



Government partners include governmental agencies at the local, state, and federal levels.

Which parts of the 2024-2026 State Health Plan relate to government partners?



While Departments of Health play a direct role in meeting the public health needs of citizens, other departments or agencies oversee initiatives that also impact health (e.g. housing, education, transportation). Potential actions may include policy or legislative change, fund distribution, and nongovernmental partnerships.





Government Partners

Are you a government partner looking to help us create a Healthy Tennessee?

Potential actions may include policy or legislative change, fund distribution, and nongovernmental partnerships. Here are some initial steps you can take:



Use this packet to see what State Health Plan recommendations apply specifically to government partners!



Stay up to date on State Health Plan actions and resources by subscribing to the State Health Plan <u>newsletter</u>!



Share your good work with us! Are you working on one of the below priorities? Let us know and your work could be featured in an upcoming State Health Plan newsletter or update! Share your story <u>here!</u>



Connect with your local County Health Council and engage in the Community of Practice, a structured space seeking to share best practices, build skills, and foster connections among community members and County Health Councils. Learn more here!



Engage with the Health Disparities Advisory Council by registering for meetings and signing up for newsletters with opportunities for learning, funding, and networking. Learn more **here**!





overnment Part Framework

Framework Section

Nutrition Security

Goal 1.1. Reduce childhood food insecurity while supporting programs and policies that increase access to nutritious food.

Goal

rt programs that offer nutrition supports, including education on food n, and align with the 2020-2025 Dietary Guidelines for Americans.

- 1.1.2. Explore opportunities to leverage funding to further support nutrition programs and engage with partners to remove barriers to participation (e.g., Summer Food Service Program (SFSP) and Child and Adult Care Food Programs (CACFP)).
- 1.1.3. Reduce weight-associated stigma by ensuring healthy living education for children and guardians focuses on how to establish a healthy relationship with food, eating, physical activity, and self-image without emphasizing weight change.

Goal 1.2. Reduce barriers to WIC enrollment among eligible children.

1.2.1. Increase understanding of how-to better support families eligible for WIC by examining barriers to remaining on WIC past infancy and reviewing the successes and challenges of continued virtual WIC appointments.

1.2.2. Increase collaborati

entities to enhance WIC outreach and education.

1.2.3. Examine ways to SNAP, WIC, and TennCa additional staff or community and staff or com

prolling and re-enrolling in programs, including plication navigation assistance by investing in ganizations in offering navigation services).





Nutrition Security

Goal 1.1. Reduce childhood food insecurity while supporting programs and policies that increase access to nutritious food.

- 1.1.1. Support programs that offer nutrition supports, including education on food preparation, and align with the 2020-2025 Dietary Guidelines for Americans.
- 1.1.2. Explore opportunities to leverage funding to further support nutrition programs and engage with partners to remove barriers to participation (e.g., Summer Food Service Program (SFSP) and Child and Adult Care Food Programs (CACFP)).
- 1.1.3. Reduce weight-associated stigma by ensuring healthy living education for children and guardians focuses on how to establish a healthy relationship with food, eating, physical activity, and self-image without emphasizing weight change.

Goal 1.2. Reduce barriers to WIC enrollment among eligible children.

- 1.2.1. Increase understanding of how-to better support families eligible for WIC by examining barriers to remaining on WIC past infancy and reviewing the successes and challenges of continued virtual WIC appointments.
- 1.2.2. Increase collaboration among state entities to enhance WIC outreach and education.
- 1.2.3. Examine ways to reduce barriers to enrolling and re-enrolling in programs, including SNAP, WIC, and TennCare (e.g., support application navigation assistance by investing in additional staff or community-based organizations in offering navigation services).





Maternal and Infant Health

Goal 2.1. Improve maternal and infant health by increasing health care access and care coordination for women of reproductive age.

- 2.1.1. Explore legal and technological barriers and seek to expand access to contraception and family planning services, women's health navigators, and primary and pediatric care, particularly in rural areas experiencing provider shortages.
- 2.1.2. Increase screenings and access to treatment for cardiovascular and coronary disease, mental health conditions, substance use disorder, smoking, and obesity among pregnant and postpartum women.
- 2.1.3. Increase access to women's health navigators and remote monitoring programs to support pregnant and postpartum women with chronic disease and medication management, reproductive life planning, and breastfeeding and lactation support services.

Goal 2.2. Reduce pregnancy-related mortality while supporting programs and policies that address maternal health disparities.

- 2.2.1. Increase awareness of maternal warning signs through public and partner education.
- 2.2.3. Increase access to and availability of case manager services and mental health providers for outpatient and in-patient treatment of substance use and mental disorders, including through telehealth expansion.







Maternal and Infant Health

Goal 2.3. Reduce infant mortality while supporting programs and policies that address infant health disparities.

- 2.3.1. Increase parental and guardian education on safety measures, including safe sleep practices and utilization of car seats through programs such as home visiting.
- 2.3.2. Support the regional perinatal system to ensure high-risk pregnant women and newborns receive risk-appropriate care.
- 2.3.3. Support birth defect prevention, detection, intervention, and treatment through continued support of the Tennessee Birth Defects Surveillance System (TNBDSS).





Government Partners

Nutrition Security

Goal 3.1. Reduce food insecurity among adults and older adults.

- 3.1.1. Increase understanding and collaboration between existing nutrition programs and resources to improve referral services between entities, limit food and resource waste, and increase impact.
- 3.1.2. Reduce enrollment barriers to government supported nutrition programs (e.g., SNAP) within eligible populations through public and partner education and outreach while increasing awareness of online shopping/delivery for beneficiaries.
- 3.1.3. Assess provider capacity for and identify pathways to expand food insecurity screenings within medical-, home-, and community-based service settings and referral to supportive food and nutrition services where appropriate.
- 3.1.4. Examine how intergenerational programming and supports can increase nutrition security across all ages including through education on food preparation. (e.g., school-based programs assisting in meeting needs of both children and grandparents raising grandchildren).





| Government Partners

Nutrition Security

Goal 3.2. Increase accessibility of nutritious foods.

- 3.2.1. Support programs that reduce hunger for all (children, families, college students, older adults, working adults) including mobile food pantries while expanding transportation services to grocery stores, food pantries, and congregate meal settings.
- 3.2.2. Explore opportunities to pair grocery support services with existing services including higher education events, career fairs, home health visits, and senior center activities.
- 3.2.3. Support the identification and execution of locally tailored solutions that reduce the prevalence of food deserts while supporting the local economy.
- 3.2.4. Examine methods that support a sustainable food system, increasing access to nutritious foods while limiting food waste and supporting local farmers.





Government Partners

Chronic Conditions

Goal 4.1. Improve care coordination among adults living with multiple chronic conditions.

- 4.1.1. Examine ways to improve privacy-compliant communication between providers including through expansion of health information exchanges.
- 4.1.2. Increase programs that support access to services in rural Tennessee including medical transportation programs and telehealth appointments with specialists.
- 4.1.3. Expand cross-professional training among health providers (e.g., primary care physicians, specialists, dentists, pharmacists) to incorporate chronic care management in additional settings.

Goal 4.2. Support programs and policies that reduce the risk of cardiovascular disease while promoting care for individuals living with cardiovascular disease.

- 4.2.1. Increase awareness on methods to improve overall cardiovascular health through the implementation of behavior modification strategies (e.g., medication adherence, tobacco and alcohol cessation, healthy diet, increased physical activity).
- 4.2.2. Increase access to and promotion of self-management education and lifestyle change programs that support living well with cardiovascular disease.
- 4.2.3. Increase education on how management of existing cardiovascular disease can reduce risk of other diseases and conditions including dementia.





Government Partners

Chronic Conditions

Goal 4.3. Support programs and policies that reduce the risk of Type II Diabetes while promoting care for individuals living with Type II Diabetes.

- 4.3.1. Increase awareness on methods to reduce risk of diabetes, including through increasing accessibility to lifestyle change programs (e.g., Diabetes Prevention Program).
- 4.3.2. Increase access to and promotion of self-management education and behavioral modification strategies that support living well with Type II Diabetes.
- 4.3.3. Increase education on diabetes medication management, medical literacy, prescription discount programs, and other affordability resources, to increase medication adherence and chronic disease management.





Government Partners

Older Adults

Goal 5.1. Support and empower formal and informal caregivers of older adults.

- 5.1.1. Increase access to, awareness and use of evidence-informed interventions, services, support groups and peer-driven support for caregivers to enhance their health and well-being.
- 5.1.2. Educate providers and health professionals on the importance of identifying informal caregivers and methods for addressing caregiver burden (physical, mental and financial strain) including referral to supports such respite services.
- 5.1.3. Recruit and retain direct support professionals and community health workers.

Goal 5.2. Promote brain health across the lifespan while supporting individuals living with dementia.

- 5.2.1. Increase awareness on how to identify and prevent abuse, neglect, and exploitation (e.g., financial fraud) of older adults, specifically those experiencing cognitive decline.
- 5.2.2. Build on existing brain health initiatives (e.g., Alzheimer's and Related Dementias Advisory Council, Tennessee Dementia Action Collaborative), to address social determinants of health, improve health equity related to brain health, and increase access to early detection and diagnosis.
- 5.2.3. Expand designated age-friendly health systems, age-friendly public health systems, and age-friendly livable communities across the state.





Government Partners

Transportation

Goal 6.1. Support programs and policies that increase access to convenient and affordable transportation for Tennessee residents and visitors.

- 6.1.1. Promote existing public transportation available in all counties through TDOT.
- 6.1.3. Support and promote cross-sector transportation planning at all levels including between public health agencies, community planners, transit agencies, users, and advocates (e.g., engaging with TDOT's new Project Delivery Network (PDN)).

Goal 6.2. Increase access to active transportation (e.g., walking, biking, rolling, and public transit) for Tennessee residents and visitors.

- 6.2.1. Increase safety of pedestrians walking, biking, rolling, or using public transportation through locally tailored behavioral and environmental countermeasures.
- 6.2.2. Reduce barriers to and increase availability of disability-accessible public transportation supports and options.
- 6.2.3. Encourage increased use of public transportation through streamlined instructions, increased public understanding of how to access and use public transportation, sharing first-hand stories from public transportations users, and incentive-based programs from employers and service providers.





Cancer Screenings

Goal 7.1. Increase the percentage of Tennesseans receiving their recommended breast cancer screening and colorectal cancer screening.

- 7.1.1. Increase non-digital and digital outreach, education, and promotion on the importance of early cancer detection and screening and the availability of financial resources for uninsured and underinsured patients in various languages.
- 7.1.2. Address barriers to care by using Community Health Workers (CHWs) to assist with patient navigation of care and ensure access to high-quality screenings and care post-screenings as needed.
- 7.1.4. At breast cancer mobile screening events, share next steps for post-screening care and resources including transportation and financial assistance options.
- 7.1.5. Increase public education on noninvasive at-home colon cancer screening options.





Workforce

Goal 8.1. Improve the oral health of Tennesseans through broadening access to high-quality, low-cost dental care.

- 8.1.1. Promote adult oral health benefits available through TennCare, including increasing the number of dental providers who accept TennCare dental benefits, and expand efforts to insure persons without dental coverage.
- 8.1.3. Raise awareness of the importance of oral health to overall health.
- 8.1.4. Increase the number of dental providers in Tennessee through expanding dental student externship rotations to rural areas, increasing Tennessee dental school capacity, and promoting educational loan repayment programs for dental providers that practice in high need areas.

Goal 8.2. Enhance and strengthen Tennessee's health professional workforce, including community health workers, nurses, and supportive care staff.

- 8.2.1. Evaluate evidence and opportunities for improving access to care for rural Tennesseans.
- 8.2.2. Support employers in promoting community benefits during recruitment and retention activities to demonstrate opportunities to "make your life where you make your living."
- 8.2.3. Explore opportunities to pair loan repayment programs with additional supports to encourage providers to stay past the completion of loan repayment.
- 8.2.4. Improve working conditions to reduce burnout while offering programs that address existing burnout (e.g., peer mentoring programs for all provider types).



