

# State and County Planning Resources

## State Level Data:

- **Behavioral Health Indicators for TN and the US: 2018 Data Book**

The 2018 Data Book displays behavioral health indicators for Tennessee compared to the U.S. for the most recent five years available. Key indicators of mental health and substance use were identified and chosen from most recent available data for children/youth and adults. This document primarily focuses on the National Survey on Drug Use and Health (NSDUH) but also utilizes four other sources: Youth Risk Behavior Survey (YRBS), the Annie E. Casey Foundation (KIDS COUNT Data Center), The Henry J. Kaiser Foundation, and the Behavioral Risk Factor Surveillance System Survey (BRFSS).

<https://www.tn.gov/behavioral-health/research/data--research--and-planning/behavioral-health-indicators-for-tennessee-and-the-u-s-.html>

- **Tennessee 2018 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System:**

This document is the Uniform Reporting System (URS) Output Tables for the state of Tennessee. Information is collected and reported annually to support the Community Mental Health Services Block Grant program in efforts to use data in decision support and planning. This document includes data on National Outcome Measures (NOMS), evidence-based practices, and utilization measures providing an overview of state mental health delivery.

<https://www.samhsa.gov/data/report/2018-uniform-reporting-system-urs-table-tennessee>

- **2018 Income, Poverty, Education, and Insurance Coverage in Tennessee:**

This webpage provides an overview comparison of income, poverty, education, and insurance coverage in Tennessee to national levels for years 2013 through 2018 using census data. Figure 1 compares median household income. Figure 2 compares percent of children and overall percent of population under poverty level. Figure 3 compares percent of adults age 25 and older with at least an associate's or bachelor's degree. Figure 4 compares percent of children and overall percent of population without health insurance coverage.

<https://www.sycamoreinstitutetn.org/census-tn-economy-2018/>

- **Housing Within Reach:**

Recovery Within Reach is a Tennessee resource for people seeking wellness and recovery from issues such as mental illness, substance use disorder, trauma, homelessness, and others. The website began in 2009 as part of a Real Choice Systems Change grant from the Centers for Medicare and Medicaid Services of the U.S. Department of Health and Human Services. Housing Within Reach, part of the Recovery Within Reach site, is a resource for people seeking housing. The webpage provide listings for various types of housing.

<https://recoverywithinreach.org/housing/>

- **Oxford Houses of Tennessee – Directory:**

Oxford Houses are safe, supportive housing options for adults at least 18 years old who are in recovery from alcohol abuse and/or drug abuse. Individuals must be motivated to live in a disciplined, supportive, alcohol- and drug-free living environment and able to gain employment or receive some type of legitimate financial assistance. Residents pay a weekly fee that includes rent, utilities, cable, and internet connection. The fee varies between \$80 and \$110 per week, depending on the location. This webpage gives a summary of Oxford Houses and provides a listing of locations with the number of beds and vacancies.

<https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery/treatment---recovery/oxford-house---recovery-housing-for-adults.html>

- **Crisis Detoxification:**

Treatment is available through Medically Monitored Withdrawal Management Services (MMWM). Detox services are delivered by medical and nursing professionals. They provide 24 hour medically supervised evaluation and withdrawal management in a facility with inpatient/residential beds. This webpage outlines eligibility, referral sources, contact information, and a link to a list of service providers.

<https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery/treatment---recovery/crisis-detoxification.html>

- **Recovery Navigators:**

Tennessee Recovery Navigators are people in long-term recovery who meet patients who have recently overdosed in the Emergency Department and connect them with the substance abuse treatment and recovery services they need. Navigators maintain a Certified Peer Recovery Specialist (CPRS) Certification in order to use their lived experience to help others find recovery. The Navigators are employed by local treatment providers in the areas across the state with the greatest prevalence of overdoses. This webpage identifies the local treatment providers and hospitals currently receiving Navigator services, and addresses frequently asked questions.

<https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery/treatment---recovery/tennessee-recovery-navigators.html>

### County Level Data:

- **TennCare Enrollment by County in 2019:**

TennCare is the state's Medicaid program and the second largest source of insurance coverage in Tennessee. The program primarily covers low-income children and their caretakers, pregnant women, and individuals with disability. Figure 1 provides a breakdown of where Tennesseans get their health insurance coverage. The dashboard presented near the bottom of the webpage, utilizing TennCare Monthly Enrollment for September 2019 and University of Tennessee Center for Business and Economic Research (UT CBER) 2019 County Population Projections, provides a summary of TennCare enrollment by county. There are tabs for children, adults, and total Tennessee population. The map can be filtered by number or percent.

<https://www.sycamoreinstitutetn.org/tenncare-enrollment-by-county/>

- **Tennessee Traffic Crash Data: County Rankings and Statistics by Emphasis Area (2014 – 2018):**  
This document is updated annually by the Tennessee Department of Safety and Homeland Security. Pages 4 through 6 provide average county rankings for various traffic crash topics for 2014 - 2018. Alcohol impaired fatality rate rank and alcohol crash rate rank are of interest. Annual alcohol impaired driving crash rankings can be found on pages 29 - 32. Annual alcohol impaired driving fatalities rankings can be found on pages 33 - 36. Crash rates are calculated per 1,000 licensed drivers while alcohol impaired driving fatalities rates are calculated per 100,000 licensed drivers.

<https://www.tn.gov/content/dam/tn/safety/documents/CountyCrashRankings.pdf>

- **County Health Rankings**

The County Health Rankings is an annual report that provides a snapshot of how health is influenced by location. Listed below are topics potentially of interest.

- o **Poor Mental Health Days** is a measure of the age adjusted average number of mentally unhealthy days reported in the past 30 days. 2016 Behavioral Risk Factor Surveillance System (BRFSS) is the source data for this information.  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/outcomes/42/data>
- o **Excessive Drinking** is a measure of the percentage of a county's adult population that reports binge or heavy drinking in the past 30 days. This information is from the 2016 Behavioral Risk Factor Surveillance System (BRFSS).  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/49/data>
- o **Alcohol-impaired driving deaths** is a measure of the percentage of driving deaths with alcohol involvement. The source of this data is 2013 – 2017 Fatality Analysis Reporting System (FARS) data.  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/134/data>
- o **Adult smoking** is a measure of adults having reported that they currently smoke every day or most days, and have smoked at least 100 cigarettes in their lifetime. 2016 Behavioral Risk Factor Surveillance System (BRFSS) is the source data for this information.  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/122/data>
- o **Frequent mental distress** is a measure of the percentage of adults reporting 14 or more days of poor mental health per month. This information is from the 2016 Behavioral Risk Factor Surveillance System (BRFSS).  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/outcomes/145/data>
- o **Mental health providers** is a measure of the amount of the population served by one provider. This data comes from the 2018 National Provider Identification (NPI) data file.  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/62/data>

- **Uninsured adults** is an estimate of persons ages 18 through 64 that have no health insurance coverage. This data comes from the 2016 U.S. Census Bureau's Small Area Health Insurance Estimates (SAHIE).  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/3/data>
- **Uninsured children** is an estimate of persons under age 19 that have no health insurance coverage. This data comes from the 2016 U.S. Census Bureau's Small Area Health Insurance Estimates (SAHIE).  
<https://www.countyhealthrankings.org/app/tennessee/2019/measure/factors/122/data>