

4MIND4BODY

LUNCH AND LEARN

Pre-registration is required. Session will not be recorded.

GET TO THE HEART OF IT HOW YOUR EMOTIONS IMPACT YOUR HEART HEALTH



Wednesday, Sept. 9, 11:30 a.m. to 12:15 p.m. CT

Can a broken heart really kill you? Learn more about the correlation among grief and heart health in this meaningful webinar.

GO TO THIS REGISTRATION PAGE TO REGISTER.