIVANCE

ANTI-INFLAMMATORIES

bromfenac dexamethasone diclofenac difluprednate ketorolac loteprednol prednisolone acetate 1% ILEVRO PROLENSA

ANTIALLERGICS

azelastine bepotastine cromolyn sodium olopatadine

ANTIGLAUCOMA

bimatoprost brimonidine solution brimonidine-timolol brinzolamide dorzolamide-timolol latanoprost timolol maleate solution travoprost ALPHAGAN P BETOPTIC S SIMBRINZA

DRY EYE DISEASE

RESTASIS XIIDRA

RESPIRATORY

ANAPHYLAXIS TREATMENT AGENTS

epinephrine _{(except NDCs 00093-} xxxx-xx, 49502-xxxx-xx) AUVI-Q

ANTICHOLINERGIC/BETA AGONIST COMBINATIONS

ipratropium-albuterol inhalation solution ANORO ELLIPTA STIOLTO RESPIMAT

ANTICHOLINERGIC/BETA AGONIST/STEROID COMBINATIONS

BREZTRI AEROSPHERE

TRELEGY ELLIPTA

ANTICHOLINERGICS

ipratropium inhalation solution SPIRIVA YUPELRI

ANTIHISTAMINE COMBINATIONS azelastine-fluticasone

ANTIHISTAMINES

azelastine levocetirizine olopatadine

BETA AGONISTS

albuterol inhalation solution albuterol sulfate cfc-free aerosol (except NDCs 00093317431, 66993001968) formoterol inhalation solution levalbuterol tartrate cfc-free aerosol SEREVENT STRIVERDI RESPIMAT

COLD/COUGH

benzonatate (except NDCs 69336012615, 69499032915)

LEUKOTRIENE RECEPTOR ANTAGONISTS

montelukast zafirlukast

MISCELLANEOUS

roflumilast

NASAL STEROIDS

flunisolide fluticasone mometasone

STEROID INHALANTS

budesonide inhalation suspension PULMICORT FLEXHALER

STEROID/BETA-AGONIST COMBINATIONS

fluticasone-salmeterol (except certain NDCs) Wixela Inhub AIRSUPRA BREO ELLIPTA (except certain NDCs)

TOPICAL

DERMATOLOGY, ACNE

adapalene (except adapalene pad) **PA2** benzoyl peroxide clindamycin gel (except NDC 68682046275) clindamycin solution clindamycin-benzoyl peroxide dapsone erythromycin solution erythromycin-benzoyl peroxide isotretinoin capsule 20 mg, 30 mg, 40 mg tretinoin PA2 AKLIEF EPIDUO ONEXTON TWYNEO WINLEVI

DERMATOLOGY, ACTINIC KERATOSIS

fluorouracil cream 5% fluorouracil solution imiquimod

DERMATOLOGY, ANTIBIOTICS

gentamicin mupirocin ointment

DERMATOLOGY, ANTIFUNGALS

ciclopirox clotrimazole econazole ketoconazole cream 2% nystatin NAFTIN

DERMATOLOGY, ANTIPSORIATICS

acitretin calcipotriene ointment, solution methoxsalen VTAMA ZORYVE

DERMATOLOGY, ANTISEBORRHEICS

ketoconazole shampoo 2% selenium sulfide lotion 2.5%

DERMATOLOGY, ATOPIC DERMATITIS

pimecrolimus **ST** tacrolimus **ST**

EUCRISA **ST** OPZELURA **ST**

DERMATOLOGY, CORTICOSTEROIDS

clobetasol cream, foam, gel, lotion, ointment, shampoo (except clobetasol emollient foam) QL desonide (except desonide gel) QL desoximetasone QL fluocinonide (except fluocinonide cream 0.1%) QL halobetasol cream, ointment QL hydrocortisone QL hydrocortisone butyrate cream, ointment, solution OL

mometasone **QL**

triamcinolone cream, lotion, ointment (except triamcinolone

ointment 0.05%) **QL** BRYHALI **QL** ENSTILAR **QL**

DERMATOLOGY, LOCAL ANESTHETICS

lidocaine patch lidocaine-prilocaine **QL**

DERMATOLOGY, MISCELLANEOUS SKIN AND MUCOUS MEMBRANE

diclofenac sodium gel 1% QL diclofenac sodium solution 1.5% PA

DERMATOLOGY, ROSACEA

azelaic acid gel brimonidine gel metronidazole FINACEA FOAM ORACEA SOOLANTRA

MOUTH/THROAT/DENTAL AGENTS

EPISIL

ΟΤΙΟ

acetic acid ciprofloxacin-dexamethasone neomycin-polymyxin bhydrocortisone ofloxacin otic

QUICK REFERENCE DRUG LIST

Α

ABILIFY MAINTENA ACCU-CHEK AVIVA PLUS STRIPS AND KITS ACCU-CHEK GUIDE STRIPS AND KITS ACCU-CHEK SMARTVIEW STRIPS AND KITS acebutolol acetic acid acitretin acyclovir capsule, tablet adapalene (except adapalene pad) DA2 AIRSUPRA AJOVY AKLIEF albuterol inhalation solution albuterol sulfate cfc-free aerosol (except NDCs 00093317431, 66993001968) alendronate alfuzosin ext-rel aliskiren allopurinol alosetron PA ALPHAGAN P alprazolam amantadine amiloride amiodarone amlodipine amlodipine-atorvastatin amlodipine-olmesartan amlodipine-telmisartan amlodipine-valsartan amlodipine-valsartanhydrochlorothiazide amoxicillin amoxicillin-clavulanate amphetaminedextroamphetamine mixed salts amphetaminedextroamphetamine mixed salts ext-rel ANNOVERA ANORO ELLIPTA aprepitant APTIOM aripiprazole armodafinil PA atenolol

atomoxetine

atorvastatin AURYXIA AUVI-Q azelaic acid gel azelastine azelastine azelastine-fluticasone azithromycin AZSTARYS

В

balsalazide BAQSIMI **BD ULTRAFINE INSULIN** SYRINGES AND NEEDLES BELBUCA OL BELSOMRA ST benzonatate (except NDCs 69336012615, 69499032915) benzoyl peroxide bepotastine BESIVANCE **BETOPTIC S** bicalutamide bimatoprost bismuth-metronidazoletetracycline BREO ELLIPTA (except certain **BREZTRI AEROSPHERE** BRILINTA brimonidine gel brimonidine solution brimonidine-timolol brinzolamide bromfenac **BRYHALI OL** budesonide delayed-rel capsule budesonide inhalation suspension buprenorphine transdermal ST, QL buprenorphine-naloxone sublingual QL bupropion bupropion ext-rel (except bupropion ext-rel tablet 450 mg)

С

calcipotriene ointment, solution calcitonin-salmon calcium acetate candesartan candesartanhydrochlorothiazide carbamazepine carbamazepine ext-rel carbidopa-levodopa carbidopa-levodopa ext-rel carbidopa-levodopaentacapone carvedilol carvedilol phosphate ext-rel cefdinir cefprozil cefuroxime axetil celecoxib cephalexin chlorthalidone cholestyramine ciclopirox ciprofloxacin ciprofloxacin ciprofloxacin-dexamethasone citalopram clarithromycin clarithromycin ext-rel CLENPIO CLIMARA PRO PA clindamycin clindamycin gel (except NDC 68682046275) clindamycin solution clindamycin-benzoyl peroxide clobazam clobetasol cream, foam, gel, lotion, ointment, shampoo (except clobetasol emollient foam) QL clonazepam clopidogrel clotrimazole clozapine codeine-acetaminophen QL colchicine tablet colesevelam COMBIPATCH PA

CORLANOR

CORTIFOAM

cromolyn sodium

darifenacin ext-rel

cyclobenzaprine (except

cyclobenzaprine tablet 7.5 mg)

CREON

D

CRINONE

dapsone

DAYVIGO ST

desonide (except desonide gel) QL desoximetasone OL desvenlafaxine ext-rel dexamethasone dexamethasone DEXCOM CONTINUOUS **GLUCOSE MONITORING** SYSTEM dexmethylphenidate ext-rel diazepam diazepam rectal gel diclofenac diclofenac sodium diclofenac sodium gel 1% QL diclofenac sodium solution 1.5% **PA** diclofenac sodiummisoprostol dicloxacillin dicyclomine DIFICID difluprednate digoxin diltiazem ext-rel (except generics for CARDIZEM LA) diphenoxylate-atropine dipyridamole ext-rel-aspirin disopyramide divalproex sodium divalproex sodium ext-rel DIVIGEL PA donepezil dorzolamide dorzolamide-timolol doxazosin doxepin doxycycline hyclate 20 mg doxycycline hyclate capsule doxylamine-pyridoxine delayed-rel dronabinol QL DUAVEE PA duloxetine dutasteride dutasteride-tamsulosin

Ε

econazole eletriptan **QL** ELIQUIS EMGALITY EMVERM **PA** enalapril ENDOMETRIN

enoxaparin ENSTILAR **QL** entacapone ENTRESTO **PA** EPIDUO

epinephrine (except NDCs 00093-XXXX-XX, 49502-XXXX-XX) EPISIL erythromycin erythromycin solution erythromycin-benzoyl peroxide erythromycins escitalopram esomeprazole delayed-rel estradiol PA estradiol vaginal cream estradiol-norethindrone PA eszopiclone QL ethacrynic acid ethinyl estradioldrospirenone ethinyl estradioldrospirenone-levomefolate ethinyl estradiollevonorgestrel

ethinyl estradiollevonorgestrel-iron ethinyl estradiolnorelgestromin ethinyl estradiolnorethindrone acetate ethinyl estradiolnorethindrone acetate-iron ethinyl estradiolnorgestimate ethosuximide EUCRISA **ST** ezetimibe ezetimibe

F

famotidine FARXIGA fenofibrate (except fenofibrate capsule 30 mg, 50 mg, 90 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg) fenofibric acid delayed-rel fentanyl transdermal PA fentanyl transmucosal lozenge QL fesoterodine ext-rel FIASP **FINACEA FOAM** finasteride fluconazole fludrocortisone flunisolide

fluocinonide (except fluocinonide cream 0.1%) QL fluorouracil cream 5% fluorouracil solution fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]) fluticasone fluticasone-salmeterol (except certain NDCs) fluvastatin folic acid fondaparinux formoterol inhalation solution fosinopril fosinoprilhydrochlorothiazide furosemide **FYCOMPA**

G

gabapentin galantamine galantamine ext-rel GEMTESA gentamicin gentamicin glimepiride glipizide glipizide ext-rel glipizide-metformin glucagon, human recombinant **GLYXAMBI** GRALISE granisetron QL **GRASTEK PA** guanfacine ext-rel GVOKE

Н

halobetasol cream, ointment OL HUMULIN R U-500 hydrochlorothiazide hydrocodone ext-rel QL hydrocodone-acetaminophen OL hvdrocortisone hydrocortisone hydrocortisone QL hydrocortisone butyrate cream, ointment, solution QL hydrocortisone enema hydromorphone QL hydromorphone ext-rel QL

1

ibandronate ibuprofen **ILEVRO** imiquimod IMVEXXY ipratropium inhalation solution ipratropium-albuterol inhalation solution irbesartan irbesartanhydrochlorothiazide isosorbide dinitrate (except isosorbide dinitrate 40 mg) isosorbide dinitratehydralazine isosorbide mononitrate isotretinoin capsule 20 mg, 30 mg. 40 mg itraconazole ivermectin tablet PA

J

JANUMET JANUMET XR JANUVIA JARDIANCE

Κ

KERENDIA ketoconazole cream 2% ketoconazole shampoo 2% ketorolac

L I

lacosamide lactulose solution lamotrigine lamotrigine ext-rel lansoprazole delayed-rel capsule LANTUS latanoprost levalbuterol tartrate cfc-free aerosol levetiracetam levetiracetam ext-rel levocarnitine levocetirizine levofloxacin levofloxacin levothyroxine lidocaine patch lidocaine-prilocaine QL linezolid LINZESS PA liothyronine lisdexamfetamine

lisinopril lisinopril-hydrochlorothiazide LO LOESTRIN FE loperamide lorazepam losartan losartan-hydrochlorothiazide loteprednol lovastatin lubiprostone PA lurasidone LYVISPAH

Μ

meclizine medroxyprogesterone PA megestrol acetate meloxicam tablet memantine mesalamine delayed-rel mesalamine ext-rel mesalamine suppository mesalamine suspension metformin metformin ext-rel (except generics for FORTAMET and GLUMETZA) methadone **QL** methoxsalen methylphenidate methylphenidate ext-rel methylprednisolone metoclopramide metolazone metoprolol succinate ext-rel metoprolol tartrate metronidazole metronidazole midodrine minocycline mirtazapine MITIGARE modafinil PA mometasone mometasone QL montelukast morphine **OL** morphine ext-rel QL **MOUNJARO PA** moxifloxacin moxifloxacin MULTAO multivitamins mupirocin ointment MYFEMBREE PA

Ν

nadolol NAFTIN naloxone

NAMZARIC

naproxen (except naproxen CR or naproxen suspension) naratriptan QL NATAZIA natealinide NATESTO PA NAYZILAM nebivolol neomycin-polymyxin bbacitracin-hydrocortisone neomycin-polymyxin bdexamethasone neomycin-polymyxin bhydrocortisone NEUPRO NEXLETOL NEXLIZET niacin ext-rel nifedipine ext-rel nitrofurantoin (except NDC 16571074024) nitroglycerin lingual spray nitroglycerin sublingual NOVOLIN 70/30 NOVOLIN N NOVOLIN R NOVOLOG NOVOLOG MIX 70/30 NURTEC ODT ST NUVARING nystatin

0

ofloxacin ofloxacin otic olanzapine olmesartan olmesartan-amlodipinehydrochlorothiazide olmesartanhydrochlorothiazide olopatadine olopatadine omega-3 acid ethyl esters PA omeprazole delayed-rel **OMNIPOD 5 INSULIN** INFUSION PUMP OMNIPOD DASH INSULIN INFUSION PUMP OMNIPOD INSULIN INFUSION PUMP ondansetron **ONETOUCH LANCETS /** LANCING DEVICE **ONETOUCH ULTRA STRIPS** AND KITS **ONETOUCH VERIO STRIPS** AND KITS

ONEXTON ONZETRA XSAIL QL **OPZELURA ST** ORACEA **ORIAHNN PA** ORILISSA orlistat PA oseltamivir PA oxazepam oxcarbazepine **OXTELLAR XR** oxybutynin oxybutynin ext-rel oxycodone QL oxycodone ext-rel QL oxycodone-acetaminophen OL OZEMPIC PA

Ρ

pantoprazole delayed-rel tablet paroxetine hcl paroxetine hcl ext-rel (except NDC 60505367503) peg 3350-electrolytes (except generics for MOVIPREP) pemetrexed penicillin vk PERSERIS phenobarbital phenytoin phenytoin sodium extended pimecrolimus ST pindolol pioglitazone pioglitazone-glimepiride pioglitazone-metformin potassium chloride liquid pramipexole pramipexole ext-rel prasugrel pravastatin prednisolone acetate 1% prednisolone solution (except prednisolone solution 10 mg/5 mL, 20 mg/5 mL) prednisone pregabalin pregabalin ext-rel PREMPHASE PA PREMPRO PA prenatal vitamins primidone probenecid prochlorperazine **PROCTOFOAM-HC** progesterone, micronized PA PROLENSA

promethazine propranolol propranolol ext-rel PULMICORT FLEXHALER pyrimethamine

Q

QELBREE QSYMIA **PA** quetiapine quetiapine ext-rel quinapril quinapril-hydrochlorothiazide QULIPTA **ST** QUVIVIQ **ST**

R

RAGWITEK PA raloxifene ramelteon QL ramipril ranolazine ext-rel rasagiline RELENZA PA repaglinide RESTASIS risedronate risperidone rivastigmine rivastigmine transdermal rizatriptan **OL** roflumilast ropinirole ropinirole ext-rel rosuvastatin rufinamide **RYBELSUS PA** RYTARY

S

SANCUSO OL saxagliptin saxagliptin-metformin ext-rel SAXENDA PA scopolamine transdermal selegiline selenium sulfide lotion 2.5% SEREVENT sertraline sevelamer carbonate SIKLOS silodosin SIMBRINZA simvastatin sodium sulfate-potassium sulfate-magnesium sulfate solifenacin SOLIQUA SOOLANTRA

sotalol **SPIRIVA** spironolactone spironolactonehydrochlorothiazide STIOLTO RESPIMAT STRIVERDI RESPIMAT sucralfate tablet sulfacetamide sulfamethoxazoletrimethoprim sulfasalazine sulfasalazine delayed-rel sumatriptan QL SUNOSI PA SUPRAX **SYMLINPEN** SYMPROIC **SYNJARDY** SYNJARDY XR SYNTHROID

Т

tacrolimus ST tadalafil 2.5 mg, 5 mg PA TALICIA tamsulosin TEKTURNA HCT ST telmisartan telmisartanhydrochlorothiazide terazosin terbinafine tablet testosterone gel (except authorized generics for TESTIM and VOGELXO)

PA

testosterone solution PA tetracycline tiagabine timolol maleate solution TOBRADEX OINTMENT tobramycin tobramycin-dexamethasone tolterodine tolterodine ext-rel topiramate torsemide TOUJEO tramadol (except NDC 52817019610) OL tramadol ext-rel tablet QL travoprost trazodone TRELEGY ELLIPTA TRESIBA tretinoin PA2 triamcinolone cream, lotion, ointment (except triamcinolone ointment 0.05%) QL

triamterene triamterenehydrochlorothiazide trifluridine TRIJARDY XR trimethobenzamide TRINTELLIX **ST** TROKENDI XR trospium trospium ext-rel TRULICITY **PA** TWYNEO

U UBRELVY **ST**

V

V-GO INSULIN INFUSION PUMP VAGIFEM valacyclovir valganciclovir valproic acid valsartan valsartan-hydrochlorothiazide VALTOCO vancomycin capsule VASCEPA PA VELTASSA venlafaxine venlafaxine ext-rel capsule verapamil ext-rel VERQUVO

VIBERZI **PA** VICTOZA **PA** VIOKACE VRAYLAR VTAMA

W

warfarin WEGOVY **PA** WINLEVI Wixela Inhub

X

XARELTO XCOPRI XIFAXAN 550 MG XIGDUO XR XIIDRA

XULTOPHY

Υ

YUPELRI

Ζ

zafirlukast ZEGALOGUE ZEMBRACE SYMTOUCH QL ZENPEP ziprasidone zolmitriptan QL zolpidem QL zolpidem ext-rel QL zonisamide ZORYVE ZUBSOLV QL

PREFERRED OPTIONS LIST FOR FORMULARY DRUG REMOVALS AND DRUGS COVERED ONLY WHEN PREFERRED OPTIONS ARE NOT CLINICALLY APPROPRIATE

The preferred options listed below are a broad representation of available treatment options and do not necessarily represent clinical equivalency.

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|----------------------------|--|---|---|
| ABILIFY | aripiprazole, clozapine, lurasidone, olanzapine, quetiapine, quetiapine ext- rel, risperidone, ziprasidone, VRAYLAR | | clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, |
| ACANYA | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI | ADDERALL ADDERALL XR | AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI amphetamine- dextroamphetamine mixed salts, methylphenidate amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, AZSTARYS |
| ACIPHEX, ACIPHEX SPRINKLE | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole delayed-rel tablet | ADRENALIN | epinephrine (except NDCs 00093-XXXX-XX, 49502- XXXX-XX), AUVI-Q |
| Activite ACTOS | generic multivitamins pioglitazone | ADVAIR DISKUS, ADVAIR HFA | fluticasone-salmeterol (except certain NDCs), Wixela Inhub, BREO ELLIPTA (except certain NDCs) |
| ACUVAIL acyclovir cream | bromfenac, diclofenac, ketorolac, ILEVRO, PROLENSA acyclovir capsule, acyclovir | ADZENYS XR-ODT | amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, |
| ACZONE | tablet, valacyclovir adapalene (except | | methylphenidate ext-rel, AZSTARYS |
| | adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI | AIMOVIG albuterol sulfate CFC-free aerosol (NDCs 00093317431, 66993001968 only) ALEVICYN GEL, ALEVICYN SG, ALEVICYN SOLUTION | AJOVY, EMGALITY, QULIPTA albuterol sulfate CFC- free aerosol (except NDCs 00093317431, 66993001968), levalbuterol tartrate CFC-free aerosol desonide (except desonide gel) QL, hydrocortisone QL |
| adapalene pad | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel | ALIMTA ALLISON MEDICAL INSULIN SYRINGES | pemetrexed BD ULTRAFINE INSULIN SYRINGES |
| | (except NDC 68682046275), clindamycin solution, | ALREX | azelastine, bepotastine, |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|------------------------------|--|--------------------------|--|
| | cromolyn sodium, olopatadine | | capsule, omeprazole delayed-rel, or pantoprazole delayed-rel tablet |
| ALTOPREV | atorvastatin, ezetimibe- simvastatin, fluvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin | ASCENSIA STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND |
| ALVESCO | PULMICORT FLEXHALER | | KITS, ACCU- CHEK SMARTVIEW STRIPS |
| AMITIZA | lubiprostone PA , LINZESS PA , SYMPROIC | | AND KITS, ONETOUCH ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS AND KITS |
| AMRIX | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) | ASMANEX, ASMANEX HFA | PULMICORT FLEXHALER |
| ANDROGEL | testosterone gel (except authorized generics for TESTIM and VOGELXO) PA , testosterone solution PA , NATESTO PA | ATACAND, ATACAND HCT | candesartan, candesartan- hydrochlorothiazide, irbesartan, irbesartan- hydrochlorothiazide, losartan, losartan- hydrochlorothiazide, olmesartan, olmesartan- |
| APEXICON E | desoximetasone (except desoximetasone ointment 0.05%) QL , fluocinonide (except fluocinonide cream 0.1%), QL BRYHALI QL | | hydrochlorothiazide, telmisartan, telmisartan- hydrochlorothiazide, valsartan, valsartan- hydrochlorothiazide |
| APIDRA | FIASP, NOVOLOG | ATIVAN | alprazolam, clonazepam, diazepam, lorazepam, |
| APLENZIN | bupropion, bupropion ext-rel (except bupropion ext-rel tablet 450 mg) | AVENOVA | oxazepam Talk to your doctor |
| APTENSIO XR | amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, | AZASITE | ciprofloxacin, erythromycin, gentamicin, levofloxacin, moxifloxacin, ofloxacin, sulfacetamide, tobramycin, BESIVANCE |
| ARAZLO | AZSTARYS adapalene (except adapalene pad) PA2, benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin-benzoyl peroxide, tretinoin PA2, AKLIEF, EPIDUO, ONEXTON, | AZELEX | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI |
| | TWYNEO, WINLEVI | AZESCO | generic prenatal vitamins |
| ARNUITY ELLIPTA ARTHROTEC | PULMICORT FLEXHALER celecoxib; diclofenac sodium, | AZOR | amlodipine-olmesartan, amlodipine-telmisartan, amlodipine-valsartan |
| | alcorenac sodium, ibuprofen, meloxicam tablet or naproxen (except naproxen CR or naproxen suspension) WITH esomeprazole delayed-rel, lansoprazole delayed-rel | BALCOLTRA | ethinyl estradiol- drospirenone, ethinyl estradiol-drospirenone- levomefolate, ethinyl estradiol-levonorgestrel, ethinyl estradiol- |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|---|---|--|---|
| | levonorgestrel-iron, ethinyl estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- norgestimate, LO LOESTRIN FE, NATAZIA | | levomefolate, ethinyl estradiol-levonorgestrel, ethinyl estradiol- levonorgestrel-iron, ethinyl estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- |
| BANZEL | clobazam, clonazepam, lamotrigine, rufinamide, topiramate, TROKENDI XR | | norgestimate, LO LOESTRIN FE, NATAZIA |
| BASAGLAR | LANTUS | BREEZE 2 STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- |
| BECONASE AQ | azelastine-fluticasone, flunisolide, fluticasone, mometasone | | CHEK GUIDE STRIPS AND KITS, ACCU- CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH ULTRA STRIPS AND KITS, |
| BENICAR, BENICAR HCT | candesartan, candesartan- hydrochlorothiazide, irbesartan, irbesartan- | | ONETOUCH VERIO STRIPS AND KITS |
| | hydrochlorothiazide, losartan, losartan- hydrochlorothiazide, olmesartan, olmesartan- | BROMSITE | bromfenac, diclofenac, ketorolac, ILEVRO, PROLENSA |
| | hydrochlorothiazide, telmisartan, telmisartan- hydrochlorothiazide, valsartan, valsartan- hydrochlorothiazide | budesonide ext-rel tablet | balsalazide, mesalamine delayed-rel, mesalamine ext- rel, sulfasalazine, sulfasalazine delayed-rel |
| BENSAL HP | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone <mark>QL</mark> | Вирар | diclofenac sodium, ibuprofen, naproxen (except naproxen CR or naproxen suspension) |
| <i>benzonatate</i> (NDCs 69336012615, 69499032915 only) | <i>benzonatate</i> (except NDCs 69336012615, 69499032915) | bupropion ext-rel tablet 450 mg | bupropion, bupropion ext-rel |
| BEPREVE | azelastine, bepotastine, cromolyn sodium, | | (except bupropion ext-rel tablet 450 mg) |
| | olopatadine | butalbital-acetaminophen capsule, butalbital-acetaminophen tablet 25- | diclofenac sodium, ibuprofen, naproxen (except |
| BETAMETHASONE ACETATE- BETAMETHASONE SODIUM PHOSPHATE | dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution (except prednisolone | 325 mg, butalbital-acetaminophen tablet 50-300 mg, BUTALBITAL- ACETAMINOPHEN (NDC 69499034230 only) | naproxen CR or naproxen suspension) |
| betamethasone dipropionate ointment | solution 10 mg/5 mL, 20 mg/5 mL), prednisone desoximetasone (except | butalbital-acetaminophen-caffeine capsule | diclofenac sodium, ibuprofen, naproxen (except naproxen CR or naproxen |
| 0.05% | desoximetasone ointment 0.05%) QL , fluocinonide (except fluocinonide cream 0.1%), QL BRYHALI QL | BUTRANS | suspension) buprenorphine transdermal ST, QL , BELBUCA ST |
| BETAPACE, BETAPACE AF | sotalol | BYDUREON BCISE | MOUNJARO PA , OZEMPIC PA , RYBELSUS PA , |
| BETIMOL | timolol maleate solution, BETOPTIC S | BYETTA | TRULICITY PA , VICTOZA PA MOUNJARO PA , OZEMPIC PA , RYBELSUS PA , |
| BEVESPI AEROSPHERE | ANORO ELLIPTA, STIOLTO RESPIMAT | | TRULICITY PA , VICTOZA PA |
| BEYAZ | ethinyl estradiol- drospirenone, ethinyl estradiol-drospirenone- | BYSTOLIC | acebutolol, atenolol, carvedilol, carvedilol phosphate ext-rel, metoprolol succinate ext-rel, |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|--|---|--|--|
| | metoprolol tartrate, nadolol, nebivolol, pindolol, | 73007001303 only), chlorzoxazone 750 mg | mg) |
| | propranolol, propranolol ext- rel | CICATRACE | Talk to your doctor |
| calcipotriene cream, calcipotriene foam, CALCIPOTRIENE FOAM | calcipotriene ointment, calcipotriene solution, VTAMA, ZORYVE | CILOXAN | ciprofloxacin, erythromycin, gentamicin, levofloxacin, moxifloxacin, ofloxacin, sulfacetamide, tobramycin, |
| calcipotriene-betamethasone | calcipotriene ointment or calcipotriene solution WITH desoximetasone (except desoximetasone ointment 0.05%) QL , fluocinonide (except fluocinonide cream | CIPRO HC | BESIVANCE ciprofloxacin- dexamethasone, ofloxacin otic |
| | 0.1%) QL or BRYHALI QL; ENSTILAR, VTAMA, ZORYVE | CIPRODEX | ciprofloxacin- dexamethasone, ofloxacin otic |
| calcitriol ointment | calcipotriene ointment, calcipotriene solution, VTAMA, ZORYVE | ciprofloxacin-fluocinolone | ciprofloxacin- dexamethasone, ofloxacin otic |
| CAMBIA | diclofenac sodium, ibuprofen, naproxen (except | CITRANATAL | generic prenatal vitamins |
| | naproxen CR or naproxen suspension) | CLIMARA (except CLIMARA PRO) | estradiol PA, DIVIGEL PA |
| Capsinac | diclofenac sodium, diclofenac sodium gel 1% QL , diclofenac sodium solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | <i>clindamycin gel</i> (NDC 68682046275 only) | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, |
| CARAC | fluorouracil cream 5%, fluorouracil solution, imiquimod | | erythromycin-benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI |
| CARAFATE | sucralfate tablet | clobetasol emollient foam | clobetasol cream QL, |
| CARBINOXAMINE TABLET 6 MG | levocetirizine | | clobetasol foam (except clobetasol emollient foam) |
| CARDIZEM, CARDIZEM CD, CARDIZEM LA | diltiazem ext-rel (except generics for CARDIZEM LA), verapamil ext-rel | | QL , clobetasol gel QL , clobetasol lotion QL , clobetasol ointment QL , |
| carisoprodol 250 mg | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) | clobetasol spray | halobetasol cream QL , halobetasol ointment QL clobetasol cream QL , |
| CARNITOR, CARNITOR SF | levocarnitine | | clobetasol foam (except clobetasol emollient foam) |
| CELEBREX | celecoxib, diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | | QL, clobetasol gel QL, clobetasol lotion QL, clobetasol ointment QL, halobetasol cream QL, halobetasol ointment QL |
| chlordiazepoxide-clidinium (NDCs 11534019701, 42494040901, 51293069601, 51293069610, 67877073101, 70700018501 only) | dicyclomine | CLOBEX SPRAY | clobetasol cream QL, clobetasol foam (except clobetasol emollient foam) QL, clobetasol gel QL, clobetasol lotion QL, clobetasol ointment QL, |
| chlorzoxazone 250 mg, chlorzoxazone 375 mg, chlorzoxazone 500 mg (NDC | cyclobenzaprine (except cyclobenzaprine tablet 7.5 | | halobetasol cream QL , halobetasol ointment QL |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
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| clocortolone cream | hydrocortisone butyrate cream QL, hydrocortisone butyrate ointment QL, hydrocortisone butyrate solution QL, mometasone QL, triamcinolone cream QL, triamcinolone lotion QL, triamcinolone ointment (except triamcinolone | CORDRAN TAPE | clobetasol cream QL, clobetasol foam (except clobetasol emollient foam), QL clobetasol gel QL, clobetasol lotion QL, clobetasol ointment QL, halobetasol cream QL, halobetasol ointment QL |
| | ointment 0.05%) QL | COREG CR | acebutolol, atenolol, |
| COLAZAL | balsalazide, mesalamine delayed-rel, mesalamine ext- rel, sulfasalazine, sulfasalazine delayed-rel | | carvedilol, carvedilol phosphate ext-rel, metoprolol succinate ext-rel, metoprolol tartrate, nadolol, nebivolol, pindolol, propranolol, propranolol ext- |
| colchicine capsule | colchicine tablet, MITIGARE | | rel |
| COLCRYS | colchicine tablet, MITIGARE | CoreMino | doxycycline hyclate 20 mg, doxycycline hyclate capsule, |
| COMBIGAN | brimonidine-timolol | | minocycline, tetracycline |
| CONCERTA | amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, | COZAAR | candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan |
| | lisdexamfetamine, methylphenidate ext-rel, | CRESEMBA | itraconazole PA |
| CONTOUR NEXT STRIPS AND KITS | AZSTARYS ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND | CRESTOR | atorvastatin, ezetimibe- simvastatin, fluvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin |
| | KITS, ACCU- CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH ULTRA STRIPS AND KITS. | cyclobenzaprine ext-rel capsule, cyclobenzaprine tablet 7.5 mg | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) |
| | ONETOUCH VERIO STRIPS AND KITS | CYMBALTA | desvenlafaxine ext-rel, duloxetine, venlafaxine, venlafaxine ext-rel capsule |
| CONTOUR STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND KITS, ACCU- | CYTOMEL | levothyroxine, liothyronine, SYNTHROID |
| | CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH | DALIRESP | roflumilast |
| | ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS | DARAPRIM | pyrimethamine |
| CONTRAVE | AND KITS orlistat PA , QSYMIA PA , | DAYTRANA | amphetamine- dextroamphetamine mixed salts ext-rel, |
| | SAXENDA PA , WEGOVY PA | | dexmethylphenidate ext-rel, lisdexamfetamine, |
| CORDRAN CREAM, CORDRAN LOTION | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone <mark>QL</mark> | | methylphenidate ext-rel, AZSTARYS |
| CORDRAN OINTMENT | hydrocortisone butyrate cream QL , hydrocortisone butyrate ointment QL , hydrocortisone butyrate solution QL , mometasone | DELZICOL | balsalazide, mesalamine delayed-rel, mesalamine ext- rel, sulfasalazine, sulfasalazine delayed-rel |
| | QL, triamcinolone cream QL, triamcinolone lotion QL, triamcinolone ointment (except triamcinolone ointment 0.05%) QL | DEPAKOTE, DEPAKOTE ER, DEPAKOTE SPRINKLE | carbamazepine, carbamazepine ext-rel, clonazepam, divalproex sodium, divalproex sodium ext-rel, ethosuximide, |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
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| | gabapentin, lacosamide, lamotrigine, lamotrigine ext- rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phonobarbital, phonutain | | QL , diclofenac sodium solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) |
| | phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI | Diclofex DC | diclofenac sodium, diclofenac sodium gel 1% QL , diclofenac sodium solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) |
| desonide gel | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone QL | Diclosaicin | diclofenac sodium, diclofenac sodium gel 1% QL , diclofenac sodium |
| desoximetasone ointment 0.05% | hydrocortisone butyrate cream QL , hydrocortisone butyrate ointment QL , hydrocortisone butyrate solution QL , mometasone | | solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) |
| | QL, triamcinolone cream QL, triamcinolone lotion QL, triamcinolone ointment (except triamcinolone ointment 0.05%) QL | DIFFERIN LOTION | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl |
| DesRx | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone <mark>QL</mark> | | peroxide, dapsone, erythromycin solution, erythromycin- benzoyl |
| DETROL LA | darifenacin ext-rel, fesoterodine ext-rel, oxybutynin ext-rel, solifenacin, tolterodine, | | peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI |
| | tolterodine ext-rel, trospium, trospium ext-rel, GEMTESA | diflorasone cream, diflorasone ointment | desoximetasone (except desoximetasone ointment 0.05%) QL , fluocinonide |
| dexchlorpheniramine | levocetirizine | | (except fluocinonide cream 0.1%), <mark>QL</mark> BRYHALI <mark>QL</mark> |
| Dexifol | generic multivitamins | dihydroergotamine spray | eletriptan <mark>QL</mark> , naratriptan <mark>QL</mark> , |
| DEXILANT | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole delayed-rel tablet | | rizatriptan QL, sumatriptan QL, zolmitriptan QL, NURTEC ODT ST , ONZETRA XSAIL QL, UBRELVY ST , ZEMBRACE SYMTOUCH QL |
| dexlansoprazole delayed-rel | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole delayed-rel tablet | DILANTIN | carbamazepine, carbamazepine ext-rel, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- |
| diclofenac potassium capsule 25 mg, diclofenac potassium tablet 25 mg | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | | rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, |
| diclofenac potassium powder | diclofenac sodium, ibuprofen, naproxen (except naproxen CR or naproxen suspension) | | phenytoin sodium extended, pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI |
| diclofenac sodium solution 2% | diclofenac sodium, diclofenac sodium gel 1% | | XR, XCOPRI |

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|---|---|---|---|
| <i>diltiazem ext-rel</i> (generics for CARDIZEM LA only) | diltiazem ext-rel (except generics for CARDIZEM LA), verapamil ext-rel | EDARBI, EDARBYCLOR | candesartan, candesartan- hydrochlorothiazide, irbesartan, irbesartan- |
| DIOVAN, DIOVAN HCT | candesartan, candesartan- hydrochlorothiazide, irbesartan, irbesartan- hydrochlorothiazide, losartan, losartan- hydrochlorothiazide, olmesartan, olmesartan- hydrochlorothiazide, telmisartan, telmisartan- | | hydrochlorothiazide, losartan, losartan- hydrochlorothiazide, olmesartan, olmesartan- hydrochlorothiazide, telmisartan, telmisartan- hydrochlorothiazide, valsartan, valsartan- hydrochlorothiazide |
| | hydrochlorothiazide, valsartan, valsartan- hydrochlorothiazide | EDLUAR | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , zolpidem ext-rel QL , BELSOMRA ST , DAYVIGO |
| Diphen Elixir | levocetirizine | | ST, QUVIVIQ ST |
| DORYX, DORYX MPC | doxycycline hyclate 20 mg, doxycycline hyclate capsule, | E.E.S. GRANULES | erythromycins |
| | minocycline, tetracycline | EFFEXOR XR | desvenlafaxine ext-rel, duloxetine, venlafaxine, |
| doxepin cream | desonide (except desonide gel) QL, hydrocortisone QL, pimecrolimus ST, tacrolimus ST, EUCRISA ST, OPZELURA ST | ELIDEL | venlafaxine ext-rel capsule pimecrolimus ST , tacrolimus ST , EUCRISA ST , OPZELURA ST |
| doxycycline hyclate delayed-rel tablet | doxycycline hyclate 20 mg, doxycycline hyclate capsule, | ELMIRON | Talk to your doctor |
| | minocycline, tetracycline | EluRyng | ANNOVERA, NUVARING |
| doxycycline hyclate tablet 50 mg, doxycycline hyclate tablet 75 mg, doxycycline hyclate tablet 150 mg | doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline | ENLITE CONTINUOUS GLUCOSE MONITORING SYSTEM | DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM |
| doxycycline monohydrate capsule 75 mg, doxycycline monohydrate capsule 150 mg | doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline | ENTERAGAM | <i>alosetron <mark>PA</mark>,</i> VIBERZI PA , XIFAXAN 550 MG |
| doxycycline monohydrate delayed-rel | ORACEA | EPANED | enalapril, fosinopril, lisinopril, quinapril, ramipril |
| capsule DUOBRII | calcipotriene ointment or | EPICERAM | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone <mark>QL</mark> |
| | calcipotriene solution WITH desoximetasone (except desoximetasone ointment 0.05%) QL , fluocinonide (except fluocinonide cream | epinephrine (NDCs 00093-XXXX-XX, 49502-XXXX-XX only) | epinephrine (except NDCs 00093-XXXX-XX, 49502- XXXX-XX), AUVI-Q |
| | 0.1%) QL or BRYHALI QL ; ENSTILAR, VTAMA, ZORYVE | EPIPEN, EPIPEN JR | epinephrine (except NDCs 00093-XXXX-XX, 49502- XXXX-XX), AUVI-Q |
| DYANAVEL XR | amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, AZSTARYS | ergotamine-caffeine | eletriptan QL, naratriptan QL, rizatriptan QL, sumatriptan QL, zolmitriptan QL, NURTEC ODT ST , ONZETRA XSAIL QL, UBRELVY ST , ZEMBRACE SYMTOUCH QL |
| DYMISTA | azelastine-fluticasone, flunisolide, fluticasone, | ERYPED | erythromycins |
| DYRENIUM | mometasone amiloride, triamterene | estradiol vaginal tablet | estradiol vaginal cream, IMVEXXY, |
| | | | |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
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| | VAGIFEM | Fexmid | cyclobenzaprine (except cyclobenzaprine tablet 7.5 |
| ESTRING ethinyl estradiol-etonogestrel | estradiol vaginal cream, IMVEXXY, VAGIFEM ANNOVERA, NUVARING | FINACEA GEL | mg) azelaic acid gel, brimonidine gel, metronidazole, FINACEA |
| EVEKEO | amphetamine- dextroamphetamine mixed salts, methylphenidate | FIORICET CAPSULE | FOAM, SOOLANTRA diclofenac sodium, ibuprofen, naproxen (except naproxen CR or naproxen |
| EVERSENSE CONTINUOUS GLUCOSE MONITORING SYSTEM | DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM | FLAREX | suspension) dexamethasone, difluprednate, loteprednol, |
| EXFORGE | amlodipine-olmesartan, amlodipine-telmisartan, amlodipine-valsartan | FLORIVA, FLORIVA PLUS | prednisolone acetate 1% generic multivitamins |
| EXFORGE HCT | amlodipine-valsartan- | FLOVENT DISKUS, FLOVENT HFA | PULMICORT FLEXHALER |
| | hydrochlorothiazide, olmesartan-amlodipine- | flucytosine capsule 500 mg | fluconazole |
| FABIOR | hydrochlorothiazide adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), | fluocinonide cream 0.1% | clobetasol cream QL, clobetasol foam (except clobetasol emollient foam) QL, clobetasol gel QL, clobetasol lotion QL, |
| | clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI | fluorouracil cream 0.5% fluoxetine tablet (generics for | clobetasol ointment QL, halobetasol cream QL, halobetasol ointment QL fluorouracil cream 5%, fluorouracil solution, imiquimod fluoxetine (except fluoxetine |
| FANAPT | aripiprazole, clozapine, lurasidone, olanzapine, quetiapine, quetiapine ext- rel, risperidone, ziprasidone, VRAYLAR | SARAFEM only) | tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl ext-rel (except NDC 60505367503), sertraline |
| FEMRING | estradiol vaginal cream, IMVEXXY, VAGIFEM | fluoxetine tablet 60 mg | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine |
| fenofibrate capsule 30 mg, 50 mg, 90 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg | fenofibrate (except fenofibrate capsule 30mg, 50mg, 90mg, 130mg; fenofibrate tablet 40mg, 120 mg), fenofibric acid delayed- | | tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel (except NDC 60505367503), sertraline, TRINTELLIX ST |
| FENOGLIDE TABLET 120 MG | rel fenofibrate (except fenofibrate capsule 30 mg, 50 mg, 90 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg), fenofibric acid delayed- | flurandrenolide cream, flurandrenolide lotion flurandrenolide ointment | desonide (except desonide gel) QL, hydrocortisone QL hydrocortisone butyrate cream QL, hydrocortisone butyrate ointment QL, |
| fenoprofen, FENOPROFEN CAPSULE | rel diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | | hydrocortisone butyrate solution QL, mometasone QL, triamcinolone cream QL, triamcinolone lotion QL, triamcinolone ointment (except triamcinolone ointment 0.05%) QL |
| FERIVA 21/7 | generic multivitamins | | |

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| FML FORTE, FML LIQUIFILM | dexamethasone, difluprednate, loteprednol, prednisolone acetate 1% | | potassium sulfate- magnesium sulfate, CLENPIQ |
| FOCALIN XR | amphetamine- dextroamphetamine mixed | GUARDIAN CONNECT CONTINUOUS GLUCOSE MONITORING SYSTEM | DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM |
| | salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, AZSTARYS | GUARDIAN REAL-TIME CONTINUOUS GLUCOSE MONITORING SYSTEM | DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM |
| Folvite-D | folic acid, generic multivitamins | halcinonide cream | desoximetasone (except desoximetasone ointment 0.05%) QL , fluocinonide (except fluocinonide cream |
| FORTAMET | <i>metformin, metformin ext-rel</i> (except generics for FORTAMET and GLUMETZA) | HALOG | desoximetasone (except desoximetasone ointment |
| FORTESTA | <i>testosterone gel</i> (except authorized generics for | | 0.05%) QL , fluocinonide (except fluocinonide cream 0.1%), QL BRYHALI QL |
| | TESTIM and VOGELXO) PA , testosterone solution PA , NATESTO PA | HEPARIN SODIUM IN 5% DEXTROSE | enoxaparin, fondaparinux |
| FOSRENOL | calcium acetate, sevelamer | HORIZANT | gabapentin, pregabalin, pregabalin ext-rel, GRALISE |
| | carbonate, AURYXIA | HUMALOG | FIASP, NOVOLOG |
| FOSTEUM, FOSTEUM PLUS | alendronate, ibandronate, risedronate | HUMALOG MIX 50/50 | NOVOLOG MIX 70/30 |
| FREESTYLE LIBRE CONTINUOUS GLUCOSE MONITORING SYSTEM | DEXCOM CONTINUOUS GLUCOSE MONITORING | HUMALOG MIX 75/25 | NOVOLOG MIX 70/30 |
| | SYSTEM | HUMULIN 70/30 | NOVOLIN 70/30 |
| FREESTYLE STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- | HUMULIN N | NOVOLIN N |
| | CHEK GUIDE STRIPS AND KITS, ACCU- | | NOVOLIN R |
| | CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS AND KITS | hydrocortisone butyrate lipophilic cream 0.1% | hydrocortisone butyrate cream QL, hydrocortisone butyrate ointment QL, hydrocortisone butyrate solution QL, mometasone QL, triamcinolone cream QL, |
| Genicin Vita-S | generic multivitamins | | triamcinolone lotion QL , triamcinolone ointment |
| GLUCAGEN HYPOKIT | glucagon, human recombinant; BAQSIMI; GVOKE; ZEGALOGUE | | (except triamcinolone ointment 0.05%) <mark>QL</mark> |
| GLUCAGON EMERGENCY KIT | glucagon, human recombinant; BAQSIMI; GVOKE; ZEGALOGUE | hydrocortisone butyrate lotion | hydrocortisone butyrate cream QL, hydrocortisone butyrate ointment QL, hydrocortisone butyrate solution QL, mometasone |
| GLUMETZA | <i>metformin, metformin ext-rel</i> (except generics for FORTAMET and GLUMETZA) | | QL, triamcinolone cream QL, triamcinolone lotion QL, triamcinolone ointment (except triamcinolone ointment 0.05%) QL |
| GLYCOPYRROLATE TABLET 1.5 MG | dicyclomine | HylaVite | generic multivitamins |
| GOLYTELY | peg 3350-electrolytes (except generics for MOVIPREP), sodium sulfate- | hyoscyamine sulfate ext-rel | dicyclomine |

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|----------------------------|--|-----------------------------------|---|
| HYSINGLA ER | fentanyl transdermal QL, | | rel |
| | hydrocodone ext-rel QL , hydromorphone ext-rel QL , | INTRAROSA | estradiol vaginal cream, |
| | methadone QL , morphine | INTRACOSA | IMVEXXY, VAGIFEM |
| | ext-rel QL, oxycodone ext-rel | | |
| | QL | INTUNIV | amphetamine- |
| HYZAAR | candesartan- | | dextroamphetamine mixed salts ext-rel, atomoxetine, |
| | hydrochlorothiazide, | | dexmethylphenidate ext-rel, |
| | irbesartan- | | lisdexamfetamine, |
| | hydrochlorothiazide, | | guanfacine ext-rel, |
| | losartan-hydrochlorothiazide, olmesartan- | | methylphenidate ext-rel, AZSTARYS, QELBREE |
| | hydrochlorothiazide, | | AZOTANIO, QLEBNEL |
| | telmisartan- | INVELTYS | dexamethasone, |
| | hydrochlorothiazide, | | difluprednate, loteprednol, |
| | valsartan- | | prednisolone acetate 1% |
| | hydrochlorothiazide | INVOKAMET, INVOKAMET XR | SYNJARDY, SYNJARDY XR, |
| Iclofenac CP | diclofenac sodium, | | XIGDUO XR |
| | diclofenac sodium gel 1% | | |
| | QL, diclofenac sodium | INVOKANA | FARXIGA, JARDIANCE |
| | solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen | isosorbide dinitrate 40 mg | isosorbide dinitrate (except |
| | (except naproxen CR or | c c | isosorbide dinitrate 40 mg), |
| | naproxen suspension) | | isosorbide mononitrate |
| to a construction of the d | | isotretinoin capsule 25 mg, 35 mg | isotretinoin capsule 20 mg, |
| icosapent ethyl | omega-3 acid ethyl esters PA , VASCEPA PA | ison etinoin oupsule 20 mg, 00 mg | 30 mg, 40 mg |
| | | | |
| INCRUSE ELLIPTA | SPIRIVA | ivermectin cream | azelaic acid gel, brimonidine |
| | acebutolol, atenolol, | | gel, metronidazole, FINACEA FOAM, |
| INDERAL LA, INDERAL XL | carvedilol, alenoiol, | | SOOLANTRA |
| | carvedilol phosphate ext-rel, | | |
| | metoprolol succinate ext-rel, | JALYN | dutasteride-tamsulosin; dutasteride or finasteride |
| | metoprolol tartrate, nadolol, | | WITH alfuzosin ext-rel. |
| | nebivolol, pindolol, propranolol, propranolol ext- | | doxazosin, silodosin, |
| | rel | | tamsulosin or terazosin |
| | | | |
| Indocin, INDOCIN | diclofenac sodium, | JENTADUETO, JENTADUETO XR | saxagliptin-metformin ext- rel, JANUMET, JANUMET XR |
| | ibuprofen, meloxicam tablet, naproxen (except naproxen | | |
| | CR or naproxen suspension) | JORNAY PM | amphetamine- |
| | | | dextroamphetamine mixed |
| indomethacin capsule 20 mg | diclofenac sodium, | | salts ext-rel, dexmethylphenidate ext-rel, |
| | ibuprofen, meloxicam tablet, naproxen (except naproxen | | lisdexamfetamine, |
| | CR or naproxen suspension) | | methylphenidate ext-rel, |
| | | | AZSTARYS |
| Inflammacin | diclofenac sodium, | KAMDOY | desonide (except desonide |
| | diclofenac sodium gel 1% OL , diclofenac sodium | RAMDOT | gel) QL , hydrocortisone QL |
| | solution 1.5% PA, ibuprofen, | | |
| | meloxicam tablet, naproxen | Kapzin DC | diclofenac sodium, |
| | (except naproxen CR or | | diclofenac sodium gel 1% QL , diclofenac sodium |
| | naproxen suspension) | | solution 1.5% PA , ibuprofen, |
| INNOPRAN XL | acebutolol, atenolol, | | meloxicam tablet, naproxen |
| | carvedilol, | | (except naproxen CR or |
| | | | nonrovon ovenencion) |
| | carvedilol phosphate ext-rel, | | naproxen suspension) |
| | metoprolol succinate ext-rel, | KAZANO | |
| | | KAZANO | saxagliptin-metformin ext- rel, JANUMET, JANUMET XR |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|----------------------------|--|--|---|
| KEPPRA, KEPPRA XR | carbamazepine, carbamazepine ext-rel, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, | | rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI |
| | tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, | LANOXIN TABLET (125 MCG and 250 MCG only) | digoxin |
| | OXTELLAR XR, TROKENDI XR, XCOPRI | lansoprazole delayed-rel orally disintegrating tablet | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole |
| ketoconazole foam 2% | ketoconazole shampoo 2%, selenium sulfide lotion 2.5% | | delayed-rel, pantoprazole delayed-rel tablet |
| Ketodan | ketoconazole shampoo 2%, selenium sulfide lotion 2.5% | lanthanum carbonate | calcium acetate, sevelamer carbonate, AURYXIA |
| ketoprofen capsule 25 mg | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | LASTACAFT | azelastine, bepotastine, cromolyn sodium, olopatadine |
| ketoprofen ext-rel capsule | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | LATUDA | aripiprazole, clozapine, lurasidone, olanzapine, quetiapine, quetiapine ext- rel, risperidone, ziprasidone, VRAYLAR |
| KOMBIGLYZE XR | saxagliptin-metformin ext- rel, JANUMET, JANUMET XR | LESCOL XL | atorvastatin, ezetimibe- simvastatin, fluvastatin, lovastatin, pravastatin, |
| LACRISERT | RESTASIS, XIIDRA | | rosuvastatin, simvastatin |
| LACTULOSE PAK | lactulose solution | LEVEMIR | LANTUS |
| LAMICTAL, LAMICTAL ODT | carbamazepine, carbamazepine ext-rel, clobazam, clonazepam, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- | levorphanol | fentanyl transdermal QL, hydrocodone ext-rel QL, hydromorphone ext-rel QL, methadone QL, morphine ext-rel QL, oxycodone ext-rel QL |
| | rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, rufinamide, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI | LEXAPRO | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext- rel (except NDC 60505367503), sertraline, TRINTELLIX ST balsalazide, mesalamine |
| LAMICTAL XR | carbamazepine, carbamazepine ext-rel, divalproex sodium, | | delayed-rel, mesalamine ext- rel, sulfasalazine, sulfasalazine delayed-rel |
| | divalproex sodium ext-rel, gabapentin, lacosamide, | LIBRAX | dicyclomine |
| | lamotrigine, lamotrigine ext- | LIPITOR | atorvastatin, ezetimibe- |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
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| | simvastatin, fluvastatin, lovastatin, pravastatin, | | CR or naproxen suspension) |
| LITHOSTAT | rosuvastatin, simvastatin | meloxicam capsule | diclofenac sodium, ibuprofen, meloxicam tablet, paproxon (oxcont paproxon |
| | Talk to your doctor | | naproxen (except naproxen CR or naproxen suspension) |
| LIVALO | atorvastatin, ezetimibe- simvastatin, fluvastatin, lovastatin, pravastatin, | MENEST | estradiol PA |
| | rosuvastatin, simvastatin | metaxalone 400 mg | cyclobenzaprine (except cyclobenzaprine tablet 7.5 |
| Lofena | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen | metformin ext-rel (generics for | mg) metformin, metformin ext-rel |
| | CR or naproxen suspension) | FORTAMET and GLUMETZA only) | (except generics for FORTAMET and GLUMETZA) |
| LOKELMA | VELTASSA | methocarbamol 500 mg (NDC | cyclobenzaprine (except |
| Lorzone | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) | 69036091010 only), <i>methocarbamol</i> 750 mg (NDCs 69036093090, 70868090190 only) | cyclobenzaprine tablet 7.5 mg) |
| LOTEMAX, LOTEMAX SM | dexamethasone, difluprednate, loteprednol, prednisolone acetate 1% | MIACALCIN INJECTION | alendronate, calcitonin- salmon, ibandronate, risedronate, FORTEO, PROLIA, TYMLOS |
| LOVAZA | omega-3 acid ethyl esters PA , VASCEPA PA | MICARDIS, MICARDIS HCT | candesartan, candesartan- hydrochlorothiazide, |
| luliconazole | ciclopirox, clotrimazole, econazole, ketoconazole cream 2%, NAFTIN | | irbesartan, irbesartan- hydrochlorothiazide, losartan, losartan- |
| LUMIGAN | bimatoprost, latanoprost, travoprost | | hydrochlorothiazide, olmesartan, olmesartan- hydrochlorothiazide, |
| LUNESTA | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , zolpidem ext-rel QL , | | telmisartan, telmisartan- hydrochlorothiazide, valsartan, valsartan- hydrochlorothiazide |
| | BELSOMRA ST , DAYVIGO ST , QUVIVIQ ST | Migergot | eletriptan <mark>QL</mark> , naratriptan <mark>QL</mark> , |
| LYRICA | duloxetine, pregabalin, pregabalin ext-rel | | rizatriptan QL , sumatriptan QL , zolmitriptan QL , NURTEC ODT ST , ONZETRA XSAIL |
| MACRODANTIN | nitrofurantoin (except NDC 16571074024) | | QL , UBRELVY ST , ZEMBRACE SYMTOUCH QL |
| Matzim LA | <i>diltiazem ext-rel</i> (except generics for CARDIZEM LA), <i>verapamil ext-rel</i> | Millipred | dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution |
| MAXALT, MAXALT-MLT | eletriptan QL, naratriptan QL, rizatriptan QL, sumatriptan QL, zolmitriptan QL, NURTEC | | (except prednisolone solution 10 mg/5 mL, 20 mg/5 mL), prednisone |
| | ODT ST , ONZETRA XSAIL QL , UBRELVY ST , ZEMBRACE SYMTOUCH QL | MINASTRIN 24 FE | ethinyl estradiol- drospirenone, ethinyl estradiol-drospirenone- |
| MAXIDEX | dexamethasone, difluprednate, loteprednol, prednisolone acetate 1% | | levomefolate, ethinyl estradiol-levonorgestrel, ethinyl estradiol- levonorgestrel-iron, ethinyl |
| mefenamic acid (NDC 69336012830 only) | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen | | estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|----------------------------|---|---------------------------------------|--|
| | norgestimate, LO LOESTRIN FE, NATAZIA | | naproxen CR or naproxen suspension) WITH esomeprazole delayed-rel, |
| MINIVELLE | estradiol PA, DIVIGEL PA | | lansoprazole delayed-rel capsule, omeprazole |
| minocycline ext-rel | doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline | | delayed-rel, or pantoprazole delayed-rel tablet |
| MIRVASO | azelaic acid gel, brimonidine gel, metronidazole, FINACEA FOAM, SOOLANTRA | NEO-SYNALAR | desonide (except desonide gel) <mark>QL</mark> or hydrocortisone <mark>QL</mark> WITH gentamicin |
| Mondoxyne NL capsule 75 mg | doxycycline hyclate 20 mg, | NESINA | saxagliptin, JANUVIA |
| | doxycycline hyclate capsule, minocycline, tetracycline | NEVANAC | bromfenac, diclofenac, ketorolac, ILEVRO, PROLENSA |
| MOVANTIK | lubiprostone PA, SYMPROIC | NEXIUM | esomeprazole delayed-rel, |
| MOVIPREP | peg 3350-electrolytes (except generics for MOVIPREP), sodium sulfate- potassium sulfate- magnesium sulfate, CLENPIQ | NEXION | lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole delayed-rel tablet |
| | - | NEXTERONE | amiodarone |
| MultiPro | generic multivitamins | niacin tablet 500 mg | niacin ext-rel |
| mupirocin cream | gentamicin, mupirocin ointment | Niacor | niacin ext-rel |
| MYDAYIS | amphetamine- dextroamphetamine mixed | NICADAN | generic multivitamins |
| | salts ext-rel, | NICAPRIN | generic multivitamins |
| | dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, | NICAZEL, NICAZEL FORTE | generic multivitamins |
| | AZSTARYS | NICOMIDE | generic multivitamins |
| MYRBETRIQ | darifenacin ext-rel, fesoterodine ext-rel, oxybutynin ext-rel, | NILANDRON | abiraterone, bicalutamide, ERLEADA, NUBEQA, XTANDI, YONSA |
| | solifenacin, tolterodine, tolterodine ext-rel, trospium, trospium ext-rel, GEMTESA | nitrofurantoin (NDC 16571074024 only) | nitrofurantoin (except NDC 16571074024) |
| MYTESI | diphenoxylate-atropine, loperamide | NORGESIC FORTE | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) |
| NAPRELAN | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | NORITATE | azelaic acid gel, brimonidine gel, metronidazole, FINACEA FOAM, SOOLANTRA |
| naproxen CR | diclofenac sodium, | NORPACE | disopyramide |
| | ibuprofen, meloxicam tablet, naproxen (except naproxen | NORVASC | amlodipine, nifedipine ext-rel |
| naproxen suspension | CR or naproxen suspension) diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen | NOURIANZ | entacapone, pramipexole, pramipexole ext-rel, rasagiline, ropinirole, ropinirole ext-rel, selegiline, NEUPRO |
| | CR or naproxen suspension) | | |
| naproxen-esomeprazole | diclofenac sodium, ibuprofen, meloxicam tablet | NOVO NORDISK NEEDLES | BD ULTRAFINE NEEDLES |
| | or naproxen (except | NOXAFIL | fluconazole, itraconazole PA |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|---------------------------------|--|--|--|
| NUCYNTA | hydromorphone QL , morphine QL , oxycodone QL | OSMOPREP | peg 3350-electrolytes (except generics for MOVIPREP), sodium sulfate- |
| NUCYNTA ER | fentanyl transdermal QL, hydrocodone ext-rel QL, hydromorphone ext-rel QL, | | potassium sulfate- magnesium sulfate, CLENPIQ |
| | methadone QL, morphine ext-rel QL, oxycodone ext-rel | OSPHENA | estradiol PA |
| | QL | OWEN MUMFORD NEEDLES | BD ULTRAFINE NEEDLES |
| NuDiclo SoluPak, NuDiclo TabPak | diclofenac sodium, diclofenac sodium gel 1% QL , diclofenac sodium solution 1.5% PA , ibuprofen, | oxiconazole (NDCs 00168035830, 51672135902 only) | ciclopirox, clotrimazole, econazole, ketoconazole cream 2%, NAFTIN |
| | meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | OXYCONTIN | fentanyl transdermal QL, hydrocodone ext-rel QL, hydromorphone ext-rel QL, methadone QL, morphine |
| NUEDEXTA | Talk to your doctor | | ext-rel QL, oxycodone ext-rel QL |
| NUVIGIL | armodafinil PA , modafinil PA , SUNOSI PA | oxymorphone ext-rel | - fentanyl transdermal QL, hydrocodone ext-rel QL, |
| OLUX-E | clobetasol cream QL, clobetasol foam (except clobetasol emollient foam) QL, clobetasol gel QL, clobetasol lotion QL, | | hydromorphone ext-rel QL, methadone QL, morphine ext-rel QL, oxycodone ext-rel QL |
| | clobetasol ointment QL , halobetasol cream QL , halobetasol ointment QL | OXYTROL | darifenacin ext-rel, fesoterodine ext-rel, oxybutynin ext-rel, solifenacin, tolterodine, |
| omeprazole-sodium bicarbonate | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole | | tolterodine ext-rel, trospium, trospium ext-rel, GEMTESA |
| | delayed-rel, pantoprazole delayed-rel tablet | pantoprazole delayed-rel suspension | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole |
| OMNARIS | azelastine-fluticasone, flunisolide, fluticasone, mometasone | | delayed-rel, pantoprazole delayed-rel tablet |
| ONFI | clobazam, clonazepam, lamotrigine, rufinamide, topiramate, TROKENDI XR | paroxetine HCl ext-rel (NDC 60505367503 only) | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, |
| ONGLYZA | saxagliptin, JANUVIA | | paroxetine HCl ext-rel (except NDC 60505367503), |
| orphenadrine-aspirin-caffeine | cyclobenzaprine (except cyclobenzaprine tablet 7.5 | | sertraline, TRINTELLIX ST |
| Ourbon notis Fonts | mg) | paroxetine mesylate capsule 7.5 mg | paroxetine HCl |
| Orphengesic Forte | cyclobenzaprine (except cyclobenzaprine tablet 7.5 mg) | PAXIL, PAXIL CR | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine |
| ORTHO D | folic acid, generic multivitamins | | tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel |
| ORTHO DF | folic acid, generic multivitamins | | (except NDC 60505367503), sertraline, TRINTELLIX ST |
| OSENI | saxagliptin-metformin ext- rel, JANUMET, JANUMET XR; saxagliptin or JANUVIA WITH pioglitazone | <i>peg 3350-electrolytes</i> (generics for MOVIPREP only) | peg 3350-electrolytes (except generics for MOVIPREP), sodium sulfate- potassium sulfate- magnesium sulfate, CLENPIQ |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|---|--|-------------------|---|
| PENNSAID | diclofenac sodium, | | delayed-rel tablet |
| | diclofenac sodium gel 1% QL , diclofenac sodium | PREVIDENT | Talk to your doctor |
| | solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | PRILOSEC | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole |
| PENTASA | balsalazide, mesalamine delayed-rel, mesalamine ext- rel, sulfasalazine, sulfasalazine delayed-rel | PRISTIQ | delayed-rel tablet desvenlafaxine ext-rel, duloxetine, venlafaxine, venlafaxine ext-rel capsule |
| PERCOCET | hydrocodone- acetaminophen <mark>QL</mark> , oxycodone-acetaminophen <mark>QL</mark> | PROAIR RESPICLICK | albuterol sulfate CFC-free aerosol (except NDCs 00093317431, 66993001968), levalbuterol |
| PERRIGO NEEDLES | BD ULTRAFINE NEEDLES | | tartrate CFC-free aerosol |
| PLAVIX | clopidogrel, prasugrel, BRILINTA | PROMETRIUM | medroxyprogesterone PA ; progesterone, micronized PA |
| POLYTOZA | Talk to your doctor | PROTONIX | esomeprazole delayed-rel, lansoprazole delayed-rel |
| POLY-VI-FLOR | generic multivitamins | | capsule, omeprazole delayed-rel, pantoprazole |
| POLY-VI-FLOR WITH IRON | generic multivitamins | | delayed-rel tablet |
| posaconazole delayed-rel tablet | fluconazole, itraconazole PA | PROVENTIL HFA | albuterol sulfate CFC-free aerosol (except NDCs |
| PRADAXA | warfarin, ELIQUIS, XARELTO | | 00093317431, 66993001968), levalbuterol |
| PRECISION XTRA STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- | | tartrate CFC-free aerosol |
| | CHEK GUIDE STRIPS AND KITS, ACCU- CHEK SMARTVIEW STRIPS | PROVIGIL | armodafinil PA , modafinil PA , SUNOSI PA |
| | AND KITS, ONETOUCH ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS AND KITS | PROZAC | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for |
| PRED FORTE, PRED MILD | dexamethasone, difluprednate, loteprednol, prednisolone acetate 1% | | SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel (except NDC 60505367503), sertraline, TRINTELLIX ST |
| prednisolone solution 10 mg/5 mL, prednisolone solution 20 mg/5 mL | dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution | QNASL | azelastine-fluticasone, flunisolide, fluticasone, mometasone |
| | (except prednisolone | QTERN | GLYXAMBI |
| | solution 10 mg/5 mL, 20 mg/5 mL), prednisone | quazepam | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , |
| PREMARIN | estradiol PA | | <i>zolpidem ext-rel QL,</i> BELSOMRA <mark>ST</mark> , DAYVIGO |
| PREMARIN CREAM | estradiol vaginal cream, IMVEXXY, VAGIFEM | | ST, QUVIVIQ ST |
| PRENATAL PLUS | generic prenatal vitamins | QUILLICHEW ER | amphetamine- dextroamphetamine mixed |
| PREVACID | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole | | salts ext-rel, dexmethylphenidate ext-rel, lisdexamfetamine, methylphenidate ext-rel, AZSTARYS |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|----------------|---|--------------------------------|--|
| QUILLIVANT XR | amphetamine- dextroamphetamine mixed salts ext-rel, dexmethylphenidate ext-rel, | | solution, travoprost, ALPHAGAN P, BETOPTIC S, SIMBRINZA |
| | lisdexamfetamine, methylphenidate ext-rel, AZSTARYS | ROZEREM | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , zolpidem ext-rel QL , BELSOMRA <mark>ST</mark> , DAYVIGO |
| QVAR REDIHALER | PULMICORT FLEXHALER | | ST, QUVIVIQ ST |
| RAPAFLO | alfuzosin ext-rel, doxazosin, silodosin, tamsulosin, terazosin | <i>RyClora</i> SCARSILK PAD | <i>levocetirizine</i> Talk to your doctor |
| | | | - |
| RAYOS | dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution (except prednisolone solution 10 mg/5 mL, 20 | SEROQUEL XR | aripiprazole, clozapine, lurasidone, olanzapine, quetiapine, quetiapine ext- rel, risperidone, ziprasidone, VRAYLAR |
| | mg/5 mL), prednisone | SILENOR | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , |
| RECEDO | Talk to your doctor | | zolpidem ext-rel QL , BELSOMRA ST , DAYVIGO |
| RELION INSULIN | NOVOLIN INSULIN | | ST, QUVIVIQ ST |
| RELISTOR | lubiprostone PA, SYMPROIC | SILIVEX | Talk to your doctor |
| RENVELA | calcium acetate, sevelamer carbonate, AURYXIA | SILTREX | Talk to your doctor |
| RETIN-A MICRO | adapalene (except | SINGULAIR | montelukast, zafirlukast |
| | adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, | SORILUX | calcipotriene ointment, calcipotriene solution, VTAMA, ZORYVE |
| | clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin-benzoyl | SPRIX | diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) |
| | peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI | SUBOXONE | buprenorphine-naloxone sublingual <mark>QL</mark> , ZUBSOLV <mark>QL</mark> |
| RHEUMATE | generic multivitamins | SUBSYS | fentanyl transmucosal lozenge PA |
| RHOPRESSA | bimatoprost, brimonidine solution, brimonidine-timolol, | sucralfate suspension | sucralfate tablet |
| | brinzolamide, dorzolamide, dorzolamide-timolol, latanoprost, timolol maleate solution, travoprost, ALPHAGAN P, BETOPTIC S, SIMBRINZA | sumatriptan-naproxen | diclofenac sodium, ibuprofen or naproxen (except naproxen CR or naproxen suspension) WITH eletriptan QL , naratriptan QL , rizatriptan QL , sumatriptan |
| RIMSO-50 | Talk to your doctor | | QL , zolmitriptan QL , NURTEC ODT ST , ONZETRA XSAIL |
| RIOMET | <i>metformin, metformin ext-rel</i> (except generics for FORTAMET and GLUMETZA) | | QL , UBRELVY ST , or ZEMBRACE SYMTOUCH QL |
| | | SUPREP | peg 3350-electrolytes |
| ROCKLATAN | bimatoprost, brimonidine solution, brimonidine-timolol, brinzolamide, dorzolamide, dorzolamide-timolol, latanoprost, timolol maleate | | (except generics for MOVIPREP), sodium sulfate- potassium sulfate- magnesium sulfate, CLENPIQ |

| DRUG NAME(S) | PREFERRED OPTION(S) | REFERRED OPTION(S) DRUG NAME(S) | |
|------------------------------|---|--|---|
| Sure Result DSS Premium Pack | diclofenac sodium, diclofenac sodium gel 1% | | VTAMA, ZORYVE |
| | QL , diclofenac sodium solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) | TEGRETOL, TEGRETOL XR | carbamazepine, carbamazepine ext-rel, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, |
| SURE-TEST STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND KITS, ACCU-CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS AND KITS fluticasone-salmeterol | | lamotrigine, lamotrigine ext- rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI |
| | (except certain NDCs), Wixela Inhub, BREO ELLIPTA (except certain NDCs) | TESTIM | testosterone gel (except authorized generics for |
| SYMJEPI | <i>epinephrine</i> (except NDCs 00093-XXXX-XX, 49502- XXXX-XX), AUVI-Q | | TESTIM and VOGELXO) PA , testosterone solution PA , NATESTO PA |
| SYNERDERM | desonide (except desonide gel) <mark>QL</mark> , hydrocortisone <mark>QL</mark> | <i>testosterone gel 1%</i> (authorized generics for TESTIM and VOGELXO only) | testosterone gel (except authorized generics for TESTIM and VOGELXO) PA, testosterone solution PA, |
| TALIVA | generic multivitamins | | NATESTO PA |
| Targadox | doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline | THEO-24 | formoterol inhalation solution, ipratropium inhalation solution, SEREVENT, |
| tavaborole TAYTULLA | terbinafine tablet PA ethinyl estradiol- | | SPIRIVA, STRIVERDI RESPIMAT, YUPELRI |
| | drospirenone, ethinyl estradiol-drospirenone- levomefolate, ethinyl | TIMOPTIC OCUDOSE | timolol maleate solution, BETOPTIC S |
| | estradiol-levonorgestrel, ethinyl estradiol- | TIROSINT | levothyroxine, SYNTHROID |
| | levonorgestrel-iron, ethinyl estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- norgestimate, LO LOESTRIN FE, NATAZIA | TOBRADEX ST | neomycin-polymyxin B- bacitracin-hydrocortisone, neomycin-polymyxin B- dexamethasone, tobramycin- dexamethasone, TOBRADEX OINTMENT |
| TAZORAC | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI; calcipotriene ointment, calcipotriene solution, | <i>topiramate ext-rel capsule</i> (generics for QUDEXY XR only) | carbamazepine, carbamazepine ext-rel, clobazam, clonazepam, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, rufinamide, tiagabine, topiramate, valproic acid, |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|--|--|---------------------------|--|
| | zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI | | hydrocortisone butyrate solution QL, mometasone QL, triamcinolone cream QL, |
| TOPROL-XL | acebutolol, atenolol, carvedilol, carvedilol phosphate ext-rel, | | triamcinolone lotion QL , triamcinolone ointment (except triamcinolone ointment 0.05%) QL |
| | metoprolol succinate ext-rel, metoprolol tartrate, nadolol, | Trianex | hydrocortisone butyrate |
| | nebivolol, pindolol, propranolol, propranolol ext- rel | | cream QL , hydrocortisone butyrate ointment QL , hydrocortisone butyrate |
| Tovet | clobetasol cream QL , clobetasol foam (except | | solution QL , mometasone QL , triamcinolone cream QL , triamcinolone lotion QL , |
| | clobetasol emollient foam) QL, clobetasol gel QL, clobetasol lotion QL, | | triamcinolone ointment (except triamcinolone ointment 0.05%) QL |
| | clobetasol ointment QL , halobetasol cream QL , halobetasol ointment QL | TRICOR | fenofibrate (except fenofibrate capsule 30 mg, |
| TOVIAZ | darifenacin ext-rel, fesoterodine ext-rel, oxybutynin ext-rel, | | 50 mg, 90 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg), fenofibric acid delayed- rel |
| | solifenacin, tolterodine, tolterodine ext-rel, trospium, | TRILEPTAL | carbamazepine, |
| | trospium ext-rel, GEMTESA | | carbamazepine ext-rel, divalproex sodium, |
| | saxagliptin, JANUVIA | | divalproex sodium ext-rel, gabapentin, lacosamide, |
| tramadol (NDC 52817019610 only), tramadol ext-rel capsule | tramadol (except NDC 52817019610) QL , tramadol ext-rel tablet QL | | lamotrigine, lamotrigine ext- rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, |
| TRANSDERM SCOP | meclizine, scopolamine transdermal | | phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, |
| TRAVATAN Z | bimatoprost, latanoprost, travoprost | | tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, |
| TREXIMET | diclofenac sodium, ibuprofen or naproxen (except naproxen CR or naproxen | | OXTELLAR XR, TROKENDI XR, XCOPRI |
| | suspension) WITH eletriptan QL , naratriptan QL , | TRI-VI-FLOR | generic multivitamins |
| | rizatriptan QL , sumatriptan QL , zolmitriptan QL , NURTEC ODT ST , ONZETRA XSAIL | TRIVIDIA INSULIN SYRINGES | BD ULTRAFINE INSULIN SYRINGES |
| | QL , UBRELVY ST , or ZEMBRACE SYMTOUCH QL | TronVite | generic multivitamins |
| triamcinolone aerosol 0.2% | hydrocortisone butyrate cream QL, hydrocortisone butyrate ointment QL, hydrocortisone butyrate solution QL, mometasone QL, triamcinolone cream QL, triamcinolone cream QL, | TRUETEST STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND KITS, ACCU-CHEK SMARTVIEW STRIPS AND KITS, ONETOUCH ULTRA STRIPS AND KITS, |
| | triamcinolone lotion QL , triamcinolone ointment (except triamcinolone | | ONETOUCH VERIO STRIPS AND KITS |
| triamcinolone ointment 0.05% | ointment 0.05%) QL hydrocortisone butyrate cream QL , hydrocortisone butyrate ointment QL , | TRUETRACK STRIPS AND KITS | ACCU-CHEK AVIVA PLUS STRIPS AND KITS, ACCU- CHEK GUIDE STRIPS AND KITS, ACCU-CHEK SMARTVIEW STRIPS AND |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|-----------------|--|--|---|
| | KITS, ONETOUCH ULTRA STRIPS AND KITS, ONETOUCH VERIO STRIPS | | AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI |
| TUDORZA | AND KITS SPIRIVA | <i>venlafaxine ext-rel tablet</i> (except 225 mg) | desvenlafaxine ext-rel, duloxetine, venlafaxine, venlafaxine ext-rel capsule |
| | allanurinal | VENTOLIN HFA | albuterol sulfate CFC-free |
| ULORIC | allopurinol BD ULTRAFINE INSULIN SYRINGES | | aerosol (except NDCs 00093317431, 66993001968), levalbuterol |
| ULTIMED NEEDLES | BD ULTRAFINE NEEDLES | | tartrate CFC-free aerosol |
| ULTRAVATE | clobetasol cream QL, | VEREGEN | imiquimod |
| | clobetasol foam (except clobetasol emollient foam) QL, clobetasol gel QL, clobetasol lotion QL, clobetasol ointment QL, halobetasol cream QL, halobetasol ointment QL | VIIBRYD | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext- rel (except NDC |
| UROXATRAL | alfuzosin ext-rel, doxazosin, silodosin, tamsulosin, tamagain | | 60505367503), sertraline, TRINTELLIX ST |
| VALCYTE | terazosin valganciclovir | VIMPAT | carbamazepine, carbamazepine ext-rel, divalproex sodium, |
| VALTREX | acyclovir capsule, acyclovir tablet, valacyclovir | | divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- rel, levetiracetam, |
| Vanoxide-HC | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI | VITAFOL-ONE | levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, OXTELLAR XR, TROKENDI XR, XCOPRI generic prenatal vitamins |
| VASCULERA | Talk to your doctor | Vitasure | generic multivitamins |
| VECTICAL | calcipotriene ointment, calcipotriene solution, VTAMA, ZORYVE | VIVELLE-DOT VOGELXO | estradiol PA , DIVIGEL PA testosterone gel (except |
| VELPHORO | calcium acetate, sevelamer carbonate, AURYXIA | | authorized generics for TESTIM and VOGELXO) PA , <i>testosterone solution</i> PA , NATESTO PA |
| VELTIN | adapalene (except | VYZULTA | bimatoprost, latanoprost, travoprost |
| | adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin benzoyl | WELLBUTRIN XL | bupropion, bupropion ext-rel (except bupropion ext-rel tablet 450 mg) |
| | clindamycin-benzoyl peroxide, dapsone, erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , | XANAX, XANAX XR | alprazolam, clonazepam, diazepam, lorazepam, oxazepam |

| DRUG NAME(S) | PREFERRED OPTION(S) | DRUG NAME(S) | PREFERRED OPTION(S) |
|--------------|---|---------------------|---|
| XENICAL | <i>orlistat <mark>PA</mark>, Q</i> SYMIA PA , SAXENDA PA , WEGOVY PA | | hydrochlorothiazide, quinapril- hydrochlorothiazide |
| XOPENEX HFA | albuterol sulfate CFC-free aerosol (except NDCs | ZETIA | ezetimibe |
| | 00093317431, 66993001968), levalbuterol tartrate CFC-free aerosol | ZETONNA | azelastine-fluticasone, flunisolide, fluticasone, mometasone |
| XTAMPZA ER | fentanyl transdermal QL, hydrocodone ext-rel QL, hydromorphone ext-rel QL, methadone QL, morphine ext-rel QL, oxycodone ext-rel QL | ZIANA | adapalene (except adapalene pad) PA2 , benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, |
| XYZBAC | generic multivitamins | | clindamycin-benzoyl peroxide, dapsone, |
| YASMIN | ethinyl estradiol- drospirenone, ethinyl estradiol-drospirenone- levomefolate, ethinyl estradiol-levonorgestrel, | | erythromycin solution, erythromycin- benzoyl peroxide, tretinoin PA2 , AKLIEF, EPIDUO, ONEXTON, TWYNEO, WINLEVI |
| | ethinyl estradiol- levonorgestrel-iron, ethinyl estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- norgestimate, LO LOESTRIN FE, NATAZIA | Ziclopro | diclofenac sodium, diclofenac sodium gel 1% QL , diclofenac sodium solution 1.5% PA , ibuprofen, meloxicam tablet, naproxen (except naproxen CR or naproxen suspension) |
| | | zileuton ext-rel | montelukast, zafirlukast |
| YAZ | ethinyl estradiol- drospirenone, ethinyl estradiol-drospirenone- | ZIRGAN | trifluridine |
| | levomefolate, ethinyl estradiol-levonorgestrel, ethinyl estradiol- levonorgestrel-iron, ethinyl estradiol-norethindrone acetate, ethinyl estradiol- norethindrone acetate-iron, ethinyl estradiol- norgestimate, LO LOESTRIN FE, NATAZIA | ZOLOFT | citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext- rel (except NDC 60505367503), sertraline, TRINTELLIX ST |
| Yuvafem | estradiol vaginal cream, IMVEXXY, VAGIFEM | zolpidem sublingual | doxepin, eszopiclone QL , ramelteon QL , zolpidem QL , zolpidem ext-rel QL , BELSOMRA ST , DAYVIGO |
| ZALVIT | generic prenatal vitamins | | ST, QUVIVIQ ST |
| ZEGERID | esomeprazole delayed-rel, lansoprazole delayed-rel capsule, omeprazole delayed-rel, pantoprazole delayed-rel tablet | ZONEGRAN | carbamazepine, carbamazepine ext-rel, divalproex sodium, divalproex sodium ext-rel, gabapentin, lacosamide, lamotrigine, lamotrigine ext- |
| ZELAC | Talk to your doctor | | rel, levetiracetam, levetiracetam ext-rel, |
| ZERVIATE | azelastine, bepotastine, cromolyn sodium, olopatadine | | oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, |
| ZESTORETIC | fosinopril- hydrochlorothiazide, lisinopril- | | pregabalin, primidone, tiagabine, topiramate, valproic acid, zonisamide, APTIOM, FYCOMPA, |

| | <u> </u> | | | _ | - |
|----|----------|----|---|-----|----|
| Rυ | G١ | NA | M | E | 51 |
| | | | | - 1 | |

PREFERRED OPTION(S)

DRUG NAME(S)

OXTELLAR XR, TROKENDI XR, XCOPRI

 ZONTIVITY
 Talk to your doctor

 ZORVOLEX
 diclofenac sodium, ibuprofen, meloxicam tablet, naproxen (except naproxen

ZYLET

CR or naproxen suspension) neomycin-polymyxin Bbacitracin-hydrocortisone, neomycin-polymyxin Bdexamethasone, tobramycin-

dexamethasone, TOBRADEX

OINTMENT

FOR YOUR INFORMATION: New-to-market products and new variations of products already in the marketplace will not be added to the formulary immediately. Each product will be evaluated for clinical appropriateness and cost-effectiveness. Recommended additions to the formulary will be presented to the CVS Caremark National Pharmacy and Therapeutics Committee (or other appropriate reviewing body) for review and approval. Listed products may be available generically in certain strengths or dosage forms. Dosage forms on this list will be consistent with the category and use where listed.

Formulary removals/drugs not included on the preferred options list may be covered by the plan when preferred options are not clinically appropriate. For more information, please sign in or register on <u>Caremark.com</u> and click Plan Summary on the Plan & Benefits menu.

Drug products are identified by unique numerical product identifiers, called National Drug Codes (NDC), which identify the manufacturer, strength, dosage form, formulation and package size.

Some listings do not include certain NDCs as noted above.

An ACCU-CHEK or ONETOUCH blood glucose meter may be provided at no charge by the manufacturer to those individuals currently using a meter other than ACCU-CHEK or ONETOUCH. For more information on how to obtain a blood glucose meter, call: 1-877-418-4746.

BD ULTRAFINE syringes and needles are the only preferred options.

ACCU-CHEK or ONETOUCH brand test strips are the only preferred options.

Generic multivitamins (except Activite, Dexifol, Folvite-D, Genicin Vita-S, HylaVite, Multipro, TronVite, Vitasure) are the only preferred options.

Generic prenatal vitamins are the only preferred options.

QVAR REDIHALER and fluticasone HFA are covered for members 6 years of age and under.

This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers. Listed products are for informational purposes only and are not intended to replace the clinical judgment of the prescriber. The document is subject to state-specific regulations and rules, including, but not limited to, those regarding generic substitution, controlled substance schedules, preference for brands and mandatory generics whenever applicable.

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Combined ABC Conference Call Notes Higher Education, Local Education, Local Government and State March 12, 2024

Communications

- Materials and Communications Updates
 - ABC Update Process and Survey: Last June, we implemented a new ABC email process. Now all ABCs receive an automated email message each Friday, which gives you a direct link to the ABC webpage. On the ABC webpage, you can click the red button at the top of the page, Weekly ABC Update, and download the weekly ABC message (it's a Word doc) as well as any PDFs that are applicable to your plan.
 - As a part of our review of this new process and the change in the ABC call schedule, we're going to send out a very brief survey at the end of this month.
 - If you're not receiving the regular automated Friday ABC update email, please send us an email to <u>benefits.info@tn.gov</u>, and we'll make sure you're correctly listed in the ABC directory.
 - Cigna and Covenant Health System in East Tennessee Reach Agreement: On March 7, the following information was shared in an email to ABCs. You're welcome to share with your impacted members. Benefits Administration also sent an email to enrolled Cigna members for whom we have accurate email addresses.

In October 2023, some Partners for Health members received letters informing them that Covenant Health System and Cigna were in negotiations. **Covenant Health System and Cigna have reached an agreement**, which means the following facilities will remain in the Cigna LocalPlus and Cigna Open Access Plus networks.

- Claiborne Medical Center, Tazewell
- Cumberland Medical Center, Crossville
- Fort Loudon Medical Center, Lenoir City
- Fort Sanders Regional Medical Center, Knoxville
- LeConte Medical Center, Sevierville
- Methodist Medical Center, Oak Ridge
- o Morristown-Hamblen Healthcare System, Morristown
- Parkwest Medical Center, Knoxville
- o Roane Medical Center, Harriman

Members who received initial letters will receive follow-up letters letting them know that these facilities will remain in network.

Should you have questions, you can call Cigna at 800.997.1617 anytime or visit <u>cigna.com/stateoftn</u>.

Partners for Health posts carrier network announcements online at <u>https://www.tn.gov/partnersforhealth/health-options/carrier-network/network-updates.html</u>.

- Sharecare Member Giveaway Update: We wanted to give you an update on the recent prize winners for members who were the first to complete the RealAge[®] test in the Sharecare platform.
 - Out of 250 members receiving wellness program prizes, we have totals for these groups:
 - 160 state and higher education heads of contract/28 spouses
 - 62 local education and local government members

As a reminder, you can go to the Sharecare splash page, under Engagement Materials here <u>sharecare.com/tnwellness/engagement-materials/</u> to find the Marketing Playbook for state/higher education or local education/local government. In the marketing playbook, there is a page that lists the remaining 2024 giveaways.

- Member Materials: During last month's ABC conference calls, we had a question about where members can find marketing materials they are receiving from our vendors. Here is more information for employees eligible for Emotional Wellbeing Solutions services and members enrolled in medical coverage:
 - Optum Behavioral Health and Emotional Wellbeing Solutions: The <u>Here4TN</u> <u>Toolkit</u> is found on the EWS webpage. Flyers in this toolkit have been updated to reflect the updated EWS program and services, which was formerly called EAP.
 - Cigna: There is a webpage found on the Cigna splash page specifically for ABCs which includes the current flyers for Cigna's programs: <u>https://stateoftn.cigna.com/agency-benefits-coordinators</u>
 - BlueCross BlueShield: Information about member programs and services are found on the BCBST splash page: <u>bcbst.com/members/tn_state/</u>
- State Offices and BA Service Center Closed Friday, March 29 for Good Friday.
- Local Ed/Local Gov: Important Health Savings Account Information: This information was shared in a recent ABC Friday Update. Local education and local government ABCs should never go into the Optum Financial client portal and open health savings accounts for employees. HSAs are legally only available to plan members enrolled in a qualifying high deductible health plan, which is our Local Consumer-driven Health Plan. They are not available to those in our other plans, nor should anyone be enrolled in one if they have a PPO health plan through the State Group Insurance Program. When a plan member enrolls in the Local CDHP, Benefits Administration automatically sends that enrollment over to Optum Financial, who then works to open an HSA for your employee.
- Webinar has occurred. State: 4Mind4Body Webinar Overcoming Debt and Achieving Financial Freedom, Wednesday, March 13, starting at 11:30 a.m. CT.
 - Presented by Optum Health and My Secure Advantage[®], join Partners for Health for the Overcoming Debt and Achieving Financial Freedom webinar, Wednesday, March 13, from 11:30 a.m. to 12:30 p.m. CT.

Debt is one of the biggest obstacles keeping people from reaching their financial goals. This event will encourage you to prioritize debt management and provide options for getting started. We'll review specific debt-reduction strategies and how to write and follow SMART goals. We hope you leave this event motivated and more confident about reducing your debt.

Preregistration is required. Session will be recorded and made available after the session.

- Last month's webinar, How to Simplify Your Life, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/vuYZjZ1jUxU</u>
- **Local Gov:** New Agency Announcement. Jessica Southern, BA's agency outreach director, announced that a new agency, Lincoln County Board of Utility, joined the local government plan.

Presentations

- Sharecare: Ginger Maloy, Sharecare's senior account manager, went over coaching and guided programs available to all employees, spouses, adult dependents and retirees who are enrolled in medical insurance with Partners for Health. You can go to the Sharecare splash page for more information: <u>https://www.sharecare.com/tnwellness/</u>
- **HIPAA Training:** Chanda Rainey, BA's director of HIPAA compliance, went over required HIPAA training.
 - The 2024 HIPAA annual classes are open. You can take the class now! There is no need to wait for the assigned month. You must complete the training by the last day of your assigned training month. Our training for local government and local education now includes a review of the Memorandum of Understanding. This year, we have registered everyone for the class. You will locate the class in Edison under My Learning. If you were not registered, please sign up for the class using the instructions that follow.
 - The Health Insurance Portability and Accountability Act of 1996, known as HIPAA, is a federal law that protects the privacy and confidentiality of protected health information. Protected health information, known as PHI, is individually identifiable health information held or maintained by Benefits Administration or our business associates who act on our behalf that is transmitted or maintained in any form or medium. As an ABC, you and your agency are our business associates. The law requires all covered entities and business associates to be trained in HIPAA policies and procedures. All ABCs, backup ABCs and directors with access to Edison must complete the annual training. The HIPAA training exemplifies Benefits Administration's commitment to educating and promoting a culture that encourages ethical conduct and compliance with state and federal laws.
 - Our training is online in Edison. Each agency is assigned a month to have training completed. You can take the training now without worrying about the completion date.
 - ABCs, backups and directors must complete the annual HIPAA training every calendar year. You must complete the training by the last day of your assigned month. Failure to comply with mandatory training requirements may suspend insurance benefits access.

Training requirements will not be waived unless the BA HIPAA compliance officer approves.

Local government and local education will take LG_LE_HIPAA_2024

State and higher education will take State_HE_HIPAA_2024

 Here is the navigation after you log in to Edison at <u>www.edison.tn.gov</u>: NAV BAR >Navigator > ELM > Learning Home > Search for Learning type HIPAA > Annual HIPAA Training (HIPAA 2000) > LG_LE HIPAA_2024 or State_HE_HIPAA_2024.

• Training completion schedule:

- Local education April 30
- Higher education May 31
- Local government June 30
- State June 30

Operations

- **ABC Resources:** Rachel Craft, BA's education and outreach specialist, shared the following resources for ABCs.
 - o Education and Outreach and ABC Resources
 - o Thank you to Focus Group participants!
 - The ABC webpage and trainings listed
 - o 2024 ABC Guide
 - 2024 Summer Training videos from last year on YouTube
 - \circ $\;$ New Look to ELM and how to find training
 - $\circ~$ 2024 ABC Training is ready for new ABCs and can be taken to refresh for anyone!
 - How to find the 2024 Benefits Orientation
 - Edison How-To Series & YouTube
- **Higher Ed, Local Ed, Local Gov: Upcoming ABC Webinars:** Tameka Allen, BA's program director over the active service center, and Paula Vetter, BA Insurance Benefits Manager, shared information about upcoming webinars for ABCs.
 - \circ $\,$ The active service center training team will be offering two refresher webinars next month.
 - On April 22 and 23, we'll host a refresher training on eHire forms and eBenefit forms. This training will review how to create forms but most importantly how to respond to eHire forms that are routing to you as the terminating agency.
 - We listened and heard you in our most recent focus group meeting. Our team will also offer a termination refresher on April 29 and 30 at the times shown on the screen. The times are Central time.
 - eHire/eBenefit Refresher Training
 - April 22 9 to 11 a.m. CT
 - April 23 1 to 3 p.m. CT
 - Termination Refresher Training
 - April 29 9 to 11 a.m. CT
 - April 30 1 to 3 p.m. CT

- Here is the Formstack registration link: <u>https://stateoftennessee.formstack.com/forms/eform and termination training</u>
- State: Clarification about Benefit SQE eForm: State employees should not be using the new Benefit SQE eform as it is not working correctly. BA is working on hiding the link for state employees.

HIGHER EDUCATION QUESTIONS

Higher Ed: For the weight management (program), can a counselor/representative facilitate a group informational either live or via Zoom? Right after COVID, our department had an EAP person come in and talk about what is available. Is there something similar from Sharecare?

• **Answer:** Yes, Sharecare does have a catalog of webinars we can offer. We can follow-up with you.

Higher Ed: Are new employees set up in Edison required to take HIPAA training at onset?

• **Answer:** New ABCs have 30 days to take the training. If ABCs started in January and they took it within 30 days of their hire date, they wouldn't need to take it again. You only need to take it one time per calendar year.

Higher Ed: The training for scheduling reports and where to find those previously scheduled, are they no longer running?

• **Answer:** We'll have a trainer reach out to you.

Higher Ed: Once the new Edison came about, your already scheduled premiums due report is no longer running because I didn't get mine either. Did all that get wiped out?

- Answer: Is this the one emailed to you once a month?
- Follow up: Yes.
- **Answer:** Those reports did run, so let me find out why you didn't get it. Someone will get back to you.
- Here is the report navigation: Click on the tile that looks like a waffle under the navigation bar. Look in the Other Applications section. Click on Report Manager. On the left-hand side of the screen, click on the plus sign beside the folder called General. In the drop down list, You will see your report listed as: TN PREM DUE/COLLECT APP DEDUCT - 2023-03-06 (whichever date the report ran will display here). Click on the report. Then click on the middle link in the list of reports that ends with .PDF to retrieve your report. Your report will open in a new window.

Higher Ed: I am confused why coverage level Family to EE + Spouse did not drop in the month it was to drop?

• **Answer:** We believe you have submitted a Zendesk ticket about this, and we'll make sure the billing team responds to you.

Higher Ed: Does the state offer discounted childcare benefits? I don't know if that's on PerkSpot or anything?

Answer: No, we don't offer childcare assistance or discounts, but higher education and state employees can enroll in the dependent care FSA during the Annual Enrollment period each fall (or during the plan year if they have a qualifying life event, like a new baby). This will allow them to contribute up to \$2,500/\$5,000 into a DC-FSA to pay for childcare. Optum Here4TN may be able to assist in finding resources in the employee's area. The resources are not necessarily discounted, but Here4TN may be able to find something.

Higher Ed: When can we expect the employee's statement to populate employee elections information? This is when we review the statement when new employees make their elections.

 Answer: We're aware of this, and it is a production issue Edison is working on. For now, ABCs can run a query to view the employee's elections from ESS: TN_BA133_AUD_ESS_AFTER_OCT_20. Or you can use the query TN_BA376_NEW_HIRE_ELECTIONS if you plan to review more than one employee at a time.

LOCAL EDUCATION QUESTIONS

Local Education: Is there a cost to participate in the Sharecare program?

• **Answer:** There is no cost to participate with Sharecare.

Local Education: How can we tell if we have already taken the 2024 HIPAA training?

• **Answer:** It will be listed under MyLearning, and it will show completed for 2024.

Local Education: Has the new ABC training been updated to include the Edison updates?

• **Answer:** The ABC training doesn't have the new Edison screenshots, but we are always updating materials. We are currently updating the Edison how to videos.

Local Education: I have another job and will be leaving my position as ABC on March 29. They should have my replacement by the end of this week. I will let them know about all the training. What else do I need to do for them before I leave?

• **Answer:** Before you leave, the most important thing is sending in the ABC Edison Benefits User Security Authorization Form to get the new ABC registered. Let the new ABC know so we can start their training and get them registered for all the ABC access. We'll have a trainer reach out to you for a smooth transition.

LOCAL GOVERNMENT QUESTIONS

Local Government: Does BA also automatically remove employees in Optum once the employee has been terminated and Local CDHP coverage has ended?

• **Answer:** Once an employee termination or enrollment termination comes over in a file, we do terminate that from the CDHP plan as well. It doesn't necessarily mean the employee has closed the health savings account associated with the CDHP as that is the responsibility of the employee. It's not the responsibility of the state of Tennessee plan.

Local Government: If someone is retiring on 4/30, should their term date be 3/31 in Edison?

• **Answer:** If the active coverage will end 4/30/2024, then yes, you will use an effective term date in Edison of 3/31/2024.

Local Government: What is the form to remove an employee as an ABC?

 Answer: You'll use the Edison Benefits User Security Authorization Form: <u>https://www.tn.gov/content/dam/tn/finance/fa-</u> <u>benefits/documents/abc_edison_user_form_he_le_lg.pdf</u>

Local Government: Is there an additional cost after a certain time with the Sharecare plan? I was signing up and noticed it indicated free for the first weeks. I think it was the eat right plan.

• **Answer:** There is no cost for Sharecare for members enrolled in the health plan.

Local Government: I have several employees who have left and are terminated in Edison but are still in Optum. Is that because there is a balance in the account? **Similar question:** I have the same follow up question about Optum. We still see termed employees in Optum and are not sure if we're supposed to change their status manually or leave it alone as it might close their account and affect them accessing leftover funds.

• **Answer:** Status of enrollment will not impact a member's access to funds. If an account still shows in Edison, it is because an account is still open. There shouldn't be any edits to status that are done in Edison. Only the account holder can close the health savings account.

Local Government: I know it is early, but do we know anything about 2025 premium estimates for budgeting purposes?

• **Answer:** We don't know anything yet, but as soon as we do, we will let you know.

Local Government: Where can I go and find discounts to gym memberships for our staff?

 Answer: If they're enrolled in health coverage, there are discounts with BlueCross BlueShield and Cigna for gym programs, and members can go to their splash pages to find information. We also have information posted on the Partners for Health website here: <u>https://www.tn.gov/content/tn/partnersforhealth/other-benefits/wellness-program/fitnesscenter-discount-program.html</u>

STATE QUESTIONS

State: When the special qualifying event form is working, employees can fill it out and it automatically sends to you (BA)?

- **Answer:** When we get it working correctly, yes, employees will be able to complete the special qualifying event form themselves and send it directly to us.
- Follow-up question: How will the ABC fill out their portion?
- **Answer:** Since this is an SQE form, there isn't an ABC portion to fill out. We'll let you know on the back end. State employees can't submit an enrollment application without an ABC.

Friday, March 8, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 03.08.24 (Word doc)
- ALL PLANS March 12 ABC Conference Call Agenda
- STATE ONLY 4Mind4Body March 13 Overcoming Debt Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Conference Call

The next ABC conference calls are **Tuesday, March 12**.

- Higher Ed: 8:30 9 a.m. CT
- Local Ed: 9:30 10 a.m. CT
- Local Government: 10:30 11 a.m. CT
- State: 11:30 a.m. 12 p.m. CT

Use the WebEx login link and instructions in the **posted** agenda or link below. **To join the ABC conference call - click on the link:** <u>https://tn.webex.com/meet/joan.williams</u>

Cigna and Covenant Health System in East Tennessee Reach Agreement

On March 7, the following information was shared in an email sent to ABCs. You're welcome to share with your impacted members. Benefits Administration will also send an email to enrolled members for whom we have accurate email addresses.

In October 2023, some Partners for Health members received letters informing them that Covenant Health System and Cigna were in negotiations. **Covenant Health System and Cigna**

have reached an agreement, which means the following facilities will remain in the Cigna LocalPlus and Cigna Open Access Plus networks.

- Claiborne Medical Center, Tazewell
- Cumberland Medical Center, Crossville
- Fort Loudon Medical Center, Lenoir City
- Fort Sanders Regional Medical Center, Knoxville
- LeConte Medical Center, Sevierville
- Methodist Medical Center, Oak Ridge
- Morristown-Hamblen Healthcare System, Morristown
- Parkwest Medical Center, Knoxville
- Roane Medical Center, Harriman

Members who received initial letters will receive follow-up letters letting them know that these facilities will remain in network.

Should you have questions, you can call Cigna at 800.997.1617 anytime or visit <u>cigna.com/stateoftn</u>.

Partners for Health posts carrier network announcements online at https://www.tn.gov/partnersforhealth/health-options/carrier-network/network-updates.html.

Service Center Metrics

The service center metrics and customer service rating for February 2024 are below:

- Tickets via Email: 1,103
- Tickets via Self-Service: 2,772
- Tickets via Phone: 4,232
- Tickets via Chat: 211
- Total: 8,318
- Satisfaction Score: 97.8%

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

4Mind4Body Webinar – Overcoming Debt and Achieving Financial Freedom

Email/subject line: Join Partners for Health for the Overcoming Debt and Achieving Financial Freedom webinar, March 13, 11:30 a.m. CT

Presented by Optum Health and My Secure Advantage[®], join Partners for Health for the Overcoming Debt and Achieving Financial Freedom webinar, Wednesday, March 13, from 11:30 a.m. to 12:30 p.m. CT.

Debt is one of the biggest obstacles keeping people from reaching their financial goals. This event will encourage you to prioritize debt management and provide options for getting started. We'll review specific debt-reduction strategies and how to write and follow SMART goals. We hope you leave this event motivated and more confident about reducing your debt.

Preregistration is required. Session will be recorded and made available after the session.

Click here to register:

https://mysecureadvantage.webex.com/weblink/register/re938c625c396c2ac9fa2a982abc4c11 0

Last month's webinar, **How to Simplify Your Life**, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/vuYZjZ1jUxU</u>

For ABCs (central state)

4Mind4Body Webinar – Overcoming Debt and Achieving Financial Freedom

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body webinar, Overcoming Debt and Achieving Financial Freedom, presented by Optum Health and My Secure Advantage[®]. The webinar will take place Wednesday, March 13, starting at 11:30 a.m. CT. The link to last month's recorded webinar, How to Simplify Your Life, is also included.

End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

We don't have any messages specific to higher education ABCs.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs.

End of local gov message

My Secure Advantage®

Wednesday, March 13th

FINANCIAL WELLNESS EVENT

My Secure Advantage[®] (MSA) is your financial benefit through your EAP. No gimmicks, no hidden agenda. We're real people with a real passion for helping you achieve your financial goals. Join us for our educational event!

Overcoming Debt & Achieving Financial Freedom Time: 11:30 am to 12:30 pm CT Speaker: Vivian Perez

Register: [LINK]

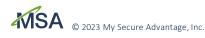
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Register, even if you cannot attend, to receive a recording of the webinar.

This content is for informational purposes only and does not guarantee eligibility for the program or its services.

Information provided in this flyer is for informational purposes only and is not intended to offer specific personalized investment, financial planning, tax, legal or accounting advice. We recommend that you consult an attorney, tax advisor or accountant regarding your unique circumstances.

All onsite class or webinar content is subject to Federal and State copyright and trademark protections. The content, together with any attachments, may not be used, reproduced, recorded, or distributed in any manner (whole or parts), without the prior written consent of My Secure Advantage.



ABC Conference Calls – March 12, 2024 Higher Ed: 8:30 a.m. CT Local Ed: 9:30 a.m. CT Local Gov: 10:30 a.m. CT State: 11:30 a.m. CT

Webinar presentation is included during the conference call.

To join the ABC conference call - click on the link:

https://tn.webex.com/meet/joan.williams

• You will see Joan Williams's Personal Room.

If you don't have WebEx installed on your computer, you can run a temporary application.

- \circ It may ask you to join from your browser or download the WebEx meetings app.
- Enter your name and email address. Then click Join Meeting.
- You may see a pop-up asking you to choose your phone and video connections, or it will automatically connect your audio and video based on your prior settings.
- You may see a preview screen with microphone and video button symbols (buttons on the bottom of the screen). Please turn off/mute your video option/button.
- You can click on the down arrow to change your audio option:
 - o Call me (recommended enter the number you want to system to call)
 - Use your computer for audio (if you have a headset)
 - You can select your speaker and microphone settings
 - Call in (gives you the phone number to call)
- Chat is on the bottom right.

If you are only calling in to listen and <u>not</u> using a computer, please use the following phone number and access code: +1-415-655-0001 US TOLL. Access code: 160 068 7633

<u>Agenda</u>

Communications

- Materials and Communications
 - Updates
 - State: 4Mind4Body Webinar Overcoming Debt and Achieving Financial Freedom, Wednesday, March 13, starting at 11:30 a.m. CT
 - State Offices and BA Service Center Closed Friday, March 29
- Local Gov: New Agency Announcement

Presentations

- Sharecare
- HIPAA Training

Operations

- ABC Resources
- Higher Ed, Local Ed, Local Gov: Upcoming ABC Webinars
- State: Clarification about Benefit SQE eForm

Questions

Friday, March 1, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 03.01.24 (Word doc)
- STATE ONLY 4Mind4Body March 13 Overcoming Debt Flyer
- HIGHER ED, STOLA, LOCAL ED, LOCAL GOV New Look User Edison Guide

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ALL PLANS

For ABCs (all plans)

Edison System Upgrade

On March 4, 2024, the Edison system will be upgraded. This will require an outage of the system from Friday, March 1, 2024, at 5 p.m. CT through Monday, March 4, 2024, at 7 a.m. CT. All users will be locked out of Edison beginning on Friday, March 1, 2024, at 5 p.m. CT.

As always, clearing your cache/browsing history from your browser can correct many issues within Edison. Below is a guide that will walk you through this process. www.edison.tn.gov/EHD/CacheCookies.pdf

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

4Mind4Body Webinar – Overcoming Debt and Achieving Financial Freedom

Email/subject line: Join Partners for Health for the Overcoming Debt and Achieving Financial Freedom webinar, March 13, 11:30 a.m. CT

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For ABCs (central state)

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End of state message

STATE HIGHER EDUCATION

For ABCs (state higher ed)

New Edison Changes and Updates

Following the Edison March 4 upgrade, you'll see some changes in Edison as mentioned last week. With today's Friday ABC update, we've **posted a New Edison Changes and Upgrades document** that walks you through some changes with helpful visuals. You're welcome to share this document with your employees as needed.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

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End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

Important Health Savings Account Information

Local education ABCs should **never** go into the Optum Financial client portal and open health savings accounts for employees. HSAs are legally only available to plan members enrolled in a qualifying high deductible health plan, which is our Local Consumer-driven Health Plan. They are not available to those in our other plans, nor should anyone be enrolled in one if they have a PPO health plan through the State Group Insurance Program. When a plan member enrolls in the Local CDHP, Benefits Administration automatically sends that enrollment over to Optum Financial, who then works to open an HSA for your employee.

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End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

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End of local gov message

My Secure Advantage®

Wednesday, March 13th

FINANCIAL WELLNESS EVENT

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Overcoming Debt & Achieving Financial Freedom Time: 11:30 am to 12:30 pm CT Speaker: Vivian Perez

Register: [LINK]

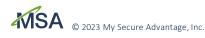
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State of Tennessee



New Edison Changes and Updates

State of Tennessee Edison

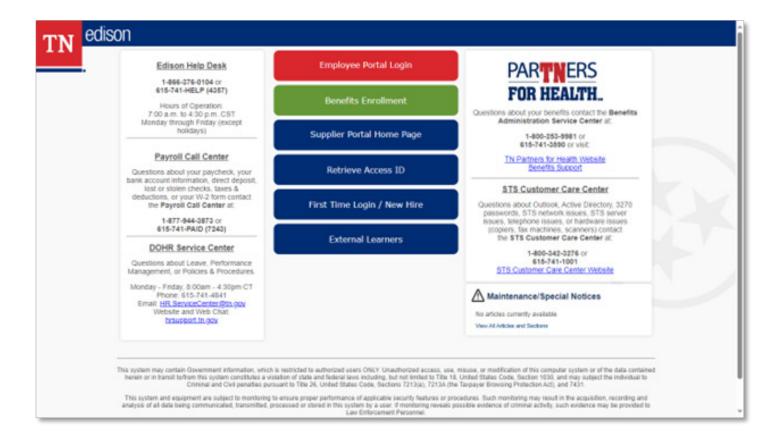
February 26, 2024

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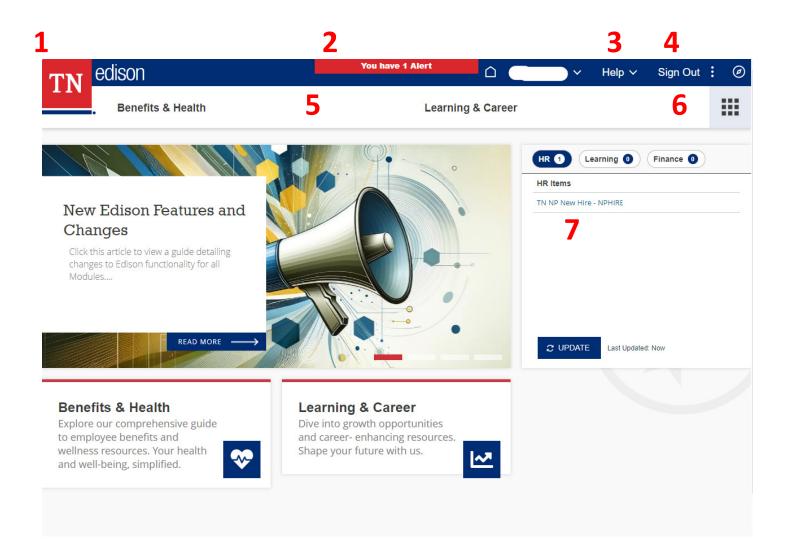
New Edison Guest Page

This is the new Edison Guest Page. All the login buttons and login processes will remain the same.



New Edison Home Page

This is the new Edison Home Page. There are many new features and options on the page. These new features include, **TN Logo**, **Alerts Banner**, **Help** section, new **Sign Out** option, an updated **menu**, **Quick Links** and **Global Worklist** section.



- **1. TN Icon:** Click to return to the Home page. Same functionality as the existing Home Icon.
- 2. Alerts Banner: Click to see Edison Notifications.
- 3. Help: Click to view Edison Help Desk cases you have submitted or log a new Edison Help Desk case.
- 4. Sign Out: Click to log out of Edison.
- 5. Menu: Click to view individual panels with common links related to Benefits & Health, Learning & Career.
- **6. Quick Links:** Click to view frequently used navigations within Edison such as WorkCenters, Module Specific Support Info, and Edison Security Forms.
- 7. Global Worklist: Collection of any transactions that require attention/approval.

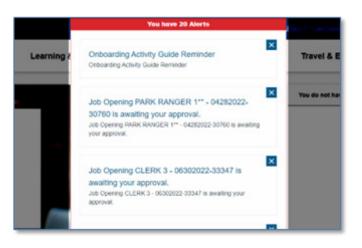
Quick Links

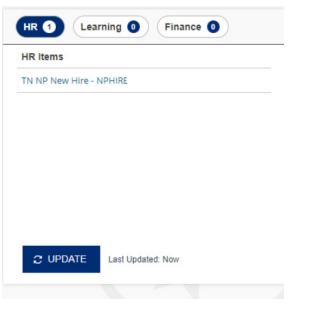
This is the new Edison Quick Links section. This section contains commonly used links in Edison such as Support info for various Edison Modules (i.e. Benefits Support Info and ELM Support Info). There are WorkCenters that will appear as users have access to them. The more your access allows in Edison, the more you will see.

| N edison | | You have 1 Alert | | \vee Help \vee Sign Out : | | | | |
|---|---------------------|------------------------------|--------------------|-------------------------------|--|--|--|--|
| Benefits & Health | Learning & Career | | | | | | | |
| Quick Links | WorkCenters | General Information | Other Applications | User Guides & Support | | | | |
| The links provided here are a curated list of popular links, and various external links. Power users can access workcenters and other systems. | Benefits WorkCenter | ADA Information | | Benefits Support Info | | | | |
| | HR WorkCenter | Benefits News | | ELM Support Info | | | | |
| | | ELM News | | Finance Support Info | | | | |
| | | Edison Metrics and Standards | | HR Support Info | | | | |
| | | Finance News | | Payroll Support Info | | | | |
| | | HR News | | Procurement Support Info | | | | |
| | | Payroll Calendars | | Time & Labor Support Info | | | | |
| | | Payroll News | | User Guides: 3rd Party | | | | |
| | | Procurement News | | User Guides: FSCM | | | | |
| | | Security Information | | User Guides: HCM | | | | |
| | | Time & Labor News | | User Guides: Self Service | | | | |

Alerts Banner

The Alerts Banner will display important notifications from outages to process completion statuses.





Global Worklist

<u>All</u> your worklist items display centrally in the new **Global Worklist**. This includes various Worklist items from <u>HR</u>, Learning, and/or others depending on your level of access within Edison.

User Profile Page

This is the new *Edison Personal Information Page*. You can get to this page by simply clicking you name located in the header at the top of the page.

| Benefits & Health Learning & Career Name & Job Details Job Tile Job Tile Insurance Participant Employee ID Location Davidson County Phone Mome Phone Forgot Password Email Home Addresses Forgot Password Email Forgot Password Email | edison | | | You have 1 Alert | | | ~ | Help \checkmark | Sign Out | : 0 |
|---|--------------------|-----------------------|---------------------|-----------------------|------------------------------|---|---------|-------------------|----------|-----|
| Name & Job Details Job Title Insurance Participant Employee ID Location Davidson County Phone Home Phone Image: County Image: County Manager Business Unit Department My Preferences My Password My Password My Password Image: County Phone Image: County Phone Image: County Image: County Image: County Manager Image: County Phone Image: County Image: County < | IN | | | | | | | | | |
| Insurance Participant Employee ID Decation Davidson County Phone Image: Addresses Home Address Image: Addresses Im | Name & Job Details | | | | | | Profile | | | |
| Home Phone Business Email Primary Email Addresses Image: Comparison of the second se | | Insurance Participant | Location Department | | | My System Profile Change My Password | | | | |
| Addresses Image: Constraint of the second | Phone | | P | Email | | P | | | | |
| Home Address Forgot Password Email No data available | Home Phone | | | Business Email | Primary Email | | | | | |
| No data available | Addresses | | P | Forgot Password Email | | P | | | | |
| | Home Address | | | | | | | | | |
| Emergency Contacts Original Start Date Marital Status No data to display at this time Birth Date Veteran Status | | | P | | | | | | | |
| Gender Citizenship Not indicated | | | | | Citizenship Not indicated | | | | | |
| Ethnic Group Disability Information Not indicated Not indicated | | | | | | | | | | |

Information you can update:

Primary Email, Home Email, Work Email, Business Email, Forgot Password Email

Business Phone, Mobile Phone

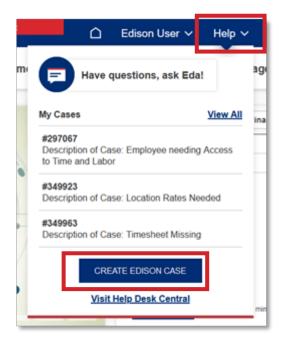
Home Address, Work Address, Mailing Address

Emergency Contacts

Change Your Password

Help

The Help drop -down allows you to enter a case to the Edison Help Desk via the CRM Create a Case process. It also allows you to view all open cases that you may have.



Friday, Feb. 23, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 02.23.24 (Word doc)
- STATE ONLY FSA Acknowledgement for 2024 Enrollment
- <u>STATE ONLY 4Mind4Body March 13 Overcoming Debt Flyer</u>

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ALL PLANS

For ABCs (all plans)

EyeMed Adding Multi-factor Authentication Process

Starting Feb. 25, every time a member enrolled in vision coverage logs on to the EyeMed Member Web or the microsite, he/she will be prompted to verify their identity through multi-factor authentication. The process is seamless. No prior set-up is required, and there will be no service interruption. As part of this process, verification tokens will be sent via text or email. Members will see information about this change to the process when they log in to their accounts.

End of all plans message

<mark>CENTRAL STATE</mark>

For Members (central state)

4Mind4Body Webinar – Overcoming Debt and Achieving Financial Freedom

Email/subject line: Join Partners for Health for the Overcoming Debt and Achieving Financial Freedom webinar, March 13, 11:30 a.m. CT

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Click here to register:

https://mysecureadvantage.webex.com/weblink/register/re938c625c396c2ac9fa2a982abc4c11 0

Last month's webinar, **How to Simplify Your Life**, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/vuYZjZ1jUxU</u>

For ABCs (central state)

Dependent Care Flexible Benefits Letters

This week, 30 letters are being mailed to members enrolled in dependent care flexible spending accounts letting them know we're adjusting their contribution amounts based on nondiscrimination testing that was just completed. When members enrolled in 2024 FSAs during Annual Enrollment, they agreed that as highly compensated employees, their contributions could be reduced to comply with federal law. A copy of the FSA enrollment information is posted with today's Friday update.

4Mind4Body Webinar – Overcoming Debt and Achieving Financial Freedom

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End of state message

STATE HIGHER EDUCATION

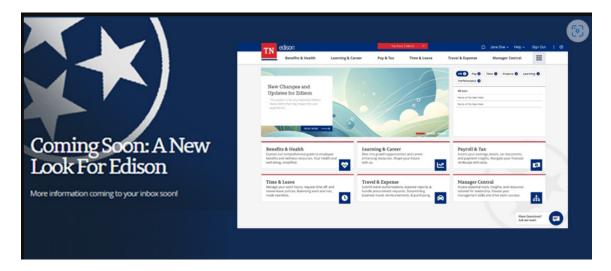
For ABCs (state higher ed)

ACH Draft for Premiums

We notified you earlier this week that there was an issue with the ACH draft for the February insurance premiums that were supposed to be deducted from agency bank accounts on Feb. 15. This was because there was an issue when the Office of Business and Finance ran the file and the draft did not occur. The February premiums will be deducted from your bank accounts today, **Friday, Feb. 23.**

Coming Soon: A New Look for Edison

A new more user-friendly Edison is coming March 4! More details are coming soon but mark your calendar because the new upgrade will require Edison to go off-line the weekend leading up to March 4. We'll share a reminder next week, and information will be posted on the Edison home page.



End of higher ed message

STATE OFFLINE AGENCIES

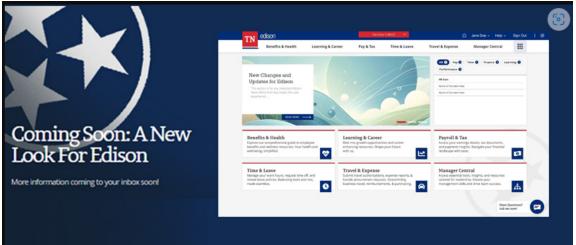
For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

ACH Draft for Premiums

We notified you earlier this week that there was an issue with the ACH draft for the February insurance premiums that were supposed to be deducted from agency bank accounts on Feb. 15. This was because there was an issue when the Office of Business and Finance ran the file and the draft did not occur. The February premiums will be deducted from your bank accounts today, **Friday, Feb. 23.**

Coming Soon: A New Look for Edison

A new more user-friendly Edison is coming March 4! More details are coming soon but mark your calendar because the new upgrade will require Edison to go off-line the weekend leading up to March 4. We'll share a reminder next week, and information will be posted on the Edison home page.



End of state offline agency message

LOCAL EDUCATION

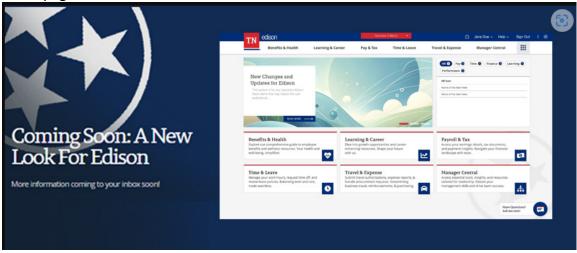
For ABCs (local ed)

ACH Draft for Premiums

We notified you earlier this week that there was an issue with the ACH draft for the February insurance premiums that were supposed to be deducted from agency bank accounts on Feb. 15. This was because there was an issue when the Office of Business and Finance ran the file and the draft did not occur. The February premiums will be deducted from your bank accounts today, **Friday, Feb. 23.**

Coming Soon: A New Look for Edison

A new more user-friendly Edison is coming March 4! More details are coming soon but mark your calendar because the new upgrade will require Edison to go off-line the weekend leading up to March 4. We'll share a reminder next week, and information will be posted on the Edison home page.



End of local education message

LOCAL GOVERNMENT

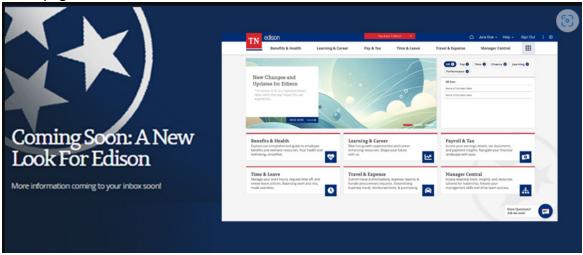
For ABCs (local gov)

ACH Draft for Premiums

We notified you earlier this week that there was an issue with the ACH draft for the February insurance premiums that were supposed to be deducted from agency bank accounts on Feb. 15. This was because there was an issue when the Office of Business and Finance ran the file and the draft did not occur. The February premiums will be deducted from your bank accounts today, **Friday, Feb. 23.**

Coming Soon: A New Look for Edison

A new more user-friendly Edison is coming March 4! More details are coming soon but mark your calendar because the new upgrade will require Edison to go off-line the weekend leading up to March 4. We'll share a reminder next week, and information will be posted on the Edison home page.



End of local gov message

Friday, Feb. 16, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

• ABC Update 02.16.24 (Word doc)

• ALL PLANS - Feb. 13 Combined ABC Conference Call Notes

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

ALL PLANS

For ABCs (all plans)

ABC Conference Call Notes

The Feb. 13 combined ABC conference call notes are posted with today's Friday ABC update. The next ABC conference calls will be held Tuesday, March 12.

State Offices and BA Service Center Closed Feb. 19

State offices and the BA service center will be closed Monday, Feb. 19 for Presidents Day.

<mark>CENTRAL STATE</mark>

For ABCs (state)

We don't have any messages specific to state ABCs today.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to STOLA ABCs today.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

You must check this box in order to submit your final enrollment, even if you are not enrolling in an FSA. If you agree to the acknowledgement and are not enrolling in an FSA, it will not cause an error and nothing further needs to be done. Agreeing to the acknowledgement does not automatically enroll you in the plan.

Consent to payroll deductions For unsubstantiated expenses made by FSA and Limited purpose FSA (L-FSA) debit card users

FSA and L-FSA debit card holders must provide proof that expenses paid for with the debit card are covered expenses permitted by the FSA program. This is called "substantiation." The State's authorized contractor may send requests for substantiation to plan members.

If substantiation if not provided, FSA and L-FSA debit card holders must consent to payroll deductions from their wages to repay those expenses. Anyone who refuses to consent to these terms will not be allowed to enroll in the FSA or L-FSA.

DC-FSA Enrollees' Consent to reduction of dependent care flexible spending (DC-FSA) contributions if Plan is found to be non-compliant with federal law.

Federal law requires the State to conduct annual tests of the flexible benefit plans. The tests are to ensure that the plan treats everyone fairly and does not discriminate in favor of highly compensated employees. The State's contracted claims administrator (Optum) will test the DC-FSA plan in 2024. If the plan does not satisfy federal discrimination requirements, federal law may require the plan to reduce the contribution amount of highly compensated employees for the remainder of the plan year.

<u>If I enroll in an FSA or L-FSA</u>, I hereby agree that the State may deduct from my pay the amount of any expenses that remain unsubstantiated thirty (30) days after the plan runout period to the extent permitted by and in accordance with applicable law. This authorization of payroll deduction is a condition to participate in an FSA or L-FSA. The State will provide notice of anticipated payroll deductions fourteen (14) days before the date of payment of your wages as required by TCA § 50-2-110.

<u>If I enroll in the DC-FSA</u>, and I am a highly compensated employee, and the Plan is found to discriminate against non-highly compensated employees, I understand that my contributions may be reduced to comply with federal law.

I Agree

By clicking this box, I consent to the terms and conditions of this agreement: Consent to Payroll Deductions for Unsubstantiated Expenses Made by FSA and LFSA Debit Card Users and Consent to reduce DC-FSA contributions if needed to comply with federal law.

Save

My Secure Advantage®

Wednesday, March 13th

FINANCIAL WELLNESS EVENT

My Secure Advantage[®] (MSA) is your financial benefit through your EAP. No gimmicks, no hidden agenda. We're real people with a real passion for helping you achieve your financial goals. Join us for our educational event!

Overcoming Debt & Achieving Financial Freedom Time: 11:30 am to 12:30 pm CT Speaker: Vivian Perez

Register: [LINK]

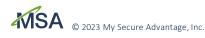
Debt is one of the biggest obstacles keeping people from reaching their financial goals. This event will encourage you to prioritize debt management and provide options for getting started. We'll review specific debt reduction strategies and how to write and follow SMART goals. We hope you leave this event motivated and more confident about reducing your debt.

Register, even if you cannot attend, to receive a recording of the webinar.

This content is for informational purposes only and does not guarantee eligibility for the program or its services.

Information provided in this flyer is for informational purposes only and is not intended to offer specific personalized investment, financial planning, tax, legal or accounting advice. We recommend that you consult an attorney, tax advisor or accountant regarding your unique circumstances.

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Friday, Feb. 9, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Update 02.09.24 (Word doc)
- ALL PLANS Feb. 13 ABC Conference Call Agenda
- STATE 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Conference Call

The next ABC conference call is Tuesday, Feb. 13.

- Higher Ed Tuesday, Feb. 13, 8:30 9 a.m. CT
- Local Ed Tuesday, Feb. 13, 9:30 10 a.m. CT
- Local Government Tuesday, Feb. 13, 10:30 11 a.m. CT
- State Tuesday, Feb. 13, 11:30 a.m. 12 p.m. CT

Use the webinar (WebEx) login link and instructions in the **posted** agenda or link below. **To join the ABC conference call - click on the link:** https://tn.webex.com/meet/joan.williams

Important Information for Members Enrolled in The Tennessee Plan

The Tennessee Plan is a supplemental medical insurance program designed to cover certain expenses not fully paid by Medicare Part A and B coverage. It was recently brought to our attention that when a member of The Tennessee Plan visits a provider, they may be told that their UMR plan is their primary plan, not Medicare. If a member contacts you to report this occurring, please direct the member to call UMR at 1.888.477.9307, M–F, 7 a.m. – 4:30 p.m. CT, to talk to a dedicated customer service representative. UMR is emailing The Tennessee Plan members for whom they have email addresses, and mailing letters to all members to inform them of this issue. We have also posted this information on our Partners for Health website.

Service Center Metrics

The service center metrics and customer service rating for January 2024 are below:

- Tickets via Email: 1,504
- Tickets via Self-Service: 2,928
- Tickets via Phone: 4,843
- Tickets via Chat: 237
- o **Total: 9,512**
- Satisfaction Score: 96.8%

Edison Maintenance

Edison will be performing scheduled system maintenance Sunday, Feb. 11 from 6 a.m. to 10 p.m. CT. During this time, all users will be locked out of Edison and unable to access the system.

<mark>CENTRAL STATE</mark>

For Members (state)

4Mind4Body How to Simplify Your Life Webinar

Email/subject line: Join Partners for Health for the How to Simplify Your Life webinar, Feb. 14, 11:30 a.m. CT.

Presented by Optum Health, join Partners for Health for the **How to Simplify Your Life** webinar, Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available on the Partners for Health YouTube page a few days after the session.

Click here to register:

<u>https://optum-training-</u> form.force.com/USTrainingForm/s/newregistrationpage?c recordId=a254N000004DW44QAG</u>

Last month's webinar, **Healthy Habits**, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/FOVEgUa7iZ8</u>

For ABCs (state)

4Mind4Body February Webinar

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body webinar, How to Simplify Your Life, presented by Optum Health. The webinar will take place Wednesday, Feb. 14, starting at 11:30 a.m. CT. The link to last month's recorded webinar, Healthy Habits, is also included.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to STOLA ABCs today.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information

Healthy Habits

Wednesday, Jan. 10, 11:30 a.m. CT



CLICK HERE TO REGISTER

Presented by Optum Health, join Partners for Health for the Healthy Habits webinar, **Wednesday, Jan. 10, from 11:30 a.m. to 12:30 p.m. CT.**

This webinar will address common obstacles to healthy habits and offer strategies to help you adopt and stick with new habits. Learn about the science of forming habits and how it can impact your daily routines. Participants will identify and discuss how to set and achieve long-term wellness goals and learn techniques for building healthy work and family routines that promote health. This session will highlight resources and support systems that can help build lasting wellbeing for everyone.

Preregistration is required. Session will be recorded and available a few days after the session.

How to Simplify Your Life Wednesday, Feb. 14, 11:30 a.m. CT

Presented by Optum Health, join Partners for Health for the How to Simplify Your Life webinar, **Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.**

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available a few days after the session.







Friday, Feb. 2, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMEN

- ABC Email 02.02.24 (Word doc)
- STATE 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

Notice about Class Action Claim Offers

One of our member agencies recently shared a letter they received from a private company offering to help them file claims in class action lawsuits against insurance companies. Benefits Administration is reminding Partners for Health member agencies that they are not authorized to participate in class actions or to assign any claims to a third party to represent the State Group Insurance Program in any capacity or to recover damages in connection with claims paid through the Plan. As a state-sponsored plan governed by state contracts, all legal actions must be handled or approved by the Tennessee Attorney General's Office and cannot be contracted out to any other entity.

ABC Focus Group Sessions

We value your input! You're invited to participate in focus group sessions with Benefits Administration's Education and Outreach team either virtually or in person in Nashville. Share your thoughts and ideas about the materials, resources and training we provide. Register now to join one of the three available sessions.

https://stateoftennessee.formstack.com/forms/focus

The session dates and times are:

Feb. 22 virtually at 10 a.m. CT – Local Education and Local Government

Feb. 22 virtually at 1 p.m. CT – State and Higher Education

Feb. 27 virtually at 10 a.m. CT – State and Higher Education

Feb. 27 virtually at 1 p.m. CT – Location Education and Local Government Feb. 28 in person at 10 a.m. CT – (ST/HE/LE/LG) Location: Tennessee State Library & Archives (downtown Nashville)

Updated Vendor Contact List

The Vendor Contact List, found on the ABC webpage under Conference Call Notes Archive and Resources, has been updated. There is a different contact for Sharecare, Shylah Negovan. For state, higher education and state offline agency ABCs, we also have a different contact for MetLife, Chris Freeman. Please refer to this version going forward:

https://www.tn.gov/content/dam/tn/partnersforhealth/documents/vendor list 013124.pdf

<mark>CENTRAL STATE</mark>

For Members (state)

Dependent Basic Term Life Insurance Letters

On Feb. 9, Securian Financial will mail letters to households with dependent spouses and children who lost basic term life insurance coverage as of Jan. 1, 2024, due to the change from the Traditional to the Contemporary life insurance program. These dependents did not enroll in the voluntary term life insurance program. Letters will advise members of the opportunity to convert the lost coverage to individual life insurance policies. Only one letter will be sent to impacted households.

Should you have questions, you can contact Securian Financial at 866.881.0631, M-F, 7 a.m. – 6 p.m. CT.

4Mind4Body How to Simplify Your Life Webinar

Email/subject line: Join Partners for Health for the How to Simplify Your Life webinar, Feb. 14, 11:30 a.m. CT.

Presented by Optum Health, join Partners for Health for the **How to Simplify Your Life** webinar, Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available on the Partners for Health YouTube page a few days after the session.

Click here to register:

<u>https://optum-training-</u> form.force.com/USTrainingForm/s/newregistrationpage?c recordId=a254N000004DW44QAG</u>

Last month's webinar, **Healthy Habits**, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/F0VEgUa7iZ8</u>

For ABCs (state)

Dependent Basic Term Life Insurance Letters

Securian Financial will mail 30,302 letters on Feb. 9, 2024, to those dependent spouses and children who lost basic term life insurance coverage as of Jan. 1, 2024, due to the change from the Traditional to the Contemporary life insurance program. These dependents did not enroll in the voluntary term life insurance program. Letters advise dependents of the opportunity to convert the lost coverage to an individual life insurance policy. Only one letter will be sent to

impacted households. We've included a brief announcement above that you can share with impacted employees.

4Mind4Body February Webinar

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body How to Simplify Your Life webinar, presented by Optum Health. The webinar will take place Wednesday, Feb. 14, starting at 11:30 a.m. CT. The link to last month's recorded webinar, Healthy Habits, is also included.

End of state message

STATE HIGHER EDUCATION

For Members (higher ed)

Dependent Basic Term Life Insurance Letters

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End of higher ed message

STATE OFFLINE AGENCIES

For Members (state offline agencies)

Dependent Basic Term Life Insurance Letters

On Feb. 9, Securian Financial will mail letters to households with dependent spouses and children who lost basic term life insurance coverage as of Jan. 1, 2024, due to the change from the Traditional to the Contemporary life insurance program. These dependents did not enroll in the voluntary term life insurance program. Letters will advise members of the opportunity to convert the lost coverage to individual life insurance policies. Only one letter will be sent to impacted households.

Should you have questions, you can contact Securian Financial at 866.881.0631, M-F, 7 a.m. – 6 p.m. CT.

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

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End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information

Healthy Habits

Wednesday, Jan. 10, 11:30 a.m. CT



CLICK HERE TO REGISTER

Presented by Optum Health, join Partners for Health for the Healthy Habits webinar, **Wednesday, Jan. 10, from 11:30 a.m. to 12:30 p.m. CT.**

This webinar will address common obstacles to healthy habits and offer strategies to help you adopt and stick with new habits. Learn about the science of forming habits and how it can impact your daily routines. Participants will identify and discuss how to set and achieve long-term wellness goals and learn techniques for building healthy work and family routines that promote health. This session will highlight resources and support systems that can help build lasting wellbeing for everyone.

Preregistration is required. Session will be recorded and available a few days after the session.

How to Simplify Your Life Wednesday, Feb. 14, 11:30 a.m. CT

Presented by Optum Health, join Partners for Health for the How to Simplify Your Life webinar, **Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.**

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available a few days after the session.







Friday, Jan. 26, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- <u>ABC Email 01.26.24</u> (Word doc)
- STATE 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

ALL PLANS

For ABCs (all plans)

Edison Scheduled Maintenance

Edison will be performing scheduled system maintenance on Sunday, Jan. 28 from 6 a.m. to 4 p.m. CT. During this time all users will be locked out of Edison and unable to access the system.

<mark>CENTRAL STATE</mark>

For Members (state)

4Mind4Body How to Simplify Your Life Webinar

Email/subject line: Join Partners for Health for the How to Simplify Your Life webinar, Feb. 14, 11:30 a.m. CT.

Presented by Optum Health, join Partners for Health for the **How to Simplify Your Life** webinar, Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.

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Preregistration is required. Session will be recorded and available on the Partners for Health YouTube page a few days after the session.

Click here to register:

<u>https://optum-training-</u> form.force.com/USTrainingForm/s/newregistrationpage?c recordId=a254N000004DW44QAG</u>

Last month's webinar, **Healthy Habits**, is available on the Partners for Health YouTube page. Click here to watch: <u>https://youtu.be/FOVEgUa7iZ8</u>

For ABCs (state)

4Mind4Body February Webinar

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body How to Simplify Your Life webinar, presented by Optum Health. The webinar will take place Wednesday, Feb. 14, starting at 11:30 a.m. CT.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to state higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs today.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information

Healthy Habits

Wednesday, Jan. 10, 11:30 a.m. CT



CLICK HERE TO REGISTER

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Preregistration is required. Session will be recorded and available a few days after the session.

How to Simplify Your Life Wednesday, Feb. 14, 11:30 a.m. CT

Presented by Optum Health, join Partners for Health for the How to Simplify Your Life webinar, **Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.**

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available a few days after the session.







Friday, Jan. 19, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

• ABC Email 01.19.24 (Word doc)

<u>ALL PLANS – Wellness Program RealAge Test Flyer</u>

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

Partners for Health Email

Last Friday, an email was sent about vaccinations through our service provider MailChimp to all current enrolled health plan members. Unfortunately, this email triggered an automatic unsubscribe from Partners for Health emails for a large number of members. We're still working with our service provider to determine exactly why this occurred. Unfortunately, the automatic message members received caused many to question its validity, and some to question if they have benefits.

Please assure members that they still have their health plan benefits. While we did relay to members who submitted Zendesk tickets to click the "Subscribe" button to resubscribe back into our emails, we may have to reach back out to ABCs and to members in the future about additional action we need them to take as we get further information from MailChimp.

We apologize for any confusion this may have caused you and these members.

Sharecare Wellness Program Materials/RealAge Test Flyer

As part of the new Sharecare wellness program, members are prompted to take their RealAge Test. We've had some questions from members who have completed the RealAge Test, so we've posted a flyer with today's update that walks through how to verify completion. Members can take the RealAge Test as many times as they would like throughout the program.

As mentioned during the January ABC conference calls, there are digital materials you can share with your members. There is a section for state and higher education and a section for local education and local government. You can find these materials here:

<u>https://www.sharecare.com/tnwellness/engagement-materials/</u>. Sharecare representatives will again join us during the February and March ABC conference calls to go over this program and answer your questions.

Special Qualifying Event eForm

We reported during the summer ABC training that a new special qualifying event eForm was in the works. We're pleased to officially announce the much-anticipated go-live of the SQE eForm. Many of you are already using this new feature and have provided great feedback regarding the simplicity of the form. Step-by-step training has now been added to the Partners for Health website. Select the 'Agency Benefits Coordinators' drop down, 'Training' and then 'Edison How To' near the bottom to locate the SQE eForm training.

https://www.tn.gov/content/dam/tn/partnersforhealth/documents/sqe_eform_training.pdf

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Help With Queries

- <u>Query Tool</u>
- Edison Query Manual
- Age Out Query Process

"Edison" How-To

- How to modify an employee in Edison
- How add/enroll an employee in Edison
- How to run/automate the collections applied report in Edison
- How to check your primary email in Edison

Additional Training

<u>SQE Benefits eForm Training</u> NEW

Corrections and Clarification Form Change

We have updated our Corrections and Clarification Form. We've added options for employees terminated in error, to correct the hire/termination date and for employees who are terminated prior to the coverage start date. The form can only be used for the options listed on the form; any other corrections could require other documentation.

We have also added a new method to submit the form. If you do not need to keep a copy of the form or prefer a fully digital option, we have added the Corrections and Clarification Form as an option in Zendesk. Go to Zendesk, select 'Submit a request' then from the drop down select

'Corrections and Clarification' and input the employee's information and the requested correction. No documents are required to be uploaded using this option. This means you do not need to complete both the digital form and the Zendesk form.

There is still a standard digital form available for download at

<u>https://www.tn.gov/partnersforhealth.html</u>. Select the 'Agency Benefits Coordinators' drop down, 'Forms' and then 'Corrections and Clarification Form'. This form can be downloaded and edited. You can then send this document in to the service center to make the requested update if you do not want to use the digital option in Zendesk.

We will also talk about this change during the February ABC conference calls.

<mark>CENTRAL STATE</mark>

For ABCs (state)

We don't have any messages specific to state ABCs today.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to state higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs today.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

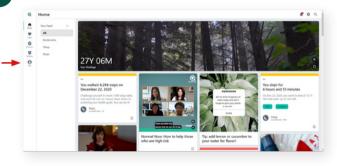


How to confirm RealAge[®] Test completion:





Select You from the home screen.





Select View Full Report and then view RealAge History

| | | Calendar Age | nger than your calendar age. | | |
|-------------------|------------------|---------------------|------------------------------|-----------------|-------------|
| | ResiAge: 27Y 06M | | | | |
| | | Update Your RealAge | View Full Report | - | |
| dige History | | | | | |
| 05Y 10M Younger | Pole 3, 2020 | 04Y 05M Younger | Mag 16, 2019 | OZV 06M Younger | May 9, 2219 |
| asv asw vounger | Feb 21, 2019 | O 03Y 03M Younger | 141.4,209 | OEX OSM Younger | May 3, 2018 |
| O ORY OAM Younger | Arkitte | | | | |



Confirm your RealAge Test completion dates under **Test Completion Date**

| Date of Birth | Sex | RealAge History |
|--|-----------------------------------|---|
| /10/1989 | Female | - Biometrics History |
| | | RealAge Recommendations |
| | | - External Resources |
| RealAge Results | | |
| | | Your RealAge |
| Test Completion Date | Calendar Age | 27Y 6M |
| 2/3/2020 | 31Y 9M | You are 4Y 3M younger! |
| | | |
| PoslAge History | 1 | |
| RealAge History | ŧ | |
| | Test Completion Date | , |
| RealAge Score | Test Completion Date 2/3/2020 | , |
| RealAge History RealAge Score - 3 Yearph 10 Monthes - 4 Yearph 5 Monthes | | |
| RealAge Score - 3 Year(s) 10 Month(s) - 4 Year(s) 5 Month(s) | 2/3/2020 | |
| RealAge Score - 3 Year(s) 10 Month(s) | 2/3/2020 5/16/2019 | |
| RealAge Score - 3 Year(s) 10 Month(s) - 4 Year(s) 5 Month(s) - 2 Year(s) 8 Month(s) | 2/3/2020 5/16/2019 5/9/2019 | , |

You can download the entire Health Summary Report for your records.

Have questions? Call Sharecare at 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT to learn more.

Sharecare, Inc. is an independent company that provides health improvement and wellness services for Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.



Note: You can see your RealAge Test history from this screen, but continue to follow these steps if you'd like to save a copy.

| Your RealAge | ^ | |
|------------------|---|------------------|
| Score | | |
| Program | | |
| Tips | | |
| Health Profile | ^ | |
| Allergies | | |
| Biometrics | ~ | RealAge: 27Y 06M |
| Care Team | | |
| Conditions | | |
| Immunizations | | |
| Lab Results | | |
| Medications | | |
| Procedures | | |
| Benefits | | |
| Wallet | | |
| Financial Health | | |

Friday, Jan. 12, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

ABC Email 01.12.24 (Word doc)

• ALL PLANS – Jan. 9 Combined ABC Conference Call Notes

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

ALL PLANS

For ABCs (all plans)

ABC Conference Call Notes

The Jan. 9 combined ABC conference call notes are posted with today's Friday ABC update. The next ABC conference calls will be held Tuesday, Feb. 13.

State Offices and the BA Service Center Closed

State offices and the BA service center will be closed Monday, Jan. 15 for the Martin Luther King Jr. holiday. Below are the holiday hours for some of our vendors.

| BlueCross BlueShield of Tennessee (medical – Network S and P) | Monday, Jan. 15 – closed |
|--|---|
| Cigna (medical - LP and OAP) | Customer Service will be available 24/7/365 |
| Cigna Offices | Offices |
| | Monday, Jan. 15 - closed |
| Cigna DHMO (Prepaid Provider) | Customer Service will be available 24/7/365 |
| Cigna Offices | Offices |
| | Monday, Jan. 15 - closed |
| CVS Caremark (pharmacy) | Customer Service will be available 24/7/365 |
| Optum Financial (HSA, FSAs) <mark>holiday</mark> | Customer Care |
| <mark>hours for members</mark> | Monday, Jan. 15 - closed |
| Optum Financial (HSA, FSAs) Account | Offices |
| Services Team | Monday, Jan. 15 – closed |
| Optum Health (EAP/behavioral health) | Call Center open 24/7/365 |

<mark>CENTRAL STATE</mark>

For ABCs (state)

We don't have any messages specific to state ABCs today.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to state higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

We don't have any messages specific to state offline agency ABCs today.

End of state offline agency message

LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

Friday, Jan. 5, 2024 | Weekly ABC Update

ABC email content is separated by information for all plans and then by plan: ALL PLANS CENTRAL STATE STATE HIGHER EDUCATION STATE OFFLINE AGENCIES LOCAL EDUCATION LOCAL GOVERNMENT

- ABC Email 01.05.23 (Word doc)
- ALL PLANS Jan. 9 ABC Conference Call Agenda
- <u>ALL PLANS BCBS Fitness Your Way Flyer</u>
- STATE ONLY 4Mind4Body Webinar Flyer

Attachments such as flyers or PDFs will be linked on the ABC webpage under the red button and named by plan (all plans, state, higher ed, local ed or local gov).

Information you can directly share will be listed under the **For Members** header. ABC-specific information is listed under the **For ABCs** header.

<mark>ALL PLANS</mark>

For ABCs (all plans)

ABC Conference Call

The next ABC conference call is Tuesday, Jan. 9.

- Higher Ed Tuesday, Jan. 9, 8:30 9 a.m. CT
- Local Ed Tuesday, Jan. 9, 9:30 10 a.m. CT
- Local Government Tuesday, Jan. 9, 10:30 11 a.m. CT
- State Tuesday, Jan. 9, 11:30 a.m. 12 p.m. CT

Use the webinar (WebEx) login link and instructions in the **posted** agenda or link below. **To join the ABC conference call - click on the link:** https://tn.webex.com/meet/joan.williams

Important Information about HIPAA Training

This year, we've automated the enrollment for HIPAA training. You may have received an email from Edison about the class. **The 2024 HIPAA training schedule will start in April.** You can complete the training now if you would like; however, you don't have to as it will not be due until mid-summer. We'll announce when the training should be completed in upcoming weekly ABC emails and conference calls. Thank you for your dedication to keeping our members' protected health information secure.

BlueCross BlueShield Fitness Your Way Limited-Time Offer

We've posted a flyer you can share with your members enrolled in health coverage with BlueCross BlueShield about a limited-time enrollment offer in Fitness Your Way[®]. The information members need to join this program is included in this flyer. This offer ends Jan. 31, 2024.

Service Center Metrics

The service center metrics and customer service rating for December 2023 are below:

- Tickets via Email: 1,161
- Tickets via Self-Service: 2,825
- Tickets via Phone: 3,954
- Tickets via Chat: 229
- Total: 8,169
- Satisfaction Score: 97.5%

CENTRAL STATE

For Members (state)

Email/subject line: Join Partners for Health for the Healthy Habits webinar, Jan. 10, 11:30 a.m. CT

Presented by Optum Health, join Partners for Health for the **Healthy Habits** webinar, Wednesday, Jan. 10, from 11:30 a.m. to 12:30 p.m. CT.

This webinar will address common obstacles to healthy habits and offer strategies to help you adopt and stick with new habits. Learn about the science of forming habits and how it can impact your daily routines. Participants will identify and discuss how to set and achieve long-term wellness goals and learn techniques for building healthy work and family routines that promote health. This session will highlight resources and support systems that can help build lasting wellbeing for everyone.

Preregistration is required. Session will be recorded and available a few days after the session.

Click here to register: <u>https://optum-training-</u> <u>form.force.com/USTrainingForm/s/newregistrationpage?c</u>recordId=a254N000004DWAvQAO

For ABCs (state)

4Mind4Body

We've included a message above and posted a flyer you can share with employees about the upcoming 4Mind4Body Healthy Habits webinar, presented by Optum Health. The webinar will take place Wednesday, Jan. 10., starting at 11:30 a.m. CT.

End of state message

STATE HIGHER EDUCATION

For ABCs (higher ed)

We don't have any messages specific to state higher education ABCs today.

End of higher ed message

STATE OFFLINE AGENCIES

For ABCs (state offline agencies: Beech River Watershed Development Agency, Governor's Early Literacy Foundation, Greater Nashville Regional Council and South Central Human Resources Agency)

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LOCAL EDUCATION

For ABCs (local ed)

We don't have any messages specific to local education ABCs today.

End of local education message

LOCAL GOVERNMENT

For ABCs (local gov)

We don't have any messages specific to local government ABCs today.

End of local gov message

4MIND4BODY LUNCH AND LEARN

All sessions available via webinar. Pre-registration required. Click here for more information

Healthy Habits

Wednesday, Jan. 10, 11:30 a.m. CT



CLICK HERE TO REGISTER

Presented by Optum Health, join Partners for Health for the Healthy Habits webinar, **Wednesday, Jan. 10, from 11:30 a.m. to 12:30 p.m. CT.**

This webinar will address common obstacles to healthy habits and offer strategies to help you adopt and stick with new habits. Learn about the science of forming habits and how it can impact your daily routines. Participants will identify and discuss how to set and achieve long-term wellness goals and learn techniques for building healthy work and family routines that promote health. This session will highlight resources and support systems that can help build lasting wellbeing for everyone.

Preregistration is required. Session will be recorded and available a few days after the session.

How to Simplify Your Life Wednesday, Feb. 14, 11:30 a.m. CT

Presented by Optum Health, join Partners for Health for the How to Simplify Your Life webinar, **Wednesday, Feb. 14, from 11:30 a.m. to 12:30 p.m. CT.**

With this program, participants will learn to identify personal barriers to living life simply through examining their inner beliefs. Program highlights include examinations of inner pressures and how excuse-making helps people avoid change.

Preregistration is required. Session will be recorded and available a few days after the session.





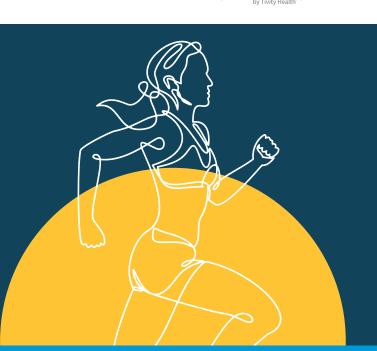




SET GOALS FOR A FIT 2024

Start 2024 off strong by setting sustainable goals you can stick to for the rest of the year—you'll feel accomplished, invigorated, and healthier than ever.

Join now with \$0 enrollment!^{1,2} Learn more at <u>blue365deals.com/fyw</u> and use code FYWENROLL4FREEJAN when you sign up.



<u>fitness your way</u>

MORE GYM, LESS MONEY

Fitness Your Way® lets you join as many gyms as you want, wherever you live, work, and play.

Working out should be accessible to everyone. Wherever you want to sweat.

- Four gym packages available starting at \$19/month,³ plus a no enrollment fee offer available now^{1,2}
- Join as many gyms as you want with access to 13,000+ fitness locations⁴
- Digital only package also available for just \$10 a month⁵ (all digital content included with gym packages)
- On-demand videos available 24/7 and live virtual classes like cardio, bootcamps, barre, and yoga from ${\tt Burnalong}^{\circledast}$

And even more⁶

- Access 20,000+ health and well-being specialists
- Up to 50% off services like acupuncture, chiropractic, and nutrition
- Plus discounts on vitamins, exercise equipment, and more



HARNESS THE EXCITEMENT OF A FRESH START BY REVISITING YOUR WELLNESS GOALS AND SETTING YOURSELF UP FOR SUCCESS



1. DEFINE YOUR "WHY"

Identifying your "why" is the cornerstone of any successful wellness journey. Maybe you want to improve your overall health, boost your self-confidence, set a positive example for your family, or simply feel more energetic and vibrant every day. Your "why" will be your guiding light, reminding you of the purpose behind your actions. When you know why you're working towards a goal, it becomes easier to push through obstacles and stay motivated.



2. SET SMART GOALS

Embarking on a new fitness and wellness journey can be intimidating if your goals are vague or overambitious. To set yourself up for success, make sure they're SMART: specific, measurable, achievable, relevant, and time-bound. For example, instead of having a goal to "get fit," set a specific goal to "run a 5k in under 45 minutes in three months." From there, you can break down your goal into small, attainable steps. Reward yourself when you hit certain milestones to help you stay motivated.



3. CREATE SUPPORTIVE HABITS

Achieving your fitness and wellness ambitions goes beyond setting SMART goals—it involves building supportive habits, too. Start with small, consistent changes, like hitting the gym twice a week. As you become comfortable with your new routine, you can gradually increase your frequency. Remember that building habits takes time, and it's okay to have setbacks.



4. EMBRACE THE JOURNEY

Your fitness journey is a story in the making. It's filled with ups, downs, plateaus, and achievements. Embrace every part of it because that's what makes it yours. Learn from the challenges and celebrate every step forward, whether it's lifting a heavier weight or running an extra mile. If you need a break or a change in your routine, that's part of your progress. After a long work day, you may opt for an on-demand restorative yoga class at home. On a Saturday morning, you may feel more energized and hit the gym for a group cardio class.

THIS IS YOUR TIME

January is your time to refocus your energy on health and fitness—kick off the new year with a rejuvenated wellness routine. Join at <u>blue365deals.com/fyw</u>





Always talk with your doctor before starting an exercise program.

1. Offer valid until January 31, 2024. Offer available to residents of the United States who are at least 18 years old and have benefits with a participating health plan. Member must provide the FYWENROLL4FREEJAN promo code at sign-up to receive the \$19 off waived enrollment fee. If member selects the digital only membership, they will not receive the promotional offer. Additional terms, conditions and limitations apply. See Program Agreement for details. 2. Without offer, Fitness Your Way enrollment fee is \$19 plus applicable sales tax. 3. Fitness Your Way gym packages range from \$19 - \$99 per month plus applicable sales tax. For pricing information visit http://www.blue365deals.com/ fyw. Limitations apply. See Program Agreement for details. 4. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Fitness Your Way membership entitles members to use the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location. 5. The digital only package is \$10 per month plus applicable sales tax. For pricing information visit http:// www.blue365deals.com/fyw. Limitations apply. See Program Agreement for details. 6. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services and, if applicable, discounts are subject to the terms and conditions of such third party providers. Check with the provider for details.

Important Disclosures: As part of the Fitness Your Way program (the "FYW Program"), members are provided with access to a network of participating third-party practitioners who offer discounted Integrative Health Services including, but not limited to, chiropractic, acupuncture, massage/body work services ("Integrative Health Services"). The Integrative Health Services component of the FYW Program is provided by WholeHealth Living, Inc., a wholly owned subsidiary of Tivity Health Support Services, LLC ("WHL"), with a mailing address of: ATTN: Whole Health Living, 1445 S. Spectrum Blvd, Chandler, Arizona 85286. The FYW Program is not insurance. Discounts vary per practitioner. The FYW Program member must pay for discounted Integrative Health Services, but will receive a discount from the participating practitioner. WHL does not make payments directly to the third-party practitioners. Health care related practitioners in the WHL network are not currently available to residents of California, Connecticut, Delaware, Indiana, Louisiana, Montana, Nebraska, New Hampshire, Nevada, Oklahoma, Oregon, Rhode Island, South Dakota, Utah, Washington or West Virginia. Please visit http://www.whlchoices.com for a complete list of practitioners available in member's state of residence.

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Blue365 offers access to savings on health and wellness products and services and other interesting items that Members may purchase from independent vendors, which are not covered benefits under your policies with your local Blue Company, its contracts with Medicare, or any other applicable federal healthcare program. These products and services will be offered to you through the entire benefit year. During the year, the independent vendors may offer additional discounts on these products and services. To find out what is covered under your policies, contact your local Blue Company. The products and services described on the Site are neither offered nor guaranteed under your Blue Company's contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding your health insurance products and services may be subject to your Blue Company's grievance process. BCBSA may receive payments from vendors providing products and services on or accessible through the Site. Neither BCBSA nor any Blue Company recommends, endorses, warrants, or guarantees any specific vendor, product or service available under or through the Blue365 Program or Site.

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