



Tennessee Department of Human Services

Adult Day Services

Newsletter

Greetings from your partners at the Tennessee Department of Human Services (TDHS), Adult Day Services Team!

Welcome to the Adult Day Services (ADS) Quarterly Newsletter. This newsletter shares information on topics related to your day-to-day operations as a licensed Adult Day Services (ADS) provider.

[In this edition of the newsletter](#), we would like to provide information on upcoming events, welcome a newly licensed agency, and spotlight a national study taking place with one of our Tennessee ADS providers.

Fall Regional Meetings Happening Soon!

The Tennessee Association of Adult Day Services will be hosting regional meetings this Fall. Check out the one in your area. It's a great opportunity to network with other ADS providers.



Southeast Region

Thursday, August 1, 2024

Signal Centers

9AM-Noon (ET)

109 N. Germantown Road

Chattanooga, TN 37411

West Region

Wednesday, August 14, 2024

Page Robbins Adult Day Center

9AM-Noon (CT)

1961 S Houston Levee Road

Collierville, TN 38017

East Region

Wednesday, October 16, 2024

9 AM -Noon (ET)

Knoxville Rehabilitation Hospital Conference Room

1250 Tennova Medical Way

Knoxville, TN 37909

Central Region
Thursday, December 5, 2024
9 AM-Noon (CT)
Centennial Adultcare Center - Murfreesboro
230 Glenis Drive, Suite 302
Murfreesboro, TN 37129

Welcome!

Ronna K. Newburger Adult Day Services is a newly licensed ADS provider in the state of Tennessee. They are located in Shelby county and can serve up to 24 participants. Welcome to the ADS team!

ALPS Joins NYU Study of App for Caregivers of Older Adults

ALPS Adult Day Services is taking part in a national study using [a new smartphone app](#) to connect family caregivers and health providers around the care and wellbeing of older adults.

The app, [CareMobi](#), was developed by researchers at NYU Rory Meyers College of Nursing to improve communication between an older adult's loved ones and their care team, including family members, doctors, and adult day center staff. Within the app, users can log important data including medications, vital signs, appointments, meals and appetite, and sleep, and then securely share this information so that everyone is on the same page about a person's day-to-day health.

"One of the most difficult issues we face is communicating with families. Their caregiving duties are all-consuming and the stress can be overwhelming," said Mahon J. Fritts, Chief Executive Officer of ALPS Adult Day Services. "Most of our family caregivers still work, and at ALPS, they've finally found a place they feel safe to leave their loved ones so they can concentrate on their work. The last thing they need is us calling them and adding to their stress."

"Adult day centers play an essential role in the wellbeing of older adults, but can feel disconnected from the rest of the health care system. CareMobi is designed to more seamlessly connect those caring for older adults in their communities where most of healthcare takes place. Our research will determine if app-based communication is a feasible approach to reducing fragmented care, and subsequent outcomes like emergency department visits and hospitalizations," said Tina Sadarangani, PhD, RN, ANP-C, GNP-BC, assistant professor at NYU Rory Meyers College of Nursing and the creator of CareMobi.

Ashley Pruitt, Chief Operating Officer of ALPS Adult Day Services and a licensed practical nurse, is spearheading the implementation of CareMobi at ALPS.

"ALPS is honored to be part of this study. We cannot thank Tina and the researchers at NYU enough for sharing this vital tool with us and helping to alleviate the stress of our family caregivers," added Fritts.

Link to the News Story: <https://ny1.com/nyc/all-boroughs/exploring-your-health/2024/02/27/caregiver-app->

Licensing Violations or Illegal Operations

To report suspected adult day services licensing violations or possible illegal operations call the Child and Adult Care Complaint Hotline at 1-800-462-8261 or email AdultDayServices.DHS@tn.gov.

Reminders

We will feature existing and newly opened ADS agencies in the Program Spotlight section of each issue. If you wish to be featured, have ideas about potential topics or general feedback please reach out to us by email at, AdultDayServices.DHS@tn.gov.

Quarterly ADS Newsletters are posted at the ADS webpage of the TDHS website for your reference at, <https://www.tn.gov/humanservices/adults/adult-day-services.html>.