

### Short-Term and Long-Term Disability

### State of Tennessee

Insuring Your Income. Protecting Your Financial Security.





# What's new in 2024?

#### Changes to 2024 Disability Plans:

- Long-Term Disability coverage with MetLife will be offered to State and Higher Ed employees effective January 1, 2024
- Effective January 1, 2024, all eligible central state government and state higher education employees will be enrolled in LTD Plan Option 3 which is 100% employer paid.
- There will not be any Statement of Health application requests for Long-Term Disability.

# WHY IS DISABILITY INCOME INSURANCE SO IMPORTANT?



Replaces a percentage of income lost due to sickness, pregnancy or accidental injury



Helps you to **cover your essential living expenses** if you are sick or hurt and cannot work. An example of expenses are car payments, mortgage payments, groceries, childcare, tuition and more.



**Short-Term Disability** insurance replaces a portion of your income during disability for up to 26 weeks.



**Long-Term Disability** insurance replaces a portion of your income for disabilities that last for an extended period of time.



# How do I enroll and pay for coverage?

#### How do I apply for coverage?

- Apply for Short-Term Disability online in Edison ESS. Be sure to apply during your Annual Enrollment period (October 1 – October 13, 2023). Deadline is October 13 at 4:30 p.m. CT.
- You must apply during the 2024 Annual Enrollment period. A full Statement of Health form is required for all Short-Term Disability new applicants and current participants who wish to increase coverage for Short-Term Disability only.
- Once you apply for Short-Term Disability or if you wish to switch from Option B to Option A,
  MetLife will mail you the full Statement of Health form. The SOH can also be found online at
  tn.gov/PartnersForHealth or metlife.com/StateOfTN. Your completed SOH must be emailed or
  mailed to MetLife with a postmark no later than November 15.
- Employees of state offline agencies can select LTD Option 1, 2, 3 or 4 during the 2024 Annual Enrollment period.

#### How do I pay for coverage?

- Central State Government and State Higher Education Employees: Coverage for short-term disability and long-term disability options 1, 2 and 4 is paid through payroll deductions. The employer pays for LTD Option 3, for which employees are automatically enrolled.
- State Offline Agency Employees: All short-term and long-term disability coverage is paid for by the member. Consult with your Agency Benefits Coordinator regarding the details of premium payment.



### SHORT-TERM DISABILITY PLAN HIGHLIGHTS

	Option A	Option B	
Eligibility	All employees working not less than 30 hours/week; seasonal employees hired prior to July 1, 2015, with 24 months of service and certified by their appointing authority to work at least 1,450 hours per fiscal year (July-June); or deemed eligible by applicable federal law, state law, or action of the State Insurance Committee.		
% of Gross Annual Base Salary <sup>1</sup> Paid Weekly	60% of salary paid weekly		
Maximum Weekly Benefit	Up to \$2,500		
Minimum Weekly Benefit <sup>2</sup>	\$25		
Elimination Period	14 calendar days 30 calendar days		
Maximum Benefit Period	26 weeks		
Evidence of Insurability (EOI) <sup>3</sup>	Guaranteed Issue (no health questions asked) for new hires who enroll within 30 days of eligibility date.  A full Statement of Health is required for all new applicants and for current participants in Option B electing Option A during the 2024 Annual Enrollment period.		
Pre-Existing Condition <sup>4</sup>	None		

<sup>1</sup> For 2024 Annual Enrollment period, annual salary will be based on your salary as of September 1, 2023. Coverage, if approved by MetLife, will be effective January 1, 2024. If additional medical review is required, your effective date could be later than January 1, 2024.

<sup>4</sup> Pre-existing Condition means a Sickness or accidental injury for which you: 1) received medical treatment, consultation, care or services; or took prescribed medication or had medications prescribed; in the 3 months before Your insurance under the certificate takes effect.



<sup>2</sup> The Minimum Monthly Benefit will not apply if you are receiving 100% of Your Predisability Salary under the Policyholder's paid leave policy, which includes annual, sick and comp time.

<sup>3</sup> MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting rules and other information you authorize us to review. In certain cases, MetLife may request additional information to evaluate

### SHORT-TERM DISABILITY PLAN RATES

STD COST: PER \$100 OF MEMBER'S COVERED MONTHLY SALARY				
Option A: 60%, 14 day elimination period	\$0.41			
Option B: 60%, 30 day elimination period	\$0.33			

#### CALCULATE YOUR MONTHLY PREMIUM FOR SHORT-TERM DISABILITY

For this example, we're using an employee with a salary of \$45,000 annually, selecting Option A

STEPS	EXAMPLE
1. Determine your covered monthly salary (annual salary¹ divided by 12.)  If your annual salary exceeds \$216,666.84 enter \$18,055.57 as your covered monthly salary. 2	\$45,000 ÷ 12 = <b>\$3,750</b>
2. Divide covered monthly salary by \$100 to get your per \$100 of covered monthly salary	\$3,750÷ 100 = <b>\$37.50</b>
3. Calculate your approximate monthly premium (Multiply your per \$100 of covered monthly salary by the appropriate cost from the chart above based on option elected)	\$37.50 x \$0.41 = <b>\$15.38</b>

<sup>&</sup>lt;sup>1</sup> For 2024 Annual Enrollment period, annual salary will be based on your salary as of September 1, 2023. Coverage, if approved by MetLife, will be effective January 1, 2024. If additional medical review is required, your effective date could be later than January 1, 2024.

<sup>&</sup>lt;sup>2</sup> The amount of STD benefit may not exceed the Maximum Weekly Benefit established under the plan of \$2,500 regardless of your annual salary amount. Therefore, the maximum covered monthly salary eligible for benefit is \$18,055.57, or \$216,666.84 annually. This will be the same for Option A or B



# Claim Example Information

NOTE: The Maximum Benefit Period Duration for STD is 26 Weeks. However, each disability is different so not all disabilities will result in the full 26 week benefit period being approved. These examples are for illustrative purposes only. Every disability may be different. Accrued leave is per work day and is hourly based. Accrued leave varies by individual. Elimination Period is calendar day based. Benefits payable during the payable benefit period may be reduced by other sources of income, e.g. worker's compensation, unemployment insurance, and sick leave bank. See the STD certificate of coverage for <a href="Higher Ed">Higher Ed</a> and <a href="State">State</a> employees for a comprehensive list of other sources of income which may reduce the STD benefit.

#### Frequently Asked Questions about disability benefits due to pregnancy

### Is there a difference in the amount of disability time allowed for a cesarean delivery versus a normal delivery? Generally:

- •Normal vaginal delivery disability period is six weeks from date of delivery, and
- •Cesarean delivery disability period is eight weeks from date of delivery.

#### Can I receive disability benefits for any period of time prior to my expected date of delivery (prepartum)?

In many cases, women are able to work up until their delivery. However, there are times when problems may arise and there is a need to take an early maternity leave. Ante-partum time (prior to delivery) of up to two weeks is allowed without requiring medical documentation. However, if your first day absent is more than two weeks before delivery, then medical documentation must be sent to MetLife.

#### What if I have problems with my pregnancy and need to be out of work earlier or longer than expected?

You should start a claim for disability. MetLife will notify your doctor and request medical information to evaluate your disability. MetLife will use the medical information to make a claim decision.

#### When are benefits payable?

The benefit period will begin the day after you satisfy the elimination period of either 14 or 30 calendar days. However, benefits are only payable after all accrued paid leave (annual, sick leave and comp time) has been exhausted.

#### When should I file my disability claim?

Typically, you should file your claim on the last day worked. However, you should <u>check your employer's plan documents</u> and the <u>FAQs</u> on the MetLife Disability website for more information: <u>https://metlife.com/StateofTN</u>

#### How do I file my disability claim?

MetLife offers claim filing through the internet, via telephone, or paper. However, you should check your employer's plan documents and the FAQs on the MetLife Disability website for more information: https://metlife.com/StateofTN

#### How will I know when a decision about my claim has been made?

A MetLife case manager will call you and provide a letter outlining the claim decision.

#### What information does my doctor need to provide to MetLife for my disability?

Your doctor will need to confirm your pregnancy and provide dates (due/delivery date). The doctor will also need to advise if there is anything else that the case manager should be aware of to assist with the handling of your disability claim.



### LONG-TERM DISABILITY PLAN HIGHLIGHTS

	Option 1	Option 2	Option 3	Option 4	
Eligibility	All employees working not less than 30 hours/week; seasonal employees hired prior to July 1, 2015, with 24 months of service and certified by their appointing authority to work at least 1,450 hours per fiscal year (July-June); or deemed eligible by applicable federal law, state law or action of the StateInsurance Committee.				
% of Gross Annual Base Salary¹ Paid Monthly	60% of salary paid monthly 63% of salary paid monthly				
Maximum Monthly Benefit	Up to \$7,500 per month (covers annual salary of \$150,000) Up to \$10,000 per month (covers annual salary of \$190			) per month y of \$190,476.24)	
Minimum Monthly Benefit <sup>2</sup>	Greater of 10% of benefit or \$100 per month				
Elimination Period	90 calendar days	180 calendar days	90 calendar days	180 calendar days	
Own Occupation	24 months	24 months 36 months		36 months	
Duration of Benefit	Disabled prior to age 65, benefits end at Social Security normal retirement age. Disabled at age 65, benefits end after 24 months; age 66, 21 months; age 67, 18 months; age 68, 15 months; age 69+, after 12 months				
Evidence of Insurability	Guaranteed issue (no health questions asked) for 2024 Annual Enrollment or for New Hires who enroll within 30 days of eligibility date.				
Pre-Existing Condition <sup>3</sup>	Three months prior to effective date and 12 months from effective date				

<sup>1</sup> For 2024 Annual Enrollment period, annual salary will be based on your salary as of September 1, 2023. Coverage, if approved by MetLife (for STD), will be effective January 1, 2024 If additional medical review is required, your effective date could be later than January 1, 2024.

<sup>4</sup> Pre-existing Condition means a Sickness or accidental injury for which you: 1) received medical treatment, consultation, care or services; or took prescribed medication or had medications prescribed; in the 3 months before Your insurance under the certificate takes effect



<sup>2</sup> The Minimum Monthly Benefit will not apply if you are receiving 100% of Your Predisability Salary under the Policyholder's paid leave policy, which includes annual, sick and comp time.

<sup>3</sup> MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting rules and other information you authorize us to review. In certain cases, MetLife may request additional information to evaluate your request for coverage.

### LONG-TERM DISABILITY PLAN RATES

#### 2024 Monthly Premiums for Long-term Disability

LTD: EMPLOYEE'S AGE (PER \$100 OF COVERED MONTHLY SALARY)										
Benefit %/ Elimination Period	Under 30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Option 1 60%/90 days — Employee Premium	\$.06	\$.06	\$.12	\$.17	\$.22	\$.27	\$.32	\$.42	\$.28	\$.28
Option 2 60%/180 days — Employee Premium	\$.05	\$.05	\$.09	\$.14	\$.17	\$.21	\$.25	\$.33	\$.22	\$.22
Option 3 63%/90 days - Employee Premium for State Offline Agencies	\$.07	\$.07	\$.14	\$.21	\$.27	\$.33	\$.39	\$.52	\$.34	\$.34
Option 3 63%/90 days — Employee Premium for Central State Government and State Higher Education	\$.00	\$.00	\$.00	\$.00	\$.00	\$.00	\$.00	\$.00	\$.00	\$.00
Option 3 63%/90 days — Employer Premium for Central State Government and State Higher Education	\$.278	\$.278	\$.278	\$.278	\$.278	\$.278	\$.278	\$.278	\$.278	\$.278
Option 4 63%/180 days — Employee Premium	\$.06	\$.06	\$.12	\$.17	\$.21	\$.26	\$.31	\$.41	\$.27	\$.27

<sup>&</sup>lt;sup>1</sup> Annual salary is based on your salary as of September 1, 2023. See FAQs for new hire and annual adjustment information.

<sup>&</sup>lt;sup>2</sup> The amount of LTD benefit may not exceed the Maximum Monthly Benefit established under the plan of \$7,500 for Options 1 or 2, or \$10,000 for Options 3 or 4, regardless of your annual salary amount. Therefore, if you select Option 1 or 2, the maximum covered monthly salary eligible for benefit is \$15,873.02, or \$190,476.24 annually.

# IT'S EASY TO TAKE THE FIRST STEP

Enroll online in **Edison ESS**, during your enrollment period, October 1 – October 13, 2023

1

• There is no SOH application for LTD with all eligible central state government and state higher education employees being automatically enrolled in LTD Option 3.

Once application for enrollment is keyed into **Edison ESS**, the following will occur for 2024 Annual Enrollment

2

- The State of Tennessee will send a daily email to MetLife with a list of STD applicants. This will speed up the process for applicants to receive their Statement of Health application to submit by November 15, 2023.
- MetLife will be posting the SOH applications on our Microsite at: www.metlife.com/stateoftn > Support > Documents
- The State of Tennessee will be sending out an email notifications throughout Annual Enrollment to those that apply for 2024 STD benefits. The notification will explain that a Short-Term Disability SOH application either has or will be mailed to the person's mailing address in Edison. It will advise the application will need to be completed and sent back to MetLife to be reviewed. It will also include the direct links (same as above) to the application posted on the microsite.

# IT'S EASY TO TAKE THE FIRST STEP

3

MetLife will send an SOH decision letter to employee; Disability enrollment confirmation will be provided by the State

4

Effective Date – January 1, 2024. If additional medical review is required, the effective date could be later than January 1, 2024.

5

For questions and additional information, please call MetLife's State of Tennessee service line at 1-855-700-8001 (7am-10pm CT, Mon – Fri) or visit <a href="https://metlife.com/StateofTN">https://metlife.com/StateofTN</a>

# **Employee Communications**

#### Sample Enrollment Information Packet

#### **Short-Term and Long-Term Disability** State of Tennessee - 2024 Plan Insurance Overview and Cost of Coverage

Enrollment Period Oct. 1 - Oct. 13, 2023 for State and Higher Education Employees Short-term and long-term disability insurance are designed to provide you with continuing income while you are out of work due to an illness or accident. Usually, long-term disability benefits pick up where short-term disability benefits leave off.

Learn more about the coverage options available to you, special plan features and services and costs for coverage. Long-Term Disability: All state and higher education employees will be automatically enrolled in LTD Option 3 at no

Short-Term Disability: Apply in Edison Employee Self Service Oct. 1 - Oct. 13, 2023 and submit your completed Statement of Health form to MetLife by Nov. 15, 2023. Calculate your estimated premium that will be conveniently deducted

#### Short-Term Disability Insurance

	Option A	Option B	
Eligibility	All employees working not less than 30 hours/week; seasonal employees hired prior to July 1, 2015, with 24 months of service and certified by their appointing authority to work at least 1,450 hours per fiscal year (July-June); or deemed eligible by applicable federal law, state law or action of the State Insurance Committee.		
% of Gross Annual Base Salary <sup>1</sup> Paid Weekly	60% of salary paid weekly		
Maximum Weekly Benefit	Up to \$2,500		
Minimum Weekly Benefit <sup>2</sup>	\$25		
Elimination Period	14 calendar days 30 calendar days		
Maximum Benefit Period	26 weeks		
Evidence of Insurability <sup>3</sup>	Guaranteed issue (no health questions asked) for new hires who enroll within 30 days of eligibility date. A full Statement of Health is required for new applicants and for current participants in Option B electing Option A during the 2024 Annual Enrollment period.		
Pre-Existing Condition <sup>4</sup>	None		

- For 2024 Annual Enrollment period, annual salary will be based on your salary as of Sept. 1, 2023. Coverage, if approved by Meltufe, will be effective sun. 1, 2020. If additional medical review is required, your effective date could be talter than Jan. 1, 2020.
   The Milmann Weekly Benefit will not apply if you are receiving 100% of Your Predication)! Scalary under the Policyholder's paid leave policy,
- which includes annual, sick and comp time.

  MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting.
- International commitment and included us to review. In certain cases, Melbuller may request additional information be variable; where the content is used to review in the same of the melbuller may request to review in the same of the melbuller may request to review in the same of the melbuller may request to review of the same of the melbuller may request additional information be variable; where the content is request for cover Pre-existing Condition for a melbuller may be added to the same of the melbuller may be a mel





#### Special considerations:

If you work in a state with state-mandated disability or paid medical leave benefits ("State Benefits"), you should carefully consider whether to enroll for this coverage. In California, Connecticut, Hawaii, Massachusetts, New Jersey, New York, Puerto Rico, Rhode Island, Washington, Oregon (starting 9/3/23), and Colorado (starting 1/1/24), if eligible, you must apply for State Benefits. Your STD benefit will be reduced by State Benefits or other government benefits that apply. Depending on your compensation, the amount of the State Benefit, and other factors, you may only receive the minimum weekly benefit. Please consider, based on your individual circumstances, whether you need additional coverage beyond the State Benefit

Cost of coverage: Short-Term Disability Insurance

Short-Term Disability Insurance cost is based on the plan option you elect.

Short-Term Disability cost per \$100 of member's covered monthly salary				
Option A: 60%, 14-day-elimination period \$.41				
Option B: 60%, 30-day-elimination period \$.33				

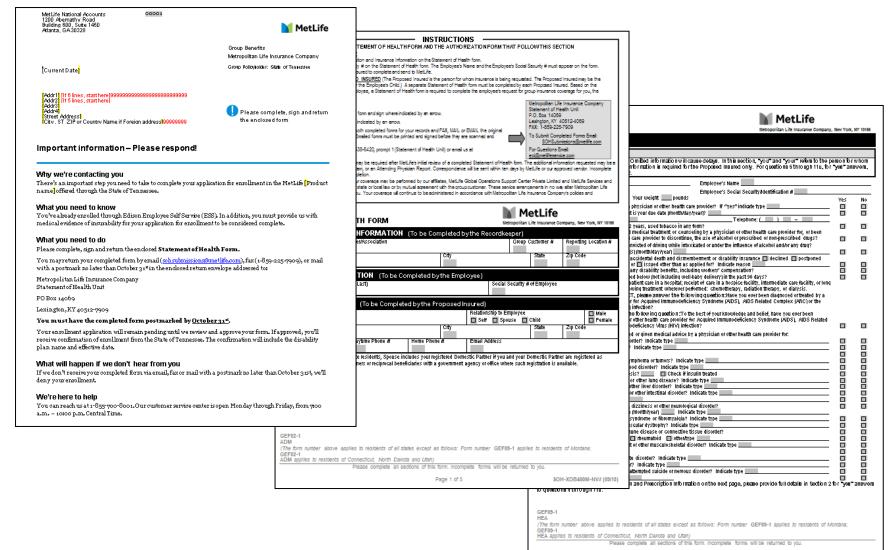
Calculate your monthly premium for Short-Term Disability Insurance

For this example, we're using an employee earning \$45,000 annually, selecting Option A.

Steps	Example	Work Space
Determine your covered monthly salary [Annual Salare divided by 12.] If your Annual Salare exceeds \$216,666.84 enter \$18,055.57 as your covered in. Mar. Salary.*    Salary.*   Salary.*	\$45,000 ÷ 12 = \$3,750	
Divide covered monthly salary by \$100 to get your per \$100 of covered monthly salary	\$3,750 ÷ 100 = \$37.50	
Calculate your approximate monthly premium     (Multiply your per \$100 of covered monthly salary by the appropriate rate based on option elected)	\$37.50 x \$.41 = \$15.38	

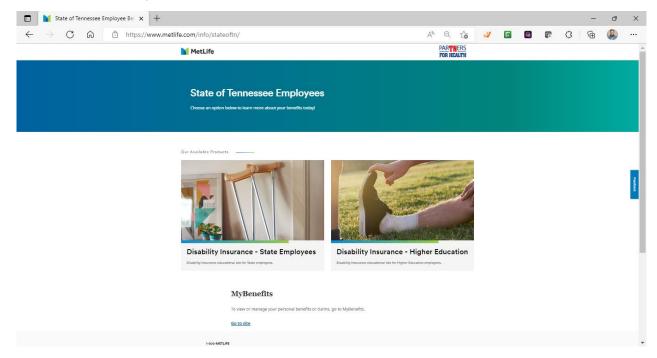
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   The amount of STD benefit may not exceed the Maximum Weekly Renefl established under the plan of \$2,500 regardees of your annual salary amount. Therefore, the maximum covered morthly salary register between file \$1,805.557 of \$216.656.54 armails, This law be the same for the plan of \$2,500 registers.

# Statement of Health Form



## Resources

Online tools and educational materials can be found on the state of Tennessee microsite <a href="https://metlife.com/StateofTN">https://metlife.com/StateofTN</a>. A link to the splash page can be found on the disability page on the ParTNers For Health website, too.



The microsite acts as a repository for employees to access all disability related materials. Plan overviews, case studies, FAQs, rates and calculator, coordination with accrued leave and Sick Leave Bank, how to file a claim, Enrollment Information Packet, etc.

For questions and additional information, please call MetLife's State of Tennessee service line at 1-855-700-8001 (7am-10pm CT, Mon – Fri)



### HOW TO FILE A CLAIM

#### How to file a claim...

- Call the **MetLife Claims Center** at the dedicated number: 1-855-700-8001
- The Claims Center is available
   7 a.m. 10 p.m. CT, Monday Friday
- You can also file on claim online
   at https://mybenefits.metlife.com/MyBenefits
- You can file a Paper Claim by downloading a form from

https://mybenefits.metlife.com/MyBenefits. Send your completed claim form to the MetLife Claim's office address and / or fax number below.:

Metropolitan Insurance Company PO Box 14590 Lexington, KY 40512

Fax: 1-800-230-9531

 You can track the status of your claim online or on the MetLife US App. Search "MetLife" on iTunes<sup>®</sup> App Store or Google Play to download the app.



# Information Needed When Filing a Claim

### Information we may need from the member...

- Personal Information name, address, telephone number, Social Security number, employee identification number and job title.
- Job Information workplace location and address, work schedule, supervisor's name and telephone number and date of hire
- Sickness/Injury Information last day worked, nature of the illness/absence, how, when, and where the injury occurred, when the disability commenced and actual or approximate date you anticipate returning to work (if known).
- Treatment provider information Name, address, telephone number, and fax number for each treating healthcare provider.
- Authorization to Release Your Medical Information the release of your medical information to MetLife may be required. You should inform your healthcare provider(s) that MetLife will be administering your claim or leave and that you authorize the release of your medical information to the MetLife claims office.



