

THE HOPE DEALER

Newsletter of the Faith-Based Initiative

By Sarah Mays and Jennifer Street

Tennessee's Day of Hope: March 10th, 2023

Each year March 10 is celebrated as Tennessee's Day of Hope. The inspiration for the Day of Hope comes from hearing Gov. Lee talk about **HOPE** on multiple occasions. He often says that the important and impactful work being done in the behavioral health field is giving hope to the hopeless. For so many people, the hope of a better tomorrow is a source of strength and motivation to continue the work to overcome the hurdles in their lives or support the needs of a loved one, friend, or neighbor. Through the collective action on Tennessee's Day of Hope, we aim to inspire a collective sense of statewide hopefulness in the face of our state's significant challenges in the fields of addiction and mental illness.

Check below to see the Day of Hope activities happening in your region! https://www.tn.gov/behavioral-health/dayofhope.html

West Tennessee

- West TN Day of Hope Prayer Breakfast and Community Ministry Conference Friday
 March 10th, 8am –2pm, Jackson State Community College McWherter Center, contact amy@jmprevent.org for details and registration.
- Memphis- Day of Hope Event—Friday March, 10th, 1pm-2pm, Lunch and Learn, 1207 Peabody Ave, Memphis, Contact Lincoln Coffman for more details.
- Obion County—Day of Hope "My Cup Runneth Over," Recovery Resources will be handed out at Higher Ground Coffee Shop, Vantage Roasters Coffee Shop, and Nutrition 33. Each business will be putting a Day of Hope Sticker w/ Redline number on every cup.
- There's Hope With Re-Entry w/ Phase 2 Adult Re-Entry Program, contact Chris Smith for more details.

Middle Tennessee

- Houston County Day of Hope—Saturday, March 11th, 4pm-6pm, Houston County, Erin Church of the Nazarene, 11 College St., Erin, TN 37061
- Nashville Day of Hope- Friday, March 10th, African American Ministry Leaders Summit, Lipscomb University Shinn Event Center, 9am-12p
- The Next Door Day of Hope—Friday March 10th, The Next Door, 402 22nd Ave. N, Nashville, TN 37203, 2pm-4pm

East Tennessee

- Knoxville Day of Hope at The Gateway, March 10th, 11am-4pm, 530 W 5th Ave—Speaker, Free Haircuts, Food, Games
- Weekend of Hope– Friday March 10th 11 am to Saturday March 11th at 4pm, Johnson County Community Hospital. Contact Jennifer Street for details.

Faith-Based Initiative Goals:

- Connect individuals struggling with mental health issues and/or substance use to treatment.
- Facilitate understanding of what treatment and recovery are.
- Increase knowledge of what mental health issues and substance use are.
- Spread awareness of the Faith-Based Initiative certification and its requirements.
- Understand the continuum of care and collaborate with it.
- Help groups understand and implement the best practice model.
- Promote and improve effectiveness of the faithbased initiative and how it connects the community with recovery and support services.



Coordinator Q&A

Thanks to Jennifer Street, Region 1N Hybrid Lifeline Coordinator for answering this months question!

Question:

Since March 10th is TN Day of Hope, what gives you hope in your personal recovery journey?

Answer:

"What hope means to me is that I am on my way to being free. That I am free to live again. Through addiction I stopped living life. Every second of every single day I simply existed, and it was a very sad existence. When I began my recovery I slowly found hope and it was the most beautiful thing I have ever felt. For so long I didn't look forward to much of anything at all, but now I look forward to the smallest of things that a lot of people take for granted and it is wonderful!!"

Coordinator Spotlight

Jennifer Street

Region 1N Hybrid Lifeline Coordinator



I am the Region 1N Hybrid Lifeline Coordinator working for A.C.T.I.O.N Coalition/AARRC in Mountain City, TN. I cover Carter and Johnson Counties. My role includes increasing resource access for individuals that struggle with substance use disorder, coordinating community forums, and conducting trainings to reduce stigma related to the disease of addiction. I am in long-term recovery and being able to use my story to help others in their journey of recovery is one the biggest blessings I've been given.

Fun Fact: I love True Crimes and a good serial killer documentary will relax me quicker than going to a spa!







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Upcoming Events

West Tennessee

- Shelby County ATOD Summit, April 21st, 2023 Contact Lincoln Coffman for details
- Event—Health Fair OUT-Memphis, Tuesday Feb. 28th, 3pm-7pm

Middle Tennessee

- Resilient Tennessee Collaborative: Building Strong
 Brains, Sat. Feb. 25th,
 10am-12pm, 15354 Old
 Hickory Blvd., Nashville, TN
- Practicing Self-Care, March 25th 12pm-2pm, First Baptist Church: RW Gordon Fellowship Hall, 738 E Castle Street, Murfreesboro, TN 37130

East Tennessee

- East TN Opioid Conference, February 23rd, 9a-4p, The Venue at Lenoir City, visit metrodrug.org/etc to register. Deadline Feb. 16th.
- Hope In The Grit, March 28th, 2023, 7pm, 517 Union Ave, - Reach out to Ashlee Crouse for more details!
- Expungement Clinic—
 Friday March 31st, 8:30am 4:30pm, 401 W Main
 Street, Mountain City, TN
 37683—For more information: https://
 www.tn.gov/expunction/