



### **Should I get a COVID-19 vaccine?**

Tennessee Department of Health strongly recommends that everyone who is offered a vaccine gets a vaccine, though we all have the right to choose.

### **Are COVID-19 vaccines safe?**

Yes! We know these vaccines work and that they are safe. They have already been used in millions of people in the United States.

### **Will a COVID-19 vaccine give me COVID-19?**

No. The COVID-19 vaccines do not have the SARS-CoV-2 virus in them and cannot give you COVID-19.

### **Will a COVID-19 vaccine make me better if I am sick?**

No. The COVID-19 vaccine can help prevent us from getting sick with COVID-19 but is not a treatment for the illness.

### **How many times will I need to get a vaccine?**

The mRNA vaccines require two doses given three to four weeks apart, depending on the manufacturer. The Janssen/Johnson & Johnson vaccine requires only one dose. We do not yet know if these vaccines will need to be given yearly (like the flu vaccine) or if we will only need to get one series.

### **If I already had COVID-19 should I get a vaccine?**

People who have had COVID-19 should recover from their illness and be out of isolation before getting vaccinated. The risk of getting COVID-19 again right after the first illness is low but getting the shot will help keep you protected.

**Source:** [CDC Interim Clinical Considerations for Use of COVID-19 Vaccines](#)