



State of Tennessee
Health Facilities Commission
Andrew Jackson State Building
502 Deaderick Street, 9th Floor, Nashville, TN 37243
www.tn.gov/hfc Phone: 615-741-7221

July 10, 2026

Sent Via Email

Abigail Jennings (cbhelpinghands.llc@gmail.com)
C. B. Helping Hands LLC
132 Grace Circle
Clinton, TN 37716

Facility Type: Home Health Agencies

Dear Abigail Jennings:

It is my pleasure to inform you that your application for licensure of C. B. HELPING HANDS, LLC located at 132 Grace Circle, Clinton, TN 37716 has been initially approved July 10, 2026. The license number shall be 730. For this initial approval to become final and permanent, your application must be ratified by the Commission pursuant to T.C.A. §68-11-206. The Commission will consider your application at its next meeting, scheduled for August 26, 2026 . **You are hereby authorized to commence operation pending the final decision of the Commission.**

For certification purposes, please be advised it is your responsibility to contact your Health Facilities Commission regional office for participation in Medicare/Medicaid. The East Regional Office phone number is 865-594-0730.

If the Commission **does** ratify the approval of your application, the license number listed above will become your permanent license number and a letter will be forwarded to you within three (3) business days; notifying you of the Commission's final decision.

If the Commission **does not** ratify the initial approval of your application, a letter will be forwarded to you providing an explanation and specific instructions as to any action(s) you may take to have the decision reviewed, at which time this authorization shall cease to be effective.

Please contact me if I can be of further assistance.

Sincerely,
Donald Michael Black II
Donald Michael Black II
Health Facilities Commission

cc: East Tennessee Regional Office



State of Tennessee
Health Facilities Commission
Andrew Jackson State Building
502 Deaderick Street, 9th Floor, Nashville, TN 37243
www.tn.gov/hfc Phone: 615-741-7221

May 27, 2026

Sent Via Email

Abigail Jennings (cbhelpinghands.llc@gmail.com)
C. B. Helping Hands, LLC
132 Grace Circle, Unit B
Clinton, TN 37716

Dear Abigail Jennings:

This is to acknowledge receipt of your application and fee to apply for licensure of C. B. Helping Hands, LLC. Please review the instruction sheet that you received with the application to apply for licensure so that you are aware of the process for obtaining licensure of your facility. If a certificate of need is required to provide services, you will need to contact Health Facilities Commission at (615) 741-2364.

Please remember that if you are applying for a facility that requires architectural plan review contact Plans Review for complete details and procedures at (615) 741-6998. You must submit those plans along with the plans review fee prior to scheduling a survey. **For Homes for the Aged facilities specifically; TCA-368-11-202 allows “schematics shall be submitted to the department for approval of plans and specifications, converting and existing single-family dwelling” with six (6) or less beds.**

It is your responsibility to contact the East Tennessee Regional Office to request a survey of your facility. Please submit the request in writing to Tom A. Lane, Regional Administrator, 7175 Strawberry Plains Pike, Knoxville, Tennessee 37243. If you would like to email the request, you can email sara.e.walker@tn.gov.

Your application and fee will be held in a pending status until you are recommended by the Regional Office for licensure. Once the recommendation for licensure is received from the regional office, your facility will receive a letter for “Initial Approval.” Admission of patients MAY NOT occur until the facility’s receipt of the “Initial Approval” letter. Your application will be presented before the Board for Licensing Health Facilities Commission for ratification and final approval at the next regularly scheduled commission meeting. Your facility CAN operate once you receive the “Initial Approval.”

This application will only be good for one (1) year from the date of receipt. If the initial licensure has not occurred within that one (1) year period, you will be required to submit a new application and fee unless you have contacted our office in writing extending your application.

In the event that a certificate of need is required prior to obtaining a license for this facility the application file will be closed the day following the expiration date of the certificate of need.

Should you have any questions or if I can be of assistance to you please call me at (615) 770-6922 or you may email me at eddie.stewart@tn.gov.

Sincerely,

Eddie J. Stewart

Eddie J. Stewart
Health Facilities Program Manager
Health Facilities Commission
Licensure Unit



ETRO
ITSD
emailed 5/27/26
ejs

RECEIVED MAY 12 2026

F# 730
A# 13358

HOME HEALTH SERVICES APPLICATION FOR INITIAL LICENSURE

All applicable laws, rules, policies, and guidelines affecting your practice are available for viewing at <https://www.tn.gov/hfc/division-of-licensure-and-regulation/hfc-licensure/licensure-applications.html>. Please check this website periodically for updates.

Name of the Facility/Agency C.B. Helping Hands LLC

Location of the Facility:

Street 132 Grace Cir unit B City Clinton

County Anderson State Tennessee Zip 37716

Phone Number (865-351-0536) Fax Number (865-435-3155)

Twenty-four (24) Hour Emergency Phone Number (865-712-3129)
cbhelpinghands.llc@gmail.com

E-Mail Address _____

Administrator Information:

Administrator Abigail Jennings

Have you (Administrator) ever been convicted of a crime involving injury or harm to person(s), financial or business management (e.g., assault, battery, robbery, embezzlement, fraud)? Yes _____ No X

If yes, what charge(s)? N/A

Location of Conviction N/A
(City) (County) (State) Date _____

Mailing address if different from the Facility location address:

Name C. B. Helping Hands LLC

Street 132 Grace Cir

City Clinton State TN Zip 37716

Ownership of Building:

Name Abigail Jennings Phone Number (865-712-3129)

Street 132 Grace Cir

City Clinton State TN Zip 37716

1. Check type: Hospital Based _____ Nursing Home Based _____ Free Standing X

2. Check type: Licensed only Agency X Licensed/Medicaid Certified _____

3. Check type of services provided:

- | | | | |
|----------------------------|---------------|------------------------------------|---------------|
| a. Skilled Nursing | <u>X</u> | f. Home Health Aid Services | <u>X</u> |
| b. Physical Therapy | <u> </u> | g. Medical Supplies and Appliances | <u> </u> |
| c. Occupational Therapy | <u> </u> | h. Homemaker Services | <u>X</u> |
| d. Speech Therapy | <u> </u> | i. Other (please specify) | <u> </u> |
| e. Medical Social Services | <u> </u> | | |

4. Do you have a Certificate of Need (CON)? Yes No X

If yes, what is the geographic area served by the Agency: (list county or counties) If additional space is needed, please use a separate page.

N/A

5. Do you provide services to a pediatric population? Yes No X

If yes, what counties?

6. Is your agency a provider in the EEOICPA federal program? Yes X No

If yes, what counties? Anderson, Roane, Knox, Campbell, and surrounding counties (see Attachment 7)

7. Provide proof of the ability to meet the financial needs of the facility.

See attached financial statement and supporting documentation

OWNERSHIP OF BUSINESS:

1. a. Check the type of Legal Entity:

Individual Partnership Corporation Limited Liability Company X
Church Related Government/County Other

b. Check one: For Profit X Non-profit

c. Legal Entity checked in 1.a:

Name C.B. Helping Hands LLC Phone Number (865-351-0536)
Address 132 Grace Circle Clinton, TN 37716

d. List name(s) and address(es) of individual owners, partners, directors of the corporation, or head of the governmental entity:

Shelia Inusah	132 Grace Circle	Clinton TN 37716
Name	Street	City, State, Zip
Andreus Benjamin	115 Foxwood Circle	Oliver Springs TN 37840
Name	Street	City, State, Zip

(If additional space is needed, please use a separate sheet)

e. If a government/county owned facility, does the administrator have authority to act on behalf of the government/county as it relates to the operation of this facility? Yes No X

f. If no to e., who has said authority? N/A

2. a. Is your facility/organization accredited by a **federally approved** accrediting body including but not limited to JCAHO, CARF, etc.? **Provide proof of accreditation.** No

Yes _____ No x Expiration Date _____

3. Is this facility chain affiliated? Yes _____ No x

4. If you have a parent company please provide the following information:

Name _____ Phone Number () _____

N/A

Address _____

5. a. If a corporation, is there a holding company? Yes _____ No x

b. If yes, list the name, address and phone number of the holding company:

Name N/A Phone Number () _____

Street _____

City _____ State _____ Zip _____

6. a. Are any owners of the disclosing entity also owners of other health care facilities in Tennessee and/or other states? Yes _____ No x

b. If yes, list names and addresses of all such facilities:

N/A

7. a. Do you have a contract with a management firm to operate this facility? Yes _____ No x

If yes, specify dates: From N/A To _____

b. If yes, please specify name of firm: _____

Phone Number () _____ N/A

Street _____ City, State, Zip _____

8. For any item in (8) a-h below, please identify, explain and provide documentation of the item(s) noted if response is "Yes". Have either the licensed entity for any of the other health care facilities in Tennessee and/or other states on the list in question (6.b.) above, OR the management firm listed in question (7.) above; been subjected to any of the following within the last (5) years:

a. Licensure

i) denied a license ? Yes _____ No x

ii) had a license suspended or revoked by any state licensure agency? Yes _____ No x

iii) been subject to a final order or judgment in a state licensure action? Yes _____ No x

b. Convictions

i) convicted of a criminal offense related to that person's involvement in any program under any state or Federal health care program (including Medicare, Medicaid, and Tricare)? Yes _____ No x

c. Exclusion

i) excluded from participation in Federal health care programs (Medicare, Medicaid, CHIP, or Tricare) in the past? Yes _____ No x

(Note: "Excluded" is defined as a provider or entity has been told by the Department of Health and Human Services, Office of the Inspector General (HHS-OIG) that they may no longer be a provider for any federally funded healthcare

program).

d. Termination/Suspension

i) suspended or terminated from participation in Medicare or Medicaid/TennCare programs? Yes _____ No X

(Note: This would include involuntary termination of a nursing facility or skilled nursing facility by the Centers for Medicare and Medicaid Services (CMS) or state Medicaid agency).

e. Fraud and Abuse

i) paid through settlement, or civil or criminal fines, any monies to the federal government or any state as a result of any administrative or judicial proceeding based on allegations of fraud or abuse involving claims related to the provision of health care items and services? Yes _____ No X

f. Corporate Integrity Agreement

i) Is presently an entity covered by and subject the terms of a corporate integrity agreement? Yes _____ No X

(Note: If yes, provide a copy of CIA)

g. Bankruptcy

i) filed bankruptcy under any provision of the United States Bankruptcy Code? Yes _____ No X

h. Civil Monetary Penalty (CMP)

i) paid to the Centers for Medicare and Medicaid Services or any state Medicaid agency a civil money penalty equal to or greater than \$250,000.00 as a result of an enforcement action during a survey? Yes _____ No X

Failure to provide true and correct copies of any documents related to the items list in 8(a-h) listed above may be grounds for referral of the application for special consideration, and/or may be grounds for disciplines.

If the applicant answered "Yes" to any of the questions (a)-(h) above, please provide copies of any documentation associated with the event and/or sanction. The documentation should provide the Health Facilities Commission with sufficient information regarding the nature of the event and/or sanction, the current status of the issue, as well as details regarding what corrective action have been implemented (as applicable).

VERIFICATION BY NOTARY PUBLIC:

Signee for application certifies that he or she is of responsible character and able to comply with the minimum standards and regulations established by Tennessee pertaining to the type of facility or agency for which application for licensure is made and with the rules promulgated under Tennessee Code Annotated (TCA) § 68-11-201.

Signee also certifies that a policy has been implemented to inform all employees of their obligation under TCA § 71-6-103 to report incidents of abuse or neglect.

Shelia Inusah
Applicant Signature

Owner / Director
Title or Position

Date

STATE OF TENNESSEE

County of Anderson

The above named applicant (print name) Shelia Inusah, being by me duly sworn on his/her oath, deposes and says that he/she has read the forgoing application and knows the contents thereof: that the statements concerning the above named facility or agency, therein contained, are correct and true to his/her ownknowledge.

Subscribed to and sworn to on this 17th day of April 2026
(Month) (Year)
Notary Public: Tyler M. Pyle
My commission expires: 07/08/2029

FEE SCHEDULE: (FEES ARE NON-REFUNDABLE) \$1,404





State of Tennessee

Health Facilities Commission

502 Deaderick Street, Andrew Jackson Building, 9th Floor, Nashville, TN 37243
www.tn.gov/hfc Phone: 615-741-2364 hsda.staff@tn.gov

**INITIAL NOTIFICATION OF HOME HEALTH ACCREDITATION FOR
CON EXEMPTION**

Instructions: This form must be filed with the Health Facilities Commission by any person who intends to establish a health care institution or initiates any service specified in T.C.A. 68-11-1607 (a) (3) pursuant to the exemption provided in T.C.A. 68-11-1607 (r) or T.C.A. 68-11-1607 (r). This form must be emailed to hsda.staff@tn.gov.

1. **REPORTING DATE:** 05/21/2026

2. **NAME AND ADDRESS OF PROVIDER**

C.B.HELPING HANDS L.L.C.

Name

132 GRACE CIR

Address

CLINTON

TN

37716

City

State

Zip

3. **CONTACT PERSON OR AUTHORIZED AGENT REPORTING EXEMPTION**

ABIGAIL JENNINGS

RN/ADMIN

Name

Title

cbhelpinghands.llc@gmail.com

Email Address

C.B.HELPING HANDS L.L.C

Company Name

132 GRACE CIR

Address

CLINTON

TN

37716

City

State

Zip

865-351-0536

Phone Number

865-435-3182

Fax Number

4. IF SEEKING THE ESTABLISHMENT OF A HOME HEALTH AGENCY UNDER EXEMPTION,
DATE OF LICENSE SUBMISSION:

05/11/2026

5. IF CURRENTLY LICENSED, PROVIDE LICENSE #:

N/A

LIST CURRENT LICENSED COUNTIES:

COUNTIES LICENSED UNDER EEOICPA:

ANDERSON, ROANE, KNOX, CAMPBELL, AND SURROUNDING COUNTIES

COUNTIES LICENSED UNDER PEDIATRIC

N/A

COUNTIES LICENSED AS HOME INFUSION ONLY:

N/A

LIST ANY EXISTING CERTIFICATE OF NEED LIMITATIONS/CONDITIONS:

NONE

6. DESCRIPTION OF EXEMPTED ACTIVITY:

PRIVATE PAY AND EEOICPA ONLY *Skilled Nursing, Home Health Aide Service
Home maker Services*

LIST OF EXEMPTED COUNTIES TO BE ADDED UNDER THE FOLLOWING TYPES:

PEDIATRIC:

N/A

EEOICPA:

ANDERSON, ROANE, KNOX, CAMPBELL AND SURROUNDING COUNTIES *(see Attachment 7)*

7. NAME AND ADDRESS OF PROVIDER

C.B.HELPING HANDS L.L.C.

Name

132 GRACE CIR

Address

CLINTON

City

TN

State

37716

Zip

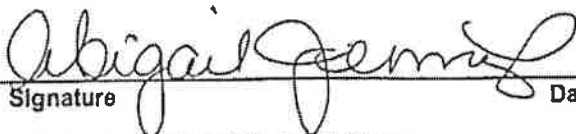
8. ACCREDITATION (must be completed within 2 years of initial licensure)

Please Check

(Be advised that some accreditation organizations require 10 or more patients at a minimum before starting accreditation proceedings.)

- ☐ Community Health Accreditation Program, Inc.
- ☐ Accreditation Commission for Health Care and/or other accrediting body with deeming authority for home health services from CMS and participation in the Medicare Quality Initiatives
- ☐ Outcome and Assessment Information Set, and Home Health Compare, or other nationally recognized accrediting organization, for Home Health projects;

I UNDERSTAND THAT A HOME HEALTH AGENCY THAT PROVIDES HOME HEALTH SERVICES WITHOUT A CERTIFICATE OF NEED TO PEDIATRIC AND/OR EEOICPA PATIENTS THAT FAILS TO COMPLY WITH THE ACCREDITATION REQUIREMENTS IS SUBJECT TO LICENSURE SANCTIONS.



Signature

Date

5-21-26

ABIGAIL JENNINGS RN/ADMIN

Printed Name



C.B. Helping Hands LLC

☎ (865) 351-0536

✉ cbhelpinghands.llc@gmail.com

📍 132 Grace Circle, Clinton, TN
37716

Good morning , Mr. Stewart,

Here is a list of counties you requested.

ANDERSON	BLOUNT	MORGAN	PUTNAM
CAMPBELL	SCOTT	SEVIER	
ROANE	UNION	HAMILTON	
KNOX	LOUDON	CUMBERLAND	

Also we will provide the following services:

SKILLED CARE, CASE MANAGEMENT, HOME HEALTH AIDE SERVICES
AND HOMEMAKER SERVICES.

Thank you,

Abigail Jennings RN/ADMIN

C.B. HELPING HANDS LLC
132 Grace Circle
Clinton, Tennessee 37716
Email: cbhelpinghands.llc@gmail.com

Tennessee Department of Health
Health Facilities Commission
Nashville, Tennessee

APPLICATION FOR LICENSURE—HOME CARE ORGANIZATION

April 2, 2026

To Whom It May Concern,

On behalf of **C.B. Helping Hands LLC**, I respectfully submit this application for licensure as a **Home Care Organization in the State of Tennessee**.

C.B. Helping Hands LLC is a non-medical home care agency committed to providing high-quality, compassionate, and client-centered care services to individuals in their homes. Our services are designed to support clients in maintaining independence, dignity, and safety while receiving assistance with activities of daily living.

Our agency operates under the guiding principle:
"Care Rooted in Faith, Delivered with Excellence."

We provide services through private pay and select insurance programs, including participation in applicable federal programs. All services are delivered in accordance with individualized care plans and physician-directed services.

ADMINISTRATION

- Owner/Director: **Shelia Inusah**
- Administrator: **Abigail Jennings, RN**

Both individuals meet all qualifications required for their respective roles and are committed to ensuring full compliance with all applicable state and federal regulations.



C.B. HELPING HANDS LLC

Home Health Agency Licensure Application

Owner/Director:

Shelia Inusah

Address:

132 Grace Cir Unit B Clinton, TN 37716

Phone:

865-351-0536

Email:

cbhelpinghands.llc@gmail.com



Tre Hargett
Secretary of State

Division of Business and Charitable Organizations
Department of State
State of Tennessee
312 Rosa L. Parks Avenue, 6th Floor
Nashville, Tennessee 37243
Phone: 615-741-2286
tncab.tnsos.gov/portal/

03/23/2026

11501 Domain Drive, Suite 200
AUSTIN, TX 78758, USA

Filing Acknowledgment

Please review the filing information below and notify our office immediately of any discrepancies.

Entity Name:	C.B.HELPINGHANDS LLC		
SOS Control #:	002096915	Initial Filing Date:	03/22/2026
Entity Type:	Limited Liability Company (LLC)	Formation Locale:	TENNESSEE
Status:	Active	Duration Term:	Perpetual
Fiscal Year Close:	December	Annual Report Due:	04/01/2027
Business County:	Anderson		
Managed By:	Member Managed		
Obligated Member Entity:	No		

Document Receipt

Receipt #: 2026-344761	Filing Fee:	\$300.00
Payment: Credit Card - 3917796907		\$300.00

Registered Agent Address:
UNITED STATES CORPORATION AGENTS, INC.
5865 RIDGEWAY CENTER PARKWAY SUITE 384
MEMPHIS, TN 38120

Principal Office Address:
132 GRACE CIR
CLINTON, TN 37716
Anderson County, USA

Congratulations on the successful filing of your Articles of Organization - Limited Liability Company for **C.B.HELPINGHANDS LLC** in the State of Tennessee which is effective **03/22/2026**. You must also file this document in the office of the Register of Deeds in the county where the entity has its principal office if such principal office is in Tennessee. Please visit the Tennessee Department of Revenue website (www.tn.gov/revenue) to determine your online tax registration requirements. If you need to obtain a Certificate of Existence for this entity, you can request, pay for, and receive it from our website.

You must file an Annual Report with this office on or before the Annual Report Due Date noted above and maintain a Registered Office and Registered Agent. Failure to do so will subject the business to Administrative Dissolution/Revocation.

Tre Hargett
Secretary of State

Tracking Number
B2026274478



Tre Hargett
Secretary of State

Articles Of Organization

Division of Business and Charitable Organizations

Department of State

State of Tennessee

312 Rosa L. Parks Avenue, 6th Floor

Nashville, Tennessee 37243

Phone: 615-741-2286

tncab.tnsos.gov/portal/

Control #: 002096915
Filed: 03/22/2026 05:02 AM

Tre Hargett
Secretary of State

Entity Information

Entity Name: C.B.HELPINGHANDS LLC

Entity Type: Limited Liability Company

Fiscal Year Ending Month: December

Additional Designation: *(No additional designation)*

Series LLC ?

☐ Yes ☒ No

Principal Office Address

132 GRACE CIR
CLINTON, TN 37716
Anderson County, USA

Mailing Address

132 GRACE CIR
CLINTON, TN 37716
Anderson County, USA

Period of Duration:

Perpetual

Will this filing have a delayed effective date?

☐ Yes ☒ No

Nature of Business (NAICS):

621610 - Home Health Care Services

Other Provisions:

(No other provisions)

Do you have additional uploads you would like to attach to this filing?

☐ Yes ☒ No

Registered Agent Information

UNITED STATES CORPORATION AGENTS, INC.
5865 RIDGEWAY CENTER PARKWAY SUITE 384
MEMPHIS, TN 38120

Member Information

The Limited Liability Company will be: Member Managed

Do you have six or fewer members at the date of this filing?

☒ Yes ☐ No

Will this entity be registered as an Obligated Member Entity (OME)

☐ Yes ☒ No

Organizer's Signature

- ☒ By entering my name in the space provided below, I certify that I am authorized to file this document on behalf of this entity, have examined the document and, to the best of my knowledge and belief, it is true, correct and complete as of this day.
- ☒ The undersigned, acting as organizer of the limited liability company under the provisions of the Tennessee Revised Limited Liability Company Act, adopt the above Articles of Organization.

Signed Electronically: SHELIA GAIL INUSAH

Date: 03/22/2026



Tre Hargett
Secretary of State

Division of Business and Charitable Organizations

Department of State

State of Tennessee
312 Rosa L. Parks Avenue, 6th Floor
Nashville, Tennessee 37243
Phone: 615-741-2286
tncab.tnsos.gov/portal/

Date: 03/22/2026

Invoice: 2026-344761

Customer Information

C.B.HELPINGHANDS LLC
11501 Domain Drive, Suite 200
AUSTIN, TX 78758, USA

Tracking #	Description	Amount Paid
B2026274478	Articles of Organization - Limited Liability Company for C.B.HELPINGHANDS LLC (LLC Filings)	\$ 300.00
Payment Details		
Fee Total:		\$ 300.00
Payment Total:		\$ 300.00
Amount Due:		\$ 0.00
Payment Method		
Payment Type: Credit Card		
Check/Confirmation Number: 3917796907		

C.B. HELPING HANDS MINISTRIES

Entity Type: Foreign Nonprofit Corporation
Formed in: NEW MEXICO
Term of Duration: Perpetual
Religious Type: Non-Religious
Benefit Type: Mutual Benefit Corporation

Status: Active
Control Number: 001418801
Initial Filing Date: 4/21/2023 11:05:00 AM
Fiscal Ending Month: December
AR Due Date: 04/01/2027

<u>Registered Agent</u>		<u>Principal Office Address</u>	<u>Mailing Address</u>
SHELIA G BENJAMIN INUSAH		132 GRACE CIR	132 GRACE CIR
13296 SMITHWICK LN		CLINTON, TN 37716	CLINTON, TN 37716
OLIVER SPRINGS, TN 37840			
AR Standing: Good	RA Standing: Good	Other Standing: Good	Revenue Standing: N/A
History (6)			