



Tennessee Nursing Home Pain Management and Opioid Safety Collaborative

Training and Assistance to Individualize Pain Management and Improve Opioid Safety in Nursing Homes

July 2, 2019

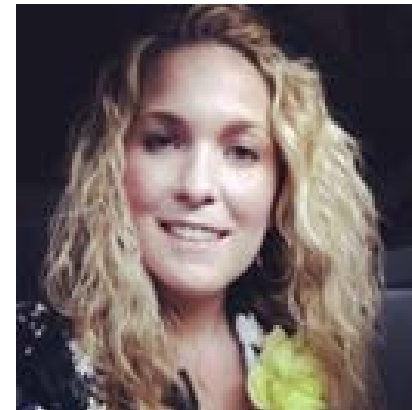
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The Qsource Team



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Why We Chose This Project Topic and Intervention

- ◆ Approximately 70% of nursing home residents with chronic non-cancer pain regularly receive opioids
- ◆ Long-term opioids may not provide effective pain relief, increased function, or greater quality of life
- ◆ The elderly are especially susceptible to opioid adverse effects
- ◆ Opioids and ineffective pain management can lead to worsening of nursing home quality measures including pain, falls, weight loss and depression
- ◆ Clinical practice guidelines on opioids and pain management can be challenging for nursing homes to implement
- ◆ A Qsource pain management pilot project between January 2017 and July 2018 resulted in improve quality measures and increased access to non-opioid pain treatments

Project Background

- ◆ Funding amount: \$156,610
- ◆ At least 20 Tennessee nursing homes served with over 3200 resident beds
- ◆ Period of Performance: April 15, 2019-April 14, 2020



Goals and Expected Project Successes



25%

Increase in
pain management
knowledge

25%

Increase in non-
opioid pain
treatments

15%

Increase in
specific pain
indications



50%

Nursing homes
using a comfort
menu

5%

Reduction in
opioid use



5%

Increase in pain
management
satisfaction

Stakeholders Involved in the Project

- ◆ Twenty or more Tennessee nursing homes
 - Interdisciplinary team that includes a project champion
- ◆ Tennessee Department of Health
- ◆ Tennessee Health Care Association



Project Implementation Plan

- ◆ Nursing home recruitment
 - Complete
- ◆ Training material development in progress
- ◆ In person training of trainer sessions in August
- ◆ Summary webinar of training sessions
- ◆ One-on-one technical assistance
 - At least one session per home in Aug, Sep or Oct
 - Additional sessions as needed
- ◆ Monthly data collection and analysis
- ◆ Outcomes Congress in April 2020



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