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Chronic Conditions

Goal 4.1. Improve care coordination among adults living with multiple chronic conditions.



Examine ways to improve privacy-compliant communication between providers including through expansion of health information exchanges.



Increase programs that support access to services in rural Tennessee including medical transportation programs and telehealth appointments with specialists.



Expand cross-professional training among health providers (e.g., primary care physicians, specialists, dentists, pharmacists) to incorporate chronic care management in additional settings.



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Chronic Conditions

Goal 4.2. Support programs and policies that reduce the risk of cardiovascular disease while promoting care for individuals living with cardiovascular disease.



<p>Increase awareness on methods to improve overall cardiovascular health through the implementation of behavior modification strategies (e.g., medication adherence, tobacco and alcohol cessation, healthy diet, increased physical activity).</p>	✓	✓	✓	✓	✓
<p>Increase access to and promotion of self-management education and lifestyle change programs that support living well with cardiovascular disease.</p>	✓	✓	✓	✓	✓
<p>Increase education on how management of existing cardiovascular disease can reduce risk of other diseases and conditions including dementia.</p>	✓	✓			



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Chronic Conditions

Goal 4.3. Support programs and policies that reduce the risk of Type II Diabetes while promoting care for individuals living with Type II Diabetes.



					
Increase awareness on methods to reduce risk of diabetes, including through increasing accessibility to lifestyle change programs (e.g., Diabetes Prevention Program).					
Increase access to and promotion of self-management education and behavioral modification strategies that support living well with Type II Diabetes.					
Increase education on diabetes medication management, medical literacy, prescription discount programs, and other affordability resources, to increase medication adherence and chronic disease management.					



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