

# 1



# Nutrition Security

**Goal 1.1.** Reduce childhood food insecurity while supporting programs and policies that increase access to nutritious food.



<p>Support programs that offer nutrition supports, including education on food preparation, and align with the 2020-2025 Dietary Guidelines for Americans.</p>					
<p>Explore opportunities to leverage funding to further support nutrition programs and engage with partners to remove barriers to participation (e.g., Summer Food Service Program (SFSP) and Child and Adult Care Food Programs (CACFP)).</p>					
<p>Reduce weight-associated stigma by ensuring healthy living education for children and guardians focuses on how to establish a healthy relationship with food, eating, physical activity, and self-image without emphasizing weight change.</p>					



government



healthcare



faith-based



nonprofit and community



school and education





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**Goal 1.2.** Reduce barriers to WIC enrollment among eligible children.



<p><b>Increase understanding of how-to better support families eligible for WIC by examining barriers to remaining on WIC past infancy and reviewing the successes and challenges of continued virtual WIC appointments.</b></p>					
<p><b>Increase collaboration among state entities to enhance WIC outreach and education.</b></p>					
<p><b>Examine ways to reduce barriers to enrolling and re-enrolling in programs including SNAP, WIC, and TennCare (e.g., support application navigation assistance by investing in additional staff or community-based organizations in offering navigation services).</b></p>					

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