

TDMHSAS FAST FACTS					
POPULATION FACTS					
Tennessee population	6,975,218		2021	Census Data	Office of Research
Adults ages 18+	5,440,975	78.0%	2021		
Children ages 0-17	1,534,243	22.0%	2021		
Number of Tennesseans receiving publicly-funded behavioral health services (mental health and substance abuse)	408,662	5.9% of TN population	FY22	Includes clients served by TennCare, BHSN, Crisis Services, private psychiatric hospitals that contract with TDMHSAS, state psychiatric hospitals, and substance abuse treatment and recovery services. Counts include duplication of services.	
Adults ages 18+	283,916	69.5%	FY22		
Children ages 0-17	124,746	30.5%	FY22		
ESTIMATED MENTAL ILLNESS PREVALENCE					
Estimated prevalence of adults ages 18+ with Any Mental Illness (AMI)	1,544,690	28.4% of adult population	2021	Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder (excludes developmental and substance use disorders), currently or within the past year of sufficient duration to meet diagnostic criteria specified within the DSM-V which varies in impact from no impact to severe impact (NIMH).	Office of Research 2021 NSDUH reports are preliminary single year estimates only. These have replaced the revoked two-year 2019-2020 estimates. It is expected that starting next year NSDUH will return to utilizing two-year estimates.
Estimated prevalence of adults ages 18+ with Serious Mental Illness (SMI)	386,310	7.1% of adult population	2021	Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder (excludes developmental and substance use disorders), currently or within the past year of sufficient duration to meet diagnostic criteria specified within the DSM-V that results in functional impairment which substantially interferes with or limits one or more major life activities. (SAMHSA).	
Estimated prevalence of youth ages 9-17 with Serious Emotional Disturbance (SED)	95,870	6.2% of youth population	2021	Serious Emotional Disturbance (SED) is defined as having a diagnosable mental, behavioral, or emotional disorder (excludes developmental and substance use disorders), currently or within the past year of sufficient duration to meet diagnostic criteria specified within the DSM-V that results in functional impairment which substantially interferes with or limits the child's role or functioning in family, school, or community activities (SAMHSA).	
Estimated prevalence of youth ages 12-17 having had a Major Depressive Episode	121,520	7.9% of youth population	2021	A Major Depressive Episode is defined in the DSM-V as a period of at least 2 weeks with either i) depressed mood or ii) loss of interest or pleasure with five or more other diagnostic depressive symptoms that causes significant distress or impairment.	
ESTIMATED SUBSTANCE USE PREVALENCE					
Estimated prevalence of adults ages 18+ that have Substance Use Disorder (SUD)	1,139,340	20.9% of adult population	2021	Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the DSM-V.	Office of Research
Estimated prevalence of adults ages 18+ that have Opioid Use Disorder (OUD)	212,200	3.9% of adult population	2021	Opioid Use Disorder includes the misuse of prescription pain relievers or the use of heroin. OUD estimates are a new category added to the 2021 preliminary single year NSDUH state reports.	
Estimated prevalence of youth ages 12-17 that have Substance Use Disorder (SUD)	61,480	4.0% of youth population	2021	Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the DSM-V.	2021 NSDUH reports are preliminary single year estimates only. These have replaced the revoked two-year 2019-2020 estimates. It is expected that starting next year NSDUH will return to utilizing two-year estimates.
Estimated prevalence of youth ages 12-17 that have Opioid Use Disorder (OUD)	7,980	0.5% of youth population	2021	Opioid Use Disorder includes the misuse of prescription pain relievers or the use of heroin. OUD estimates are a new category added to the 2021 preliminary single year NSDUH state reports.	

TDMHSAS FAST FACTS					
TDMHSAS BUDGET, CONTRACTS, AND POSITIONS					
Annual department budget	\$578,048,800		FY23	Per recommended budget	MHSAS Budget
State	\$380,941,600	66%			
Federal	\$154,352,900	27%			
Other sources	\$42,754,300	7%			
Central Office and major maintenance	\$33,274,400	5.6%			
Community mental health budget	\$197,574,500	34.2%			
Community substance abuse services budget	\$176,493,700	30.5%			
Opioid Abatement Fund	\$540,400				
Tennessee Opioid Abatement Council	\$540,400				
Total number of contracts	1,177		2/13/2023	(DGAs) and vendor authorizations executed under Delegated Authorities (DAs) under DGAs and vendor authorizations executed under Das executed under DGAs and vendor authorizations executed under Das	
MH community	498				
SAS community	679				
Department positions	1,851		FY23	Per recommended budget FTEs: Full-time-equivalent authorized positions FTEs: MTMHI: 580, MMHI: 187, MBMHI: 461, WMHI: 444 FTEs	
Central Office (FTEs)	187				
RMHI (FTEs)	1,661				
Tennessee Opioid Abatement Council	3				
TDMHSAS LICENSURE					
License categories	25		2/23/2023	Point in time counts	Office of Licensure
Licenses	1,965				
LicensEEs	1,063				
Licensed sites	1,859				
BEHAVIORAL HEALTH SAFETY NET (BHSN) SERVICES					
Adults ages 18+ receiving Behavioral Safety Net Services	35,460		FY22	BHSN provides core behavioral health services to Tennesseans who lack insurance coverage and meet all eligibility requirements. These services are community-based and inpatient care is not covered.	Office of Behavioral Health Safety Net and Older Adults
Children and Youth ages 0-17 receiving Behavioral Health Safety Net Services	1,127		FY22		
TOP FOUR BHSN SERVICES					
Case management units of service provided	277,733		FY22	Case management is defined as care coordination for the purpose of linking safety net individuals to clinically indicated services or to benefits that would provide an alternative payer source for these services (1 unit = one 15 minute session).	Office of Behavioral Health Safety Net and Older Adults
Psychosocial rehabilitation group units of service provided	94,290		FY22	Services that utilize a comprehensive approach for the purposes of improving an individual's functioning, promoting management of illness, and facilitating recovery (1 unit = one 15 minute session).	
Individual psychotherapy units of service provided	74,494		FY22	1 unit = 30/45/60 minute session	
Office visit for evaluation and management units	79,416		FY22	Office or other outpatient visit for the evaluation and management of an established patient (1 unit = 5/10/15/25/40 minute session).	

TDMHSAS FAST FACTS					
REGIONAL MENTAL HEALTH INSTITUTES (RMHIs)					
RMHI total budget	\$169,625,400		FY23	Per recommended budget	MHSAS Budget
State appropriation	\$140,877,700	83%			
Revenue	\$28,747,700	17%			
Total East Tennessee contracted private psychiatric hospitals budget	\$8,291,600				
Total RMHI positions	1,661		FY22	Division of Hospital Services	
Total beds	577				
Number of admissions	6,680				
Number of discharges	6,687				
30-day readmissions	655	9.2%			
180-day readmissions	1,615	22.6%			
Average length of stay (ALOS) in days	6.68				
Median length of stay in days	6				
RMHI non-admits	2,662	28.5% of presentation			
MEMPHIS MENTAL HEALTH INSTITUTE (Memphis, TN)					
Total budget	\$21,828,400		FY23	Per recommended budget	MHSAS Budget
Number of positions	186		FY23		
Number of beds	55		2/16/2023	Point in time count	Division of Hospital Services
Number of admissions	979		FY22		
WESTERN MENTAL HEALTH INSTITUTE (Bolivar, TN)					
Total budget	\$42,757,000		FY23	Per recommended budget	MHSAS Budget
Number of positions	439		FY23		
Number of beds	150		2/16/2023	Point in time count	Division of Hospital Services
Number of admissions	591		FY22		
MIDDLE TENNESSEE MENTAL HEALTH INSTITUTE (Nashville, TN)					
Total budget	\$59,212,800		FY23	Per recommended budget	MHSAS Budget
Number of positions	577		FY23		
Number of beds	207		2/16/2023	Point in time count, 30 are devoted to the Forensic Services Program (FSP)	Division of Hospital Services
Number of admissions	2,737		FY22		
MOCCASIN BEND MENTAL HEALTH INSTITUTE (Chattanooga, TN)					
Total budget	\$45,827,200		FY23	Per recommended budget	MHSAS Budget
Number of positions	459		FY23		
Number of beds	165		2/16/2023	Point in time count	Division of Hospital Services
Number of admissions	2,372		FY22		

TDMHSAS FAST FACTS					
CRISIS SERVICES					
Total calls received to the TN Statewide Crisis Line, provider agencies' local crisis lines, and to 988	146,088		FY22	Includes adults and children & youth	Office of Crisis Services and Suicide Prevention
TN Statewide Crisis Line & agency local lines	126,645		FY22		
TN's 988 System	19,443		FY22	988 / National Suicide Prevention Lifeline	
Individuals receiving face-to-face crisis assessments	70,453		FY22	Number includes mobile crisis services resulting in an assessment and walk-in assessments.	
Walk-In Center	17,565		FY22		
Mobile	52,888				
Children and youth	12,507		FY22		
Adults	40,381		FY22		
Individuals served in the 8 crisis stabilization units (CSUs)	6,464		FY22		
Individuals served in walk-in centers (attached to the CSUs) who received at least one enhanced service at a WIC	17,565 (including 10,512 face to face assessments)		FY22	An individual may receive more than one enhancement service at a crisis walk-in center such as 23-hour observation, assessment by a psychiatric medication prescriber, nursing assessment, transportation, and discharge planning services.	
Individuals receiving respite services	3,953		FY22		Division of Substance Abuse Services
Individuals receiving medically monitored crisis detoxification services (MMCDs)	10,324		FY22	Detox services are delivered by medical and nursing professionals. They provide 24-hour medically supervised evaluation and withdrawal management in a facility with inpatient/residential beds.	
HOUSING & HOMELESS SERVICES					
Number of individuals who were outreached through the PATH (Projects for Assistance in Transition from Homelessness) program	4,110		FY22	PATH funds community-based outreach services to connect individuals experiencing homelessness to mental health, substance abuse, case management, housing services, and other support services.	Office of Housing and Homeless Services
Number of adults experiencing mental illness or co-occurring disorders who receive short term-financial support for services	5,431		FY22	Services include rental assistance, utilities, medical support, and other costs associated with living independently and maintaining stable housing provided by the Community Targeted Transitional Support and Inpatient Targeted Transitional Support programs.	
Number of safe, affordable mental health and/or recovery housing opportunities that are created, improved, or preserved for people with a history of mental illness and/or substance use disorder	4,051		FY22	Information provided by reporting from each of Regional Housing Facilitators supporting the Creating Homes Initiative. Number reported indicates the total number of new housing opportunities created in the fiscal year through leveraging of a wide range of funding sources (including but well beyond TDMHSAS funding).	
Number of adults experiencing mental illness or co-occurring disorders who reside in community-based TDMHSAS provider housing facilities (independent living, group homes, supportive housing) and/or receive services and supports to maintain long-term supportive housing.	1,620		FY22	Data provided by statewide providers of the Community Supportive Housing, Intensive Long-term Support, Emerging Adult Services, and Supportive Living programs.	
CHILDREN AND YOUTH RECEIVING MENTAL HEALTH SERVICES					
Children and youth ages 0-17 receiving classroom education and prevention training	70,447		FY22	Count consists of numbers served through the School-Based Behavioral Health Liaison Program (SBBHL) Tiers II & III, Erase the Stigma, Better Attitudes and Skills In Children (BASIC), Violence and Bullying Prevention, Mental Health 101, and Youth Screen/Schools & Communities Youth Screen.	Office of Children, Young Adults, & Families
Children and youth ages 0-17 receiving early intervention services	20,961		FY22	Count consists of numbers served through Early Intervention & Prevention Program, Regional Intervention Program, System of Care Programs (SOCAT), and the School Based Behavioral Health Liaison Program (SBBHL) Tiers II & III.	
Transitional youth and young adults ages 12-30 receiving intervention services	299		FY22	Count consists of First Episode Psychosis Initiative, Healthy Transitions, and Clinical High Risk for Psychosis FY client totals.	

TDMHSAS FAST FACTS					
ADULT SUBSTANCE USE					
Adult admissions ages 18+ to TDMHSAS-funded substance abuse treatment and recovery services	23,785		FY22	Number represents duplicated admissions to substance abuse treatment and recovery services.	Division of Substance Abuse Services
Adults served	20,131		FY22	Unduplicated number served.	
Reported opioid use	10,058	50.0%	FY22	Adults in treatment reporting any use of these substance alone or in combination.	
Reported methamphetamine use	7,588	37.7%	FY22		
Reported marijuana use	6,980	34.7%	FY22		
Reported alcohol use	6,819	33.9%	FY22		
TOP THREE ADULT SUBSTANCE ABUSE SERVICES					
Residential rehabilitation services: number of bed days	134,077		FY22	Intense group treatment provided in a residential treatment facility. Clients stay overnight (from 5 to 21 days), participate in group/other treatment activities during the day, and must have 5 counseling contacts and 5 lectures/seminars a week. Family members can participate in treatment.	Division of Substance Abuse Services
Halfway house services: number of bed days	41,612		FY22	Group and individual treatment provided in therapeutic, licensed living environments which include expectation that client will seek/maintain employment or job training in community, participate in at least one counseling contact and one educational lecture per week, work 12-step program with sponsor, and regularly attend 12-step meetings. Clients must agree to participate in random drug screens. Halfway houses are all male or all female.	
Adult intensive outpatient services: hours of services	65,422		FY22	Intense group treatment provided 9 - 19 hours/week, with sessions on 3-4 days/week. Education about addiction and recovery counseling is provided. Clients are introduced to the 12-step recovery program and are encouraged to work steps of the program. Family members can participate in treatment. Group size: min. 6 and max. 12 clients. All clients expected to attend 12-step meetings and to have random drug screenings while in treatment.	
YOUTH SUBSTANCE USE					
Youth admissions ages 12-17 to TDMHSAS-funded substance abuse treatment and recovery services	436		FY22	Number represents duplicated admissions to substance abuse treatment and recovery services.	Division of Substance Abuse Services
Youth served	399		FY22	Unduplicated number served.	
Reported marijuana use	348	87.2%	FY22	Youth in treatment reporting any use of these substances alone or in combination.	
Reported alcohol use	147	36.8%	FY22		
Reported methamphetamine use	26	6.5%	FY22		
Reported opioid use	22	5.5%	FY22		
TOP THREE YOUTH SUBSTANCE ABUSE SERVICES					
Adolescent residential rehabilitation services: number of bed days	3,822		FY22	Adolescent residential services are provided in a residential setting and include treatment sessions as well as education.	Division of Substance Abuse Services
Adolescent intensive day treatment: hours of services	2,161		FY22	Adolescent day and evening treatment services operates three or more hours per day (exclusive of school activities) and a minimum of four days a week.	
Adolescent individual intervention/therapy: hours of services	106		FY22	Adolescent outpatient treatment services are provided in regularly-scheduled sessions of usually fewer than nine hours each week.	