

# Adverse Childhood Experiences in Tennessee

## What Adversities Do Children Experience?

Adverse childhood experiences, or ACEs, are potentially traumatic events that occur in childhood (0-17 years). ACEs are linked to chronic health problems, mental illness, and substance use problems in adulthood.



61% of adults surveyed in 25 states reported at least one ACE



Nearly 1 in 6 surveyed reported four or more ACEs

### Types of ACEs:

- **Abuse** (physical, emotional, or sexual)
- **Neglect** (physical or emotional)
- **Household dysfunction** (mental illness, incarcerated relative, substance abuse, family violence or divorce)

### Risk Factors for ACEs:

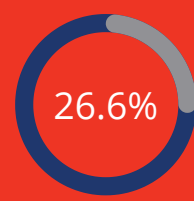
- High unemployment rates
- Low income or education
- Experiencing high levels of stress

### Low Income Families



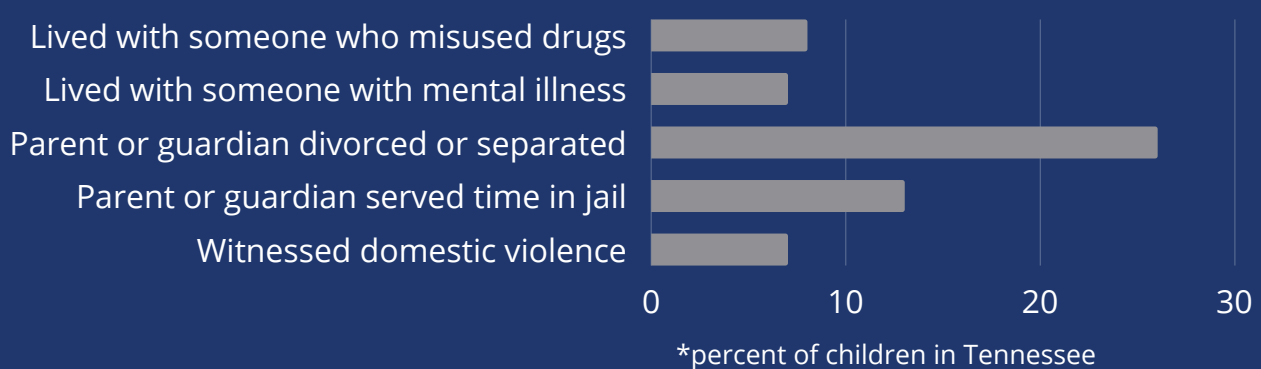
In Tennessee, 13% of people surveyed reported children living in poor working families.

### Neighborhood Elements



26.6% of children live in neighborhoods where litter is on the street or sidewalk and housing is poorly kept.

## ACEs that affect children of Tennessee



For more information on Adverse Childhood Experiences  
 Visit [Adverse Childhood Experiences \(ACEs\) \(cdc.gov\)](https://www.cdc.gov/ace)

Source: [National Survey of Children's Health](#), Health Resources and Services Administration, TDH Maternal and Child Health Bureau



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