



State of Tennessee

Health Facilities Commission

665 Mainstream Drive, 2nd Floor, Nashville, TN 37243

www.tn.gov/hfc Phone: 615-741-7221

Assisted Care Living Facility Quality Improvement Committee

Tuesday, December 2, 2025

1:00pm CST

Microsoft Teams

https://teams.microsoft.com/l/meetup-join/19%3ameeting_M2E1OTZmYWUtMWI0Mi00MzZhLTk3ZjYtYWFmZmMxMTc1ZDNj%40thread.v2/0?context=%7b%22Tid%22%3a%22f345bebf-0d71-4337-9281-24b941616c36%22%2c%22Oid%22%3a%22a5afa3dd-0181-4b8f-ae99-64134fb2eab3%22%7d

Meeting ID: 255 520 355 366 02

Passcode: 7ea2Th6V

- I. **Call to Order**
- II. **Roll Call**
- III. **April 14, 2025 Minutes Approval**
- IV. **Fiscal Update**
- V. **Scoring Rubric**
- VI. **RFA# 86329-0001 Applications**
 - A. Application 28
 1. The Assisted Care Living Facility (ACLF) Falls Awareness and Prevention Project Application submitted to partner with ACLFs to proactively identify and mitigate fall risks to promote fall prevention. Project proposes implementing and leading a coordinated, collaborative effort across Tennessee ACLFs by focusing support on coordinating activities to increase QI knowledge and implementation. Throughout the project, there will be a three-part webinar series led by subject matter experts and collaborative individual technical assistance. The Fall Prevention and Fall Awareness collaborative will include three monthly one-on-one virtual meetings with participating ACLFs to complete their PIP documents.



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B. Application 31

1. Bingocize® for Tennessee ACLFs: Enhancing Resident Quality of Life through Evidence-Based Programming

Application submitted to implement evidence-based health promotion program that strategically combines functional exercise and health education (falls prevention or nutrition education) with the familiar game of bingo. Disseminated in 48 states and four other countries, the program is delivered across the spectrum of care, including assisted care living facilities (ALCF), community senior centers, certified nursing homes, community centers, churches, hospitals, adult daycare, memory care, etc. Sessions are delivered one-two times per week for 45-60 minutes by trained ALCF staff.

C. Application 32

1. Enhancing Resident Safety: A Fall Prevention Initiative with Proactive Strides by Virtusense in Assisted Living

Application submitted to enhance fall risk screening and mobility assessment within our assisted living and memory care community through the implementation of a Proactive Stride by Virtusense. This mobile version offers a significantly more affordable and accessible solution while maintaining the core capabilities needed to improve resident safety and wellness. It will serve as the foundation for a fully developed mobile system over the next two years, with sustainability ensured through a simple licensing model for ongoing use.

D. Application 3-27

1. Enhancing Nutrition for Residents on Modified Diets

Application submitted to enhance the quality, safety, and consistency of meals served to residents on mechanical soft, pureed, and chopped diets. The project will include Robot Coupe commercial food processor to improve the preparation of modified diets, along with an investment in staff training through Relias online modules, in-person workshops, and visual reference materials displayed in the kitchen.

E. Application 33

1. Human Resource Training & Development Center

Application submitted to implement a dedicated space designed to facilitate employee recruitment, retention, onboarding, learning and skill development. The Training and Development Center will facilitate the sharing of company training tools, information and best practices.



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F. Application 30

1. Relias Training Plan for Caregivers of Assisted Living Residents

Application submitted to deploy the Relias training solution to streamline caregiver onboarding, ensure consistent and up-to-date training, and improve regulatory compliance. The initiative is designed to elevate the knowledge and confidence of caregiving staff, enhance the quality of care delivered to residents, and support facility administrators in managing ongoing staff education requirements efficiently.

G. Application 29

1. Hospice education and comfort program in an assisted living facility

Application submitted to implement a comprehensive hospice education program. The initiative will provide structured training for staff, residents, and families to improve understanding of hospice philosophy, end-of-life care options, symptom management, and emotional support strategies. In addition to education, this program will foster the development of a culture of compassionate care and informed decision-making.

H. Application 1

1. Assisted-Care Living Facility Quality Improvement Fund Funding Opportunity

Application submitted to expand recruitment and retentions strategies by implementing recruitment and retention web-based platforms through Activated Insights. Activated Insights Retain is a proven tool for reducing employee turnover rates in senior living by as much as 65%, especially during the first 100 days when the risk is at its peak.

I. Application 2

1. Recruit & Retain Initiative - Strengthening Staffing Support in Assisted Living

Application submitted to improve staffing support through retention incentives, new hire incentives and team building. The project will include strengthening staffing by attracting 3 new caregivers and 3 new LPNs with a structured sign on bonus, while continuing to promote stability and morale through a length of service bonus for existing staff.

VII. Adjournment