Tennessee Department of Health

Traumatic Brain Injury Services

Directory and Resource Information Guide, 2018

TN Department of Health

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FOREWORD

If you are reading these words, chances are your life has been touched by traumatic brain injury. Whether you are a survivor of brain injury, a family member or friend, or a professional serving the TBI community, knowing your options is an important first step. The goal of this booklet, ***State of Tennessee Traumatic Brain Injury Services Directory and Resource Information Guide,*** is to assist you in finding appropriate services and resources.

Brain injury can happen to anyone at any time regardless of age, race, gender or economic status. The cause, severity and resulting symptoms and impairments can be as different as each person that is injured. Traumatic brain injury is also called closed head injury, head trauma, concussion, TBI, mild TBI, disorder of consciousness, blast brain injury and shaken baby syndrome, just to name a few. These terms all mean an injury to the brain has occurred.

Each year in Tennessee, approximately 8,000 people are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family.

Dealing with the reality of brain injury can be difficult, especially when making the many decisions related to a loved one's recovery. This resource guide has been designed to assist in finding the programs, organizations and services that are needed.

Inclusion of a program or service in this directory is not intended as promotion or endorsement. The Tennessee Department of Health's Traumatic Brain Injury (TBI) Program is not responsible for the nature, scope or quality of the programs listed in the directory, nor can the TBI Program verify any of the information contained herein. Thus, the state TBI Program disclaims any liability arising from the use or reliance upon the information included in this directory. The information is being provided solely as a reference resource for the public.

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TENNESSEE DEPARTMENT OF HEALTH, TRAUMATIC BRAIN INJURY PROGRAM

https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html (800) 882-0611

In 1992, families of survivors of traumatic brain injury from across the state petitioned the Tennessee General Assembly to create a brain injury program within state government. As a result, the Traumatic Brain Injury (TBI) Program was legislatively established in 1993 to address the special needs of survivors of brain injuries and their families.

Each year in Tennessee, approximately 8,000 people are injured and admitted to the hospital with traumatic brain injury, a rate of 125 injuries per 100,000 people. TBI survivors can experience impairments that affect their physical, cognitive and behavioral functioning which in turn impacts their ability to return to home, school, and work. Whether the injury is the result of a car crash, a slip and fall, assault or sports activity, there can be an economic and emotional toll on the survivor and the family. The focus of the TBI Program is to improve services available to survivors of TBI and their families.

Program components

In accordance with the legislation, the TBI Program Director works with a nine-member Governor-appointed Advisory Council. Program staffs have established a clearinghouse with a toll-free information line. Each year, the program collaborates with the Brain Injury Association of Tennessee to present a statewide conference attended by families, survivors and professionals. The program is funded through increased fines on six specific traffic violations, with the revenues deposited into a TBI trust fund.

Service Coordination

Eight service coordinators provide case management services to TBI survivors and their families in all 95 counties. The role of the service coordinator is to provide information; make referrals to services and agencies; assist consumers in applying for and accessing services; serve as advocate; and manage support groups. The service coordinator assesses the individual survivor and coordinates available resources within the community.

Federal Grant for Project BRAIN

Since 2000, the Traumatic Brain Injury Program has been the recipient of a grant from the U.S. Health Resources and Services Administration (HRSA). The grant's focus is the provision of education and training for educators, families and health professionals that support students with TBI with the overall goal of improving educational outcomes for children with brain injuries.

Traumatic Brain Injury Registry

Hospitals are mandated to provide information to the department on persons admitted to the hospital with codes for brain injury. Data analysis allows staff to pinpoint where and how injuries are occurring and what ages are affected. Tennessee residents listed on the registry receive a letter and program brochure to inform them of services available through the TBI program.

Grants

The TBI program is authorized to provide grants to county and municipal governments and/or not-for-profit organizations for home and community based programs to serve the needs of persons with TBI and their families.

BRAIN INJURY: Basic Questions Answered

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

1. What is traumatic brain injury?
Traumatic brain injury is an injury to the brain caused by an external physical force. It may produce a diminished or altered state of consciousness, which results in impairment of cognitive abilities and physical functioning. These impairments may be either temporary or permanent and cause partial or total functional disability or psychosocial maladjustment.

2. Who is at risk and what types of brain injuries are there?
Those at highest risk for traumatic brain injuries are children, young adults between the ages of 15-24, and adults 75 years and older. There are two types of traumatic brain injuries: penetrating brain injuries and closed head injuries. Penetrating head injuries occur when a foreign object enters the brain and causes damage to specific areas of the brain. Closed head injuries result from a blow to the head. A majority of survivors of traumatic brain injury experience brain swelling also called edema. Edema is a result of damage to blood vessels in the brain and is the body's response to brain injury.

3. What is a concussion?
A concussion results from a blow to the head which causes the brain to strike the skull. A concussion does not cause structural damage to the brain, but can cause temporary loss of functioning. Headaches, memory loss and sleep disturbance are common symptoms a person may experience after such an injury.

5. What is a contusion?
A contusion is a more serious blow to the brain. Contusions result in bruising of the brain and more noticeable loss of functions. More comprehensive care is required for a contusion. Follow-up treatment and evaluation are required on a regular basis.

5. What is a skull fracture?
A skull fracture results in damage to the skin and bone of the skull as well as to the brain itself. The form of medical treatment varies with the location and severity of the fracture. Close observation and follow-up treatment are always required. Many skull fractures result in mild to severe problems associated with daily functioning such as walking, memory, vision and behavior.

6. What is a hematoma?
The collection of blood in one or several locations of the brain creates a hematoma. A hematoma may occur between the skull and the covering of the brain (epidural) or may occur between the membrane covering the brain and the brain itself (subdural). Hematomas may require surgery (a craniotomy) to be performed.

7. What is a coma?
Coma is defined as a prolonged state of unconsciousness. A person in a coma does not respond to external stimuli. There is no speech, the eyes are closed, and the person cannot obey commands. A coma can last from hours to days, depending on the severity of the brain damage. It is possible for a person to remain in a comatose state for months or even years. A person may eventually open their eyes but remain unresponsive.

8. What happens in the emergency room and intensive care unit?
Most accident victims enter the hospital through the emergency room. The injury is diagnosed and appropriate action is taken. Some patients must go to the hospital's intensive care unit (ICU) for close, 24-hour monitoring. Other injuries sustained at the time of the brain injury may require ICU services not necessarily related to the head trauma.

9. What is medical stabilization?
Many patients with brain injury require time in the hospital for other medical treatment such as recovery from surgery, healing of wounds and setting of fractures. This is known as medical stabilization. This process can take from several days to several months. Patients may be transferred from the ER or ICU to a medical floor for observation, medical treatment and the beginning of rehabilitation services such as physical therapy.

10. What happens after medical stabilization?
After the patient has gone through medical stabilization, there are a variety of directions that treatment can take.

The patient may be transferred to a physical rehabilitation unit within a general hospital, a specialized rehabilitation treatment center or a skilled nursing unit. Physical, occupational, speech/cognitive and neuropsychological services may be provided on an intensive basis in any area of these settings.

Some patients will not require skilled nursing care and may be transferred to a unit for brain injury patients. Some patients will go home with their families and return to the hospital or a specialized outpatient program for therapy and treatment. Patients who require extended skilled nursing care may be transferred to a long-term care facility, while some patients will return home to receive therapy and around-the-clock nursing care.

11. What is rehabilitation?
Rehabilitation is the process that helps an individual reach optimum function by providing a variety of services. Rehabilitation hospitals should use a team concept that includes services of physicians, as well as physical, occupational and speech therapists, neuropsychologists, social workers, therapeutic recreation specialists and nurses. However, the most important members of the treatment team are the patient and the patient's family.

12. What is the best choice?
The appropriate choice for continued treatment is a major decision to be made by the patient, family and physician. It is important to talk to your treatment team and fully understand the patient's needs. You must seek out as much information as possible to educate yourself about available resources.

13. What do families go through?
Shock, anger, hurt, denial and depression are common reactions families experience. A loved one's brain injury can change the families' life as well. Your adult child may require more attention from you. An injured parent may need the assistance of adult children. As the patient goes through the stages of recovery, so does the family. The key is to take it one day at a time.

14. What are signs of stress?
The stress placed on the family is tremendous. Each individual and family will cope with stress differently. The signs of stress may include the following: inability to sleep, poor appetite, lack of interest in personal care or appearance, a strong sense of guilt, reduced self-worth, loneliness, excessive use of drugs or alcohol, forgetfulness or an inability to understand things that are said. When stress builds, seek support from friends, clergy and the medical staff caring for your loved one.

15. What can the family expect?
Every brain injury is different. You cannot compare brain injuries to a broken arm or leg. The effects of each brain injury vary. No one person has all the answers. Begin to read and gather information about brain injury, its' effects and possible treatments. Educating yourself is important in setting realistic expectations.

16. Helpful suggestions for families.

- Establish a balance between pushing the person with the brain injury beyond his/her ability to function and not giving enough encouragement.
- Establish and maintain a daily routine.
- Approach the individual on their good side.
- Use familiar photographs of family members, friends, pets or possessions.
- Speak of familiar names, places, interests or activities.
- Be yourself with your family member.
- Do not overwhelm or overload the person with information.
- Provide the individual with ample time to respond.
- Do not present the person with a task that is too complex.
- Try to reduce confusion in his/her surroundings.
- Talk openly about his/her gains and abilities.
- Communicate with doctors, nurses, therapists and your loved one.

CLUES THAT BRAIN INJURY HAS OCCURRED

(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

If you have had a brain injury, or know someone who has, these are some of the natural reactions the body exhibits behaviorally, emotionally, cognitively, physically and with personality. This information is provided so you can know what to expect when helping to care for a loved one or if you are experiencing these symptoms.

Behavioral Issues

- Wanders off/runs away
- Impulsive (acts without thinking)
- Reduced self-esteem
- Repeated invasion of personal space
- Short fuse – unable to control outbursts
- Difficulty maintaining relationships

Cognitive Issues

- Easily distracted
- Seems to "space out"
- Difficulty understanding
- Difficulty with reality
- Seems confused
- Poor memory
- Decreased safety awareness
- Slow to answer questions
- Difficulty organizing (time, etc.)

Personality Issues

- Denies deficits
- Irritable
- Egotistical
- Doesn't listen
- Asks a lot of questions
- Argumentative
- Manipulative
- Appears unmotivated
- Moody - laughs or cries easily
- Depressed
- Face shows little or no emotion

Physical Issues

- Fatigue and/or weakness
- Spasticity and tremors
- Motor coordination
- Speech difficulties
- Seizures
- Balance
- Mobility
- Sense of taste of smell changes

Social Issues

- Inappropriate social interaction (overly formal or overly friendly)
- Interrupts conversations
- Fabricates stories/lies
- Inappropriate conversation (sex, drugs, alcohol abuse, etc.)
- Poor eye contact
- Goes off on tangents

Verbal Issues

- Poor speech
- Speaks in a monotone
- Vulgarity/swearing
- Talks too loud or too soft
- Has difficulty "finding" words
- Broken speech

SCALES AND MEASUREMENTS OF FUNCTIONING

Several scales and measures are used to rate and record the progress a person makes in rehabilitation following a brain injury. Some of the most common are described below.

Glasgow Coma Scale (GCS)
The Glasgow Coma Scale (GCS) is an assessment tool that helps medical professionals to determine the severity of the brain injury. The Glasgow Coma Scale measures motor response, eye opening and verbal response on a scale between 3 and 15. GCS scores between 3 and 8 indicate a severe brain injury.

Most severe brain injuries occur from open head injuries. Such injuries can cause a wide range of functional short- or long-term changes that affect thinking, sensation, language and emotion.

Moderate brain injuries have a GCS score between 9 and 12. Moderate brain injuries occur when a person experiences changes in brain function for longer than a few minutes following trauma.

Mild brain injuries have a GCS score between 13 and 15. These injuries occur when an individual sustains a blunt trauma or acceleration force to the head. The individual can experience disorientation, dizziness and irritability.

Disability Rating Scale (DRS)
The Disability Rating Scale measures an individual's general functional change over the course of recovery and rates an individual's level of disability from None to Extreme. This scale considers cognitive and physical function, impairment, disability and handicap to present a global depiction of the individual's disability. The DRS can track an individual's progress from "coma to community."

Functional Independent Measure (FIM)
The Functional Independent Measure (FIM) is a scale that rates an individual's independence level with activities of daily living. Areas of activities of daily living include self-care, bowel and bladder management, locomotion, transfers, communication and social cognition. FIM scores range from 1 – complete dependence to 7 – complete independence.

Functional Assessment Measure (FAM)
The Functional Assessment Measure (FAM) is used in conjunction with the Functional Independent measure (FIM). The FAM was developed specifically for people with brain injury and consists of 12 items added to the 18 items of the Functional Independence Measure (FIM).

Rancho Los Amigos Scale
The Rancho Los Amigos Scale is an assessment tool that provides a description of various behavioral stages of an individual with a brain injury.

Rancho Los Amigos Scale
(From Arkansas Trauma Rehabilitation Program *Family Resource Guide* and used with permission)

The Rancho Los Amigos Scale is an assessment tool that provides a description of various behavioral stages of an individual with a brain injury. Medical professionals use the Rancho Scale to monitor a patient's behavior while he or she progresses through rehabilitation. The Rancho Los Amigos Scale is most useful during the first few weeks or months following a brain injury.

Level 1:
No response. Patient does not respond to pain, touch, sound or sight.

Level II:
Generalized Response. Patient begins to respond, regardless of type and location of stimuli.

Level III:
Localized Response. Blinks to strong light, turns toward or away from sound, and responds to physical discomfort, inconsistent response to commands.

Level IV:
Confused/Agitated. Alert, very active, aggressive or bizarre behavior, non-purposeful motor movement, short attention span, inappropriate verbalization.

Level V:
Confused/inappropriate/Non-agitated. Gross attention to environment, distractible, requires continual redirection, agitated by too much stimuli, inappropriate social interactions.

Level VI:
Confused/appropriate. Inconsistent orientation, recent memory attention impaired, follows simple directions, goal-directed with assistance, begins to recall past, emerging awareness of self.

Level VII:
Automatic/Appropriate. Performs daily routine in robot-like manner, skills deteriorate in unfamiliar environment, unrealistic planning. Superficial awareness.

Level VIII:
Purposeful/Appropriate. Stand-by assist. Uses memory device with intermittent assist, over or under estimates abilities, irritable, self-centered, acknowledges other's feelings with minimal assist, low frustration tolerance, carries out familiar tasks with interment assist.

Level IX:
Purposeful/Appropriate. Stand-by assist on request. Completes familiar tasks independently and shifts between tasks independently, self-monitors and anticipates problems with stand-by assist, uses assistive memory devices to recall schedule.

Level X:
Purposeful/ Appropriate. Modified independence. Handles multiple tasks simultaneously, independently initiates and carries out unfamiliar routines, anticipates impact of impairments, independently thinks about consequences of decisions, social interaction is consistently appropriate.

ADVOCACY / LEGAL SERVICES

Brain Injury Association of Tennessee
www.BrainInjuryTN.org

The Brain Injury Association of Tennessee (BIAT) is a non-profit organization composed of survivors, family members and friends, along with professionals from various related disciplines, dedicated to improving the quality of life for survivors of traumatic brain injury and their families and to the prevention of brain injuries.

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 | Family Help Line (800) 444-6443

Council on Developmental Disabilities
http://www.tn.gov/cdd/

The DD Council sponsors the Partners in Policymaking Leadership Institute, a leadership, advocacy and self-advocacy training program for adults with disabilities and family members of persons with disabilities from across the state.

1st floor, Davy Crockett Tower |500 James Robertson Parkway | Nashville, TN 37243
(615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

Disability Rights Tennessee
www.disabilityrightstn.org

Disability Rights Tennessee is a legally based private, nonprofit volunteer organization funded by federal grants. Disability Rights Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have equal opportunity to be productive and respected members of our society.

(800) 342-1660 | TTY: (888) 852-2852

Traumatic Brain Injury Service Coordinators (see also **Service Coordination**)
www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html#service

TBI Service Coordinators are available to advocate for survivors and families for needed programs and services. Call (800) 882-0611 or your local area service coordinator.

Memphis Area:	(901) 545-8487	Upper Cumberland area:	(931) 372-8900
West Tennessee area:	(731) 541-4941	Chattanooga area:	(423) 634-1572
Nashville area:	(615) 248-2541	Knoxville area:	(865) 331-1499
South central area:	(615) 269-7091	East area:	(423) 257-3644

ADVOCACY / LEGAL SERVICES

Tennessee Disability Coalition
www.tndisability.org

The Coalition is an alliance of organizations and individuals who have joined to promote the full and equal participation of men, women and children with disabilities in all aspects of life. Members work together to advocate for public policy that ensures self-determination, independence, empowerment and inclusion for people with disabilities in areas such as accessibility, education, healthcare, housing and voting rights.

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

Tennessee Client Assistance Program (CAP)
www.disabilityrightstn.org/

Tennessee's Client Assistance Program (CAP) helps individuals with disabilities receive the services for which they are eligible under the Rehabilitation Act. CAP provides information on available services and benefits, especially with regard to individuals with disabilities who have traditionally been unserved or underserved, and has the authority to pursue appropriate remedies to ensure the protection of the rights of those individuals. The Client Assistance Program is administered by Disability Rights Tennessee and is independent of Rehabilitation Services.

(800) 342-1660 | TTY (888) 852-2852

ASSISTIVE TECHNOLOGY

Tennessee Technology Access Program
www.tn.gov/humanservices/ds/ttap.html

The Tennessee Technology Access Program (TTAP) is a statewide program designed to increase access to, and acquisition of, assistive technology devices and services.

Citizens Plaza Office Building, 14th Floor | 400 Deaderick St. | Nashville, TN 37243-1403
(615) 313-5183 | (800) 732-5059 | TTY: (615) 313-5695 | Email TN.TTAP@tn.gov

Technology Access Centers

Mid-South Access Center for Technology
University of Memphis
530 Patterson Street
Main office, 119 Patterson Street
Memphis, Tennessee 38152
(901) 678-1489
TTY: (901) 678-1318
act@memphis.edu
http://act.memphis.edu

The STAR Center
1119 Old Humboldt Road
Jackson, TN 38305
(731) 668-3888
infostar@starcenter.tn.org
www.star-center.org

Technology Access Center
475 Metroplex Drive, Suite 301
Nashville, TN 37211
(615) 248-6733
(800) 368-4651
techaccess@tacnashville.org
www.tacnashville.org

Signal Centers Assistive Technology Services
109 N. Germantown Rd.
Chattanooga, TN 37411
(423) 698-8528
cheryl.saucier@signalcenters.org
www.signalcenters.org/

East Tennessee Technology Access Center
116 Childress Street
Knoxville, Tennessee 37920
(865) 219-0130
etstactn@aol.com
www.ettac.org/

CAMP / RECREATION

Easter Seals Tennessee Camp
www.easterseals.com/tennessee/

Easter Seals Tennessee is committed to providing the highest quality recreation camping programs for youth and adults with special needs. At Easter Seals Camp, campers are encouraged to live and explore nature, learn to be independent, work to overcome fears and play to create memories in an inclusive environment.

All camp programs take place at beautiful YMCA Camp Widjiwagan, located at 3088 Smith Springs Road in Nashville. The property is fully accessible for youth and adults of all abilities and is accredited by the American Camp Association. The TBI Program will cover the cost of camp for eligible adults and youth.

750 Old Hickory Blvd #2-260 | Brentwood, TN 37027 | (615) 292-6640

Sports 4 All
www.s4af.org

Sports 4 All promotes full access to sports and recreation for people with intellectual and developmental disabilities through their programs *Equipment Endowment* and *Project HEALTH*. *Equipment Endowment* redistributes equipment and apparel across the nation to enable full participation in sports and recreation for individuals with disabilities. *Project HEALTH* offers free, adaptive fitness and nutrition education classes to people of all ability levels throughout the state of Tennessee. For a full list of community classes locations and times, visit the calendar on the website.

5827 Charlotte Pike | Nashville, TN 37209 | (615) 354-6454

United Cerebral Palsy of Middle Tennessee
ucpmidtn.org/

United Cerebral Palsy's Sports and Recreation Program offers year-round activities for people with disabilities and their families. Activities take place every Thursday evening and during specially designated weekends. Among regular activities offered are bowling, wheelchair basketball, board games and movie nights.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091

CONCUSSION / TBI

Tennessee Sports Concussion Law
www.tn.gov/health/health-program-areas/fhw/vipp/tbi/tennessee-concussion.html

In April 2013, Tennessee became the 44th state to pass a sports concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury.

The legislation, Public Chapter 148, has three key components:

1. To inform and educate coaches, youth athletes and their parents and require them to sign a concussion information form before competing.
2. To require removal of a youth athlete who appears to have suffered a concussion from play or practice at the time of the suspected concussion.
3. To require a youth athlete to be cleared by a licensed health care professional before returning to play or practice.

Both public and private school sports programs and recreational leagues for children under age 18 that require a fee are affected by the law which covers all sports. The Department of Health website contains all the resources that coaches, youth athletes and parents need to fulfill the intent of the law. According to the Centers for Disease Control and Prevention, a concussion is a type of traumatic brain injury that changes the way the brain normally works. Most concussions occur without loss of consciousness. Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. The concussion law is an opportunity to make playing sports safer for Tennessee's young athletes.

At the Department of Health's concussion website, links for the required forms, trainings and guidelines will equip coaches, parents and athletes to recognize and respond to sports-related concussion.

Concussion Resources

Concussion Information and Training
http://www.cdc.gov/Headsup/index.html

CDC Concussion Checklist
https://www.cdc.gov/headsup/pdfs/schools/tbi_schools_checklist_508-a.pdf

CDC "Heads Up" concussion in youth sports
www.cdc.gov/headsup/youthsports/index.html

Project BRAIN
www.tndisability.org/brain

Return to Learn/ Return to Play Concussion Management Guidelines
www.tn.gov/content/dam/tn/health/documents/Return_to_Learn_Guidelines_-_final.pdf

School Wide Concussion Management
http://brain101.orcasinc.com

DISABILITY ORGANIZATIONS

The Brain Injury Association of Tennessee (see also Advocacy)
www.BrainInjuryTN.org

955 Woodland Street | Nashville, TN 37206 | (615) 248-2541 |Family Help Line (877) 757-2428

Council on Developmental Disabilities
http://www.tn.gov/cdd/

The Tennessee Council on Developmental Disabilities is a state office that promotes public policies to increase and support the inclusion of individuals with developmental disabilities in their communities.

1st floor, Davy Crockett Tower |500 James Robertson Parkway | Nashville, TN 37243
(615) 532-6615 | TTY (615) 741-4562 | Fax: (615) 532-6964

Epilepsy Foundation

The Epilepsy Foundation is dedicated to assisting those affected by epilepsy by educating the persons affected and their families. Epilepsy Foundation hosts a variety of programs for various activities, ranging from athletics, art, music and support groups.

Middle & West TN	Southeast Tennessee	East Tennessee
https://epilepsytn.org/	www.epilepsy-setn.org	www.epilepsyfoundationtn.org
(615) 269-7091	(423) 634-1771	(800) 951-4991
(800) 244-0768		(865) 522-4991

Tennessee Disability Coalition (see also **Advocacy**)
www.tndisability.org
955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

United Cerebral Palsy of Middle Tennessee
ucpmidtn.org/

UCPMidTN focuses on services to individuals of all ages and all types of disabilities, especially those that primarily affect mobility. Consumers have a wide variety of physical disabilities– approximately 30 percent of UCP consumers have cerebral palsy and 70 percent have other disabilities including autism, spinal bifida, multiple sclerosis (MS), disability resulting from head and spinal cord injury, amyotrophic lateral sclerosis (ALS), amputations, strokes and heart attacks, and many lesser known physical disabilities.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091

EDUCATION

Project BRAIN
www.tndisability.org/brain

Project BRAIN is a resource and training network for educators, families and health professionals who support students with traumatic brain injury in Tennessee. The mission is to improve the educational outcomes for students.
Project BRAIN objectives include:

- Increasing awareness of children and youth with brain injury who are served by the school system.
- Providing training and technical assistance to schools, families, and health care providers in the early identification of children with TBI.
- Partnering with Tennessee hospitals to promote effective communication between healthcare providers and educators to facilitate successful transitions.

West Region	**Middle Region**	**East Region**
Carrie Carlson	Paula Denslow, Director	Jennifer Rayman
Resource Specialist	Resource Specialist	Resource Specialist
(901) 813-8595	(615) 585-2998	(865) 951-2282
Carrie_c@tndisability.org	Paula_d@tndisability.org	Jennifer_j@tndisability.org

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Tennessee Department of Education, Special Education
http://www.tn.gov/education/

The Department of Education promotes educational services and programs for all Tennessee's students with special education needs. The department is committed to systematic planning along with plan implementation, tracking and accountability as a vehicle for providing the leadership necessary for fulfilling this purpose.

710 James Robertson Parkway | Nashville, TN 37243

STEP: Support and Training for Exceptional Parents
www.tnstep.org/

STEP is a statewide family-to-family program established in 1989 to support families. They provide free information, advocacy training and support services to parents of children eligible to receive special education services under the Individual with Disabilities Act (IDEA).

12 Professional Plaza | Greeneville, TN 37745 | 800- 280-STEP |
Toll Free: (800) 280-STEP |Español: (800) 975-2919 |(423) 639-0125 |FAX: (423) 636-8217
TTY/text: (423) 639-8802 | Email: information@tnstep.org

West Tennessee	East Tennessee	Middle Tennessee	Parent information Message Line
(901) 726-4334	(423) 639-2462	(615) 463-2310	(800) 280-STEP (800) 975-2919 (Spanish)

EMPLOYMENT SERVICES / VOCATIONAL REHABILITATION

JOBS4TN ONLINE
www.jobs4tn.gov/

Tennessee job seekers and employers have a powerful tool in searching for jobs and job candidates. The site allows users to customize their workspaces, to expand database searches and how they are saved, and to share jobs through e-mail and the Career Network.

Tennessee Department of Human Services, Vocational Rehabilitation
www.tn.gov/humanservices/ds/vocational-rehabilitation.html

Vocational Rehabilitation (VR) is a federal and state funded program providing services to help individuals with disabilities enter or return to employment. It is designed to assist individuals of work age with physical and/or mental disabilities compete successfully with others in earning a livelihood.

Tennessee Rehabilitation Center (see also **Facilities**)
www.tn.gov/humanservices/ds/trc-smyrna.html

The Tennessee Rehabilitation Center (TRC) at Smyrna is a state-operated, comprehensive rehabilitation facility. Services are provided on campus and the majority of clients live on campus in residential units while receiving services.
460 Ninth Ave | Smyrna, TN 37167 | (615) 459-6811 | TDD (615) 233-9402

Tennessee Department of Labor and Work Force Development
www.tn.gov/workforce/jobs-and-education/job-search1/find-local-american-job-center.html

The American Job Centers offers services that can meet the employment needs of recent college graduates looking for a job to seasoned employees wanting a career change. The Centers provide free access to resource rooms which include computers and Internet, telephones, and fax machines. Also, job seekers can attend on-site recruiting events, workshops on résumé writing, interviewing skills, and job search activities or pursue more intensive training or certifications for occupations that are in demand. American Job Centers offers the right tools needed to succeed. All ninety-five Tennessee counties are served by an American Job Center with qualified staff and open 8:00 am to 4:30 pm, Monday through Friday.

Benefits to Work Project
http://www.tndisability.org/benefits-work

Benefits to Work is a program of the Tennessee Disability Coalition and Empower TN. The program's purpose is to promote self-sufficiency for individuals with disabilities by alleviating significant obstacles related to work.

For information contact: Alice Owens Gatlin, Program Director | (888) 839-5333

FINANCIAL ASSISTANCE AND BENEFITS

TBI Family Support Program
www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html#support

The Tennessee Traumatic Brain Injury (TBI) Targeted Family Support Program benefits individuals that have sustained severe disability due to traumatic brain injury by assisting those individuals, as well as their families, so that they may remain in their homes and communities. Services can include but are not limited to: respite care, day care services, home modifications, equipment, supplies, personal assistance, transportation, homemaker services, housing costs, health-related needs, nursing and counseling. The primary purpose of the program is to support:

- adults with disability due to traumatic brain injury who choose to live with their families,
- adults with disability due to traumatic brain injury not supported by other residential programs funded by state or federal government,
- families who have school-age or younger children with disability due to traumatic brain injury.

(615) 321-5699 x 211 or (800) 882-0611

SSI/SSDI: Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)
www.ssa.gov

SSI: Supplemental Security Income pays benefits based on financial need. The SSI program makes payments to people with low income who are age 65 or older or are blind or have a disability. A child younger than age 18 can qualify if he or she meets Social Security's definition of disability for children, and if his or her income and resources fall within eligibility limits.

SSDI: Social Security Disability pays benefits to people who cannot work because they have a medical condition expected to last at least one year or result in death. Federal law requires a very strict definition of disability.
www.socialsecurity.gov | (800) 772-1213 | TTY (800) 325-0778

Vista Points, Inc.
www.vistapoints.org/

Vista Points, Inc. is a non-profit organization that acts as a trustee for special needs trusts. It also offers resources on establishing special needs trusts, educational programs and referrals to attorneys to assist families with creating special needs trusts.

Vista Points provides trustee services for three types of Special Needs Trusts: first party or self-settled trusts, third party trusts and pooled trusts. Through community outreach activities and educational programs, Vista Points promotes the advantages of Special Needs Trusts to those who will most benefit from them, including people living with a physical, mental or intellectual disability, their parents and caregivers, and the professionals who serve and guide them.

(888) 422-4076

HOUSING / LIVING CARE ARRANGEMENTS

Accessible Space, Inc.
www.accessiblespace.org/

ASI is a nationwide, nonprofit housing and service provider for adults with physical disabilities and seniors and oversees three affordable and accessible apartment complexes in Nashville and Memphis. Tennessee Community Services Agency provides supportive services to eligible residents of the Memphis facilities. Locations:

Hagy Commons	McCullough Place	Welsh Manor
2737 McCampbell Ave.	1456 Gilham Rd	2900 Coleman Rd
Nashville, TN 37214	Memphis, TN 38134	Memphis, TN 38127

Castalian Springs (see also **Facilities**)
www.NeuroRestorative.com/state-location/castalian-springs

This facility provides transitional and supported living services for adults with brain injuries using a single-family home setting in a rural location.

268 Governor Hall Rd. | Castalian Springs, TN 37031 | (615) 415-7096

Crumley House (see also **Facilities**)
www.Crumleyhouse.com

This facility provides transitional living services for adults with brain injury in a fully accessible building with 14 apartment units, located on 32 acres of land overlooking the mountains.

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

Hosanna Community
www.hosannacommunity.org

The Hosanna Community fosters independence for adults with physical disabilities and traumatic brain injuries. Located on seven wooded acres, facilities include living quarters and separate bedrooms for each resident.

6410 Grubb Rd | Hixson, TN 37343 | (423) 870-6880

21st Century Living Services (see also **Facilities**)
www.21cldrs.com

This program offers supervised living, supported living and long-term residential program.

575 Airport Rd | Gallatin, TN 37066 | (800) 452-9771

INFORMATION AND REFERRAL

Brain Injury Association of Tennessee
www.BrainInjurytn.org

The Brain Injury Association of Tennessee (BIAT) is a non-for-profit organization dedicated to improving the quality of life for survivors of traumatic brain injury and their families and to the prevention of brain injuries.
955 Woodland St. | Nashville, TN 37206 | (615) 248-2541 | Family Help Line (800) 444-6443

Tennessee Disability Pathfinder
www.familypathfinder.org

Tennessee Disability Pathfinder is a free, statewide clearinghouse of disability related resources and services for persons with disabilities, their family members, service providers and advocates. Pathfinder provides:

- Toll-free statewide bilingual help-line: (800) 640-4636
- Free on-line Services Database: http://kc.vanderbilt.edu/pathfinder/
- Disability Resource Library

Tennessee Commission on Aging and Disability
www.tn.gov/aging.html

The Tennessee Commission on Aging and Disability is the designated state agency mandated to provide leadership on behalf of older persons and individuals with a disability in the state.

(615) 741-2056

United Way, 2-1-1
www.211tn.org

United Way 2-1-1 is a source of information about community services in Middle Tennessee, such as health-care, food and financial assistance, counseling and legal services. Multilingual service is available.

Tennessee Association of Human Resource Agencies
http://www.ideliverhope.com/

The Tennessee General Assembly has established the Human Resource Agencies to be the delivery system for human services throughout the state. Nine regional agencies offer services in the following major categories: Elderly and Disabled Services, Community Intervention, Children and Youth Services, Nutrition Services, Housing Services, Transportation, Education and Employment and Home Health Programs.

Delta Covington, TN 38019 (901) 476-5226 www.deltahra.org East Tennessee Knoxville, TN 37923 (865) 691-2551 www.ethra.org First Tennessee Johnson City, TN 37604 (423) 461-8200 www.fthra.org	MidCumberland Nashville, TN 37217 (615) 331-6033 www.mchra.com Northwest Tennessee Martin, TN 38237 (731) 587-4213 www.nwtdd.org/nwthra South Central Fayetteville, TN 37334 (931) 433-7182 www.schra.us	South East Dunlap, TN 37327 (423) 949-2191 or (800) 852-6155 www.sethra.us Southwest Henderson, TN 38340 (800) 372-6013 www.swhra.org Upper Cumberland Cookeville, TN 38501 (931) 528-1127 www.uchra.com

Traumatic Brain Injury Service Coordinators
www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html#service

TBI Service Coordinators are available to assist survivors, families and professionals access needed programs and services. Call (800) 882-0611 or:

Memphis area:	(901) 545-8487	Upper Cumberland area:	(931) 372-8900
West Tennessee area:	(731) 541-4941	Chattanooga area:	(423)634-1572
Nashville area:	(615) 248-2541	Knoxville area:	(865) 331-1499
South central area:	(615) 269-7091	East area:	(423) 257-3644

MEDICAL

MEDICARE
www.medicare.gov/

Medicare is health insurance for people age 65 or older, people under 65 with certain disabilities, and people of any age with End-Stage Renal Disease. It is not based on income. Individuals with a disability under age 65 are eligible for Medicare benefits once they are qualified for Social Security Disability insurance benefits. Medicare is automatically offered to persons drawing Social Security benefits after a period of 24 months. For more information, call 800-MEDICARE [(800) 633-4227]

TENNCARE
www.tn.gov/tenncare.html

TennCare is Tennessee's Medicaid program which is run by the State of Tennessee with oversight by the federal government. Medicaid and Medicare are two different programs. Some people can be on both Medicaid and Medicare. TennCare enrollees are primarily low-income, children, pregnant women, parents of minor children and people who are elderly or have a disability.

"CHOICES" is TennCare's program for long-term care services for elderly (65 years of age and older) or disabled (21 years of age and older). Long-term care services include care in a nursing home or certain services to help a person remain at home or in the community. These are called Home and Community Based Services or HCBS.

(800) 342-3145 or Tennessee Health Connection (855) 259-0701

MENTAL HEALTH / SUBSTANCE ABUSE SERVICES

Centerstone
https://www.centerstone.org/

Centerstone of Tennessee provides a wide range of specialized mental health and substance abuse services to 50,000 people of all ages each year. It operates more than 50 facilities and has more than 160 partnership locations across Middle Tennessee. Among the issues Centerstone addresses are depression, addiction, family conflict, school struggles, stress/anxiety, PTSD/trauma and attention deficit disorder. The organization believes every person matters and is uniquely committed to bridging the gaps between mind and body health through integrated primary and behavioral healthcare.

Toll-free (888) 291-HELP | Crisis Line: (800) 681-7444

Tennessee Department of Mental Health and Substance Abuse Services
www.tn.gov/behavioral-health.html

The Division of Mental Health is responsible for developing, expanding and monitoring a comprehensive continuum of services for citizens of Tennessee who are at risk of developing or have been diagnosed with serious emotional disturbance, or serious and persistent mental illness. The Division of Substance Abuse Services' responsibilities include developing and implementing a statewide system of substance use, abuse and addiction services for the general public, persons at risk for substance abuse, and persons abusing substances.

Crisis line (855) 274-7471 | Help line (800) 560-5767

PERSONAL SUPPORT / HOME AND COMMUNITY BASED SERVICES

Centers for Independent Living

Centers for Independent Living (CILs) are private, nonprofit corporations that provide services to maximize the independence of individuals with disabilities. Centers provide: advocacy, independent living skills training, information and referral, and peer counseling.

Empower TN
955 Woodland Street
Nashville TN 37206
(615) 292-5803 VOICE
(615) 292-7790 TDD
www.empowertn.org
Email info@empowertn.org

Disability Resource Center
900 E. Hill, Suite 205
Knoxville TN 37915
(865) 637-3666 VOICE
(865) 637-6796 TTY
www.drctn.org
Email drc@drctn.org

Jackson Center For Independent Living
1981 Hollywood Dr.
Jackson TN 38305
(731) 668-2211 VOICE
(731) 256-7026 VIDEO PHONE
www.j-cil.com
Email information@jcil.tn.org

Memphis Center For Independent Living
1633 Madison Avenue
Memphis TN 38104
(901) 726-6404 VOICE
www.mcil.org
Email mcil@mcil.org

TARP, Inc. Center for Independent Living
1027 Mineral Wells Ave., Suite 3
Paris, TN 38242
(731) 644-0026 VOICE
www.tarp1.org/
Email moreinfo@tarp1.org

Tri-state Resource & Advocacy Corp. (TRAC)
6925 Shallowford Rd # 300
Chattanooga, TN 37421
(423) 892-4774 VOICE
http://tndeaflibrary.nashville.gov/directory/southeast/tri-state-resource-advocacy-corporation-inc-trac

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Crumley House (see also **Facilities)**
www.Crumleyhouse.com

Crumley house offers personal care services for adults with brain injury in a fully accessible building with 14 apartment units.

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

PERSONAL SUPPORT / HOME AND COMMUNITY BASED SERVICES

TennCare Choices
www.tn.gov/tenncare/long-term-services-supports/choices.html

CHOICES is TennCare's program for long-term care services for elderly (65 years of age and older) or disabled (21 years of age and older). Long-term care services include care in a nursing home or certain services to help a person remain at home or in the community.

TennCare main phone line: (800) 342-3145 | TN Health Connection (855) 259-0701

Tennessee Respite Coalition
https://tnrespite.org/

The Tennessee Respite Coalition provides relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care.

Statewide Respite Helpline (888) 579-3754

Tennessee Community Services Agency
http://www.tncsa.com/

Tennessee Community Services Agency (TNCSA) is a public agency created by the General Assembly of Tennessee with a broad mission of serving Tennesseans in need. The agency provides personal support services for persons with brain injury living in two affordable and accessible facilities in Memphis. They assist with activities of daily living, including but not limited to: bathing, dressing, grooming, shopping, laundry, and cleaning.

2115 West Main Street | Union City, Tennessee 38261 | (731) 884-2640

PUBLIC SERVICES

Adult Protective Services
www.tn.gov/humanservices/article/adult-protective-services

Services and assistance are offered for adults who are mentally or physically unable to protect their own interest; have no willing, able, or responsible individual to act on their behalf; and are abused, neglected (including self-neglect) or exploited. Abuse can be physical, emotional, sexual or financial. This includes adults with disabilities and elderly adults living with relatives or in facilities. Services are available 24/7.

(615) 532-3492 or (888) 277-8366

Automobile Licenses for Disabled
www.tn.gov/revenue/title-and-registration/license-plates/disabled-plates-placards.html

Automobile placards, plates and temporary placards for individuals with disability are available upon request with a physician's certificate. Contact the Automobile Registration Department in the County Clerk's Office for application forms and information.

For a license plate, the individual with disability must have title to the car. There is no extra charge and plates are available in all counties. For a placard, the individual with disability need not be the driver or owner of the car.

Smart911.com
www.smart911.com

Create a safety profile for your household that includes vital personal and medical information you would want response teams to have in the event of an emergency. Enter your zip code to see if your area is served.

TN Yellow Dot Program
www.tn.gov/tdot/traffic-operations-division/transportation-management-office/yellow-dot-program.html

This free program alerts first responders regarding an individual's medical information in the event of an emergency on Tennessee roadways.

(615) 350-4300

RESOURCES FOR BRAIN INJURY

Americans with Disabilities Act
http://www.ada.gov/ada_intro.htm

The Americans with Disabilities Act (ADA) was signed into law July 26, 1990, by President George H.W. Bush. The ADA is one of America's most comprehensive pieces of civil rights legislation that prohibits discrimination and guarantees people with disabilities have the same opportunities as everyone else to participate in the mainstream of American life -- to enjoy employment opportunities, to purchase goods and services, and to participate in state and local government programs and services. Modeled after the Civil Rights Act of 1964, which prohibits discrimination on the basis of race, color, religion, sex or national origin – and Section 504 of the Rehabilitation Act of 1973 - the ADA is an "equal opportunity" law for people with disabilities.

To be protected by the ADA, one must have a disability, which is defined by the ADA.

Brain Injury Association of America
www.biausa.org/

The mission of the Brain Injury Association of America (BIAA) is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all people affected by brain injury. BIAA is dedicated to increasing access to quality health care and raising awareness and understanding of brain injury. BIAA is a strong voice of brain injury awareness.

Center for Disease Control and Prevention
www.cdc.gov/TraumaticBrainInjury/

CDC's research and programs work to prevent brain injuries and help people recognize, respond and recover if a TBI occurs.

United States Brain Injury Alliance
http://usbia.org/

The mission of the United States Brain Injury Alliance is to engage the community in preventing brain injury and improving lives.

SERVICE ANIMALS

Retrieving Independence
www.retrievingindependence.org/

Retrieving Independence is a non-profit organization that breeds, trains and places top quality service dogs with children and adults living with physical and mental disabilities. Their mission is to develop and successfully place highly skilled service dogs to assist with individuals living with a disability, enhancing their quality of life. Dogs are trained to help with conditions such as, but not limited to: psychological issues, mobility disorders, seizures, stroke and combinations of several of these conditions.

1802 Williamson Court, Ste 101 | Brentwood, TN 37027 | (615) 934-0444

Wilderwood
www.wilderwood.org

Wilderwood is a nonprofit organization which trains service dogs for people with neurological diseases. They specialize in diseases ranging from Autism to Alzheimer's. Wilderwood specializes solely in neurological service dogs. They have the medical staff and trainers who are equipped with a comprehensive understanding of brain disorders and are able to train service dogs with exacting skills for such diagnosis. The goal of the service dog is to keep an individual with a disability as independent as possible.

1319 Tuckaleechee Trail | Maryville, TN 37803 | (865) 660-0095

SERVICE COORDINATION

OUR GOAL

The goal of TBI Service Coordination is to improve the quality of life for persons with brain injury and their families. The service coordinator assists with "filling in the gaps."

WHAT IS SERVICE COORDINATION?

The service coordinator's role is to work with survivors of an acquired brain injury and their families to assess their current resources and needs. The service coordinator:

- Develops a comprehensive plan of care
- Provides referrals to available resources
- Coordinates services by engaging in advocacy
- Bridges gaps in the service delivery system

Families are assisted in locating information and services appropriate to their situation and guided in securing these services. Professionals can receive technical assistance, resource information and education to better understand the unique needs of persons with brain injuries. These services are provided free of charge.

WHY IS SERVICE COORDINATION NEEDED?

Whether a brain injury is mild, moderate or severe, the result can be a variety of cognitive, behavioral and emotional complications.

Due to improved medical technology, the number of people who survive traumatic brain injury has increased significantly in recent years. Many families struggle to cope with caring for a loved one with a brain injury. A service coordinator is a valuable resource for identifying and securing needed services that help the survivor and the family make the most of life after injury.

The service coordinator works with the survivor to build natural support systems that provide direction for a productive and independent life.

SCOPE OF SERVICES

All TBI service coordinators deliver the following core services:

- Provide information on brain injury
- Refer clients to qualified services
- Assist clients in applying for and accessing services
- Advocate for individual rights and benefits
- Develop support groups
- Assist or consult in the development of new programs and services

Service Coordinators "fill in the gaps".

Service Coordinator Contact Information

WEST REGION

Memphis – Carolyn Chambers
Regional One Health
Traumatic Brain Injury Services, Room A-659
877 Jefferson Avenue
Memphis, TN 38103
(901) 545-8487
Fax: (901) 515-9006
cchambers@regionalonehealth.org
Fayette, Haywood, Lauderdale, Shelby, Tipton

Jackson – Jimmie Lee Morris
West Tennessee Rehabilitation Center
620 Skyline Drive
Jackson, TN 38301
(731) 541-4941
Fax: (731) 541-4669
Jimmie.Morris@wth.org
Benton, Carroll, Chester, Crockett, Decatur, Dyer, Gibson, Hardeman, Hardin, Henderson, Henry, Houston, Humphreys, Lake, Madison, McNairy, Obion, Perry, Stewart, Weakley

MIDDLE REGION

Nashville – Angela Pearson
Brain Injury Association of Tennessee
955 Woodland Street
Nashville, TN 37206
(615) 383-9442 x8802
Fax: (615) 383-1176
apearson@braininjurytn.org
Cheatham, Davidson, Dickson, Montgomery, Robertson, Sumner, Trousdale, Williamson, Wilson

Shelbyville –
Epilepsy Foundation
(615) 269-7091
director@epilepsytn.org
Bedford, Coffee, Franklin, Giles, Hickman, Lawrence, Lewis, Lincoln, Marshall, Maury, Moore, Rutherford, Wayne

CENTRAL REGION

Upper Cumberland – Rick Hall
Epilepsy Foundation
118 South Dixie, Suite 8
Cookeville, TN 38501
(931) 372-8900 / (877) 894-8900
Fax: (931) 372-8900
Harlanhall@yahoo.com
Cannon, Clay, Cumberland, Dekalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Roane, Smith, Van Buren, Warren, White

Chattanooga – Lisa Morgan
Chattanooga Area Brain Injury Association
One Siskin Plaza
Chattanooga, TN 37403
(423) 634-1572
Fax: (423) 634-4542
Chattanoogabraininjury@gmail.com
Bledsoe, Bradley, Grundy, Hamilton, Marion, McMinn, Meigs, Polk, Rhea, Sequatchie

EAST REGION

Knoxville – Patty Cruze
Patricia Neal Rehab at Fort Sanders
1901 Clinch Ave. 5th Floor East
Knoxville, TN 37916
(865) 331-1499
Fax: (865) 541-1273
PCruze@CovHlth.com
Anderson, Blount, Campbell, Cocke, Grainger, Hamblen, Jefferson, Knox, Loudon, Monroe, Morgan, Sevier, Scott, Union

Johnson City – Fredda Roberts
Crumley House
300 Urbana Rd
Limestone, TN 37681
(423) 257-3644 ext. 6
Fax: (423) 257-6594
Fredda@crumleyhouse.com
Carter, Claiborne, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington

SUPPORT GROUPS

Traumatic Brain Injury Service Coordinator Support Groups
www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html
Select *Service Coordination*

TBI Service Coordinators provide local brain injury support groups for survivors, families, and related professionals. Call (800) 882-0611 or:

Memphis area:	(901) 545-8487	Upper Cumberland area:	(931) 372-8900
West Tennessee area:	(731) 541-4941	Chattanooga area:	(423) 634-1572
Nashville area:	(615) 383-9442 x8802	Knoxville area:	(865) 331-1499
South central area:	(615) 269-7091	Upper East area:	(423) 257-3644 ext. 6

Trauma Survivor Network
www.traumasurvivorsnetwork.org

The Trauma Survivors Network (TSN) is a community of patients and families looking to connect with one another and rebuild their lives after a serious injury. The webpage includes links to the following Trauma Survivor Networks in Tennessee:

Erlanger Health System, Chattanooga
Holston Valley Medical Center, Kingsport
University of Tennessee Medical Center, Knoxville
Vanderbilt University Medical Center, Nashville

FACILITIES AND SERVICES

A GUIDE FOR SELECTING A FACILITY

1. Before you visit a facility, prepare a list of questions. Don't be concerned about requesting answers or asking for information, it simply shows you want the best for a friend or loved one. Write down the answers during interviews, this will give you a record of what was said and allow you to compare information from different programs or facilities.

2. There are many brain injury rehabilitation facilities and many have their own specialties. If your loved one has physical problems such as difficulty walking or balance issues, look for a facility with a strong physical therapy program. If your loved one is experiencing behavioral problems, a facility with a neurobehavioral program may suit your needs.

3. Try to obtain the names of at least three facilities to visit and compare for your family member.

4. Determine if the program team is experienced specifically in brain injury. A well-established rehabilitation program will have staff with many years of experience and expertise in brain injury. Specialized staff may also use more innovative treatment techniques and be more sensitive to the needs of patients and their families. Look for a team approach to planning and treatment.

5. Ask if the facility is accredited by a nationally recognized accrediting body such as the Commission on Accreditation of Rehabilitation Facilities (CARF). The Joint Commission is an independent organization that sets the highest quality control standards for healthcare. Rehabilitation programs are not required to obtain accreditation. Those who request to be reviewed for accreditation demonstrate a strong commitment to quality.

6. Find out how much therapy is offered and how often. Facilities vary widely in their service provision.

7. Location should be just one of the many factors families consider when selecting a rehabilitation program. If a nearby program is not familiar with traumatic brain injury, it may be advantageous to travel further to ensure an appropriate program.

8. Ask for referrals to families of individuals who have participated in the program within the past year. Ask the families what they looked for in the program, what they were told prior to admission, their opinion of the program and what they would do differently.

9. Tour the facilities. Look for a clean environment with caring staff and adequate space for therapy. Determine that staff and survivors know where and when a person is supposed to be at all times. Look for a system that lets new or temporary staff become familiar with the survivor's program and needs.

10. Your final decision should be determined by your own opinions. This will continue to be the most important criteria in the long-term care of your loved one.

ACCREDITATIONS

National Accreditation Commissions, such as those mentioned below, are paid by facilities to visit their location and conduct an outside evaluation of services. The evaluation is conducted by experts in the appropriate specialty areas who apply very strict standards of care to the evaluation process. If a facility meets the standards, the agency will accredit the facility for a period of one to three years and facilities may then notify the public they have met these very strict standards. Accreditations used in this guide are:

TJC:	The Joint Commission
CARF:	Commission on Accreditation of Rehabilitation Facilities
	CARF in General Rehabilitation
	CARF in Comprehensive Inpatient Rehabilitation
CARF-BI	CARF in Brain Injury
CORF	Comprehensive Outpatient Rehabilitation Facility

Associated Therapeutics, Inc.
2704 Mineral Springs Avenue
Knoxville, TN 37917
www.associatedtherapeutics.com

For information, contact: Thomas J. Kelly, PT, President
Phone: (865) 687-4537

Program Description:
Associated Therapeutics, Inc. is an outpatient physical therapy clinic. Services include physical therapy for orthopedic as well as neuro rehabilitation, work conditioning, functional capacity evaluation and vestibular rehabilitation.

Admissions criteria:
Physician's prescription as well as Direct Access

Ages accepted: 13 and above

Number of people with brain injuries served per year: 25

Accreditations:
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
Veteran's benefits
Vocational Rehabilitation
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Outpatient rehabilitation-adult
Outpatient neurological rehabilitation

Services Available:
Physical therapy
Vestibular/Balance program

Baptist Memorial Rehabilitation Hospital Germantown
2100 Exeter Road
Germantown, TN 38138
www.baptistonline.org/locations/rehabilitation-germantown

For information, contact: Referrals **Phone:** (901) 275-3300

Program Description:
Baptist Rehabilitation Germantown has the only day treatment facility in the tristate area. It also provides comprehensive inpatient and outpatient rehabilitation for all types of acquired brain injury.

Admissions criteria:
Call for admission criteria: (901) 275-3300 **Ages accepted**: 13 and above

Number of people with brain injuries served per year: 60

Accreditations:
TJC
CARF
CARF-BI
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Day treatment
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Post rehabilitation program
Traumatic brain injury program
Amputee clinic

Services Available:
Academic transitioning
Adult education
Amputee clinic
Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Counseling
Diagnostic services
Education
Independent living skills
Inpatient rehab
Neurology
Nursing
Occupational therapy
Organized socialization
Physical therapy
Recreation therapy
Rehab nursing (post-acute chronic)
Religious support
Respiratory therapy
Speech language pathology
Support group
Swallowing recovery program
Transportation
Vestibular/Balance program
Wound management center

Children's Hospital at Erlanger
910 Blackford Street
Chattanooga, TN 37403
www.erlanger.org

For information, contact: Marisa Moyers, RN, Trauma Coordinator
Phone: (423) 778-7262

Program Description:
The region's only children's hospital, Children's Hospital at Erlanger is a Comprehensive Regional Pediatric Center with 33 pediatric emergency department beds, 14 pediatric intensive care beds, 64 neonatal intensive care beds and 50 inpatient pediatric beds

Admissions criteria: Any patient presenting with conditions deemed necessary for admission by a physician with admitting privileges

Ages accepted: Birth - 21

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private Insurance
Medicare
Medicaid/TennCare
Self-pay
Worker's Comp
SSI
CHAMPUS
State/county Mental Health funds

Rehabilitation Programs:
Acute inpatient rehabilitation-pediatric
Day treatment
Outpatient rehabilitation-pediatric
Traumatic brain injury program

Services Available:
Audiology
Assistance with insurance issues
Behavior modification
Brain injury service coordination
Case management
Care coordination
Diagnostic services
Education
Financial planning
Neurology
Nursing
Occupational therapy
Physical therapy
Religious support
Respiratory therapy
Social services
Speech language pathology
Support group
Vocational evaluation and assessment
Wound management center

Crumley House Brain Injury Rehabilitation Center
300 Urbana Road
Limestone, TN 37681
www.crumleyhouse.com

For information, contact: Guynn Edwards, Executive Director
Phone: (423) 257-3644

Program Description:
Crumley House specializes in rehabilitation of brain injury survivors. The program includes activities to promote maximum independence.

Admissions criteria: brain injury survivor

Ages accepted: 18 and above

Number of people with brain injuries served per year: 50

Reimbursement Accepted:
State/county Vocational Rehabilitation funds
Developmentally Disabled funds
Self-pay
TennCare Choices Program
Worker's Comp
SSI

Rehabilitation Programs:
Behavior management
Community re-entry
Day treatment
Recreation program
Vocational program
Traumatic Brain Injury Program

Services Available:
Academic transitioning
Assistive technology
Behavior modification
Case manager/Care Coordinator
Community re-entry
Community outings
Cognitive retraining
Housing
Independent living skills
Job coaching
Organized socialization
Prevocational training
Recreation therapy
Respite care
Religious supports
Social services
Support group
Supported employment placement
Transportation
Vocational evaluation
Work adjustment training

East Tennessee Children's Hospital Rehabilitation Center
1025 Children's Way
Knoxville, TN 37922
www.etch.com

For information, contact: Admissions
Phone: (865) 690-8961

Program Description:
The East Tennessee Children's Hospital Rehabilitation Center provides local children access to comprehensive pediatric physical medicine, sleep studies and physiatry outside of the hospital walls.

Admissions criteria: Physician referral

Ages accepted: Birth - 22

Number of people with brain injuries served per year: 20

Accreditations:
TJC

Reimbursement Accepted:
Private insurance
Medicaid/TennCare
Self-pay
Veteran's benefits
Developmentally Disabled funds
CHAMPUS

Rehabilitation Programs:
Outpatient rehabilitation-pediatric

Services Available:
Aquatic therapy
Assistance with insurance issues
Occupational therapy
Physical therapy
Social services
Speech language pathology

First Steps, Inc.
1900 Graybar Lane
Nashville, TN 37215
www.firststepsnashville.org

For information, contact: Suzanne Satterfield, Therapy Program Coordinator
Phone: (615) 690-3091 **Email**: ssatterfield@firststepsnashville.org

Program Description:
First Steps is a nonprofit organization working with children birth to 12 years of age. Services include a childcare center that provides inclusive services to children with special needs. First Steps also has an outreach program that serves children birth to three years in the community setting. First Steps has a 50-year history of providing individualized education, child development, and therapy to children in the Nashville community, including those who have been turned away from other programs due to the severity of their health issues, medical needs or limited resources.

Admissions criteria:
Childcare center: Birth to five years children with special needs and typically developing children
Outreach services: Birth to three years
Therapy services: Birth to 12 years

Ages accepted: Birth - 12

Number of people with brain injuries served per year: 5

Accreditations:
Medicare

Reimbursement Accepted:
Private insurance
Medicaid/TennCare
Self-pay

Rehabilitation Programs:
Outpatient rehabilitation-pediatric

Services Available:
Aquatic therapy
Aural habilitation
Diagnostic services
Feeding therapy
Occupational therapy
Physical therapy
Speech language pathology

HealthSouth Chattanooga Rehabilitation Hospital
2412 McCallie Avenue
Chattanooga, TN 37404
www.healthsouthchattanooga.com

For information, contact: Stephanie Ott, RN, CRRN, Director of Marketing Operations
Phone: (423) 698-0221, ext. 142

Program Description:
HealthSouth Chattanooga Rehabilitation Hospital is a 50 bed acute, inpatient rehabilitation hospital that offers a diverse range of inpatient services, including brain injury. Advanced technology assists patients in reaching their maximum functional and cognitive potential.

Admissions criteria: Have a need for therapy and a qualifying diagnosis

Ages accepted: 13 and above

Number of people with brain injuries served per year: 95

Accreditations:
JCAHO
Medicare
TJC

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Worker's Comp

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Acute inpatient rehabilitation-pediatric
Adult stroke rehabilitation
Community re-entry
Traumatic brain injury program

Services Available:
Academic transitioning
Assistance with insurance issues
Assistive technology
Behavior modification
Case management
Care coordination
Cognitive retraining
Community re-entry
Diagnostic services
Education
Independent living skills
Inpatient rehab
Nursing
Occupational therapy
Physical therapy
Rehab nursing (post-acute chronic)
Respiratory therapy
Social services
Speech language pathology
Support group
Swallowing recovery program
Vestibular/Balance program
Vision therapy

HealthSouth Rehabilitation Hospital of Memphis
1282 Union Ave
Memphis, TN 38104
www.healthsouthmemphis.com

For information, contact: Director of Marketing Operations
Phone: (901) 722-2000

Program Description:
HealthSouth Rehabilitation Hospital is a Joint Commission Accredited Disease-Specific provider for Brain Injury Rehabilitation. The program offers comprehensive inpatient and outpatient rehabilitation to those affected by traumatic and non-traumatic brain injury.

Admissions criteria: Inpatients must be able to participate in an acute rehabilitation hospital program.

Ages accepted: 13 and above **Number of people with brain injuries served per year:** 130

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private insurance
Medicare
CHAMPUS
Medicaid/TennCare
Worker's Comp
Self-pay

Rehabilitation Programs:
Acute inpatient rehabilitation adult
Adult stroke rehabilitation
Community re-entry
Traumatic brain injury program
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Post rehabilitation program

Services Available:
Academic transitioning
Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Counseling
Independent living skills
Inpatient rehab
Neurology
Nursing
Occupational therapy
Physical therapy
Rehab nursing (post-acute chronic)
Religious support
Respiratory therapy
Social services
Speech language pathology
Swallowing recovery program

Diagnostic services
Education
Wheelchair seating clinic

FACILITIES / SERVICES IN STATE

Hosanna Community
6410 Grubb Rd
Hixson, TN 37343
www.hosannacommunity.org

For information, contact: Susan DiStefano or Katie Walters
Phone: (423) 870-6880

Program Description: Hosanna is a community which fosters independence for adults with physical disabilities and traumatic brain injuries**.**

Admissions criteria: Must be able to use the bathroom without assistance, self-feed, do laundry, be medicine compliant

Ages accepted: 21 and above
Approximately half of the residents have brain injury

Reimbursement Accepted:
Private insurance
Self-pay
SSI

Services Available:

Assistance with insurance issues
Brain injury service coordination
Case management
Community re-entry
Community outings
Counseling
Housing
Independent living skills
Job coaching (on contract)
Occupational therapy (on contract)
Organized socialization
Physical therapy (on contract)
Religious support
Social services
Transportation

Liberty Speech Pathology Center, LLC
505 West Highway 25 70
Dandridge, TN 37725
www.libertyslp.com

For information, contact: Lana Kirk**,** SLP
Phone: (865) 397-2892

Program Description: Liberty Speech Pathology Center provides outpatient therapy for speech, language, voice, feeding and swallowing and cognitive-linguistic disorders for populations of all ages. Services are offered on-site and via tele-therapy modules utilizing sophisticated and encrypted video internet resources.
.
Admissions criteria: Varies depending on assessment results

Ages served: Birth and up

Number of people with brain injuries served per year: 20+

Accreditations:
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
SSI
Vocational Rehabilitation
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Adult stroke rehabilitation
Community re-entry
Outpatient rehabilitation-adult
Outpatient rehabilitation pediatric
Outpatient neurological rehabilitation
Traumatic brain injury program

Services Available:
Cognitive retraining
Community re-entry
Speech language pathology
Swallowing recovery program

NeuroRestorative Tennessee
268 Governor Hall Road
Castalian Springs, TN 37031
www.neurorestorative.com

For information, contact: Program Director
Phone: (615) 415-7096

Program Description: NeuroRestorative provides supported and transitional living services for adults.

Admissions criteria: Adult with brain injury

Accreditations:
CARF

Reimbursement Accepted:
Private insurance
Self-pay
Veteran's benefits
Worker's Comp
Developmentally Disabled funds
Vocational rehabilitation

Rehabilitation Programs:
Community re-entry
Post rehabilitation program
Traumatic brain injury program

Services Available:
Brain injury service coordination
Case management
Community re-entry
Community outings
GED training
Housing
Independent living skills
Job coaching
Nursing
Organized socialization
Prevocational training
Residential program
Transportation

Niswonger Children's Hospital
400 N. State of Franklin Rd
Johnson City, TN 37604
https://www.niswongerchildrens.org/

For information, contact: Outpatient therapy services
Phone: (423) 232-1109

Program Description:
The Niswonger Pediatric Therapy Services department is comprised of physical, occupational and speech language pathologists. The therapists work with children to improve the quality of everyday life to promote a quicker recovery times. The team develops individualized therapy programs which optimize development and address rehabilitation needs for children with developmental delays, special needs or critical illnesses. The team approach and child-friendly environment help children reach age-appropriate and condition-appropriate goals. They want each child to reach his or her maximum potential.

Ages accepted: Birth – 18

Accreditations:
JCAHO

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay

Rehabilitation Programs:
Outpatient rehabilitation-pediatric

Services Available:
Neurology
Occupational therapy
Physical therapy
Speech language pathology

Patricia Neal Rehabilitation Center at Fort Sanders Regional Medical Center of Covenant Health System
1901 Clinch Avenue
Knoxville, TN 37916
www.patneal.org

For information, contact: Admissions **Phone:** (865) 331-1446

Program Description:
Patricia Neal offers comprehensive acute physical medicine and rehabilitation services in a 73 bed inpatient hospital program with on-site outpatient services using a physiatry-based medical model.

Admissions criteria: Physician referral required **Ages accepted:** Inpatient: Ages Six – Adult
Outpatient: Ages 12 - Adult

Number of people with brain injuries served per year: 120+

Accreditations:
TJC
CARF
CARF-Brain Injury Specialty
CARF-Stroke Specialty
TJC Advance Center for Comprehensive Stroke

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Vocational Rehabilitation
Worker's Comp

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Acute inpatient rehabilitation-pediatric
Adult stroke rehabilitation
Brain injury specialty program-adult
Brain injury specialty program-pediatric
Community transition
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Outpatient orthopedic rehabilitation

Services Available:
ACBIS Staff
Academic transitioning
Assistance with insurance issues
Assistive technology
Augmentative communication
Behavior medicine
Bowel bladder management
Brain injury community service coordination
Case management
Cognitive retraining
Community re-entry
Counseling
Driving Evaluation/Education
Education Resources
Financial planning - healthcare
Home accessibility assessment
Home management skills
Inpatient rehab services
Neuropsychological evaluation
Nursing - CRRN
Occupational therapy
Oncology rehabilitation
Orthopedic & amputation rehab
Outpatient rehab
Pet Therapy
Physiatrists
Recreational therapy
Rehab nursing
Respiratory therapy
School liaison
Snoezelen multi-sensory environment
Speech language pathology
Spiritual Support services
Support group
Swallowing recovery program
Vestibular/Balance program
Vision therapy

Diagnostic services
Physical therapy
Wheelchair seating clinic
Wound management center

FACILITIES / SERVICES IN STATE

Pi Beta Phi Rehabilitation Institute
At the Vanderbilt Bill Wilkerson Center
1215 21st Ave. South, Suite 9211
Nashville, TN 37232-8590
www.vanderbilthealth.com/billwilkerson/28733

For information, phone: (615) 936-5040

Program Description: PBPRI serves as the outpatient neurological rehabilitation institute for adolescents and adults at Vanderbilt University Medical Center. Common neurological diagnoses treated include traumatic brain injury, stroke, Parkinson's disease, multiple sclerosis, brain tumors and balance disorders. An individualized, structured program is designed for each patient with a goal of maximizing independence in physical, cognitive and emotional functioning.

Ages accepted: Three and up

Number of people with brain injuries served per year: 150

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
CHAMPUS

Rehabilitation Programs:
Outpatient neurological rehabilitation
Pediatric outpatient rehab
Traumatic brain injury program

Services Available:

Academic transitioning
Assistance with insurance issues
Assistive technology
Case management
Care coordination
Cognitive retraining
Community re-entry
Counseling
Education
Independent living skills
Occupational therapy
Physical therapy
School liaison
Social services
Speech language pathology
Vestibular/Balance program

Driving evaluation/Education

Vision therapy
Wheelchair seating clinic

FACILITIES / SERVICES IN STATE

Quiet Oaks Adult Care Home
3872 Brayton Mountain Rd
Graysville, TN 37338
www.quietoak.com

For information, contact: Richard Morrison or Laura Morrison, RN, Administrators
Phone: (423) 775-7658

Program Description:
Quiet Oaks is licensed by the Tennessee Department of Health Care Facilities as a Level 2 Critical Adult Care home and is Medicaid certified. The facility provides long-term housing and 24-hour nursing care for ventilator dependent persons. Services include skilled nursing and respiratory care, care coordination with case workers, primary care, specialists, family assistance with ADLs and integration into the community.

Admissions criteria: Nursing home level of care and ventilator dependent

Ages accepted: 13 and above

Number of people with brain injuries served per year: Five rooms

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Developmentally Disabled funds
SSI
CHAMPUS

Services Available:
Case management
Care coordination
Housing
Nursing
Respiratory therapy
Transportation
Ventilator support

Quillen Rehabilitation Hospital
2511 Wesley Street
Johnson City, TN 37601
http://quillenrehabilitationhospital.com

For information, contact: Miranda Stout, DMO or Jeff Robinette, DTO/DCM
Phone: (423) 693-4350 or (423) 952-1723

Program Description:
Quillen Rehabilitation Hospital is a fully accredited inpatient rehabilitation hospital and offers services to patients with issues such as stroke, amputations, arthritis, brain injury, hip fractures, joint replacement, multiple trauma, neurological disorders, other orthopedic injury/conditions and spinal cord injuries.

Admission criteria: The patient should require multiple therapy disciplines; participate in three hours of therapy per day and reasonably be expected to benefit significantly; require the supervision of a rehab physician and an interdisciplinary team approach.

Ages accepted: 13 and above

Number of people with brain injuries served per year: 90

Accreditations:
JCAHO
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self pay
Veteran's benefits
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Adult stroke rehabilitation
Community re-entry
Traumatic brain injury program

Services Available:
Assistance with insurance issues
Assistive technology
Case management
Care coordination
Community re-entry
Counseling
Diagnostic services
Education
Independent living skills
Inpatient rehab
Neuropsychological evaluation
Nursing
Occupational therapy
Physical therapy
Rehab nursing (post-acute chronic)
Religious support
Respiratory therapy
Social services
Speech language pathology
Support group
Swallowing recovery program
Transportation

Vestibular/Balance program

Regional One Health Rehabilitation Hospital
890 Madison Avenue
Memphis, TN 38103
http://www.regionalonehealth.org/rehabilitation-hospital/

For information, contact: Rehabilitation Services
Phone: (901) 545-7100

Program Description: This facility is an acute care rehabilitation hospital.

Admissions criteria: Have a rehab diagnosis. Be medically stable. Have a discharge plan. Tolerate at least three hours of therapy daily

Ages accepted: 18 and above

Accreditations:
TJC CARF

Reimbursement Accepted:
Private insurance
Medicare
TennCare
Self-pay
Worker's Comp
Mississippi and Missouri Medicaid

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Outpatient rehabilitation-adult

Services Available:
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Independent living skills
Inpatient rehab
Nursing
Organized socialization
Physical therapy
Recreation therapy
Rehab nursing (post-acute chronic)
Religious support
Respiratory therapy
Social services
Speech language pathology
Support group
Swallowing recovery program
Transitional suite, ADL training
Wheelchair basketball

Occupational therapy
Wound management center

FACILITIES / SERVICES IN STATE

Regional One Health
877 Jefferson Avenue
Memphis, TN 38103
http://www.regionalonehealth.org/

For information, phone: (901) 545-7100

Program Description:
Regional One Health provides the mid-south highly specialized acute care services and outpatient rehabilitation services.

Ages accepted: Birth and up

Number of people with brain injuries served per year: 464+

Accreditations:
TJC

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
CHAMPUS
Tricare

Rehabilitation Programs:
Adult stroke rehabilitation
Traumatic brain injury program
Adult orthopedic rehabilitation
Adult neuromuscular rehabilitation

Services Available:
Audiology
Assistance with insurance issues
Brain injury service coordination
Case management
Care coordination
Nursing
Occupational therapy
Pastoral care
Physical therapy
Respiratory therapy
Social services
Speech language pathology
Support group

Sabin Behavioral Health

695 President Place Ste 202
Smyrna, TN 37167

404 North Castle Heights Ave. Ste F
Lebanon, TN 37087

www.sabintn.com

For information, contact: Erin Kenny, Operations Coordinator
Phone: (615) 269-4990

Program Description:
Sabin Behavioral Health offers counseling services, neuropsychological evaluations for ages 16 years and up, and psychological evaluations for ages four and up. Services are provided for difficulties such as memory loss, recent change in functioning or ability, difficulty with focus or concentration, learning disabilities, autism spectrum disorders, ADHD, PTSD, intellectual impairment, depression, anxiety, substance use difficulties and health related distress. Sabin Health aims to be an integrative component to the broader health care community to bridge the gap between medical care and mental health care. Sabin Behavioral Health recognizes that mental health is a multi-faceted concern and they strive to be as through and compassionate as possible.

Ages accepted: 4 and above

Number of people with brain injuries served per year: 50+

Accreditations:
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's comp
Developmentally disabled funds
Vocational rehabilitation
SSI
CHAMPUS
State/county mental health funds

Services Available:
Assistance with insurance issues
Cognitive retraining
Counseling
Diagnostic services
Neuropsychological evaluation
Substance abuse prevention

Scarab Behavioral Health Services, LLC

3203 Brick Church Pike
Nashville, TN 37207

900 S. Gay St. Ste 1902
Riverview Tower
Knoxville, TN 37902

www.scarabhealth.com

For information, contact: Lorraine Jefferson, President, COO
Phone: (615) 262-7822

Program Description: Scarab Behavioral Health provides behavioral health services in middle and east Tennessee. Scarab is licensed as an Outpatient Mental Health Facility. Scarab's Applied Behavior Analysis Program specializes in providing in-home supports to children and youth with a Developmental Disability diagnosis (e.g. Autism Spectrum Disorder, Intellectual Disability, Traumatic Brain Injury, etc.) and coexisting mental health issues that result in the child's use of challenging behaviors. These services are provided in a safe environment for the child and family such as home, school, aftercare program and church, to prevent psychiatric admissions.

Admissions criteria: Diagnosis of autism, TBI or other development delay; display of disruptive, aggressive and mal-adaptive behaviors; family involvement.

Ages accepted: Birth - 22

Number of people with brain injury served each year: 10

Reimbursement Accepted:
Private insurance
Medicaid/TennCare
Self-pay
Developmentally disabled funds
State/county mental health funds

Services Available:

Behavior modification

Saint Thomas Outpatient Rehabilitation

Midtown Medical Plaza	Cool Springs	Murfreesboro
2021 Church St. Ste 502	101 International Dr. Ste 102	203 B Memorial Blvd
Nashville, TN 37203	Franklin, TN 37067	Murfreesboro, TN 37129

www.sthealth.com/rehab

For information, contact: Marketing
Phone: (615) 284-7555

Program Description:
These locations are specific to the treatment of traumatic brain injuries. Patients can utilize physical, occupational and speech therapy all in one location with professionals who only treat neurological conditions. These sessions are in a one-on-one environment for an hour, if the patient can handle the duration.

Admissions criteria: Doctor's prescription. Must provide own transportation

Ages accepted: Birth and above

Accreditations:
TJC

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp

Rehabilitation Programs:
Adult stroke rehabilitation
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Traumatic brain injury program

Services Available:
Aquatic therapy
Cognitive retraining
Community outings
Driving evaluation/Education
Independent living skills
Occupational therapy
Physical therapy
Religious support
Speech language pathology
Support group
Swallowing recovery program
Vestibular/Balance program
Vision therapy

Select Specialty Hospital – Nashville
2000 Hayes Street
Nashville, TN 37203
https://nashville.selectspecialtyhospitals.com/

For information, contact: Lori Andrews, Director, Business Development
Phone: (615) 284-4599

Program Description:
Select Specialty Hospital provides highly specialized care to promote recovery from the most critical and complex medical and surgical conditions including, but not limited to, cardiac/heart failure, infectious disease, medically complex treatment, neuro/post trauma, pulmonary/ventilator weaning, venal and wound care.

Ages accepted: 21 and above

Number of people with brain injuries served per year: 146

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult

Services Available:
Case management
Care coordination
Coma stimulation
Inpatient rehab
Job coaching
Nursing
Occupational therapy
Physical therapy
Respiratory therapy
Social services
Speech language pathology
Ventilator support
Wound management center

Select Specialty Hospital – Memphis
5959 Park Avenue, 12th floor
Memphis, TN 38119
https://memphis.selectspecialtyhospitals.com/

For information, contact: Kerri L. Adkins, DBD **Email:** KLAdkins@selectmedical.com
Phone: (901) 765-1282

Program Description:
Select Specialty Hospital provides comprehensive specialized care for high-acuity patients who need more time to recover due to the nature of their illness. Select Specialty Hospitals form a national network of more than 100 long-term acute care sites across the United States. The typical patient has survived critical care, is suffering from multiple injuries or significant medical complications. Many have continued weakness and significant, unique medical needs which warrant more intensive and focused medical care combined with aggressive therapy.

Ages accepted: 23 and above

Number of people with brain injuries served per year: 264

Accreditations:
JCAHO
Medicare
State of Tennessee licensed

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Veteran's benefits
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Adult stroke rehabilitation
Traumatic brain injury program
Pulmonary weaning program
Ventilator weaning program

Services Available:
Case management
Cognitive retraining
Coma stimulation
Diagnostic services
Education
Independent living skills
Neurology
Nursing
Renal, Cardiac failure
Medical complexities
Occupational therapy
Physical therapy
Religious support
Respiratory therapy
Speech language pathology
Swallowing recovery program
Ventilator support
Wound management center
Infectious diseases, Post trauma,

Siskin Hospital for Physical Rehabilitation
Chattanooga (Inpatient and Outpatient)
Cleveland, East Brainerd, Signal Mountain (Outpatient locations)
www.siskinrehab.org

For information, contact: Tod Cain, VP, Administration
Phone: (423) 634-1200 Admissions: (423) 634-1277

Program Description:
Siskin Hospital is a not-for-profit, free standing rehabilitation hospital that offers a full continuum of traumatic brain injury rehabilitation and follow-up services designed to best serve survivors' needs.

Admissions criteria: Requirements vary by program

Ages accepted: 13 and above

Accreditations:
TJC
CARF
CARF-BI
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Worker's Comp
Vocational Rehabilitation
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Outpatient rehabilitation-adult
Outpatient rehabilitation -pediatric
Outpatient neurological rehabilitation
Psychosocial adjustment program
Traumatic brain injury program
Vocational program

Services Available:
Audiology
Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Counseling
Driving evaluation/Education
Home and structural modifications
Independent living skills
Inpatient rehab
Job coaching
Neuropsychological evaluation
Nursing
Occupational therapy
Organized socialization
Peer counseling
Physical therapy
Prevocational training
Rehab nursing (post-acute chronic)
Respiratory therapy
Social services
Speech language pathology
Support group
Swallowing recovery program
Vestibular/Balance program
Vision therapy
Vocational training
Vocational evaluation and assessment
Wheelchair seating clinic
Work adjustment training

Diagnostic services Religious support

FACILITIES / SERVICES IN STATE

Spire Cane Creek Rehabilitation Hospital
180 Mount Pelia Road
Martin, TN 38237
www.healthsouthcanecreek.com

For information, contact: Lori Manley, Director of Therapy Operations
Phone: (731) 261-1221

Program Description:
Spire is an acute inpatient rehabilitation hospital with services that include: PT, OT, ST, Respiratory, Case Management, Physiatry, Medical Management, Psychology Services and Certified Rehabilitation Nursing

Admissions criteria: Acute inpatient rehabilitation

Ages accepted: 14 and above

Number of people with brain injuries served per year: 30

Accreditations:
JCAHO
Medicare
Other: JCAHO Disease

Reimbursement Accepted:

Private insurance	Worker's Comp
Medicare	Vocational Rehabilitation
Self-pay	CHAMPUS
Veteran's benefits	

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Traumatic brain injury program

Services Available:

Assistance with insurance issues	Occupational therapy
Assistive technology	Physical therapy
Case management	Rehab nursing (post-acute chronic)
Cognitive retraining	Respiratory therapy
Community re-entry	Social services
Home and structural modifications	Speech language pathology
Independent living skills	Vestibular/Balance program

Nursing
Vision therapy

FACILITIES / SERVICES IN STATE

Spire Rehabilitation Hospital
616 West Forest Ave.
Jackson, TN 38301
www.spirerehabhospital.com

For information, contact: Melissa Montgomery, RN, Admissions Coordinator
Phone: (731) 574-3000

Program Description: Spire Rehabilitation Hospital is a licensed, 48-bed, TJC accredited, free-standing inpatient rehabilitation hospital located adjacent to Jackson-Madison County General Hospital.

Admissions criteria: Patient must meet the inpatient rehab criteria:

- Require two of the three therapies (physical, occupational, and speech)
- Require the services of a rehab physician at a minimum of three times a week
- Require 24 hour nursing care
- Tolerate 3 hours of intensive therapy program

Ages accepted: 13 and above

Number of people with brain injuries served per year: 48

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
SSI
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Day treatment
Traumatic brain injury program

Services Available:
Adult education
Audiology
Assistance with insurance issues
Assistive technology
Behavior modification
Driving evaluation/Education
Education
Financial planning
Home and structural assessments
Independent living skills
Physical therapy
Recreation therapy
Rehab nursing (post-acute chronic)
Religious support

Case management
Care coordination
Cognitive retraining
Community re-entry
Counseling
Diagnostic services
Inpatient rehab
Neurology
Neuropsychological evaluation
Nursing
Occupational therapy
Organized socialization
Respiratory therapy
Social services
Speech language pathology
Transportation
Vestibular/Balance program

FACILITIES / SERVICES IN STATE

Tennessee Rehabilitation Center TBI Program
460 Ninth Ave
Smyrna, TN 37167
www.tn.gov/humanservices/ds/trc-smyrna.html

For information, contact: Supervisor, TBI Program
Phone: (615) 223-2710

Program Description:
The Traumatic Brain Injury Program is designed to assist adults who have an acquired brain injury. Services are provided to help individuals reach their highest level of functioning to work and live as independently as possible.

Admissions criteria: Must be approved for Vocational Rehabilitation

Ages accepted: 18 and above

Number of people with brain injuries served per year: 75-100

Accreditations:
CARF (for Tennessee Rehabilitation Center)

Reimbursement Accepted:
Vocational Rehabilitation

Rehabilitation Programs:
Adult stroke rehabilitation
Community re-entry
Day treatment
Outpatient rehabilitation-adult
Outpatient neurological rehabilitation
Post rehabilitation program
Traumatic brain injury program
Vocational program

Services Available:
Assistive technology
Behavior modification
Case management
Cognitive retraining
Community re-entry
Community outings
Counseling
Diagnostic services
Driving evaluation/Education
Organized socialization
Physical therapy
Prevocational training
Recreation therapy
Residential program
Speech language pathology
Summer camp
Support group
Vision therapy

Independent living skills
Nursing
Occupational therapy
Vocational training
Vocational evaluation and assessment
Work adjustment training

FACILITIES / SERVICES IN STATE

Tennova Rehabilitation Care
Physicians Regional Medical Center
900 E. Oak Hill Ave
Knoxville, TN 37917
www.tennova.com

For information, contact: Kathy Alley, Admissions coordinator **Phone:** (865) 545-7830

Program Description:
Tennova Rehabilitation Care Center is a 30-bed, inpatient rehabilitation center located within a 410-bed acute care hospital. Tennova offers an intensive therapy program three hours per day, five days per week and 24-hour physical medicine and rehabilitation physician supervision. Tennova is committed to helping people enhance their quality of life and achieve optimal independence.

Admissions criteria:
Criteria for admission requires a physician referral and includes: completed preadmission screening; established diagnosis, medical stability; ability to tolerate a minimum of three hours of therapy per day; a need for at least two therapy disciplines; willingness to participate; insurance approval, no active diagnosis of psychosis or drug/alcohol dependence. Tennova does not serve persons who require ventilator support, pediatrics or persons with TBI that are too early in their recovery to actively participate in therapy.

Ages served: 18 and over (under 18 on case by case basis)

Accreditations:
JCAHO
CARF

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
Worker's Comp
Medicaid/TennCare

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry

Services Available:
Assistance with insurance
Assistive technology
Brain Injury service coordination
Diagnostic services
Education
Inpatient rehab
Neurology
Recreation therapy
Rehab nursing
Religious support
Respiratory therapy

Case management
Cognitive retraining
Community re-entry
Nursing
Occupational therapy
Peer counseling
Physical therapy
Speech language pathology
Support group
Swallowing recovery program
Vestibular/Balance program

FACILITIES / SERVICES IN STATE

TriStar Skyline Medical Center

TriStar Skyline Medical Center
3441 Dickerson Pike
Nashville, TN 37207

TriStar Skyline Madison Campus
500 Hospital Drive
Madison, TN 37115

www.skylinemedicalcenter.com

For information, contact: Rehab Director
Phone: (615) 769-7870

Program Description:
TriStar Skyline Medical Center is an acute inpatient rehabilitation unit with 41 private rooms and interdisciplinary treatment areas and is the only CARF certified acute rehabilitation program in middle Tennessee.

Ages accepted: 21 and above

Accreditations:
TJC
CARF
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
Veteran' Benefits
Worker's Comp

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Outpatient rehabilitation-adult

Services Available:
Assistance with insurance issues
Assistive technology
Behavior modification
Case management
Care coordination
Neurology
Neuropsychological evaluation
Nursing
Occupational therapy
Physical therapy

Cognitive retraining
Counseling
Diagnostic services
Education
Home and structural modifications
Independent living skills
Inpatient rehab
Rehab nursing (post-acute chronic)
Speech language pathology
Substance abuse prevention
Support group
Swallowing recovery program
Vestibular/Balance program

FACILITIES / SERVICES IN STATE

21st Century Living / Day/ Rehab Services
575 Airport Rd
Gallatin, TN 37066
www.21cldrs.com

For information, contact: Tim Hawkins
Phone: (615) 452-9766

Program Description:
21st Century Living Services is committed to providing programs for persons with acquired brain injury and spinal cord injuries. 21st Century offers rehabilitation services, group homes, activities, supervision, adult day service, medical and long-term care. The group homes are licensed by the state as traumatic brain injury homes.

Admissions criteria: Each admission is assessed on an individual basis

Ages accepted: 18 and above

Number of people with brain injuries served per year: 15+

Accreditations:
CORF

Reimbursement Accepted:
Private insurance
Medicaid/TennCare
Self-pay
Worker's Comp
SSI

Rehabilitation Programs:
Community re-entry
Day treatment
Mental health residential treatment facility
Outpatient rehabilitation-adult
Post rehabilitation program
Traumatic brain injury program

Services Available:
Art and Music therapy
Assistance with insurance issues
Housing
Independent living skills

Behavior modification
Case management
Care coordination
Community re-entry
Community outings
Counseling
Financial planning
Occupational therapy
Organized socialization
Physical therapy
Religious support
Residential program
Speech language pathology
Transportation

FACILITIES / SERVICES IN STATE

University of Tennessee Medical Center Knoxville
1924 Alcoa Highway
Knoxville, TN 37920
www.utmedicalcenter.org

For information, contact: Niki Rasnake, Trauma Program Manager
Phone: (865) 305-9741

Program Description:
UTMCK Emergency and Trauma Services is the only Level 1 Trauma Center in the area for adults and children and serves as the tertiary referral center for medical care in East Tennessee, serving Knox County and 21 surrounding counties.

Admissions criteria: Trauma patients with blunt or penetrating injuries

Ages accepted: Birth and up

Number of people with brain injuries served per year: over 1,500

Accreditations:
TJC
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
SSI
CHAMPUS

Rehabilitation Programs:
Adult stroke rehabilitation
Outpatient rehabilitation-adult
Outpatient neurological rehabilitation

Services Available:
Audiology
Balance center
Speech language pathology
Support group

Neurology
Occupational therapy
Physical therapy
Respiratory therapy
Swallowing recovery program
Vestibular/Balance program
Wound management center

FACILITIES / SERVICES IN STATE

Vanderbilt Stallworth Rehabilitation Hospital
2201 Children's Way
Nashville, TN 37212
www.vanderbiltstallworthrehab.com

For information, contact: Sara Blass, PT **or** Beverly Stevens, OT
Phone: (615) 320-7600

Program Description:
Vanderbilt Stallworth Rehabilitation Hospital provides a multidisciplinary approach to improve overall mobility, function, cognition and independence after a TBI. They provide education and training to patients and caregivers in preparation for return to community.

Ages accepted: 13 and above

Number of people with brain injuries served per year: 120+

Accreditations:
JCAHO
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
CHAMPUS
Self-pay
Veteran's benefits
Worker's Comp
State/county Mental Health funds

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Traumatic brain injury program

Services Available:
Academic transitioning
Assistive technology
Brain Injury service coordination
Case management
Care coordination
Inpatient rehab
Music/Pet therapy
Neurology
Neuropsychological evaluation
Nursing
Religious support
Respiratory therapy
Social services
Speech language pathology
Support group
Swallowing recovery program

Cognitive retraining
Community re-entry
Community outings
Counseling
Education
Independent living skills
Occupational therapy
Organized socialization
Peer counseling
Physical therapy
Prevocational training
Rehab nursing
Transportation
Vestibular/Balance program
Vision Therapy
Wound care

FACILITIES / SERVICES IN STATE

Vanderbilt University Medical Center
Nashville, Tennessee
www.mc.vanderbilt.edu/rehab

For information, contact: Kelly Floyd **Phone:** (615) 343-7491

Program Description:
Rehabilitation Services at Vanderbilt are provided in multiple inpatient and outpatient settings including the Vanderbilt University Medical Center, Vanderbilt Children's Hospital, Vanderbilt Orthopaedic Institute, Vanderbilt Dayani Center, Vanderbilt Bill Wilkerson Center's Pi Beta Phi Rehab program, and Vanderbilt-Stallworth Rehabilitation Hospital. Professionals represented in the rehabilitation programs include Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Certified Athletic Trainers, Speech-Language Pathologists, Audiologists and Neuropsychologists.

Ages accepted: Birth and up

Accreditations:
JCAHO
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
CHAMPUS

Rehabilitation Programs:
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Acute care rehab services – adult and pediatric

Services Available:
Audiology
Aquatic therapy
Assistive technology
Neurology
Neuropsychological evaluation
Occupational therapy

Behavior modification
Brain injury service coordination
Case management
Cognitive retraining
Diagnostic services
Driving evaluation/Education
Independent living skills
Physical therapy
Respiratory therapy
Social services
Speech language pathology
Swallowing recovery program
Vestibular/Balance program
Vision therapy
Wheelchair seating clinic

FACILITIES / SERVICES OUT OF STATE

Cardinal Hill Rehabilitation Hospital
2050 Versailles Road
Lexington, KY 40504
www.cardinalhillhealthsouth.com

For information, contact: Rehabilitation Programs **Phone:** (859) 254-5701 or (800) 233-3260

Program Description: Cardinal Hill Rehabilitation Hospital is a 232-bed rehabilitation hospital that provides a high level of comprehensive rehabilitation services**,** designed to return patients to leading active, independent lives.

Ages accepted: Birth and up

Number of people with brain injuries served per year: 280-300

Accreditations:
CARF
CARF-BI
CORF
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Developmentally Disabled funds
Vocational Rehabilitation
SSI
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Acute inpatient rehabilitation-pediatric
Adult stroke rehabilitation
Community re-entry
Day treatment
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Post rehabilitation program
Psychosocial adjustment program
Traumatic brain injury program

Services Available:
Academic transitioning
Aquatic therapy
Counseling
Diagnostic services
Religious support
Respiratory therapy

Assistance with insurance issues
Assistive technology
Behavior modification
Brain Injury service coordination
Case management
Care coordination
Cognitive retraining
Coma stimulation
Community re-entry
Community outings
Driving Evaluation/Education
Education
Independent living skills
Inpatient rehab
Neuropsychological evaluation
Nursing
Occupational therapy
Peer counseling
Physical therapy
Recreation therapy
Rehab nursing (post-acute chronic)
School liaison
Social services
Speech language pathology
Support group
Swallowing recovery program
Vestibular/Balance program
Vision therapy
Vocational evaluation and assessment
Wheelchair basketball
Wheelchair seating clinic

FACILITIES / SERVICES OUT OF STATE

CarePartners Rehabilitation Hospital
68 Sweeten Creek Rd
Asheville, NC 28803
www.carepartners.org

For information, contact: Admissions Coordinator **Phone:** (828) 274-6151

Program Description: CarePartners is a comprehensive inpatient rehabilitation program that provides individualized treatment, including physical, occupational and speech therapies, psychology, rehabilitation nursing and case management. Medical care is provided by MDs specialized in rehabilitation medicine.

Admissions criteria: Medically stable, discharge plan, able to participate in therapy

Ages accepted: 13 and above

Number of people with brain injuries served per year: 140

Accreditations:
CARF
CARF-BI
Medicare
DNV

Reimbursement Accepted:
Private insurance
Medicare
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
SSI
CHAMPUS

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Outpatient rehabilitation-adult
Outpatient neurological rehabilitation
Traumatic brain injury program

Services Available:

Aquatic therapy
Assistance with insurance issues
Case management
Care coordination
Coma stimulation
Counseling
Driving Evaluation/Education
Home and structural modifications
Inpatient rehab
Neuropsychological evaluation
Nursing
Occupational therapy
Physical therapy
Rehab nursing (post-acute chronic)
Religious support
Respiratory therapy
School liaison
Speech language pathology
Support group
Vestibular/Balance program
Wheelchair seating clinic

FACILITIES / SERVICES OUT OF STATE

Children's Healthcare of Atlanta
Atlanta, Georgia
www.choa.org/rehab

For information, contact: Shelly Rich **Phone:** (404) 545-5350

Program Description: The Children's Healthcare of Atlanta Inpatient Rehabilitation Program offers therapy to pediatric patients ages birth to 21 after a traumatic and life-changing injury or illness. The team can evaluate patients on-site to assess the medical appropriateness for the CARF-accredited program.

Admissions criteria: Able to tolerate a minimum of three hours of therapy per day and have an appropriate discharge plan

Ages accepted: Birth - 21 **Number of people with brain injuries served per year:** 221

Accreditations:
JCAHO
CARF
CARF-BI
CARF Pediatric specialty care

Reimbursement Accepted:
Private insurance
Medicaid/TennCare
Self-pay
Worker's Comp
SSI
Georgia Medicaid

Rehabilitation Programs:
Acute inpatient rehabilitation-pediatric
Community re-entry
Day treatment
Outpatient rehabilitation-pediatric
Traumatic brain injury program

Services Available:
Academic transitioning
Audiology
Community outings
Diagnostic services
Peer counseling
Pet Therapy

Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Coma stimulation
Community re-entry
Driving evaluation/Education
Education
Home modification
Housing
Independent living skills
Inpatient rehab
Neurology
Neuropsychological evaluation
Nursing
Occupational therapy
Organized socialization
Physical therapy
Recreation therapy
Religious support
Respiratory therapy
School liaison
Social services
Speech language pathology
Support group
Ventilator support
Vestibular/Balance program
Wheelchair seating clinic

FACILITIES / SERVICES OUT OF STATE

Methodist Rehabilitation Center
1350 East Woodrow Wilson
Jackson, MS 39216
www.methodistonline.org

For information, contact: Admissions Department **Phone:** (601) 364-3477 or (800) 223-6672

Program Description: Through proven expertise, patient-focused research and comprehensive inpatient and outpatient services, Methodist Rehabilitation restores ability to those left disabled by brain and spinal cord injuries, stroke, amputations and other conditions.

Ages accepted: 13 and above

Number of people with brain injuries served per year: 100

Accreditations:
JCAHO
CARF
CARF-BI
Medicare

Reimbursement Accepted:
Private insurance
Medicare
Medicaid/TennCare
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
SSI
CHAMPUS
Financial aid for MS residents

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Acute inpatient rehabilitation-pediatric
Adult stroke rehabilitation
Community re-entry
Day treatment
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric
Outpatient neurological rehabilitation
Post rehabilitation program
Traumatic brain injury program

Services Available:

Academic transitioning
Adult education
Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Diagnostic services
Driving evaluation/Education
Education
Independent living skills
Inpatient rehab
Job coaching
Neuropsychological evaluation
Nursing
Occupational therapy
Organized socialization
Physical therapy
Recreation therapy
Religious support
Respiratory therapy
School liaison
Social services
Speech language pathology
Support group
Ventilator support
Vestibular/Balance program
Vision therapy
Wheelchair basketball
Wheelchair seating clinic
Work adjustment training

FACILITIES / SERVICES OUT OF STATE

NeuroRestorative
Carbondale, IL / Chicago, IL / Paducah, KY
www.NeuroRestorative.com

For information, contact: Chris Williamson, Vice President, Central Region
Phone: (618) 529-3060

Program Description: NeuroRestorative's programs offer a continuum of community-based programming for adults, children and adolescents with brain injuries and other neurological challenges. Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), each location provides an array of services based on the needs and goals of the program participant.

Admissions criteria: Diagnosis of an acquired brain injury, neurologic disorder or neuropsychiatric condition. Potential to benefit from services. Medically stable in accordance with NR Medicaid policies.

Ages accepted: Birth and up

Number of people with brain injuries served per year: 150+

Accreditations: CARF-BI

Reimbursement Accepted:

Private insurance
Medicaid/TennCare
Self-pay
Veteran' Benefits
Worker's Comp
Vocational Rehabilitation

Rehabilitation Programs:

Adult stroke rehabilitation
Community re-entry
Outpatient rehabilitation-adult
Outpatient rehabilitation-pediatric

Day treatment
Traumatic brain injury program
Outpatient neurological rehabilitation
Post rehabilitation program

Services Available:

Academic transitioning
Aquatic therapy
Assistance with insurance issues
Assistive technology
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Counseling
Driving evaluation/Education
GED training
Independent living skills
Job coaching
Neuropsychological evaluation
Occupational therapy
Physical therapy
Prevocational training
Recreation therapy
Residential program
Social services
Speech language pathology
Substance abuse prevention
Support group
Transportation
Vision therapy
Vocational training
Vocational evaluation and assessment

Pathways Brain Injury Program at Louisville East
Louisville, Kentucky
www.providencelouisville.com/pathways-brain-injury-program

For information, contact: Pam Pearson, Program Director **Phone:** (502) 459-8900
Email: pam.pearson@providencelouisville.com

Program Description:
Pathways is a 28-bed skilled nursing specialty brain injury and stroke unit, accredited by the Commission for Accreditation of Rehabilitation Facilities. This is a secure unit providing three hours of therapy five days a week under the direction of a physiatrist.

Ages accepted: 18 and above

Number of people with brain injuries served per year: 50

Accreditations:
CARF-BI
Medicare
Specialty contract with TN/KY Medicaid
Commercial insurance contracts

Reimbursement Accepted: (check)
Private insurance
Medicare
Self-pay
Kentucky Medicaid

Rehabilitation Programs:
Adult stroke rehabilitation
Traumatic brain injury program

Services Available:
Assistance with insurance issues
Behavior modification
Cognitive retraining
Community re-entry
Inpatient rehab
Neuropsychological evaluation
Nursing
Occupational therapy
Physical therapy
Recreation therapy
Rehab nursing (post-acute chronic)
Social services
Speech language pathology
Swallowing recovery program

Restore Neurobehavioral Center
Roswell, GA (rehab and supported living)
Lilburn, GA (supported living)
Ragland, AL (supported living)
www.restorehealthgroup.com

For information, contact: Kristi Miller, Director of Referral Relations **Phone:** (866) 807-6059

Program Description:
Restore Neurobehavioral Center is a post-acute healthcare organization serving adults with acquired brain injury who are challenged by behavioral issues. The continuum of care ranges from intensive inpatient neuro-rehabilitation, transitional community re-entry, day and outpatient programs as a step-down from the residential rehabilitation programs, to long-term supported living services.

Admissions criteria: Diagnosis of traumatic or acquired brain injury. Must demonstrate maladaptive behaviors as a result of the injury and have a discharge plan. Admission to supported living requires evaluation and treatment through the post-acute residential rehabilitation program.

Ages accepted: 18 – 65

Number of people with brain injuries served per year: 40

Accreditations:
CARF
State of Georgia

Reimbursement Accepted:
Private insurance
Self-pay
Worker's comp
Veteran's benefits

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Day treatment
Outpatient rehab – adult
Psychosocial adjustment program
Traumatic brain injury program

Services Available:
Assistive technology
Assistance with insurance issues
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Counseling
Housing
Neuropsych evaluation
Nursing
Occupational therapy
Organized socialization
Physical therapy
Prevocational training
Recreation therapy
Religious support
Residential program
Social services
Speech language pathology
Support group
Swallowing recovery program
Transportation
Vocational training
Vocational evaluation and

Community outings Rehab nursing assessment

FACILITIES / SERVICES OUT OF STATE

Safehaven Traumatic Brain Injury Facility
9558 N Highway 27
Rock Springs, GA 30739
www.safehavenjsf.org

For information, contact: Vickie Hodge, CEO

Phone: (706) 438-8662

Program Description:
Safehaven is a 12 bed long-term care facility for individuals with severe brain injury. Safehaven provides an individualized plan of care for each resident that includes 24-hour care. Staff is maintained at a two-to-one caregiver ratio.

Admissions criteria: Individuals must be 18 years of age with a traumatic brain injury diagnosis and be non-ambulatory for admission to the Safehaven Program.

Ages accepted: 18 and above

Number of people with brain injury served per year: 12

Reimbursement Accepted:
Self-pay
Worker's Comp

Rehabilitation Programs:
Traumatic brain injury program

Services Available:
Assistance with insurance issues
Behavior modification
Brain injury service
coordination
Case management
Care coordination
Nursing
Residential program
Support group

Shepherd Center
Atlanta, GA
www.shepherd.org

For information, contact: Admissions **Phone:** (404) 350-7345 or (800) 743-7437

Program Description:
Shepherd Center has a full continuum of services to treat people who have experienced traumatic and non-traumatic brain injury, including stroke. Programs treat specific conditions for disorders of consciousness and specific age groups such as adolescents. Shepherd has an ICU that specializes in complex brain injury that addresses secondary complications. The Share Military program serves service members with TBI/PTSD.

Admissions criteria: Have a dx of TBI, non-traumatic brain injury or stroke. Age 12 or over to age 65. Have a discharge plan.

Number of people with brain injuries served per year: Inpatient: 350: Day/OP/Residential: 400

Accreditations: TJC, CARF, CARF BI

Reimbursement Accepted:
Private insurance
Medicare/ Medicaid
Self-pay
Veteran's benefits
Worker's Comp
Vocational Rehabilitation
CHAMPUS/ TRI CARE

Rehabilitation Programs:
Acute inpatient rehab - adult
Adult stroke rehabilitation
Beyond Therapy
Community re-entry
Day treatment
Outpatient rehabilitation-adult
Outpatient rehab-pediatric (12+)
Outpatient neurological rehabilitation
Post rehabilitation program
Traumatic brain injury program
Vocational program

Services Available:
Academic transitioning
Adult education
Audiology
Aquatic therapy
Assistive technology
Assistance with insurance issues
Behavior modification
Brain injury service coordination
Case management
Care coordination
Cognitive retraining
Community re-entry
Community outings
Counseling
Diagnostic services
Disorders of consciousness
Driving evaluation/Education
Financial planning
GED training
Housing
Independent living skills
Inpatient rehab
Job coaching
Neurology
Neuropsych evaluation
Nursing
Occupational therapy
Organized socialization
Peer counseling
Physical therapy
Prevocational training
Recreation therapy
Religious support
Residential program
Respiratory therapy
School liaison
Social services
Speech language pathology
Summer camp
Support group
Swallowing recovery program
Transportation
Ventilator support
Vestibular/Balance program
Vision therapy
Vocational training
Vocational evaluation and assessment
Wheelchair basketball
Wheelchair seating clinic
Wound management center

FACILITIES / SERVICES OUT OF STATE

Southern Kentucky Rehabilitation Hospital
1300 Campbell Lane
Bowling Green, KY 42104
www.skyrehab.com

For information, contact: Par Payne, DBD
Phone: (270) 782-6900

Program Description:
Southern Kentucky Rehabilitation Hospital is south central Kentucky's only inpatient rehabilitation hospital that provides comprehensive inpatient and outpatient rehabilitation for strokes, brain injuries, spinal cord injuries and other physical rehabilitation needs.

Admissions criteria: Patient needs physical rehabilitation along with nursing and physician care

Ages accepted: 13 and above

Accreditations:
TJC
CARF
Medicare
CARF Stroke accreditation

Reimbursement Accepted:
Private insurance
Medicare/ Medicaid
Self-pay
Veteran's benefits
Worker's Comp
Developmentally Disabled funds
Vocational Rehabilitation
SSI
CHAMPUS
State/county mental health funds

Rehabilitation Programs:
Acute inpatient rehabilitation-adult
Adult stroke rehabilitation
Community re-entry
Outpatient rehabilitation-adult
Outpatient neurological rehabilitation
Post rehabilitation program
Traumatic brain injury program

Services Available:
Aquatic therapy
Assistive technology
Brain injury service coordination
Case management
Cognitive retraining
Community re-entry
Diagnostic services
Nursing
Occupational therapy
Physical therapy
Rehab nursing (post-acute chronic)
Respiratory therapy
Speech language pathology
Support group

Education
Independent living skills
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Wound management center

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