

THE POWER OF Peer Support

How Tennesseans are using their lived experience of behavioral health challenges to help others.

Tennessee's certified Peer Recovery Specialist Program ensures consistency, quality, and professionalism in peer support services.

1,716

Currently Certified Peer
 Recovery Specialists

Certified Peer Recovery Specialists have:

- Completed an intensive, 40-hour training
- Lived experience of mental illness, substance use disorder, or co-occurring disorder
- Committed to 10 hours of continuing education each year
- Promised to abide by the CPRS Code of Ethics
- A minimum of 2 years of recovery
- Access to on-going supervision
- A willingness to share their personal recovery story

Why are peer support services important?

Research shows that peer specialists excel at engaging others into the recovery process. With their living example that recovery is real, they can often connect with people that staff might have found to be unreachable.



Reduced hospitalization and other emergency interventions



Medicaid-reimbursable when provided by a CPRS



CPRS work in...
 Peer Support Centers,
 Crisis Stabilization Units,
 Psychiatric Hospitals,
 Community Mental Health and
 Substance Use Treatment Agencies,
 Recovery Courts,
 Substance Abuse Prevention Coalitions,
 and Managed Care Organizations

just to name a few!