

TENNESSEE STATEWIDE CRISIS LINE

There is hope.

855-CRISIS-1 (855-274-7471)



**Do you feel like you are
experiencing a mental health crisis?**

**Our Statewide Crisis Line is here to help individuals
struggling with a mental health emergency.**

This phone line is free and operated by caring, trained
mental health professionals, 24 hours a day, 7 days a week.

Confidential help from anywhere in Tennessee is only a phone call away.

tn.gov/behavioral-health/crisis-services
