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Maternal & Infant Health

Goal 2.1. Improve maternal and infant health by increasing health care access and care coordination for women of reproductive age.



<p>Explore legal and technological barriers and seek to expand access to contraception and family planning services, women’s health navigators, and primary and pediatric care, particularly in rural areas experiencing provider shortages.</p>					
<p>Increase screenings and access to treatment for cardiovascular and coronary disease, mental health conditions, substance use disorder, smoking, and obesity among pregnant and postpartum women.</p>					
<p>Increase access to women’s health navigators and remote monitoring programs to support pregnant and postpartum women with chronic disease and medication management, reproductive life planning, and breastfeeding and lactation support services.</p>					



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Maternal & Infant Health

Goal 2.2. Reduce pregnancy-related mortality while supporting programs and policies that address maternal health disparities.



Increase awareness of maternal warning signs through public and partner education.					
Improve hospital delivery care by increasing participation in evidence-based patient safety bundles.					
Increase access to and availability of case manager services and mental health providers for outpatient and inpatient treatment of substance use and mental disorders, including through telehealth expansion.					
Educate providers on best practices for integrating doulas into the medical care team before, during and after pregnancy, including education on financial assistance options for patients in need.					



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Maternal & Infant Health

Goal 2.3. Reduce infant mortality while supporting programs and policies that address infant health disparities.



<p>Increase parental and guardian education on safety measures, including safe sleep practices and utilization of car seats through programs such as home visiting.</p>					
<p>Support the regional perinatal system to ensure high-risk pregnant women and newborns receive risk-appropriate care.</p>					
<p>Support birth defect prevention, detection, intervention, and treatment through continued support of the Tennessee Birth Defects Surveillance System (TNBDSS).</p>					

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