


# TENNESSEE RECOVERY NAVIGATORS

Connecting Tennesseans to addiction treatment in their greatest time of need



Tennessee Recovery Navigators are people in long-term recovery who meet patients with addiction treatment needs in dozens of hospitals across the state. The patients have survived an overdose, suffered withdrawal symptoms, or presented with a primary substance use disorder. Using their personal lived experience of addiction and recovery and Certified Peer Recovery Specialist (CPRS) training, Navigators are incredibly effective at connecting with the patients they meet and successful in ultimately placing the person in treatment for substance use disorder.

STATE FY23

MORE THAN  
 **3,700**  
Patients received Navigator Services

MORE THAN  
 **66%**  
Patients Placed in Treatment Services



## HOSPITAL TESTIMONIAL

Our Navigator is amazing! It's always such a joy to see her come into the ER. The patients respond well to her and are very comfortable opening up to her about their mental health and life struggles. She does an excellent job of providing patients with multiple resources that will better their future and help support their recovery! She always has a positive attitude and would go the extra mile for any one of them to enjoy a healthy, addiction-free lifestyle!

Melody Huber, ER Behavioral Health Technician  
Holston Valley Medical Center (Kingsport, TN)

## BY THE NUMBERS

**57** Hospitals Served

**24** Tennessee Recovery Navigators

**90** Counties Covered

**8** Community Behavioral Health Partner Providers

## EXPANDING OUR SCOPE

State funding to create the Tennessee Recovery Navigators was included in the budget for FY19. Since then, the reach of the program has grown thanks to partnerships with the Tennessee Department of Health and the Office of Criminal Justice Programs.

TN

Department of  
**Mental Health &  
Substance Abuse Services**

[TN.gov/RecoveryNavigators](https://tn.gov/RecoveryNavigators)

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