



Family Empowerment Initiative (FEI)

A Tennessee System of Care support for families after a youth mental health crisis

After making it through a youth mental health crisis, families shouldn't have to navigate next steps alone.

FEI connects caregivers and children/youth to care coordination, family peer support, resource navigation, parent education, and clinical support as needed.

Build a plan. Connect to support. Strengthen your family.

Care Coordination

In-home or virtual support after crisis

Family Peer Support

Guidance from trained peers with lived experience

Resource Navigation

Connection to formal and informal supports

Parent Education

Tools to build skills, confidence, and resilience

FEI may be a fit when:

- A child or youth age 0-18 is experiencing, or has recently experienced, a behavioral, emotional, or mental health crisis.
- The family lives in Tennessee and needs help navigating services after crisis response.
- The family meets low-income eligibility criteria such as Medicaid, TANF/SNAP eligibility, free/reduced lunch, Section 8/public housing, or zero-income verification.
- The family wants support building a plan for stability, wellness, and next steps at home.

FEI is family-centered, youth-guided, culturally responsive, and designed to strengthen the whole household.

Ready to make a referral?

- Document consent to refer.
- Identify the family county/region.
- Use the FEI Referral Form or regional partner link.



Scan to learn more about System of Care Across TN and FEI.
[System of Care Across TN](#)

Regional FEI partners: Frontier Health | McNabb Center | Mental Health Cooperative | Youth Villages



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